

# Kelly Anorak Fit & Sew

You will be learning the Palmer/Pletsch tissue fitting method. You can alter any commercial sewing pattern to fit *your* body. For this class we will be using the Closet Case Pattern: Kelly Anorak *in tissue*. For the jacket, buy the pattern printed on tissue. If you choose to do the entire pattern PDF, you'll need to transfer your hard paper pattern to tissue in order to alter it. Wait for class to know which size to trim. It may be different than what you used to sewing,.

FOR WEEK 2: If you choose to line your coat, you'll need to download the PDF only Lining expansion pack for Kelly Anorak, print and bring to class. [Find the pattern at Closet Case Kelly Anorak.](#)

Prepare your [Palmer/Pletsch Perfect Pattern Paper](#). Cut strips the full length of the sheet in several widths: 1", 1.5", 2", 3". Press flat. Wrap them around a section of a "pool floaty" foam tube or pipe insulation and secure with a pin. This is a HUGE time and space saver. You'll have your altering paper at your fingertips and you won't have to press it again.

## Supplies

- Sewing machine & zipper foot. Not needed until week 2.
- Fabric scissors
- Paper scissors
- Seam gauge
- Tape measure
- Preferred marking tools (chalk wheel, tracing paper etc.)
- **Pattern-Kelly Anorak by Closet Case**
- Fabric for your jacket: see pattern for suggestions. Not needed until week 2.
- Notions: see pattern envelope for a list of notions. Grommets and snaps will be provided for you.
- 1 package Perfect Pattern Paper (available at Montavilla or [Palmer/Pletsch.com](#))
- PerfectFuse Interfacing by Palmer/Pletsch in Sheer. (available at Montavilla or [Palmer/Pletsch.com](#))
- 1 roll 1/2" Scotch Magic transparent tape (no substitutes!) in a weighted dispenser.
- 1 box of 1 3/8" extra fine glass head pins (Dritz, Clover) and magnetic pin holders rock!
- Two colors of fine tip permanent markers (red, other-I like the fine tip sharpie) **OR** a fat "my first pencil". I like these as they don't tear the tissue.
- 2" flexible clear plastic ruler (recommended, but not mandatory)
- **Book: Palmer/Pletsch Complete Guide to Fitting** by Pati Palmer and Marta Alto, Spiral bound is best.
- Water or any beverage in a covered container



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Dress comfortably! Layers are best. Consider a tee shirt or whatever you'll likely wear under your jacket that is not too bulky. Avoid anything that compresses your shape. You will be trying on your pattern tissues and pin fitting in fabric.