Antarctic Peninsula Adventure - Off the Beaten Track

THIS 10-NIGHT EXPEDITION OFFERS THE QUINTESSENTIAL ANTARCTIC EXPERIENCE

Towering glaciers, amazing wildlife encounters, snow-covered landscapes, massive icebergs and the option to choose your favourite activities every day make this popular voyage the perfect introduction to the white continent.

In the waters of the Antarctic Peninsula, we spend our days off the ship exploring by Zodiac boat, making shore landings in the company of our expert guides. By breaking into small special-interest groups, we discover Antarctica and its remarkable wildlife through photography, Zodiac excursions, hiking onshore, and for the more adventurous, camping and sea kayaking. Visits to historic sites and active scientific research locations add another dimension to the voyage.

This classic 10-night expedition features a long list of highlights including a visit to Elephant Island - a location forever connected to the remarkable story of survival by Sir Ernest Shackleton and his men more than a century ago, a day spent exploring the icy Weddell Sea and many of the well-known landing sites along the length of the Antarctic Peninsula. Add a few of the lesser-known hidden gems - and this has all the makings of an exceptional and unique journey. A final highlight of the voyage will be a visit to the enchanting South Shetland Islands. Here, we hope to visit Deception Island and other nearby locations such as the Aitcho Islands. This carefully-designed itinerary provides incredible diversity of both sights and experiences and showcases all of our favourite locations, discovered over more than two decades spent exploring the region.

Expedition Highlights

› Outstanding wildlife observation on shore, while Zodiac cruising and from the ship
› In-depth exploration of the Gerlache coastline and Antarctic Peninsula
› Visits to historic sites and science stations
› Learn about the environment, wildlife and ecology of Antarctica from polar experts
**YOUR DAY-BY-DAY EXPEDITION ITINERARY**

**DAY 1 / SANTIAGO (CHILE) TO STANLEY (FALKLAND ISLANDS) - (THURSDAY, 21 NOVEMBER, 2019)**

We depart Santiago this morning on our special charter flight direct to Stanley, the small capital of the Falkland Islands. We are met on arrival and transfer from the airport into town. There is time to explore the town or enjoy a guided visit to nearby Gypsy Cove which provides our first opportunity for observing the local wildlife, including nesting Magellanic penguins and other sea birds. Making our way to the port, we board our expedition ship, RCGS Resolute in the afternoon. After settling into our cabins and exploring the ship, we meet our expedition team and fellow passengers. Excitement is in the air as we enjoy a welcome cocktail and cast off to explore one of the most remote regions on Earth.

**DAYS 2-3 / AT SEA – TOWARDS ANTARCTICA**

We chart a southerly course for Antarctica. The Drake Passage is rich in bio-diversity and showcases a great abundance of wildlife. We will be joined by hundreds of seabirds including the wandering albatross. Photographing these magnificent birds takes patience and skill and our photography expert will be on hand to show you the best techniques. Throughout the day our onboard experts educate us with a series of presentations about the environment, the wildlife and history of the locations we hope to visit in the coming days.

There is great excitement when the dark cliffs of Elephant Island appear on the horizon. This is one of Antarctica’s most important historic locations and a fitting introduction. On the rocky beach at Point Wild, Shackleton and his men camped here for many months under their three upturned life boats, having lost their ship, HMS Endurance in the thick sea ice, far to the south in the Weddell Sea in 1915. It was from this location that Shackleton and six companions set off on the rescue mission to South Georgia, aboard the tiny lifeboat, James Caird. To this day, the epic ocean crossing and crossing of South Georgia on foot is considered one of the greatest tales in polar history. If weather conditions permit, we aim for a Zodiac cruise to view the site from close proximity. This is a thrilling location for history buffs and sets the scene for an exciting expedition.

**DAYS 4-5 / ANTARCTIC SOUND, WEDDELL SEA & NORTHERN GERLACHE STRAIT**

Navigating into Antarctic Sound we witness for the first time the vastness and majesty of the Antarctic icecap. It is an awe-inspiring sight. We notice a significant increase in the number of huge tabular icebergs entering the Weddell. These massive icebergs break from the huge ice shelves to the south drifting here on the prevailing currents. Adelie penguin rookeries of staggering exist here – some contain more than 100,000 nesting birds. We have several fantastic locations to consider but the ice conditions will likely dictate our landing sites. Gourdin Island and Brown Bluff are two such locations featuring substantial penguin rookeries. The region is also full of history of early exploration and has fascinating geological sites with thousands of fossils strewn over the shoreline. We have a busy day of exploration on shore, in the Zoellics and on the ship.

The Gerlache Strait is an important whale migration corridor and we encourage you to be on the bridge or outer observation decks looking for the tell-tale blows of the migrating whale pods. With luck, we may even catch a glimpse of the resident orca group that inhabit this stretch of water. We have several interesting locations to explore over the coming days, such as Cierva Cove or nearby Mikkelsen Harbour. This area provides great excursion options on shore, in the Zoellics and for the sea kayakers. We start to encounter much larger numbers of nesting gentoo penguins with their distinct orange beaks. Chinstrap penguins are another species we will begin to view in the coming days. Kelp gulls, skuas and Imperial cormorants are just some of the sea birds we expect to observe. It takes a sharp eye to spot the snowy white plumage of the Antarctic petrel - always a treasured sighting for the bird lovers.

**DAYS 6-7 / SOUTHERN GERLACHE STRAIT EXPLORATION**

Anvers Island is one of the largest of the off-shore ‘barrier’ islands of the Antarctic Peninsula. There are several outstanding sites here as well as on neighbouring Wiencke Island. These locations provide us with opportunities to venture on shore, breaking into smaller groups.
Enjoy a short or longer hike, wander over to observe penguins guarding their precious eggs or newborns on the nest, cruise in the Zoilds or just sit and soak it all in. The choice is yours. A short transit across the Gerlache Strait brings us along the actual continental landmass of Antarctica. A potential shore landing at Paradise Harbour will be a highlight for many – as you step foot on the continent proper, for the very first time.

A nearby hike up a snow-covered hill provides staggering 360-degree views. A Zodiac cruise or paddle into the nearby ice ‘cathedral’ of Skontorp Cove is another memorable experience. If the conditions are right, we aim to offer our overnight camping program to all adventurers somewhere in this vicinity. We have all the gear onboard and an experienced team to make this a night to remember. However, camping always depends on the weather and this activity is never guaranteed on any voyage.

One of the largest gentoo penguin colonies along this stretch of coastline can be found on Cuverville Island, situated at the northern end of the Errera Channel. This is an important research site with the populations being carefully monitored by visiting scientists. Our naturalist guides will be able to tell you more about this important work. Cuverville is a good location for a Zodiac cruise and a circumnavigation of the entire island is sometimes possible. Other locations in the area we hope to explore include Wilhelmina Bay. This is a known whale ‘hot-spot’. This is a magnificent location with towering glaciers tumbling off the mountainous spine of the Antarctic Peninsula.

**DAY 8 / SOUTH SHETLAND ISLANDS**

The adventure is not over and if the weather conditions allow, we sail the ship into the flooded volcanic caldera at Deception Island. This is a very dramatic place and history is all around us as we explore the old whaling station. At the far end of the beach is an old aircraft hangar. This is where Australian, Sir Hubert Wilkins, made the very first flight in Antarctica in 1928.

The nearby Aitcho Islands provide some great hiking routes showcasing the colourful moses and lichens found on the island. Gentoo and chinstrap penguins nest here and on the beaches, and we usually encounter seals coming and going from the surrounding waters. Fort Point situated on Greenwich Island is another possible location for a visit. Eventually we leave the snow-covered peaks of Antarctica behind us, pushing northwards on our return trip to the Falkland Islands.

**DAYS 9-10 / DRAKE PASSAGE – RETURN TO STANLEY & THE FALKLAND ISLANDS**

As we make our way back to Stanley and the Falkland Islands, the educational presentations continue, and we enjoy an entertaining and memorable voyage recap by our Expedition Leader. Join our photography experts at the multimedia station and download your precious images. Approaching the coast of the Falkland Islands in the early evening light, we enjoy a special dinner attended by the Captain of the ship.

**DAY 11 / ARRIVE STANLEY (FALKLAND ISLANDS) – VOYAGE CONCLUDES – FLY BACK TO SANTIAGO (CHILE) (SUNDAY, 1 DECEMBER, 2019)**

This morning we find ourselves back in the port of Stanley. We say goodbye to our crew and after some free time in town, make our way to the airport for our return charter flight to Santiago. On arrival in Santiago our journey comes to an end. Onward regional and international flight connections may be possible this evening. Discuss the options with your booking agent. A transfer is provided to a downtown location for those choosing to stay and explore Santiago and the delights of Chile.

**Special Activities on this voyage**

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<tr>
<th>Activity</th>
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<tr>
<td>Expedition Sea Kayaking</td>
<td>US$795</td>
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<tr>
<td>Overnight Sea Kayaking</td>
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<tr>
<td>Backcountry Ski Touring</td>
<td>US$750</td>
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<tr>
<td>Expedition Snow Shoeing</td>
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<tr>
<td>Overnight Camping</td>
<td>complimentary</td>
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<td>Onboard Photography</td>
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**IMPORTANT NOTES:**

**Expedition Sea Kayaking** is limited to 30 paddlers.

**Overnight Sea Kayaking** is an option for those already enrolled in the regular Sea Kayaking program and is limited to six paddlers.

**Backcountry Ski Touring** is limited to 12 skiers. You will need to supply your own ski gear and must have suitable backcountry ski touring experience. See additional notes on page 5.

**Expedition Snow Shoeing** is available to all guests who wish to try this unique activity which will be offered on several occasions over the duration of the voyage.

**Overnight Camping** is always dependent on favorable weather and ice conditions on shore.

**Onboard Photography:** All guests will have access to our Resident Photography expert over the duration of the voyage.

**ALTERNATIVE OPTIONS FOR ‘ANTARCTIC PENINSULA ADVENTURE’:**

Consider the 10-night ‘Marine Mammals’ departures which follow a similar itinerary to the Antarctic Peninsula Adventure. See the website for details.

**ABOUT OUR ITINERARY:** Polar exploration can be unpredictable. Specific sites visited will depend on prevailing weather and ice conditions at the time of sailing. The above itinerary should be read as a ‘guide only’ and may change. The ship’s Captain in conjunction with the Expedition Leader continually review the sailing plan throughout the voyage, making adjustments to the itinerary along the way to take advantage of optimal weather and ice conditions or to maximize our encounters with wildlife. Decades of experience spent exploring these waterways mean we have a large number of outstanding landing sites and Zodiac cruising locations to consider, even when the weather conditions may not be ideal or when heavy ice may hinder our planned route. A flexible approach is something we encourage you to bring to the ship.
YOUR EXPEDITION INCLUDES:

✓ Comprehensive pre-voyage information package including details to help you prepare for your trip
✓ Transfers to the ship on embarkation day and from the ship to the airport on disembarkation
✓ Shipboard accommodation in your selected cabin category with daily housekeeping. Cabins feature outside views with windows or portholes
✓ All breakfasts, lunches and dinners on board throughout your voyage with daily afternoon tea
✓ 24-hour tea, coffee, hot chocolate in bar/lounge plus in-cabin tea and coffee making facilities
✓ Experienced Expedition Leader and professional expedition team of marine biologists, naturalists, historians, adventure guides and photographers
✓ Daily off-ship excursions by Zodiac boat breaking into small groups for shore landings
✓ Guided hikes and walks on shore of various durations for guests of all abilities
✓ Visits to wildlife colonies, historic sites, places of outstanding natural beauty and science stations
✓ Educational presentations and talks by polar experts in their field (i.e. marine biologists, naturalists, historians etc). Onboard or on shore
✓ Resident photography guide available to assist all guests plus access to computers in the multimedia lab for image downloads, file back up and management
✓ An emergency trained medical physician onboard every voyage
✓ Dedicated hospitality team including Hotel Manager, four chefs, professional bar staff and Adventure Concierge staff
✓ Onboard sauna, plunge pool, Jacuzzi and fitness centre including massage options (charge applies for massage and treatments)
✓ Sea Kayaking program available (additional charge of US$795pp) – must be reserved at the time of booking your voyage and you must have some prior paddling experience
✓ Access to well-stocked library full of polar reference books
✓ End of voyage video, photos and take-home USB
✓ Port fees and all permits to access visited areas

The right gear for your trip – included

When you travel with One Ocean Expeditions, you have the use of an expedition gear package free of charge. Containing around US$900 worth of essential equipment, this kit includes a quality waterproof/ windproof jacket and bib-pants plus insulated rubber boots designed for extended walking. We also include a set of binoculars and a Nordic trekking pole for use when on shore. A waterproof backpack completes your package. This kit saves you buying expensive clothing and equipment you may only ever use once. It also eliminates the need to carry such cumbersome gear to the ship (total weight around 8kg/17lbs).

The Expedition does not include:

› Any international or local airfare unless otherwise specified in the voyage itinerary
› Visa and passport expenses
› Pre or post-cruise hotel accommodation unless otherwise specified in the itinerary (or pre-arranged)
› Pre or post-cruise transfers unless otherwise specified in the itinerary (or pre-arranged)
› Personal expenses on board such as alcoholic beverages, bar charges or laundry expenses
› Telecommunication charges (i.e. email, satellite phone)
› Baggage, cancellation or medical travel insurance related expenses (travel insurance is mandatory on all voyages)
› A voluntary gratuity at the end of the voyage for expedition staff and ship crew (suggested amount – US$15-20 per day)

IMPORTANT: We utilize a special charter flight between Santiago (Chile) and Stanley (Falkland Islands) and different luggage limits apply. Please observe a limit of 20kg for checked baggage and 5kg for carry-on baggage. There is no facility to purchase excess luggage on this flight. Excess luggage can be stored in Santiago for the duration of your voyage for a small fee. Ask your booking agent for more details. Or contact our office if you have questions.
BEFORE YOU BOOK – IMPORTANT VOYAGE DETAILS

COMPREHENSIVE PRE-VOYAGE INFORMATION
Upon receipt of your deposit and booking forms, a detailed booklet will be sent to you providing additional information to help you prepare for your voyage. This resource is full of useful facts and covers practicalities such as suggested clothing, life on board the ship, wildlife, geography and history as well as details about the activities available throughout your voyage. Information regarding passports and visas, budgeting, as well as travel insurance requirements are also found in this helpful document.

TRAVEL INSURANCE
On all One Ocean Expeditions’ voyages, you must have comprehensive travel insurance. Your booking agent can recommend a policy designed to cover participants on these voyages. Your policy must provide coverage for your medical costs in case of hospitalization, emergency travel and repatriation.

Please check the terms of your policy carefully, particularly with regard to limits of cover. Also ensure you are familiar with the procedure for making claims. Once you have paid your deposit or full payment, certain fees will apply if you have to cancel your holiday (see the cancellation provisions in our booking terms and conditions). For this reason you should take out travel insurance at the time of paying your deposit, which should then protect you in such a situation. You will be required to send us travel insurance policy details prior to your voyage.

PASSPORTS & VISAS
You will need a valid passport with you throughout the journey. Some nationalities will be required to pay a ‘reciprocity fee’ for entering Argentina and/or Chile. It is important that your passport is valid for at least six months AFTER the expected finish date of your voyage.

SKI TOURING
Previous backcountry ski touring experience is essential. This discipline is very different from classic ‘cross-country/Nordic’ skiing. This activity is not suitable for beginners. You will need to complete a detailed questionnaire at the time of booking and you may be contacted by our Ski Touring Guides to discuss your prior experience and the equipment you will need to bring with you. We do not supply any gear or equipment for this activity. Maximum number of ski touring participants is 12 (minimum 6).

RCGS RESOLUTE | THE RIGHT SHIP = THE BEST EXPERIENCE
RCGS Resolve offers exceptional onboard facilities and provides an ideal platform for exploring Antarctica. She features the highest ice classification of any passenger vessel in the world. Outstanding observation areas both inside and from the outer decks allow you to be completely absorbed by the coastal landscapes along the way. Our priority is to craft specially designed itineraries that provide you with maximum time in the pristine locations we visit. The vessel has capacity of just 146 guests and we are able to achieve our daily goals by breaking into smaller special-interest groups. There are hiking options onshore, visiting penguin rookeries and wildlife colonies, historic sites and science bases. Cruising in the Zodiacs photographing the icebergs, or observing marine life is a highlight for many. For the more adventurous, sea kayaking is another memorable Antarctic experience. To learn more about this exceptional vessel, request a copy of the Ship Fact Sheet containing detailed specifications and additional information about cabins and other facilities.

CAMPING IN ANTARCTICA
Spend a night on shore camping in Antarctica. Quality camping gear is provided for everyone to enjoy this unique experience. Camping is INCLUDED in the price of your expedition. You do not need to pre-book this activity but we do ask that you register your interest in the camping programme at the time you book your voyage. NOTE: Camping is always dependent on favourable weather conditions. This activity is not guaranteed on any voyage.

SEA KAYAKING
The sea kayaking program is directed at any passenger with an adventurous spirit and some prior paddling experience. This option MUST be reserved at the time of booking and attracts an additional charge of US$795 per participant. You can not book sea kayaking on board the ship. You will need to complete a special questionnaire outlining your previous kayaking experience. Ask your agent, or our office for a copy of this document if you are interested in joining the sea kayaking program.

THE ONE CLUB – EXPEDITION ALUMNI
Come as a passenger, leave as a friend. Once you have experienced one voyage with us, it’s likely you will want to experience another. Your commitment to travel with us is rewarded with our commitment to you, our valued guest. As members of the One Club Expedition Alumni, your loyalty is rewarded with a range of great travel benefits when you return for your next voyage — no matter the destination. Ask your booking agent for details.

IMPORTANT: The information provided here is given in good faith and has been compiled with all reasonable care. However, some of the information may become out of date. Please keep this in mind and check with us if you want to be sure about anything. The document was correct at time of printing. If you have any queries, please contact your voyage booking agent or our office. We are here to help you.
Supporting Polar Science
One Ocean Expeditions collaborates with various research partners, who are executing important and relevant projects while on-board our expeditions. These projects are funded and assisted by One Ocean Expeditions and our guests. Research may range from collecting data for critical oceanographic studies, to the tagging and tracking of migrant whale populations for universities and science institutions.

World Leading - the World Over
For several years One Ocean Expeditions and The Royal Canadian Geographical Society have maintained a collaborative relationship grounded in geographical education, exploration, science, social and economic community development, Canadian national identity and experiential travel. We are proud to be the exclusive marine travel partner of The Royal Canadian Geographical Society and affiliates.

The Right Team
Fewer than 100 guests on the ship doesn’t mean fewer staff. Quite the opposite. You will come to appreciate the dedication of our expedition team when onboard the ship. The highest staff to guest ratio in the industry (1:4) allows you to experience the broadest range of activities possible, catering to all interests and abilities. We are known for our flexible, yet professional approach and an ability to ‘make it happen’.

INTERESTED IN THIS EXPERIENCE?

When choosing to travel with One Ocean Expeditions we ensure your experience from start to finish is straight forward and well organized.

Start by customizing your journey and mapping out the trip ahead.

If this sounds like the right trip for you, please discuss your ideas and plans with your preferred booking agent. They will reserve a cabin for you on your chosen voyage. This provides time to book flights to the embarkation points of this voyage and to plan other pre or post voyage travel requirements. Please remember that you will require comprehensive travel insurance to join our voyages. This is best arranged at the time of booking. Following confirmation of your reservation, you will need to complete a detailed One Ocean Expeditions Booking Package plus other pre-voyage documentation to accompany your deposit. At this point your voyage of discovery is underway.

Take advantage of our experience, which spans decades of expedition travel in the Polar Regions. Should you have any questions, we are here to help at any time.

YOUR NOTES:

Trip Note Updated: 09JUL19 - JM