

*Athlete & Parent Handbook*

*2019-2020*



*3204 Kimberly Road*

*Twin Falls, Idaho 83301*

*208-293-6282*

*[www.magicvalleyelite.com](http://www.magicvalleyelite.com)*

*Season 2!!!!!!!!!!*

*Are YOU Ready for the Best Boot Camp Ever!!*

## **INTRODUCTION: Handbook Overview**

The purpose of the 2019-2020 Athlete & Parent Handbook is to outline the expectations and requirements for all members of Magic Valley Elite Cheer. Please read through our handbook in its entirety and let us know if you have any questions. Once you and your family have reviewed the information please fill out the online registration forms and sign the accompanying paperwork. Be sure to use the 2019-2020 Athlete and Parent Handbook as a resource as questions come up throughout the season. Failure to comply with the provided information will result in the consequences outlined in this handbook, including fines, suspension and expulsion from the program.

Our mission is to emphasize the importance of appropriate training and safety in our sport, including conditioning, technique, and gradual skill progression. We also focus on promoting sportsmanship, respect for our peers, and having fun. Although our goal is to make these kids competitive, we really want our athletes to learn lifelong lessons in friendship, teamwork, time management, and community service. We pride ourselves on promoting the importance of balancing education with your athlete's commitment to our sport.

Sincerely,

*Sara Weber*

## **TRAINING FACILITIES: Where We Train**

In April of 2018, we moved from Magic Valley Gymnastics building into our own training facility, which includes a 54'x 42' spring board floor, two rod floors and trampoline and many other pieces of equipment to utilize in the training of our athlete's, as well as a dressing room, office, pro shop and small parent viewing area. It is the expectation that ALL students will

respect our space and help keep it clean and use all the equipment in the proper manner.

**\*ALL MEMBERS OR OUR PROGRAM ARE BOUND BY OUR CODES OF CONDUCT. DISRESPECTFUL BEHAVIOR, WHETHER IN PERSON OR ON SOCIAL MEDIA WILL RESULT IN DISMISSAL FROM THE PROGRAM. \***

## **ATHLETE CODE OF CONDUCT: How to be the best!**

As a program, we pride ourselves on not only our talent, but also on the class and dignity of its members. The Athlete Code of Conduct was established as a set of conventional principles and expectations for all MVE Cheerleaders to follow. All members of our program are bound by the policies described below.

### **Behavior**

- Show respect for the coaches, fellow teammates, other MVE athletes, parents, judges, officials, and spectators. Disrespectful behavior will result in dismissal.
  - Demonstrate good sportsmanship before, during, and after competitions.
  - Treat all athletes and coaches from opposing teams with respect.
  - Be modest when successful and be gracious in defeat.
  - Abstain from using drugs. Tobacco, alcohol, vaping and abusive language.
- This behavior will result in immediate dismissal from the MVE program.**  
**No excuses or exceptions.**

### **Practice**

- During practice your opinion does not count. All squad and routine decisions are left to the discretion of the coaches and choreographer.

- Practices may be changed or added at anytime during the season with proper notice. If a practice is cancelled due to holidays, weather, etc., make-up practices may or may not be added at the discretion of the Program Director.
- Respect the privilege of the use of our facility.
- If you are running late to practice, you must call and inform your coach. (See tardy and absent policy for details)
- If you are sick (and not contagious) or have an injury, you still need to attend team practice. It is important that you watch from the sidelines for any changes that may affect you.
- If your doctor recommends you refrain from practice due to an illness or an injury, bring a doctor note. PLEASE NOTIFY YOUR COACHES IMMEDIATELY IF AN INJURY OCCURS!
- No food, gum, candy, or sodas are permitted on the spring board floors. Only water is allowed.
- MANDATORY: Practice attire will be worn to all designated practices. Please do not tumble in loose-fitting t-shirts or shorts. This is a safety hazard to our instructors and the athletes during spotting.
- **NO ABSENCES ALLOWED THE WEEK BEFORE COMPETITION!** Coaches reserve the right to replace an athlete who misses practice the week before a competition.
- Athlete cellphones must be placed in team box or turned off and put away during practices. Parents who need to reach an athlete may call the coach.

### Competition

- Every year we go through losses and additions to teams. The dismissal/addition of a team member is

solely the coach's decision. We will have alternates that can replace.

- You are required to attend all competitions. Missing a competition will result in immediate dismissal.
- Travel events are for athletes, staff and family only. No boyfriend/girlfriends will be allowed to accompany athletes to overnight events. Friends are allowed per the owner's discretion with a written note from the parent allowing them to go.

### Social Media

- **NO SPAM ACCCOUNTS WILL BE ALLOWED.** If we find one you will be given a strike. Remember 3 strikes and you are dismissed from the program.
- NO athlete or parent may post inappropriate messages on any social media platform including Instagram, twitter, Facebook, snapchat, etc., about our program or any other program or about any individual or coaches.
- NO BULLYING will be tolerated, either in person or on social media or group chats. Any athlete who bullies another athlete in person or on social media or group chats will be dismissed from the program. MVE has a 0% tolerance for that behavior.

### **PARENT CODE OF CONDUCT:**

**\*As an MVE parent/guardian, you are bound to the same level of expectations as your athlete. You represent our program and your child, and your behavior should not be a distraction to either. Parents/Guardians are expected to adhere to the following guidelines:**

## **Behavior**

- Encourage good sportsmanship by demonstrating positive support for all athletes, coaches, fans, and judges during all practices and competitions.
- Place the well being of your child and their team before your personal desire to win.
- This is a commitment from not just athletes but parents as well. Please be mindful that contracts will be signed and quitting just because isn't an option. This is a team sport and you need to be committed through the good and the bad times from start to finish.
- Anyone threatening to quit or pull their child from a team will be dismissed from the program immediately.
- All parents must treat staff with respect. Should a parent promote unsportsmanlike behavior, he or she will be asked to leave the MVE program immediately.
- Encourage your child to play by the rules and respect the other teammates, athletes, coaches, judges, officials, and other parents.
- We will not tolerate pettiness, gossiping, or cliques that attempt to slander the "MVE" name. Parents displaying improper behavior will be dismissed from the program immediately and will not be allowed to return the following year.
- If you have any questions or concerns that need immediate attention, please use the following chain of command: 1<sup>st</sup> Team Coach, 2<sup>nd</sup> Owner of Gym

## **Practice**

- The gym viewing areas are a privilege and normally practices are closed except that last week of every month. Please respect our athletes and staff and refrain from negative remarks in the viewing area.

- During practice your opinion does not count. All team decisions and routine decisions are left to the discretion of the coaches and owner.
- The coach or owner has the right to dismiss your athlete from the program under the 3 strikes and your out rule for the following reasons: A pattern of lateness, not showing up to a practice or a competition without prior notification, or for delinquent tuition payments.
- Practices may be changed or added at any time during the season. If a practice is cancelled due to a holiday, weather, etc., make-up practices may or may not be added at the discretion of the coach/owner.
- If your child is running late to practice, they must call the coach and inform them. (See tardy and absence policy for details.)
- No one is allowed to yell onto the floor or try to make contact from parent viewing area during the practice or tumbling classes. This is extremely distracting to all involved.
- The coaches reserve the right to close practices at any time if distraction becomes an issue.
- It is the parents' responsibility to know what is going on with the team their child is placed on. Please use TEAM APP for all team information. Also check your emails and texts regularly.

## **Competitions**

- Our staff will have sole communication with the competition companies. Parents are not permitted to contact our vendors directly. Please call owner if you have any questions in regards to this topic.

## **Social Media**

- Parents may not post inappropriate messages on any social media platform including but not limited too Facebook,

Twitter, spam, Instagram, snapchat, group chats, etc. No sexual/nude photos, no photos showing inappropriate

- No bullying will be tolerated from a parent to an athlete, PERIOD. If so that parent and athlete will be dismissed from the program.

### **ATTENDANCE/TARDY POLICY: How to show your commitment to our program**

A master absence log will be kept throughout the year to record all absences and the nature of the absence. **ALL SUMMER ABSENCES DUE TO FAMILY VISITATION AND VACATIONS MUST HAVE AN ABSENCE FORM FILLED OUT TO BE EXCUSED. (Form can be found on our website)** Again, for all absence's athlete needs to contact their team coach.

#### **\*\*New This Year\*\***

- Tardiness to practice: Arriving 5 to 19 minutes past practice time will be considered tardy. Arriving over 20 minutes late will be considered an absence. Acquiring 10 tardies will result in a \$15 charge for each new tardy after the 10, 10 tardies equals 1 unexcused absence. Tardy counting will start the first day of practice and go through end of season.
- Athletes get 6 absences for the season. 3 excused, 3 unexcused. Acquiring more absences after the 3 excused and 3 unexcused will result in a \$30 fine for each additional unexcused absence up to 3 additional. After that dismissal will take place.
- No absences are allowed the week before a competition
- No absences are allowed the week of choreography

behavior or vulgar gestures, no photos showing drug or alcohol use.

### **CROSSOVER/FILL-IN POLICY: How We Handle Crossover Fees/Finances**

Any athlete who crosses over to another team will be REQUIRED to pay the crossover fees that MVE is charged by the competition companies. When an athlete is crossing over to another team, they will be charged an extra \$15 in monthly tuition for the additional practices. They are also REQUIRED to pay an additional one-time fee of \$50 for choreography and music for second team.

To cross over the athlete will be required to sign an additional contract binding them to double team and make that commitment for the entirety of the season.

### **FUNDRAISING: Meet Maribeth Alexander our Booster Club President**

All fundraising will be organized under the direction of Maribeth and anyone else that volunteers from our booster club. Fundraising is a huge part of all star cheerleading to keep costs more affordable. Fundraisers are an individual athletes' responsibility, therefore the ones who participate get the benefit. All profits earned for fundraisers go to the athletes individual account and are credited to their next months tuition. We will offer at least one fundraiser per month for the entire season. **SPONSORED ATHLETES ARE REQUIRED TO PARTICIPATE IN EVERY FUNDRAISER TO HELP OFFSET THEIR FEES.** If you have not downloaded Team App please do so as this is the main form of communication between everyone and every team. First fundraiser starts the first day of practice.

### **CHOREOGRAPHY: When the magic happens**

Choreography dates will be in July for all teams. We will provide exact dates via Team App once the dates are finalized. We do know it will be the week of June 10<sup>th</sup>-14<sup>th</sup> but each team will have certain days within that week. Each athlete must be present to maximize benefits of each choreography session.

All routines/choreography including dances, stunts, and transitions should be highly protected. MVE choreography should never be copied or taught to anyone without the written consent of Drew Malone our choreographer. This also includes any and all portions of music selections and editing. No videos of routines/choreography should ever be uploaded online to any social media or sites such as You Tube until after comp season has begun.

## **UNIFORMS & PRACTICE WEAR: What we wear**

Athletes will purchase their uniforms through MVE. This will be our 2<sup>nd</sup> and last season in the current uniform. Date and time for uniform fittings will be scheduled mid-summer. **Uniforms and practice wear will not be released if athlete has an outstanding balance.**

Mandatory practice attire will also be required for each athlete. Sizing for this will start the first week of the season. There will be 2 sets, specific ones to be worn on specific days.

**Hair and Make-up:** Hair and make-up are important parts of the overall All-Star Cheer and Dance look. We will have a mandatory hair and make-up tutorial later on in the season. We will instruct later on as to where to purchase and what makeup to purchase.

## **COMPETITIONS: Where we compete**

The Final competition schedule will be available sometime in July. Competitions may vary for teams. Please note that the competition schedule is always subject to change.

## **FINANCIAL POLICY & INFORMATION:**

Payments can be made through Venmo, Cash, Check or Credit Card. However, credit card companies do charge a fee of 3.9%. I am in the process of getting an online pay portal set up but it is not ready yet. Once it is set up payments will be processed through it. Fees will be due by the 15<sup>th</sup> of each month.

In the event your account is not paid by the 15<sup>th</sup> your credit card on file will be charged. If the card declines their will be a \$25.00 fee and student will be sat on sidelines until account is paid.

If your account is delinquent for over 30 days, MVE reserves the right to:

- Charge a late fee of \$25
- Withhold services such as private lessons, classes, competitions, etc.
- Withhold uniforms, practice wear, jerseys, bows, etc.
- Withhold Pro-shop in house purchases
- Withhold team and individual pictures

\*Failure to meet the deadline for payments, and lack of reasonable and fair communication regarding payment, will result in your child's loss of services and/or dismissal from the program. Any funds paid will be forfeited if dismissal/quitting occurs. Phone calls and emails for delinquent accounts and past due letters are a courtesy. Please note: Coaches reserve the right to replace the athlete if this happens.

Return payment must be reimbursed to MVE immediately along with a \$35 return check payment fee.

## **INCONVIENCE FEE:**

**Any athlete quitting after October 1<sup>st</sup>, 2019 will be charged tuition for the remainder of the season, plus whatever amount has already been charged but not yet paid. If an athlete quits before October 1<sup>st</sup>, 2019, they will be charged a \$500 inconvenience fee plus whatever amount is not yet paid on their account.**

Quitting or Dismissal will result in forfeiture of all monies previously paid and any items not yet received.

All payments are **NON-REFUNDABLE**. MVE reserves the right to turn over all delinquent accounts to a collection agency, and the parent/athlete will be responsible for all additional costs incurred.

**ADDITIONAL  
INFORMATION**

**PAYMENT**

MVE is not responsible for reimbursing travel expenses to team members or individuals in the unforeseen cancelling of events, athlete's loss of skills, or athlete's removal from the program.

**Please note that all competitions are subject to change and all monies are NON-REFUNDABLE. If a competition is cancelled by MVE or Event producer, we will replace it with a comparable event if possible.**

**NEXT STEPS: Register to be an MVE athlete 2019-2020!**

Once you have read through the handbook, and would like to move forward with your registration use the link found on our website for 2019-2020 Registration to complete documents, and billing information. 1<sup>st</sup> months tuition will be due May 15<sup>th</sup>, 2019

If you have any questions, please do not hesitate to contact us! Thank you and welcome to the Magic Valley Elite Cheer Family!

## ***2019-2020 Tuition and Fees***

### **Recreation Cheer Teams \$90.00 per month**

Recreation cheer teams welcome any athletes with some or with no cheer experience. The program builds a love for the sport of cheer and is a great stepping stool for athletes interested in transitioning in to the All-Star world. We focus on skill building and growth in a low-pressure environment.

- \$50 tryout/evaluation fee goes toward practice wear
- \$90 per month includes everything such as uniform, bow and shoes and music
- \$40 optional bag
- 1.5 hours of weekly instruction, and 1 monthly mandatory tumbling class
- In house choreography
- Perform in 1 or 2 parades and 4 half times plus our showcase and end of season expo.
- Team pictures
- End of season banquet

### **All Star Prep (Local only) \$100 per month**

All Star Prep is perfect for the athlete ready to take it to the next level for recreation cheer. This is a competitive environment that drives excellence in skill building.

- Tryout fee \$100 (goes toward competition fees)
- Tuition \$100
- Competition fees (depends on comps we decide on)
- 2 hours of weekly instruction, and 1 monthly mandatory tumbling class
- Accessory package (1 practice wear set, 1 team t-shirt, competition bow)
- In house Choreography \$75
- Competition music \$60
- 2 to 4 local competitions
- Uniform (range \$200-\$300)
- Bag \$90
- Makeup \$25
- Perform in 1 or 2 parades and possibly a half time performances plus showcase and end of season expo



- Team pictures
- End of season banquet

### **All Star Elite \$120 to \$150 per month depending on team**

All Star Elite teams are the highest levels that All-Star cheer has to offer. They range from level 1 to 5.

- Tryout fee (goes toward comp fees)\$100
- Tuition \$120-\$150
- Competition fees \$500-\$600
- Anywhere from 2 to 3-hour long practices twice a week, plus 1 mandatory tumbling class a month
- Summer fees will be half of normal fee for May, June and July \$\$60-\$75
- August through April will be regular tuition
- USASF fee \$30
- Accessory Package (Practice wear (2 sets), competition hair accessory, 2 program t shirts and jersey) (don't have a price quote yet)
- Choreography \$175
- Customized Music \$75
- 5 to 6 competitions (travel required for IDAHO, UTAH, VEGAS and TEXAS) (Texas will be our senior teams only) (don't have a price quote for comps yet)
- Uniform and shoes \$450- \$550
- Bag \$100
- Makeup \$30
- Several possible opportunities for a bid to Summit at Disneyworld's ESPN Center in Orlando, Florida. (If one is earned, we would have a parent meeting to discuss the details)
- Perform at 1 or 2 parades plus 2 half times as well as our showcase and end of season expo.
- Team Pictures
- End of season Banquet

## **THANK YOU!**

We are excited that you will be joining us for our 2<sup>nd</sup> season!!!!