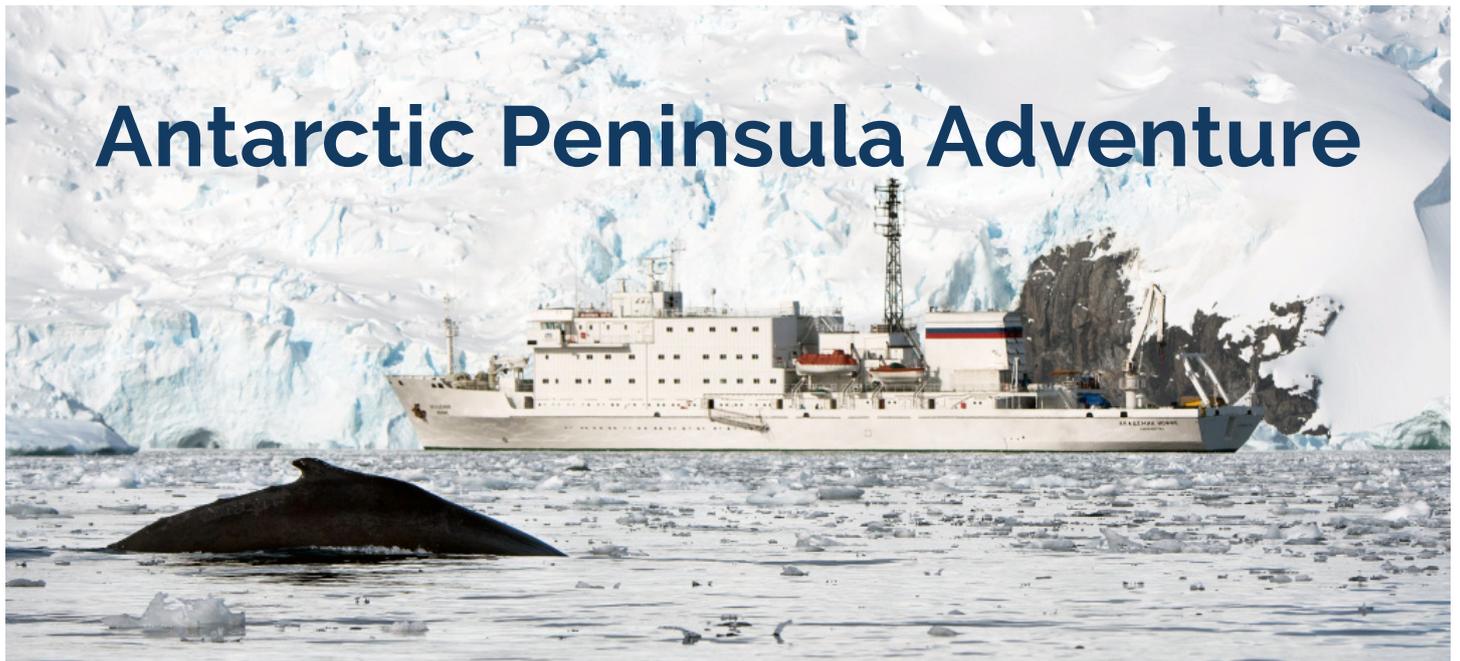


ANTARCTICA: 2018/19

TRIP NOTES



Antarctic Peninsula Adventure



04 MAR 2019 – 14 MAR 2019



10 NIGHTS / 11 DAYS



STARTS USHUAIA

THIS 10-NIGHT EXPEDITION OFFERS THE QUINTESSENTIAL ANTARCTIC EXPERIENCE

Towering glaciers, amazing wildlife encounters, snow-covered landscapes, massive icebergs and the option to choose your favourite activities every day make this voyage the perfect introduction to the white continent.

In the waters of the Antarctic Peninsula, we spend our days off the ship exploring by Zodiac boat, making shore landings in the company of our expert guides. By breaking into small special interest groups, we discover Antarctica and its remarkable wildlife through photography, Zodiac excursions, hiking onshore, and for the more adventurous, camping and sea kayaking. Visits to historic huts and working research bases add another dimension to the voyage.

Our classic 10-night expedition features many of the well-known landing sites such as Neko, Paradise and Orne Harbours', Cuverville Island and the Errera Channel - and ice conditions permitting, we hope to transit the spectacular Lemaire Channel. Pleneau Island, Petermann Island and the iceberg-filled Penola Strait are all possibilities below the Lemaire. A further highlight will be a visit to the enchanting South Shetland Islands. Here, we hope to visit Deception Island and other nearby locations such as Half Moon Island, Hannah Point or Yankee Harbour. Returning to South America we have one final thrill - rounding the legendary maritime landmark of Cape Horn.



Expedition Highlights

- > Outstanding wildlife observation on shore, zodiac cruising and from the ship
- > In-depth exploration of the Gerlache coastline and Antarctic Peninsula
- > Visits to historic sites and science stations
- > Learn about the environment, wildlife and ecology of Antarctica from polar experts

ON THIS TRIP

-  Zodiac excursions
-  Onshore hiking options
-  Wildlife observation
-  Photographer in Residence
-  Sea kayaking available
-  Whale watching
-  Educational presentations
-  Active Cruising & Wellness

IMPORTANT VOYAGE LOGISTICS

This trip commences in Ushuaia (Argentina). We recommend arriving in Ushuaia at least one day prior to the scheduled voyage departure. This gives you a buffer in the event of any unexpected travel delays between home and voyage embarkation. Here we board our expedition ship, charting a course down the Beagle Channel, heading for Antarctica.

Our voyage is complete when we arrive back into Ushuaia (Argentina). A transfer from the ship to the airport (or local hotels) is provided upon disembarkation. We advise booking your flights out of Ushuaia from mid-morning onwards. Or consider spending a night in Ushuaia at the conclusion of your voyage.

Full joining instructions will be provided in your final travel documentation. If you have questions before this time, please ask us.



YOUR DAY-BY-DAY EXPEDITION ITINERARY

DAY 1 / USHUAIA (ARGENTINA) (MONDAY, 04 MARCH, 2019)

Our journey to Antarctica commences this afternoon in Ushuaia, in southern Argentina. We gather at our central meeting point and transfer to the pier and embark our expedition ship. After settling in to our cabins and exploring the ship, we meet our expedition team and fellow passengers. Excitement is in the air as we enjoy a welcome cocktail and dinner and cast off, bound for Antarctica and the adventure of a lifetime.

DAYS 2-3 / AT SEA – TOWARDS ANTARCTICA

We chart a southerly course for Antarctica. This stretch of the South Atlantic is rich in its bio-diversity and showcases an abundance of wildlife. We will be joined by hundreds of seabirds including the wandering albatross. Giant petrels and smaller Cape petrels are also constant companions as we make our way south. Photographing these magnificent birds takes patience and skill and our photography expert will be on hand to show you the best techniques. Join the ship's Captain on the bridge and learn about the operations of our modern research vessel. Throughout the day our onboard experts educate us with a series of presentations about the environment, the wildlife and history and the locations we hope to visit in the coming days. As we approach the coastline of Antarctica, we anticipate an increase in whale sightings.

DAYS 4-7 / GERLACHE STRAIT AND THE ANTARCTIC PENINSULA REGION

We awaken today and the magnificent snowy peaks of continental Antarctica are laid out before us. Even our experienced expedition staff, some with more than 100 journeys south, will take a moment to pause and reflect on this incredible sight. Take a deep breath – you have arrived. This is Antarctica.

The waterways of the Antarctic Peninsula are home to deep bays, pristine coves and inlets and numerous small islands. The Gerlache coastline features heavily glaciated mountains permanently covered in ice and snow. Rocky outcrops, known as 'nunataks' are home to gentoo, Adelle and chinstrap

penguin rookeries and the waters are rich in marine life. We frequently encounter seals, including the powerful leopard seal, usually found hauled out on an ice floe. Curious humpback whales and the smaller minke whales are present much of the time as they feed on the vast schools of krill. Sightings of orca are not uncommon.

Our activity program is in full swing and we encourage all guests to choose how their adventure unfolds. Every day we plan an exciting range of activities, including guided hikes on shore (both short and long), visits to wildlife colonies with our expert naturalist guides. The historic huts and science stations located along the peninsula provide a fascinating glimpse into the past and the present. Zodiac cruising among the ice searching for seals and whales is a memorable activity. Meanwhile, our sea kayakers may range several miles from the ship experiencing Antarctica from an entirely different perspective. Our resident photography guide will be on hand to help you with your camera handling and image composition. Maybe what you really want to do is sit on a rock, simply watching the penguins come and go from the water? Make yourself comfortable and enjoy the show.

Planned excursions along the Antarctic Peninsula could include Cierva Cove or Mikklesen Harbour, Danco Island, the Melchior Islands and Fournier Bay - or a cruise through the Errera Channel to visit the gentoo penguin rookeries at Cuverville Island. Wilhelmina Bay is another favourite location and one where we frequently encounter playful humpback whales. Nearby Paradise Harbour is a particular highlight and offers an excellent hiking route to a viewpoint providing expansive views. Andvord Bay and Neko Harbour provide yet another continental landing opportunity.

After several busy days of exploration along the Peninsula, we head north across the Bransfield Strait, bound for the South Shetland Islands. This is an important whale migration corridor and can expect sightings of humpbacks, or the resident pod of Orca that inhabit this stretch of water.



DAY 8 / SOUTH SHETLAND ISLANDS

By morning we arrive in the South Shetland Islands. The adventure is not over and if the weather conditions allow, we sail the ship into the flooded volcanic caldera at Deception Island. This is a very dramatic place and history is all around us as we explore the old whaling station, with the rusted old boilers and dilapidated wooden huts. At the far end of the beach is an old aircraft hangar. This is where Australian, Sir Hubert Wilkins made the very first flight in Antarctica in 1928. There is also an outstanding hike, high up onto the rim of the crater.

After leaving Deception Island, we cruise along the coast of Livingston Island which in a sunny day is a memorable experience. There are several other landing sites in the South Shetland's including Half Moon Island, or the broad pebbly beach at Yankee Harbour, where we sometimes encounter Weddell seals sunning themselves. This is another great spot for a hike or a zodiac cruise. Hannah Point, with its elephant seal colony and nesting Antarctic petrels - is another possibility. In the evening, we navigate north through the McFarlane Strait and into the Drake Passage.

DAYS 9-10 / DRAKE PASSAGE – RETURN TO SOUTH AMERICA

As we make our way back to South America, the educational presentations continue and we enjoy an entertaining and memorable voyage recap by our Expedition Leader. Join our photography experts in the multimedia room and download and back up your precious images. If weather conditions allow, we hope to make a rounding of Cape Horn. This fabled stretch of water is home to legendary tales of exploration and early navigation. It's a fitting place to reflect on a wonderful expedition. Approaching the entrance to the Beagle Channel in early evening light, we enjoy a special dinner attended by the Captain of the ship.

DAY 11 / ARRIVE USHUAIA (ARGENTINA) – VOYAGE CONCLUDES – (THURSDAY, 14 MARCH, 2019)

In the early morning, we arrive into Ushuaia, Argentina. It is time to say farewell to your crew and fellow travellers. Guests will be transported to their hotels or to the airport for return flights home. It will be possible to connect to flights through to Buenos Aires or other destinations in South America. Otherwise enjoy a night in town or venture further afield to explore the highlights of Patagonia.

ALTERNATIVE OPTIONS FOR 'ANTARCTIC PENINSULA ADVENTURE': There are two additional sailings of this popular voyage (November 2018 & March 2019). Or consider the 10-night Marine Mammals departures which follow a similar itinerary to the Antarctic Peninsula Adventure. See the website for details.

ABOUT OUR ITINERARY: Polar exploration can be unpredictable. Specific sites visited will depend on prevailing weather and ice conditions at the time of sailing. The above itinerary should be read as a 'guide only' and may change. The ship's Captain in conjunction with the Expedition Leader continually review the sailing plan throughout the voyage, making adjustments to the itinerary along the way to take advantage of optimal weather and ice conditions or to maximize our encounters with wildlife. Decades of experience spent exploring these waterways mean we have a large number of outstanding landing sites and zodiac cruising locations to consider, even when the weather conditions may not be ideal or when heavy ice may hinder our planned route. A flexible approach is something we encourage you to bring to the ship.

YOUR EXPEDITION INCLUDES:

- ✓ Comprehensive pre-voyage information package including details to help you prepare for your trip
- ✓ Transfers from a central meeting point in Ushuaia on Day 1 and from the port to the airport (or a downtown hotels) at the conclusion of the voyage on Day 11
- ✓ Shipboard accommodation in your selected cabin category with daily housekeeping. Cabins feature outside views with windows or portholes
- ✓ All breakfasts, lunches and dinners on board throughout your voyage with daily afternoon tea
- ✓ 24 hour tea, coffee, hot chocolate in bar/lounge plus in cabin tea and coffee making facilities
- ✓ Experienced Expedition Leader and professional expedition team of marine biologists, naturalists, historians, adventure guides and photographers
- ✓ Daily off-ship excursions by Zodiac boat breaking into small groups for shore landings
- ✓ Guided hikes and walks on shore of various durations for guests of all abilities
- ✓ Visits to wildlife colonies, historic sites, places of outstanding natural beauty and community visits
- ✓ Educational presentations and talks by polar experts in their field (ie. marine biologists, naturalists, historians etc). Onboard or on shore
- ✓ Resident photography guide available to assist all guests plus access to computers in the multimedia lab for image downloads, file back up and management
- ✓ An emergency trained Physician onboard every voyage
- ✓ Dedicated hospitality team including Hotel Manager, four chefs, professional bar staff and Adventure Concierge staff
- ✓ Onboard sauna, plunge pool, Jacuzzi and fitness centre including personal trainer and massage options (charge applies for massage and treatments)
- ✓ Sea Kayaking programme available (additional charge of US\$795pp) – must be reserved at the time of booking your voyage and you must have some prior paddling experience
- ✓ Access to well stocked library full of polar reference books
- ✓ End of voyage video, photos and take home USB
- ✓ Port fees and all permits to access visited areas

The right gear for your trip – included ✓



When you travel with One Ocean Expeditions, you have the use of an expedition gear package free of charge. Containing around US\$900 worth of essential equipment, this kit includes a quality waterproof/ windproof jacket and bib-pants plus insulated rubber boots designed for extended walking. We also include a set of binoculars and a trekking pole for use when on shore. A waterproof backpack completes your package. This kit saves you buying expensive clothing and equipment you may only ever use once. It also eliminates the need to carry such cumbersome gear to the ship (total weight around 8kg/17lbs).

The Expedition does not include:

- › Any international or local airfare unless otherwise specified in the voyage itinerary
- › Visa and passport expenses
- › Pre or post-cruise hotel accommodation unless otherwise specified in the itinerary (or pre-arranged)
- › Pre or post-cruise transfers unless otherwise specified in the itinerary (or pre-arranged)
- › Personal expenses on board such as alcoholic beverages, bar charges or laundry expenses
- › Telecommunication charges (ie. email, satellite phone)
- › Baggage, cancellation or medical travel insurance related expenses (travel insurance is mandatory on all voyages)
- › A voluntary gratuity at the end of the voyage for expedition staff and ship crew (suggested amount – \$US12-15 per day)

THE RIGHT SHIP = THE BEST EXPERIENCE



One Ocean Navigator
(Akademik Ioffe)

Akademik Ioffe is the perfect size ship for visiting Antarctica. She carries no more than 96 passengers. This is under the maximum number of people allowed on shore (100), as mandated by the regulatory organization for tourism activities in Antarctica (IAATO). Being under this limit, means you will spend the maximum amount of time on shore, on EVERY single excursion. We do not need to operate shuttles to and from the ship or run hurried excursions. This is the reality of a visit to Antarctica on a larger capacity vessel. Once on shore, we break up into smaller special interest groups, with several hiking options, perhaps a visit to a penguin rookery, a historic site or a quiet stroll along the shoreline contemplating the magic. You decide how your day unfolds. Your time in Antarctica is precious and we aim to maximize your experience at every opportunity. To learn more about this exceptional vessel, request a copy of the **Ship Fact Sheet** containing detailed specifications and additional information about cabins and other facilities.

BEFORE YOU BOOK – IMPORTANT VOYAGE DETAILS

COMPREHENSIVE PRE-VOYAGE INFORMATION

Upon receipt of your deposit and booking forms, a detailed booklet will be sent to you providing additional information to help you prepare for your voyage. This resource is full of useful facts and covers practicalities such as suggested clothing, life on board the ship, wildlife, geography and history as well as details about the activities available throughout your voyage. Information regarding passports and visas, budgeting, as well as travel insurance requirements are also found in this helpful document.

TRAVEL INSURANCE

On all One Ocean Expeditions' voyages, you must have comprehensive travel insurance. Your booking agent can recommend a policy designed to cover participants on these voyages. Your policy must provide coverage for your medical costs in case of hospitalization, emergency travel and repatriation.

Please check the terms of your policy carefully, particularly with regard to limits of cover. Also ensure you are familiar with the procedure for making claims. Once you have paid your deposit or full payment, certain fees will apply if you have to cancel your holiday (see the cancellation provisions in our booking terms and conditions). For this reason you should take out travel insurance at the time of paying your deposit, which should then protect you in such a situation. You will be required to send us travel insurance policy details prior to your voyage.

PASSPORTS AND VISAS

You will need a valid passport with you throughout the journey. Some nationalities will be required to pay a 'reciprocity fee' for entering Argentina and/or Chile. It is important that your passport is valid for at least six months AFTER the expected finish date of your voyage.

SEA KAYAKING

The sea kayaking program is directed at any passenger with an adventurous spirit and some prior paddling experience. This option MUST be reserved at the time of booking and attracts an additional charge of US\$795 per participant. You can not book sea kayaking on board the ship. You will need to complete a special questionnaire outlining your previous kayaking experience. Ask your agent, or our office for a copy of this document if you are interested in joining the sea kayaking program.

THE ONE CLUB – EXPEDITION ALUMNI

Come as a passenger, leave as a friend. Once you have experienced one voyage with us, it's likely you will want to experience another. Your commitment to travel with us, is rewarded with our commitment to you, our valued guest. As members of the One Club Expedition Alumni, your loyalty is rewarded with a range of great travel benefits when you return for your next voyage — no matter the destination. Ask your booking agent for details.





Supporting Antarctic Science

One Ocean Expeditions collaborates with various research partners, who are executing important and relevant projects while on-board our expeditions. These projects are funded and assisted by One Ocean Expeditions and our guests. Research may range from collecting data for critical oceanographic studies, to the tagging and tracking of migrant whale populations for universities and science institutions.



World Leading - the World Over

For several years One Ocean Expeditions and The Royal Canadian Geographical Society have maintained a collaborative relationship grounded in geographical education, exploration, science, social and economic community development, Canadian national identity and experiential travel. We are proud to be the exclusive marine travel partner of The Royal Canadian Geographical Society and affiliates.



The Right Team

Fewer than 100 guests on the ship doesn't mean fewer staff. Quite the opposite. You will come to appreciate the dedication of our expedition team when onboard the ship. The highest staff to guest ratio in the industry (1:4) allows you to experience the broadest range of activities possible, catering to all interests and abilities. We are known for our flexible, yet professional approach and an ability to 'make it happen'.

INTERESTED IN THIS EXPERIENCE?

When choosing to travel with One Ocean Expeditions we ensure your experience from start to finish, is straight forward and well organized.

Start by customizing your journey and mapping out the trip ahead.

If this sounds like the right trip for you, please discuss your ideas and plans with your preferred booking agent. They will reserve a cabin for you on your chosen voyage. This provides time to book flights to the embarkation points of this voyage and to plan other pre or post voyage travel requirements. Please remember that you will require comprehensive travel insurance to join our voyages. This is best arranged at the time of booking. Following confirmation of your reservation, you will need to complete a detailed **One Ocean Expeditions Booking Package** plus other pre voyage documentation to accompany your deposit. At this point your voyage of discovery is underway.

Take advantage of our experience, which spans decades of expedition travel in the Polar Regions. Should you have any questions, we are here to help at any time.

YOUR NOTES:

Trip Note Updated: 25JUL17 - RC