

ANTARCTICA: 2019/20

TRIP NOTES



Antarctica – 'Off the Beaten Track'



06 NOV 2019 – 18 NOV 2019



12 NIGHTS / 13 DAYS



STARTS USHUAIA

ENJOY THE ULTIMATE ANTARCTIC ADVENTURE!

Early season is a time of intense activity in Antarctica. The wildlife migrations have commenced and the sea ice is quickly receding, allowing access to locations which have been ice choked since winter. We anticipate exciting ice navigation on the ship and will be among the first to visit many of the well-known sites this season. For all these reasons, it's one of our favourite times of the year to visit Antarctica. What makes this journey so special is the enhanced program of off-ship activities offered on this departure. Taking advantage of optimal snow and ice conditions in November, we offer a range of additional activities which complement our regular programming.

For those with some technical ability and experience, we offer back-country ski touring. Snow-shoeing is another exciting option. If you have some experience sea kayaking, why not enjoy this unique activity? Accompanied by a small group of paddlers, your expert guides will allow you to experience Antarctica in a very different way. All this is complemented with a fascinating series of onboard presentations, led by adventurers, marine biologists, naturalists, glaciologists, historians and our onboard photographer.

This voyage has been designed for outdoor enthusiasts and adventure lovers. Yet it has great appeal to those who wish to experience Antarctica at a magical time of the season. Several additional days of exploration in Antarctica compared to the 10-night voyages is an added bonus.



Expedition Highlights

- > Outstanding wildlife observation on shore, Zodiac cruising and from the ship
- > In-depth exploration of the Gerlache coastline and Antarctic Peninsula
- > Visits to historic sites and science stations
- > Learn about the environment, wildlife and ecology of Antarctica from polar experts

ON THIS TRIP

-  Zodiac excursions
-  Onshore hiking options
-  Wildlife observation
-  Photographer-in-Residence
-  Sea Kayaking Program
-  Snow Shoeing
-  Backcountry Ski Touring
-  Camping on shore
-  Educational presentations
-  Active Cruising & Wellness

IMPORTANT VOYAGE LOGISTICS

This trip commences in Ushuaia (Argentina). We recommend arriving in Ushuaia at least one day prior to the scheduled voyage departure. This gives you a buffer in the event of any unexpected travel delays between home and voyage embarkation. Here we board our expedition ship, charting a course for Antarctica.

Our voyage is complete when we arrive back into Ushuaia (Argentina). A transfer from the ship to the airport (or local hotels) is provided upon disembarkation. We advise booking your flights out of Ushuaia from mid-morning onwards. Or consider spending a night in Ushuaia at the conclusion of your voyage.

Full joining instructions will be provided in your final travel documentation. If you have questions before this time, please ask us.



YOUR DAY-BY-DAY EXPEDITION ITINERARY

DAY 1 / USHUAIA (ARGENTINA) (WEDNESDAY, 06 NOVEMBER, 2019)

Our journey to Antarctica commences this afternoon in Ushuaia, in southern Argentina. We gather at our central meeting point, transfer to the pier and embark our expedition ship. After settling in to our cabins and exploring the ship, we meet our expedition team and fellow passengers. Excitement is in the air as we enjoy a welcome cocktail and dinner and cast off, bound for Antarctica and the adventure of a lifetime.

DAYS 2-3 / AT SEA – TOWARDS ANTARCTICA

We chart a southerly course for Antarctica. This stretch of the South Atlantic is rich in its bio-diversity and showcases an abundance of wildlife. We will be joined by hundreds of seabirds including the wandering albatross. Giant petrels and smaller Cape petrels are also constant companions as we make our way south. Photographing these magnificent birds takes patience and skill and our photography expert will be on hand to show you the best techniques. Join the ship's Captain on the bridge and learn about the operations of our modern research vessel. Throughout the day our onboard experts educate us with a series of presentations about the environment, the wildlife and history and the locations we hope to visit in the coming days. As we approach the coastline of Antarctica, we anticipate an increase in whale sightings.

DAYS 4-5 / SOUTH SHETLAND ISLANDS AND ANTARCTICA

We awaken today and the magnificent snowy peaks of the South Shetland Islands are laid out before us. Depending on ice and weather conditions, we plan on entering the McFarlane Strait, which separates Greenwich and Livingstone Islands. Half Moon Island or nearby Yankee Harbour are possible landing sites. A short way to the south-west lies Deception Island – a flooded volcanic caldera. Navigating the ship into the narrow passage takes great skill. The old whaling station here begs exploration and there are some fantastic hikes available along the black sand beach to investigate the old aircraft hangar and other relics. A hike of several kilometers up to a high point known as Neptune's Window is another option.

Overnight we cross the Bransfield Strait and are now along the coastline of continental Antarctica. Over the next four days, our itinerary is deliberately flexible to account for early season ice conditions, and to take advantage of optimal snow conditions at several of our favourite landing sites. Our planned exploration starts in the vicinity of Mikkelson Harbour and neighbouring Cierva Cove – both beautiful locations and the perfect introduction to Antarctica.

DAYS 6-9 / GERLACHE STRAIT (ANTARCTICA)

Heading south along the coastline of the continent, our busy program of activities will now be in full swing. Our days are spent exploring on and off the ship. Popular activities include guided hikes on shore and visits to wildlife colonies with our expert naturalist guides, while the historic huts and science stations provide a fascinating glimpse into the past and the present. Zodiac cruising among the ice is always a memorable activity.

Based on site characteristics, the ski-touring group may set off to explore the pristine terrain and range several kilometres inland with our experienced mountaineering guides. What a unique thrill it is to carve 'fresh tracks' in the virgin snow of Antarctica. The expedition snow shoe group may follow in the tracks of the skiers, climbing to high points which afford breathtaking views. If you are not up to the more strenuous snow shoeing program, you will be able to try this unique activity at many of our landing sites.

Our expedition sea kayakers will head out on excursions which may last all day. An overnight kayak/camping excursion is available to the more adventurous in the group. Everyone aboard will have an opportunity to camp onshore for the night in Antarctica if the weather conditions co-operate. We have all the gear to keep you warm, dry and as comfortable as possible. Photography enthusiasts will enjoy the chance to spend an entire day with our expedition photographer, on an all-day field workshop.



We range as far south as ice conditions permit and hope to navigate as far as Neko Harbour and into the Errera Channel. Witnessing the migration of the penguins early in the season, as they busily re-establish their rookeries and prepare nests, is a fascinating experience.

DAY 10 / SOUTH SHETLAND ISLANDS

The adventure is not over and we plan an additional day of exploration in the South Shetlands. Prevailing weather conditions will dictate our landing locations. Aitcho Island is a possibility and is a great spot for a hike or a Zodiac cruise. There are several other landing sites in the South Shetland's including Half Moon Island, or the broad pebbly beach at Yankee Harbour, where we sometimes encounter Weddell seals sunning themselves. This is another great spot for a hike. Hannah Point, with its elephant seal colony and nesting Antarctic petrels - could also feature. In the evening, we navigate north and into the Drake Passage, charting a course for South America.

DAYS 11-12 / DRAKE PASSAGE – RETURN TO SOUTH AMERICA

Making our way back to South America, the educational presentations continue and we enjoy a memorable voyage recap by our Expedition Leader. Join our photography experts in the multimedia room and download and back up your precious images. If weather conditions allow, we hope to make a rounding of Cape Horn. This fabled stretch of water is home to legendary tales of exploration and early navigation. It is a fitting place to reflect on a wonderful expedition. Approaching the entrance to the Beagle Channel in early evening light, we enjoy a special dinner attended by the Captain of the ship.

DAY 13 / ARRIVE USHUAIA (ARGENTINA) – VOYAGE CONCLUDES – (MONDAY, 18 NOVEMBER, 2019)

In the early morning, we arrive into Ushuaia, Argentina. It is time to say farewell to your crew and fellow travellers. Guests will be transported to their hotels or to the airport for return flights home. It will be possible to connect to flights through to Buenos Aires or other destinations in South America. Otherwise enjoy a night in town or venture further afield to explore the highlights of Patagonia.

Special Activities on this voyage	Price
Expedition Sea Kayaking	US\$795
Overnight Sea Kayaking Option	US\$300
Backcountry Ski Touring	US\$750
Expedition Snow Shoeing	complimentary
Overnight Camping	complimentary
Onboard Photography	complimentary

IMPORTANT NOTES:

Expedition Sea Kayaking is limited to 16 paddlers.

Overnight Sea Kayaking is an option for those already enrolled in the regular Sea Kayaking program and is limited to six paddlers.

Backcountry Ski Touring is limited to 12 skiers. You will need to supply your own ski gear and must have suitable backcountry ski touring experience. See additional notes on page 5.

Expedition Snow Shoeing is available to all guests who wish to try this unique activity which will be offered on several occasions over the duration of the voyage.

Overnight Camping is always dependent on favorable weather and ice conditions on shore.

Onboard Photography: All guests will have access to our Resident Photography expert over the duration of the voyage.

ABOUT OUR ITINERARY: Polar exploration can be unpredictable. Specific sites visited will depend on prevailing weather and ice conditions at the time of sailing. The above itinerary should be read as a 'guide only' and may change. The ship's Captain in conjunction with the Expedition Leader continually review the sailing plan throughout the voyage, making adjustments to the itinerary along the way to take advantage of optimal weather and ice conditions or to maximize our encounters with wildlife. Decades of experience spent exploring these waterways mean we have a large number of outstanding landing sites and Zodiac cruising locations to consider, even when the weather conditions may not be ideal or when heavy ice may hinder our planned route. A flexible approach is something we encourage you to bring to the ship.

YOUR EXPEDITION INCLUDES:

- ✓ Comprehensive pre-voyage information package including details to help you prepare for your trip
- ✓ Transfers from a central meeting point in Ushuaia on Day 1 and from the port to the airport (or a downtown hotel) at the conclusion of your voyage on Day 14
- ✓ Shipboard accommodation in your selected cabin category with daily housekeeping. Cabins feature outside views with windows or portholes
- ✓ All breakfasts, lunches and dinners on board throughout your voyage with daily afternoon tea
- ✓ 24-hour tea, coffee, hot chocolate in bar/lounge plus in-cabin tea and coffee making facilities
- ✓ Experienced Expedition Leader and professional expedition team of marine biologists, naturalists, historians, adventure guides and photographers
- ✓ Daily off-ship excursions by Zodiac boat breaking into small groups for shore landings
- ✓ Guided hikes and walks on shore of various durations for guests of all abilities
- ✓ Visits to wildlife colonies, historic sites, places of outstanding natural beauty and science stations
- ✓ Educational presentations and talks by polar experts in their field (i.e. marine biologists, naturalists, historians etc). Onboard or on shore
- ✓ Resident photography guide available to assist all guests plus access to computers in the multimedia lab for image downloads, file back up and management
- ✓ An emergency trained medical physician onboard every voyage
- ✓ Dedicated hospitality team including Hotel Manager, four chefs, professional bar staff and Adventure Concierge staff
- ✓ Onboard sauna, plunge pool, Jacuzzi and fitness centre including massage options (charge applies for massage and treatments)
- ✓ Sea Kayaking programme available (additional charge of US\$795pp) – must be reserved at the time of booking your voyage and you must have some prior paddling experience
- ✓ Access to well-stocked library full of polar reference books
- ✓ End of voyage video, photos and take-home USB
- ✓ Port fees and all permits to access visited areas

The right gear for your trip – included ✓



When you travel with One Ocean Expeditions, you have the use of an expedition gear package free of charge. Containing around US\$900 worth of essential equipment, this kit includes a quality waterproof/windproof jacket and bib-pants plus insulated rubber boots designed for extended walking. We also include a set of binoculars and a Nordic trekking pole for use when on shore. A waterproof backpack completes your package. This kit saves you buying expensive clothing and equipment you may only ever use once. It also eliminates the need to carry such cumbersome gear to the ship (total weight around 8kg/17lbs).

The Expedition does not include:

- › Any international or local airfare unless otherwise specified in the voyage itinerary
- › Visa and passport expenses
- › Pre or post-cruise hotel accommodation unless otherwise specified in the itinerary (or pre-arranged)
- › Pre or post-cruise transfers unless otherwise specified in the itinerary (or pre-arranged)
- › Personal expenses on board such as alcoholic beverages, bar charges or laundry expenses
- › Telecommunication charges (i.e. email, satellite phone)
- › Baggage, cancellation or medical travel insurance related expenses (travel insurance is mandatory on all voyages)
- › A voluntary gratuity at the end of the voyage for expedition staff and ship crew (suggested amount – US\$15-20 per day)

THE RIGHT SHIP = THE BEST EXPERIENCE



One Ocean Navigator
(Akademik Ioffe)

Akademik Ioffe is the perfect size ship for visiting Antarctica. She carries no more than 96 passengers. This is under the maximum number of people allowed on shore (100), as mandated by the regulatory organization for tourism activities in Antarctica (IAATO). Being under this limit means you will spend the maximum amount of time on shore, on EVERY single excursion. We do not need to operate shuttles to and from the ship or run hurried excursions. Once on shore, we break up into smaller special interest groups, with several hiking options, perhaps a visit to a penguin rookery, a historic site or a quiet stroll along the shoreline contemplating the magic. You decide how your day unfolds. Your time in Antarctica is precious and we aim to maximize your experience at every opportunity. To learn more about this exceptional vessel, request a copy of the [Ship Fact Sheet](#) containing detailed specifications and additional information about cabins and other facilities.

BEFORE YOU BOOK – IMPORTANT VOYAGE DETAILS

COMPREHENSIVE PRE-VOYAGE INFORMATION

Upon receipt of your deposit and booking forms, a detailed booklet will be sent to you providing additional information to help you prepare for your voyage. This resource is full of useful facts and covers practicalities such as suggested clothing, life on board the ship, wildlife, geography and history as well as details about the activities available throughout your voyage. Information regarding passports and visas, budgeting, as well as travel insurance requirements are also found in this helpful document.

TRAVEL INSURANCE

On all One Ocean Expeditions' voyages, you must have comprehensive travel insurance. Your booking agent can recommend a policy designed to cover participants on these voyages. Your policy must provide coverage for your medical costs in case of hospitalization, emergency travel and repatriation.

Please check the terms of your policy carefully, particularly with regard to limits of cover. Also ensure you are familiar with the procedure for making claims. Once you have paid your deposit or full payment, certain fees will apply if you have to cancel your holiday (see the cancellation provisions in our booking terms and conditions). For this reason you should take out travel insurance at the time of paying your deposit, which should then protect you in such a situation. You will be required to send us travel insurance policy details prior to your voyage.

PASSPORTS AND VISAS

You will need a valid passport with you throughout the journey. Some nationalities will be required to pay a 'reciprocity fee' for entering Argentina and/or Chile. It is important that your passport is valid for at least six months AFTER the expected finish date of your voyage.

CAMPING IN ANTARCTICA

Spend a night on shore camping in Antarctica. Quality camping gear is provided for everyone to enjoy this unique experience. Camping is INCLUDED in the price of your expedition. You do not need to pre-book this activity. Sign up once onboard. NOTE: Camping is dependent on favourable weather conditions. This activity is not guaranteed on any voyage.

SEA KAYAKING

The sea kayaking program is directed at any passenger with an adventurous spirit and some prior paddling experience. This option MUST be reserved at the time of booking and attracts an additional charge of \$US795 per participant. You cannot book sea kayaking on board the ship. You will need to complete a special questionnaire outlining your previous kayaking experience. Ask your agent, or our office for a copy of this document if you are interested in joining the sea kayaking program.

SKI TOURING

Previous backcountry ski touring experience is essential. This discipline is very different from classic 'cross-country/Nordic' skiing. This activity is not suitable for beginners. You will need to complete a detailed questionnaire at the time of booking and you may be contacted by our Ski Touring Guides to discuss your prior experience and the equipment you will need to bring with you. We do not supply any gear or equipment for this activity. Maximum number of ski touring participants is 12 (minimum 6).

THE ONE CLUB – EXPEDITION ALUMNI

Come as a passenger, leave as a friend. Once you have experienced one voyage with us, it's likely you will want to experience another. Your commitment to travel with us is rewarded with our commitment to you, our valued guest. As members of the One Club Expedition Alumni, your loyalty is rewarded with a range of great travel benefits when you return for your next voyage — no matter the destination. Ask your booking agent for details.



IMPORTANT: The information provided here is given in good faith and has been compiled with all reasonable care. However, some of the information may become out of date. Please keep this in mind and check with us if you want to be sure about anything. The document was correct at time of printing. If you have any queries, please contact your voyage booking agent or our office. We are here to help you.



Supporting Antarctic Science

One Ocean Expeditions collaborates with various research partners, who are executing important and relevant projects while on-board our expeditions. These projects are funded and assisted by One Ocean Expeditions and our guests. Research may range from collecting data for critical oceanographic studies, to the tagging and tracking of migrant whale populations for universities and scientific institutions.



World Leading - the World Over

For several years One Ocean Expeditions and The Royal Canadian Geographical Society have maintained a collaborative relationship grounded in geographical education, exploration, science, social and economic community development, Canadian national identity and experiential travel. We are proud to be the exclusive marine travel partner of The Royal Canadian Geographical Society and affiliates.



The Right Team

Fewer than 100 guests on the ship doesn't mean fewer staff. Quite the opposite. You will come to appreciate the dedication of our expedition team when onboard the ship. The highest staff to guest ratio in the industry (1:4) allows you to experience the broadest range of activities possible, catering to all interests and abilities. We are known for our flexible, yet professional approach and an ability to 'make it happen'.

INTERESTED IN THIS EXPERIENCE?

When choosing to travel with One Ocean Expeditions we ensure your experience from start to finish is straight forward and well organized.

Start by customizing your journey and mapping out the trip ahead.

If this sounds like the right trip for you, please discuss your ideas and plans with your preferred booking agent. They will reserve a cabin for you on your chosen voyage. This provides time to book flights to the embarkation points of this voyage and to plan other pre or post voyage travel requirements. Please remember that you will require comprehensive travel insurance to join our voyages. This is best arranged at the time of booking. Following confirmation of your reservation, you will need to complete a detailed **One Ocean Expeditions Booking Package** plus other pre-voyage documentation to accompany your deposit. At this point your voyage of discovery is underway.

Take advantage of our experience, which spans decades of expedition travel in the Polar Regions. Should you have any questions, we are here to help at any time.

YOUR NOTES:

Trip Note Updated: 26JUL18 - RC