

# The Power of Words

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## Who is Sang?

**PROFESSIONAL LIFE:**

- Worked with NACWE for the past 4 years
- Communication Strategist + Writing Coach
- Founder of Single Mother Academy
- Master Certified Life Coach for Single Mothers

**PERSONAL LIFE:**

- Devoted to helping Single Mothers frolic in happiness everyday
- I am a Mother, Sister, Auntie, and your neighborly communication strategist who likes glitter + Starbucks ☺



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**Your words can make a difference.**

Imagine sending out your latest newsletter or blog post and receiving an email from someone saying, *“Thank you. I needed that. You helped me feel less alone. You seriously changed my day.”*

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Everyone and everything  
is interesting.  
  
Including you!

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What is stopping you from  
sharing your story?

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Resistance vs. Resentment

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Feel.  
Know.  
Do

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## The Recap

- ♥ Your Life Is Not Boring
- ♥ Your Words are Powerful
- ♥ Write with Love & Intention

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## Just for You

♥♥ 7 lessons on how to change your habits & attitudes about writing, get focused, and do what you say you want to do.

♥♥ Starts May 22<sup>nd</sup>

♥♥ To say THANK YOU for being here today, I'd like to invite you to register for *Writing with Love* for just \$39. (Because I am 39 :-)

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[www.Sangtastik.com/writing-with-love/](http://www.Sangtastik.com/writing-with-love/)

To get your special price, enter this code — **nacwe2017** — when you get to the payment screen.

You'll see a field that says "offer code."  
Type **nacwe2017** there.  
The normal price — \$50 — will drop down to \$39. Tada!!

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### Writing Story Prompt of the Day

Can you remember a time when you felt really depressed, lost, alone, afraid—a "rock bottom" type of moment? Maybe you got really sick. Maybe you were unemployed. Maybe someone hurt your feelings. Maybe you lost a loved one.  
Think back to a really difficult time in your life.

How did you get through that time in your life? What helped you to keep moving forward? What helped you to survive?

Now imagine someone who's dealing with that exact same scenario, or something really similar. What words of advice, comfort, or encouragement would you give to that person? What would you urge them to do, or not do? What do you want them to know?

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### Wrap Up & Q/A

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