

ANTARCTICA: 2019/20

TRIP NOTES



Antarctica, South Georgia and the Falkland Islands



20 OCT 2019 – 07 NOV 2019



18 NIGHTS / 19 DAYS



STARTS PUNTA ARENAS

SPRING IS A TIME OF INTENSE WILDLIFE ACTIVITY IN THE SOUTHERN OCEAN

This voyage is specifically timed to coincide with the arrival of spring as the region emerges from the long and frigid winter. This is an incredibly dynamic time to experience the Antarctic eco-system. It is our most far-reaching polar expedition and includes visits to three different locations. Having crossed from South America, we commence our journey in Antarctica, finding the ice and snow cover in pristine condition. Penguins are returning and busy establishing their rookeries. Seals are on the move and busy feeding as the sea ice breaks up. Early season, whales are starting to return. Several of the most important historic sites in Antarctica feature on this voyage, including Deception Island, Elephant Island, Stromness and Grytviken.

The early season also marks the beginning of the wildlife migration and commencement of the breeding cycle. In South Georgia, scenes of male elephant seals battling for control of the beaches (and the female harems), and the intimate and beautiful courtship rituals of the albatross, will have you believing you are 'on the set' of your very own wildlife documentary. Indeed, it is no surprise that many of the famous wildlife documentaries of the region are filmed at this time of year. There is just so much going on.

Over 19 days you will explore on shore in the company of expert guides – including naturalists, marine biologists, ornithologists and adventurers, as well as our resident photography professional. Cruising in our inflatable Zodiac boats is another memorable activity.



Expedition Highlights

- > Fantastic glaciated scenery of the Antarctic Peninsula and South Georgia
- > Outstanding wildlife observation on shore, Zodiac cruising and from the ship
- > Visits to historic sites and science stations
- > Learn about the environment, wildlife, history and ecology from polar experts

ON THIS TRIP

-  Zodiac excursions
-  Onshore hiking options
-  Wildlife observation
-  Photographer-in-Residence
-  Sea kayaking available
-  Whale watching
-  Educational presentations
-  Active Cruising & Wellness

IMPORTANT VOYAGE LOGISTICS

This trip commences in Punta Arenas (Chile). We recommend arriving in Punta Arenas at least one day prior to the scheduled voyage departure. This gives you a buffer in the event of any unexpected travel delays between home and voyage embarkation. Here we board our expedition ship, charting a course for Antarctica.

At the conclusion of the trip, we fly from Stanley (Falkland Islands) to Santiago (Chile). A transfer is provided from the airport to a central downtown location. This return flight arrives in the late afternoon and onward international flight connections may be possible.

Full joining instructions are provided in your final travel documentation. If you have questions before this time, please ask us.



YOUR DAY-BY-DAY EXPEDITION ITINERARY

DAY 1 / PUNTA ARENAS (CHILE) (SUNDAY, 20 OCTOBER 2019)

Our journey commences in the southern Chilean port city of Punta Arenas. We gather at a central meeting point and transfer to the wharf where we embark our expedition ship. After settling in to our cabins and exploring the ship, we meet the expedition team and fellow passengers. Excitement is in the air and we enjoy a welcome cocktail and dinner. We chart a course through the Straits of Magellan and are on our way, bound for Antarctica – and what promises to be an incredible adventure.

DAYS 2-3 / AT SEA – TOWARDS ANTARCTICA

The Drake Passage is rich in bio-diversity and showcases a great abundance of wildlife. We will be joined by hundreds of seabirds including the wandering albatross. Giant petrels and smaller Cape petrels are also constant companions as make our way south. Photographing these magnificent birds takes patience and skill and our photography expert will be on hand to show you the best techniques. Join the ship's Captain on the bridge and learn about the operations of our modern expedition vessel. Throughout the day our onboard experts educate us with a series of presentations about the environment, the wildlife and history of the locations we hope to visit in the coming days. As we approach the coastline of Antarctica, we encounter more icebergs and anticipate our first whale sightings.

DAYS 4-6 / SOUTH SHETLAND ISLANDS AND ANTARCTIC PENINSULA

Excitement is in the air as the magnificent snowy peaks of the South Shetland Islands are laid out before us. Depending on ice and weather conditions, we enter the South Shetlands via the McFarlane Strait, with an objective of Half Moon Island, or nearby Yankee Harbour. Arriving on shore, a sizeable rookery of chinstrap penguins act as a very noisy welcoming committee and we hope to observe our first substantial elephant seal colony here. There are some good hiking options along the rocky beach to a high point. Otherwise observe the chinstraps at close proximity as they establish their nests.

Overnight we cross the Bransfield Strait and are now along the coastline of continental Antarctica. Our itinerary is deliberately flexible to account for early season ice conditions, and to take advantage of optimal snow conditions at several of our favourite landing sites. Our planned exploration starts in the vicinity of Mikkelson Harbour and neighbouring Cierva Cove – both beautiful locations and the perfect introduction to Antarctica. Both spots provide excellent Zodiac cruising and it is fascinating to observe the very beginning of the penguin breeding cycle and the courtship rituals that take place. We keep our eyes out for the powerful leopard seal, which we frequently find hauled out on the icefloes around here.

We continue our journey and are now on our way to Antarctic Sound - the gateway into the icy Weddell Sea. Depending on the seasonal ice conditions, we visit a number of outstanding locations on the way into the Weddell. Our plan is to sail the ship into the flooded volcanic caldera at Deception Island. This is a very dramatic place and history is all around us as we explore the old whaling station, with the rusted old boilers and dilapidated wooden huts. At the far end of the beach is an old aircraft hangar. This is where Australian, Sir Hubert Wilkins, made the very first flight in Antarctica in 1928. There is also an outstanding hike, high up onto the rim of the crater. The Aitcho Islands provide some great hiking routes showcasing the colourful mosses and lichens found on the island. Gentoo and chinstrap penguins nest here and on the beaches, we usually encounter seals coming and going from the surrounding waters. Fort Point situated on Greenwich Island is another possible location for a visit.

DAYS 7-8 / ANTARCTIC SOUND, WEDDELL SEA AND ELEPHANT ISLAND

Our next objective is to enter the icy Weddell Sea, through the broad channel that separates the continent of Antarctica from Joinville Island. At first, we are awe-struck by the sheer size of the tabular icebergs in this area and their presence always makes for exciting navigation on the ship. This region is also home to some of the largest Adelle penguin rookeries found in Antarctica. After several busy days of exploration along the Antarctic Peninsula, South Shetlands and Antarctic Sound, we head for Elephant Island – a location forever connected to



the story of Sir Ernest Shackleton and the HMS Endurance expedition a century ago. On the windswept north coast, exposed to the swells of the South Atlantic is Point Wild. It was here that Shackleton and his exhausted men camped under their upturned boats more than a century ago – pondering their chances of survival. Shore landings here are often notoriously tricky due to strong winds and pounding surf on the rocky beach. This is a thrilling location for anyone with a passion for polar history.

DAYS 9-11 / SCOTIA SEA – TOWARDS SOUTH GEORGIA

As we depart Elephant Island we cannot help but ponder the journey made by Shackleton and his four companions – as they attempted the near impossible – navigating 800 nautical miles in a 30 foot converted lifeboat across the tempestuous Scotia Sea to South Georgia. We make a much easier time of the crossing in our modern expedition ship. Onboard experts keep us busy with fascinating presentations and lead lively discussions throughout the day. The great pelagic seabirds are sure to keep us company – and we anticipate excellent sightings of albatross and giant petrels soaring on the winds of the South Atlantic Ocean. Anticipation builds as the mountainous peaks appear on the horizon, marking our arrival at South Georgia.

DAYS 12-14 / EXPLORATION OF SOUTH GEORGIA

We spend the next three days exploring the coastline of South Georgia. Dark sand beaches, tussock covered hinterland and a backdrop of towering peaks and glaciers are a feast for all the senses. South Georgia has often been called the greatest wildlife show on Earth. Seals cover the beaches, seabirds fill the skies and living in rookeries of immense sizes are the majestic king penguins. Our aim is to visit a number of these vast colonies – where naturalists estimate that more than 100,000 adult and juvenile penguins live in close proximity. Locations could include Gold Harbour, Royal Bay, St Andrews Bay and Salisbury Plain.

Dotted along the coastline are the rusting relics of the early whaling era. The largest of these locations is Grytviken. Here we find a fascinating museum and a beautifully restored Norwegian Lutheran Church. Adjacent to the old whaling station lies a small cemetery. This is the final resting place of Sir Ernest Shackleton – who was laid to rest here in 1922. For many onboard, being in the presence of the great polar explorer is a highlight of the trip. We continue our journey along the coastline, hoping to visit Stromness – another former whaling station – and the final destination of Shackleton and companions Frank Worsley and Tom Crean, having made the near impossible traverse across the interior of South Georgia against all odds.

ABOUT OUR ITINERARY: Polar exploration can be unpredictable. Specific sites visited will depend on prevailing weather and ice conditions at the time of sailing. The above itinerary should be read as a 'guide only' and may change. The ship's Captain in conjunction with the Expedition Leader continually review the sailing plan throughout the voyage, making adjustments to the itinerary along the way to take advantage of optimal weather and ice conditions or to maximize our encounters with wildlife. Decades of experience spent exploring these waterways mean we have a large number of outstanding landing sites and Zodiac cruising locations to consider, even when the weather conditions may not be ideal or when heavy ice may hinder our planned route. A flexible approach is something we encourage you to bring to the ship.



DAYS 15-17 / AT SEA – TOWARDS THE FALKLANDS

By now we are in sensory overload, our cameras full of images and our journey towards the Falkland Islands commences. The spectacular seabirds, including several albatross and petrel species, are our constant companions soaring above the ship. The onboard educational program continues, and our experts recap our remarkable journey to date. These days provide a good opportunity to catch up on journal entries, sort through your images at the multimedia station and catch some rest after a busy two weeks of activity.

DAY 18 / FALKLAND ISLANDS

We wake to the sight of landfall in the Falkland Islands. Approaching Sea Lion Island, we first note the very barren and windswept landscape, exposed to the prevailing weather that originates in the Drake Passage. We launch the Zodiacs and go ashore to view the incredible diversity of wildlife found at this location. Three species of penguin including gentoo, Magellanic and rockhopper, as well as southern elephant seals and South American sea lions, are known to inhabit the area. King cormorants and striated caracaras are just some of the bird species we expect to see. As we cruise along the coast of the Falklands, bound for Stanley, we enjoy a special dinner attended by the ship's Captain.

DAY 19 / ARRIVE STANLEY (FALKLAND ISLANDS) – VOYAGE CONCLUDES – FLY BACK TO SANTIAGO (CHILE) (THURSDAY, 07 NOVEMBER 2019)

This morning we pass through 'the Narrows' and into the port of Stanley, the capital of the Falkland Islands. We say goodbye to our crew and after some free time to explore the town, make our way to the airport for our special charter flight to Santiago - Chile's stylish capital city. On arrival in Santiago our journey comes to an end. Onward regional and international flight connections may be possible this evening. Discuss the options with your booking agent. A transfer is provided to a downtown location for those choosing to stay and explore Santiago and the delights of Chile.

ALTERNATIVE OPTIONS: There are seven variations of this popular voyage in 2019/20. Several include flights to locations including Stanley (Falkland Islands) or King George Island (Antarctica). Flying to these points allows us to run the same overall itinerary but in less time. Several itineraries operate in the reverse direction visiting the Falkland's first, then South Georgia, followed by Antarctica. See the website for details.

YOUR EXPEDITION INCLUDES:

- ✓ Comprehensive pre-voyage information package including details to help you prepare for your trip
- ✓ Transfers to the ship on embarkation day and from the ship to the airport on disembarkation
- ✓ Shipboard accommodation in your selected cabin category with daily housekeeping. Cabins feature outside views with windows or portholes
- ✓ All breakfasts, lunches and dinners on board throughout your voyage with daily afternoon tea
- ✓ 24-hour tea, coffee, hot chocolate in bar/lounge plus in-cabin tea and coffee making facilities
- ✓ Experienced Expedition Leader and professional expedition team of marine biologists, naturalists, historians, adventure guides and photographers
- ✓ Daily off-ship excursions by Zodiac boat breaking into small groups for shore landings
- ✓ Guided hikes and walks on shore of various durations for guests of all abilities
- ✓ Visits to wildlife colonies, historic sites, places of outstanding natural beauty and science stations
- ✓ Educational presentations and talks by polar experts in their field (i.e. marine biologists, naturalists, historians etc). Onboard or on shore
- ✓ Resident photography guide available to assist all guests plus access to computers in the multimedia lab for image downloads, file back up and management
- ✓ An emergency trained medical physician onboard every voyage
- ✓ Dedicated hospitality team including Hotel Manager, four chefs, professional bar staff and Adventure Concierge staff
- ✓ Onboard sauna, plunge pool, Jacuzzi and fitness centre including massage options (charge applies for massage and treatments)
- ✓ Sea Kayaking programme available (additional charge of US\$795pp) – must be reserved at the time of booking your voyage and you must have some prior paddling experience
- ✓ Access to well-stocked library full of polar reference books
- ✓ End of voyage video, photos and take-home USB
- ✓ Port fees and all permits to access visited areas

The right gear for your trip – included ✓



When you travel with One Ocean Expeditions, you have the use of an expedition gear package free of charge. Containing around US\$900 worth of essential equipment, this kit includes a quality waterproof/windproof jacket and bib-pants plus insulated rubber boots designed for extended walking. We also include a set of binoculars and a Nordic trekking pole for use when on shore. A waterproof backpack completes your package. This kit saves you buying expensive clothing and equipment you may only ever use once. It also eliminates the need to carry such cumbersome gear to the ship (total weight around 8kg/17lbs).

The Expedition does not include:

- › Any international or local airfare unless otherwise specified in the voyage itinerary
- › Visa and passport expenses
- › Pre or post-cruise hotel accommodation unless otherwise specified in the itinerary (or pre-arranged)
- › Pre or post-cruise transfers unless otherwise specified in the itinerary (or pre-arranged)
- › Personal expenses on board such as alcoholic beverages, bar charges or laundry expenses
- › Telecommunication charges (i.e. email, satellite phone)
- › Baggage, cancellation or medical travel insurance related expenses (travel insurance is mandatory on all voyages)
- › A voluntary gratuity at the end of the voyage for expedition staff and ship crew (suggested amount – US\$15-20 per day)

IMPORTANT: We utilize a special charter flight between Santiago (Chile) and Stanley (Falkland Islands) and different luggage limits apply. Please observe a limit of 20kg for checked baggage and 5kg for carry-on baggage. There is no facility to purchase excess luggage on this flight. Excess baggage can be stored in Santiago for the duration of your voyage for a small fee. Ask your booking agent for more details. Or contact our office if you have questions.

THE RIGHT SHIP = THE BEST EXPERIENCE



RCGS Resolute

RCGS Resolute offers exceptional onboard facilities and provides an ideal platform for exploring Antarctica. She features the highest ice classification of any passenger vessel in the world. Outstanding observation areas both inside and from the outer decks allow you to be completely absorbed by the coastal landscapes along the way. Our priority is to craft specially designed itineraries that provide you with maximum time in the pristine locations we visit. The vessel has capacity of just 146 guests and we are able to achieve our daily goals by breaking into smaller special-interest groups. There are hiking options onshore, visiting penguin rookeries and wildlife colonies, historic sites and science bases. Cruising in the Zodiacs photographing the icebergs, or observing marine life is a highlight for many. For the more adventurous, sea kayaking is another memorable Antarctic experience. To learn more about this exceptional vessel, request a copy of the [Ship Fact Sheet](#) containing detailed specifications and additional information about cabins and other facilities.

BEFORE YOU BOOK – IMPORTANT VOYAGE DETAILS

COMPREHENSIVE PRE-VOYAGE INFORMATION

Upon receipt of your deposit and booking forms, a detailed booklet will be sent to you providing additional information to help you prepare for your voyage. This resource is full of useful facts and covers practicalities such as suggested clothing, life on board the ship, wildlife, geography and history as well as details about the activities available throughout your voyage. Information regarding passports and visas, budgeting, as well as travel insurance requirements are also found in this helpful document.

TRAVEL INSURANCE

On all One Ocean Expeditions' voyages, you must have comprehensive travel insurance. Your booking agent can recommend a policy designed to cover participants on these voyages. Your policy must provide coverage for your medical costs in case of hospitalization, emergency travel and repatriation.

Please check the terms of your policy carefully, particularly with regard to limits of cover. Also ensure you are familiar with the procedure for making claims. Once you have paid your deposit or full payment, certain fees will apply if you have to cancel your holiday (see the cancellation provisions in our booking terms and conditions). For this reason you should take out travel insurance at the time of paying your deposit, which should then protect you in such a situation. You will be required to send us travel insurance policy details prior to your voyage.

PASSPORTS AND VISAS

You will need a valid passport with you throughout the journey. Some nationalities will be required to pay a 'reciprocity fee' for entering Argentina and/or Chile. It is important that your passport is valid for at least six months AFTER the expected finish date of your voyage.

SEA KAYAKING

The sea kayaking program is directed at any passenger with an adventurous spirit and some prior paddling experience. This option MUST be reserved at the time of booking and attracts an additional charge of \$US795 per participant. You cannot book sea kayaking on board the ship. You will need to complete a special questionnaire outlining your previous kayaking experience. Ask your agent, or our office for a copy of this document if you are interested in joining the sea kayaking program.

THE ONE CLUB – EXPEDITION ALUMNI

Come as a passenger, leave as a friend. Once you have experienced one voyage with us, it's likely you will want to experience another. Your commitment to travel with us is rewarded with our commitment to you, our valued guest. As members of the One Club Expedition Alumni, your loyalty is rewarded with a range of great travel benefits when you return for your next voyage — no matter the destination. Ask your booking agent for details.



IMPORTANT: The information provided here is given in good faith and has been compiled with all reasonable care. However, some of the information may become out of date. Please keep this in mind and check with us if you want to be sure about anything. The document was correct at time of printing. If you have any queries, please contact your voyage booking agent or our office. We are here to help you.



Supporting Antarctic Science

One Ocean Expeditions collaborates with various research partners, who are executing important and relevant projects while on-board our expeditions. These projects are funded and assisted by One Ocean Expeditions and our guests. Research may range from collecting data for critical oceanographic studies, to the tagging and tracking of migrant whale populations for universities and scientific institutions.



World Leading - the World Over

For several years One Ocean Expeditions and The Royal Canadian Geographical Society have maintained a collaborative relationship grounded in geographical education, exploration, science, social and economic community development, Canadian national identity and experiential travel. We are proud to be the exclusive marine travel partner of The Royal Canadian Geographical Society and affiliates.



The right team - exceptional service

You will come to appreciate the dedication of our expedition team when onboard the ship. The highest staff to guest ratio in the industry (1:4) allows you to experience the broadest range of activities possible, catering to all interests and abilities. We are committed to providing exceptional service and are renowned for our flexible, yet professional approach and an ability to 'make things happen'.

INTERESTED IN THIS EXPERIENCE?

When choosing to travel with One Ocean Expeditions we ensure your experience from start to finish is straight forward and well organized.

Start by customizing your journey and mapping out the trip ahead.

If this sounds like the right trip for you, please discuss your ideas and plans with your preferred booking agent. They will reserve a cabin for you on your chosen voyage. This provides time to book flights to the embarkation points of this voyage and to plan other pre or post voyage travel requirements. Please remember that you will require comprehensive travel insurance to join our voyages. This is best arranged at the time of booking. Following confirmation of your reservation, you will need to complete a detailed **One Ocean Expeditions Booking Package** plus other pre-voyage documentation to accompany your deposit. At this point your voyage of discovery is underway.

Take advantage of our experience, which spans decades of expedition travel in the Polar Regions. Should you have any questions, we are here to help at any time.

YOUR NOTES:

Trip Note Updated: 04AUG18 - RC