

The Maiden

Questions to Explore the Maiden/Examples of painting a picture through questions so that participant can feel into a situation

- What did she look like?
- What excited her? Interested her?
- How was she loved?
- Where was she open or closed?
- In what ways was she shut down?
- What did she believe?
- What was she scared of?
- How did she make decisions?
- How did she hold herself? How did she hold herself back?
- How was she hurt?
- How does her less evolved self show up in your business/work and facilitation?