

# COMMON MILD ALLERGEN GUIDE

**IF YOU HAVE A SEVERE FOOD ALLERGY, please inform your server and ensure that a manager handles your order personally, to confirm your food is prepared safely.**

If your allergy or intolerance is not severe & you are comfortable eating foods that contain very small amounts of the identified allergen, then please use this guide along with our main menu to make your selection.

	contains dairy	contains onions	contains garlic	contains shellfish	contains fish	contains peanuts	contains tree nuts	contains eggs	contains soy	vegetarian item
<b>SHARE</b>										
tuna poke		✓			✓				✓ * no chilli ponzu	
calamari		✓	✓	✓				✓ * no sriracha aioli	✓ * no sweet chilli	
bruschetta	✓ * no cheese	✓	✓				✓ * no bread sub rice crackers		✓	Ⓥ
dry ribs		✓ * no breading	✓ * no breading							
chicken wings		✓	✓							
spicy tuna roll		✓	✓		✓			✓ * sriracha aioli	✓	
tableside fresh smashed guacamole		✓ * no guac spice no salsa	✓ * no guac spice no salsa							Ⓥ
mediterranean dip	✓	✓	✓					✓	✓	Ⓥ
lettuce wraps	✓ * no dip	✓	✓				✓ * no cashews	✓ * no noodles	✓	Ⓥ
double cheese nachos	✓	✓ * no onions no salsa	✓ * no salsa							Ⓥ

<b>SALADS</b>										
starter market salad		✓ * no dressing							✓ * no edamame	Ⓥ
starter caesar salad	✓	✓	✓ * no dressing no croutons		✓			✓		
steak salad	✓ * no goat cheese crostinis	✓	✓		✓ * no dressing				✓	Ⓥ * no steak no dressing
seared ginger tuna salad		✓			✓		✓ * no cashews		✓ * no dressing	Ⓥ * no tuna

<b>STEAKS (also see sides)</b>										
steak frites	✓ * no cheese with arugula	✓	✓							
sirloin		✓ * no steak spice no butter	✓ * no steak spice no butter							
honey garlic sirloin		✓	✓							
mushroom sirloin	✓ * no sauce	✓	✓						✓ * no sauce	
sirloin & prawns		✓ * no steak spice no butter	✓ * no steak spice no butter	✓						

<b>MAINS (also see sides)</b>										
lemon basil salmon	✓ * no sauce	✓	✓		✓				✓	
chipotle mango chicken		✓	✓				✓ * no mango		✓	
slow roasted baby back ribs		✓	✓							
chicken + ribs		✓	✓						✓	

✓ checked items contain the ingredient  
 \* starred items can be prepared without the ingredient at your request – please be aware that modified items may contain very small amounts of the identified allergen  
 □ unchecked items are considered safe for mild allergies or intolerances, and may contain very small amounts of the identified allergen  
 Ⓥ vegetarian items

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	contains dairy	contains onions	contains garlic	contains shellfish	contains fish	contains peanuts	contains tree nuts	contains eggs	contains soy	vegetarian item
<b>PASTA + RICE</b>										
chicken madeira rigatoni	✓	✓	✓						✓ * no sauce	
herb alfredo	✓	✓	✓						✓	ⓧ * no cheese
miso ramen		✓	✓					✓	✓	ⓧ * no protein
vindaloo	✓	✓	✓			✓	✓	✓ * no naan	✓ * no naan no beef no chicken	ⓧ * no beef no chicken
<b>BURGERS (also see sides)</b>										
blackened chicken burger	✓ * sub lettuce bun	✓ * no cajun spice	✓ * no cajun spice no garlic mayo					✓ * no sauces sub lettuce bun	✓	
portobello veggie burger	✓ * no cheese sub lettuce bun	✓	✓					✓ * no sauces sub lettuce bun	✓ * no sauces sub lettuce bun	ⓧ
the burger	✓ * sub lettuce bun	✓	✓		✓			✓	✓ * sub lettuce bun	
the loaded burger	✓ * no cheese sub lettuce bun	✓	✓		✓			✓	✓ * sub lettuce bun	
<b>HANDHELDS (also see sides)</b>										
street tacos	✓ * no cheese no yogurt	✓	✓							ⓧ * no chicken
fish tacos	✓ * no sour cream no jalapeño lime sauce	✓	✓		✓					ⓧ * no fish
beef dip	✓ * no cheese	✓	✓					✓ * no horseradish aioli	✓ * no au jus no glaze	
chicken tenders		✓	✓					✓	✓	
<b>KIDS' MENU (also see sides)</b>										
pasta	✓ * sub tomato sauce	✓	✓						✓ * sub tomato sauce	ⓧ
cheeseburger	✓	✓	✓		✓			✓	✓	
chicken fingers		✓	✓					✓	✓	
grilled cheese sandwich	✓								✓ * sub multigrain	ⓧ
cheese pizza	✓	✓	✓					✓	✓	ⓧ
grilled chicken dinner	✓ * no ranch dressing	✓	✓ * no garlic butter					✓ * no ranch dressing	✓	
<b>DESSERTS</b>										
white chocolate brownie	✓							✓		ⓧ
sticky toffee pudding	✓						✓ * no almonds	✓		ⓧ
flourless chocolate cake	✓						✓	✓		ⓧ
mint chocolate gelato	✓									ⓧ
<b>SIDES</b>										
fries		✓ * no seasoning	✓ * no seasoning							ⓧ
sweet potato fries	✓ * no dip	✓ * no seasoning no dip	✓ * no seasoning no dip					✓ * no dip		ⓧ
lemon quinoa		✓								ⓧ
roasted baby potatoes	✓ * no lemon butter									ⓧ
jasmine rice										ⓧ
garlic butter prawns		✓ * no garlic butter	✓ * no garlic butter	✓						

✓ checked items contain the ingredient

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ⓧ vegetarian items