

## Do you have diabetes?

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The UCLA Diabetes Program invites you to its 5th Annual **Healthy Living with Diabetes** Conference:

Join us for this empowering and motivating half-day event designed for people with diabetes and those at-risk. The program includes opportunities for blood pressure screening and individual discussion with foot, sleep and nutrition specialists. There will also be talks covering:

- Diabetes research
- The connection between sleep and diabetes
- Desecting diets: What's in & out in diabetes care?
- Diabetes technology
- The importance of glucose, blood pressure and cholesterol control
- The effects of newer medications used in type 2 diabetes



**When:** March 2<sup>nd</sup>, 2019  
8 am to Noon  
Registration/Health Fair and Wellness Breakfast starts at 8:00 am

**Where:** Conference Center at UCLA Medical Center, Santa Monica  
1250 16<sup>th</sup> Street, Santa Monica  
Courtesy parking at Arizona parking structure,  
1311 16<sup>th</sup> St., Santa Monica

Participation is free. **Space is limited Pre-registration is required.**

To register call: (800) 516-5323

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