

# GLUTEN CONSCIOUS LIFESTYLE

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Moxie's Gluten Conscious menu is designed for lifestyle choice. This menu is not for allergies and is not gluten-free. The menu is simply used to assist guests wishing to limit gluten in making menu choices.

**PLEASE SPEAK DIRECTLY TO A MANAGER IF YOU HAVE A GLUTEN ALLERGY.**

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## S H A R E

**TUNA POKE** 🌱 rare ahi tuna, avocado, nori crisps, ginger, spring onions (90 Cals per serving, 3 servings) 15¼ *(without ponzu, nori crisps prepared in house in oil that also cooks wheat products)*

**BRUSCHETTA** 🌱 (130 Cals per serving, 3 servings) 11¼ *(served with rice crackers instead of crostinis)*

**DRY RIBS** biryani (530 Cals per serving, 3 servings) or salt & pepper (510 Cals per serving, 3 servings) 13¾ *(without flour, prepared in-house in oil that also cooks wheat products)*

**TABLESIDE FRESH SMASHED GUACAMOLE** 🌱 fresh white corn chips & salsa fresca (210 Cals per serving, 3 servings) 12½ *(corn chips prepared in-house, in oil that also cooks wheat products)*

**MOSAIC DIP** 🌱 goat cheese, mushrooms, tomatoes, fresh white corn chips (220 Cals per serving, 4 servings) 15¾ *(without warm baked naan, corn chips prepared in-house, in oil that also cooks wheat products)*

**DOUBLE CHEESE NACHOS** 🌱 (480 Cals per serving, 4 servings) 18¾ *(corn chips prepared in-house, in oil that also cooks wheat products)*

## S A L A D S

**STARTER MARKET SALAD** 🌱 artisan greens, fresh veggies, edamame, toasted pumpkin seeds (130 Cals) + red wine vinaigrette (130 Cals) 8½

**STARTER CAESAR SALAD** (150 Cals), caesar dressing (200 Cals) 8½ *(without croutons)*

**CAESAR SALAD** (210 Cals), caesar dressing (340 Cals) 11 *(without baguette or croutons)*

**KALE & QUINOA SALAD** toasted pumpkin seeds, dried currants, grana padano (490 Cals) + lemon vinaigrette (260 Cals) 15

**STEAK SALAD** marinated sirloin, fresh greens, quebec goat cheese, grape tomatoes (270 Cals), spicy vinaigrette with a hint of clamato (60 Cals) 22 *(served without crostinis)*

**SALMON & AVOCADO COBB SALAD** fresh salmon, crisp iceberg lettuce, bacon, cage-free boiled egg, feta (1030 Cals) + peppercorn ranch & sundried tomato dressing (280 Cals) 20½ *(without croutons)*

**SEARED GINGER TUNA SALAD** 🌱 rare ahi tuna, edamame, daikon, avocado, cashews (500 Cals) 21½ *(without soy dressing)*

## B U R G E R S

**BLACKENED CHICKEN BURGER** crisp pancetta bacon, cheddar, roasted garlic mayo 16¾ *(served with gluten-free bun (800 Cals) or lettuce bun (550 Cals), prepared on grill that also cooks wheat products)*

**PORTOBELLO VEGGIE BURGER** 🌱 marinated full mushroom cap, aged white cheddar & fresh herbs 16 *(served with gluten-free bun (610 Cals) or lettuce bun (360 Cals), prepared on grill that also cooks wheat products)*

**LETTUCE "BUN" BURGER** hand-formed chuck & brisket patty, red relish, pickled mustard seed mayo (520 Cals) 16¾

**LOADED BURGER** aged white cheddar, american cheddar, sautéed mushrooms, red relish, pickled mustard seed mayo, bacon & bbq sauce 18¾ *(served with gluten-free bun (1250 Cals) or lettuce bun (1000 Cals))*

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continued on back...

adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day; however, individual needs vary

🌱 vegetarian items

🌊 **ocean wise.** A SUSTAINABLE CHOICE

**Informed Dining** ⓘ nutritional information available

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## STEAKS

**SIRLOIN** 7 oz certified angus beef (cab®) (370 Cals) 27¾

**HONEY GARLIC SIRLOIN** 9 oz AAA, our unforgettable marinated sirloin (360 Cals) 29¾

**SIRLOIN & SHRIMP** 7 oz cab® sirloin + garlic butter shrimp (520 Cals) 36½

**NEW YORK** 10 oz AAA (580 Cals) 36½

**TENDERLOIN FILET** 6 oz AA, classic grilled filet with red wine demi glace (590 Cals) 38

### ADD ON . . .

mushroom skillet (700 Cals) 6 (without bread)

garlic butter shrimp (180 Cals) 8¾

## MAINS

**SPANISH COD & SHRIMP** seared cod filet with mediterranean tomato broth & poached baby shrimp, salsa verde (770 Cals) 28 (without garlic baguette)

**CHIPOTLE MANGO CHICKEN** sweet & smoky dry rub, lemon quinoa, seasonal vegetables, fresh avocado & salsa fresca (960 Cals) 25

**SLOW-ROASTED BABY BACK RIBS** fall off the bone tender, roasted baby potatoes & creamy cabbage slaw **half rack** (1260 Cals) 25¾ **full rack** (1930 Cals) 32½ (baby potatoes prepared on grill that also cooks wheat products)

**CHICKEN + RIBS** half rack of ribs, spice rubbed chicken, roasted baby potatoes & creamy cabbage slaw (1520 Cals) 31 (baby potatoes prepared on grill that also cooks wheat products)

## RICE

**RED THAI CURRY** stir-fried veggies (580 Cals), jasmine rice (350 Cals) 16 (without curry-battered naan)

**CHICKEN VINDALOO** sautéed chicken, yogurt drizzle (740 Cals), jasmine rice (350 Cals) 20 (without curry-battered naan)

## HANDHELD

**STREET TACOS** pulled chicken, refried beans, chipotle yogurt, salsa fresca (290 Cals), served with fries (660 Cals) 15½ (without corn & wheat taco shells, sub lettuce cup, fries prepared in oil that also cooks wheat products)

**FISH TACOS** chipotle lime haddock, corn salsa, avocado, spicy sour cream (350 Cals), served with fries (660 Cals) 15¾ (without corn & wheat taco shells, sub lettuce cup, fries prepared in oil that also cooks wheat products)

## DESSERT

**FLOURLESS CHOCOLATE CAKE** 🍃 moist & rich, double chocolate cake with almond & coconut crust, fiasco mint chocolate chip gelato (420 Cals per serving, 2 servings) 9

**FIASCO GELATO** 🍃 two scoops of mint chocolate chip, chocolate sauce (160 Cals per serving, 2 servings) 7

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## SHARE

**TUNA POKE** 🌱 rare ahi tuna, avocado, nori crisps, ginger, spring onions (90 Cals per serving, 3 servings) 12.99 *(without ponzu, nori crisps prepared in house in oil that also cooks wheat products)*

**BRUSCHETTA** ♻️ (130 Cals per serving, 3 servings) 10.99 *(served with rice crackers instead of crostinis)*

**DRY RIBS** biryani (530 Cals per serving, 3 servings) or salt & pepper (510 Cals per serving, 3 servings) 12.99 *(without flour, prepared in-house in oil that also cooks wheat products)*

**TABLESIDE FRESH SMASHED GUACAMOLE** ♻️ fresh white corn chips & salsa fresca (210 Cals per serving, 3 servings) 11.99 *(corn chips prepared in-house, in oil that also cooks wheat products)*

**DOUBLE CHEESE NACHOS** ♻️ (480 Cals per serving, 4 servings) 19.99 *(corn chips prepared in-house, in oil that also cooks wheat products)*

## SALADS

**STARTER MARKET SALAD** ♻️ artisan greens, fresh veggies, edamame, toasted pumpkin seeds (130 Cals) + red wine vinaigrette (130 Cals) 7.99

**STARTER CAESAR SALAD** (150 Cals), caesar dressing (200 Cals) 7.99 *(without croutons)*

**CAESAR SALAD** (210 Cals), caesar dressing (340 Cals) 10.99 *(without baguette or croutons)*

**KALE & QUINOA SALAD** toasted pumpkin seeds, dried currants, grana padano (490 Cals) + lemon vinaigrette (260 Cals) 14.99

**STEAK SALAD** marinated sirloin, fresh greens, quebec goat cheese, grape tomatoes (270 Cals), spicy vinaigrette with a hint of clamato (60 Cals) 20.99 *(served without crostinis)*

**SALMON & AVOCADO COBB SALAD** fresh salmon, crisp iceberg lettuce, bacon, cage-free boiled egg, feta (1030 Cals) + peppercorn ranch & sundried tomato dressing (280 Cals) 20.99 *(without croutons)*

**SEARED GINGER TUNA SALAD** 🌱 rare ahi tuna, edamame, daikon, avocado, cashews (500 Cals) 21.99 *(without soy dressing)*

## BURGERS

**BLACKENED CHICKEN BURGER** crisp pancetta bacon, cheddar, roasted garlic mayo 15.99 *(served with gluten-free bun (800 Cals) or lettuce bun (550 Cals), prepared on grill that also cooks wheat products)*

**PORTOBELLO VEGGIE BURGER** ♻️ marinated full mushroom cap, aged white cheddar & fresh herbs 14.99 *(served with gluten-free bun (610 Cals) or lettuce bun (360 Cals), prepared on grill that also cooks wheat products)*

**LETTUCE "BUN" BURGER** hand-formed chuck & brisket patty, red relish, pickled mustard seed mayo (520 Cals) 15.99

**LOADED BURGER** aged white cheddar, american cheddar, sautéed mushrooms, red relish, pickled mustard seed mayo, bacon & bbq sauce 17.99 *(served with gluten-free bun (1250 Cals) or lettuce bun (1000 Cals))*

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continued on back...

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## STEAKS

**SIRLOIN** 7 oz certified angus beef (cab®)  
(370 Cals) 26.99

**HONEY GARLIC SIRLOIN** 9 oz, our  
unforgettable marinated sirloin (360 Cals) 29.99

**NEW YORK** 10 oz (580 Cals) 33.99

**SIRLOIN & SHRIMP** 7 oz cab® sirloin + garlic  
butter shrimp (520 Cals) 34.99

served with fresh seasonal  
vegetables (110 Cals) + your choice  
of side:

roasted baby potatoes (320 Cals)  
(prepared on grill that also cooks  
wheat products)

stuffed baked potato with mashed  
potatoes, cream cheese, green  
onion & bacon (480 Cals)  
lemon quinoa (390 Cals)

### ADD ON...

mushroom skillet (700 Cals) 6 (without bread)

garlic butter shrimp (180 Cals) 8

## MAINS

**CHIPOTLE MANGO CHICKEN** sweet & smoky dry rub, lemon quinoa, seasonal  
vegetables, fresh avocado & salsa fresca (960 Cals) 24.99

**SLOW-ROASTED BABY BACK RIBS** fall off the bone tender, roasted baby potatoes  
& creamy cabbage slaw **half rack** (1260 Cals) 25.99 **full rack** (1930 Cals) 31.99  
(baby potatoes prepared on grill that also cooks wheat products)

**CHICKEN + RIBS** half rack of ribs, spice rubbed chicken, roasted baby potatoes &  
creamy cabbage slaw (1520 Cals) 29.99 (baby potatoes prepared on grill that also  
cooks wheat products)

## RICE

**RED THAI CURRY** stir-fried veggies (580 Cals), jasmine rice (350 Cals) 15.5  
(without curry-buttered naan)

**CHICKEN VINDALOO** sautéed chicken, yogurt drizzle (740 Cals), jasmine rice  
(350 Cals) 19.99 (without curry-buttered naan)

## HANDHELD

**STREET TACOS** pulled chicken, refried beans, chipotle yogurt, salsa fresca (290 Cals),  
served with fries (660 Cals) 13.99 (without corn & wheat taco shells, sub lettuce cup, fries  
prepared in oil that also cooks wheat products)

**FISH TACOS** chipotle lime haddock, corn salsa, avocado, spicy sour cream (350 Cals),  
served with fries (660 Cals) 14.99 (without corn & wheat taco shells, sub lettuce cup, fries  
prepared in oil that also cooks wheat products)

## DESSERT

**FLOURLESS CHOCOLATE CAKE** 🍃 moist & rich, double chocolate cake with almond  
& coconut crust, fiasco mint chocolate chip gelato (420 Cals per serving, 2 servings) 8.75

**FIASCO GELATO** 🍃 two scoops of mint chocolate chip, chocolate sauce (160 Cals per  
serving, 2 servings) 6.75

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