

# GLUTEN CONSCIOUS LIFESTYLE

Moxie's Gluten Conscious menu is designed for lifestyle choice. This menu is not for allergies and is not gluten-free. The menu is simply used to assist guests wishing to limit gluten in making menu choices.

**PLEASE SPEAK DIRECTLY TO A MANAGER IF YOU HAVE A GLUTEN ALLERGY.**

## S H A R E

**TUNA POKE** 🌊 sushi grade ahi, avocado, nori crisps (90 Cals per serving, 3 servings) 16  
*(without ponzu, nori crisps prepared in-house, in oil that also cooks wheat products)*

**FRESH SMASHED GUACAMOLE** ♻️ fresh corn chips & salsa fresca (210 Cals per serving, 3 servings) 12½ *(corn chips prepared in-house, in oil that also cooks wheat products)*

**BRUSCHETTA** ♻️ fresh tomatoes & basil, goat cheese, extra virgin olive oil (130 Cals per serving, 3 servings) 12 *(served with rice crackers instead of crostinis)*

**1 LB CHEESE NACHOS** ♻️ jalapeños, tomatoes & green onions + guacamole (610 Cals per serving, 4 servings) 18¾ *(corn chips prepared in-house, in oil that also cooks wheat products)*

## S A L A D S

**CAESAR SALAD** (210 Cals), classic caesar dressing (340 Cals) 11½ *(without garlic ciabatta baguette)*

**KALE & QUINOA SALAD** shredded kale, toasted pumpkin seeds, dried currants, grana padano (490 Cals) + lemon vinaigrette (260 Cals) 15

**FLAT IRON STEAK SALAD** cab® sirloin, fresh artisan greens, herbed goat cheese, grape tomatoes (610 Cals), spicy vinaigrette with a hint of clamato (60 Cals) 22 *(without crostinis)*

**SALMON & AVOCADO COBB SALAD** crisp iceberg lettuce, bacon, cage-free boiled egg, feta (1030 Cals) + peppercorn ranch & sundried tomato dressing (280 Cals) 20½ *(without croutons)*

**SEARED GINGER TUNA SALAD** 🌊 sushi grade ahi, edamame, avocado, daikon, cashews (500 Cals) 22 *(without soy dressing)*

## B U R G E R S

**BLACKENED CHICKEN BURGER** chicken breast, crisp pancetta bacon, cheddar, roasted garlic mayo, shredded lettuce & tomato 16¾ *(served with gluten-free bun (800 Cals) or lettuce bun (550 Cals), prepared on grill that also cooks wheat products)*

**PORTOBELLO VEGGIE BURGER** ♻️ marinated full mushroom cap, with aged white cheddar, lettuce, tomato & fresh herbs 16 *(served with gluten-free bun (610 Cals) or lettuce bun (360 Cals), prepared on grill that also cooks wheat products)*

**LETTUCE "BUN" BURGER** hand-formed chuck & brisket patty, red relish, pickled mustard seed mayo (520 Cals) 16¾

**LOADED BURGER** aged white cheddar, cheddar, red relish, pickled mustard seed mayo, sautéed mushrooms, bacon & bbq sauce 18¾ *(served with gluten-free bun (1250 Cals) or lettuce bun (1000 Cals))*

**continued on back...**

adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day; however, individual needs vary

♻️ vegetarian items

🌊 **ocean wise.** A SUSTAINABLE CHOICE

**Informed Dining** ⓘ nutritional information available

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## STEAKS

**NEW YORK** 12 oz certified angus beef (cab®) (610 Cals) 41

**RIB EYE** 16 oz cab® (1380 Cals) 48

**TENDERLOIN FILET** classic grilled filet with red wine demi glace  
6oz (590 Cals) 38 9oz (860 Cals) 43

**STEAK FRITES** 8 oz cab® sirloin, chimichurri, arugula, fresh cut fries (1070 Cals) 29

### ADD ON . . .

mushroom skillet  
(700 Cals) 6  
*(without bread)*

garlic butter shrimp  
(180 Cals) 8¾

east coast lobster tail  
(210 Cals) 20

## MAINS

**BLACKENED MAHI MAHI** chorizo sausage & corn hash, salsacado (1010 Cals) 28

**CHIPOTLE MANGO CHICKEN** free-run chicken with sweet + smoky dry rub, lemon quinoa, seasonal vegetables + fresh avocado & salsa fresca (1050 Cals) 25

**BABY BACK RIBS** fall off the bone tender, roasted baby potatoes & creamy cabbage slaw **half rack** (1260 Cals) 25¾ **full rack** (1930 Cals) 32½  
*(baby potatoes prepared on grill that also cooks wheat products)*

## RICE

**RED THAI CURRY** stir-fried veggies (580 Cals), jasmine rice (350 Cals) 16  
*(without curry-buttered naan)*

**CHICKEN VINDALOO** sautéed chicken, yogurt drizzle (740 Cals), jasmine rice (350 Cals) 20 *(without curry-buttered naan)*

## HANDHELD

**BLACKENED CHICKEN TACOS** grated radish, queso fresco, salsa roja, guacamole, cilantro, pickled onions (290 Cals), served with fresh cut fries (450 Cals) 15½ *(without corn & wheat taco shells, sub lettuce cup, fries prepared in oil that also cooks wheat products)*

**FISH TACOS** crispy chipotle lime marinated cod, corn salsa, avocado, spicy sour cream, jalapeños, pickled onions (350 Cals), served with fresh cut fries (450 Cals) 16 *(without corn & wheat taco shells, sub lettuce cup, fries prepared in oil that also cooks wheat products)*

## DESSERT

**FLOURLESS CHOCOLATE CAKE** ♻️ moist & rich, double chocolate cake with almond & coconut crust, fiasco mint chocolate chip gelato (420 Cals per serving, 2 servings) 7

**FIASCO GELATO** ♻️ two scoops of mint chocolate chip, chocolate sauce (160 Cals per serving, 2 servings) 5

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