



1 | Unlocking What Breaks Your Heart

Lesson 1 Part 6

Transcript

After months of working with Margo and providing her with tools and daily rituals to manifest her own dreams, she created a road map for the success she wanted to achieve. In the months that followed my work with Margo, she then sent me an email with an update. She indicated that she had left her corporate job and was well on her way to offering a business that supported other women in becoming financially independent.

She was coaching women on how to structure and keep track of their monthly expenses. She was offering Mastermind classes and workshops for those seeking to develop a better relationship with money. She was getting ready to offer a weekend retreat where women could then come together to learn more about how they can thrive as leaders within their own communities. In essence, her work now centered on helping women to strengthen the way they can use money, the way they can manage money, the very thing that she identified is what breaks her heart.

Margo had also developed and established a center for excellency in her mother's name, and was providing training to young entrepreneurs from poor neighborhoods. This is how Margo is giving back to her community. She is transforming generations to come. Like Margo, I too have experienced the power of getting in tune with my great hunger and looking what breaks my heart and finding alignment with my innate gifts.

For me, once Jo Luck asked me, "What are your dreams?" I knew I didn't want girls from my community to go through what I had gone through in my life.

Like early marriage, an abusive relationship, and having four children before the age of 18, and yet, without an education. Without understanding what broke my heart and a burning desire to leave a purposeful life, I would not have had the ongoing motivation or a clarity needed to achieve my most important dreams. Understanding what irked my heart led me to my Great Hunger, which ultimately fired me up to achieve my own dream.

This Great Hunger was fueled even more when my mother say to me, "Tererai, your dreams will have greater meaning when they are tied to the betterment of your community." My mother helped me see that my dreams can only succeed if they are fueled and powered by a great desire to get an education so I could help others.

As I realized that my Great Hunger was aligned to my natural gift and talents, like creativity, my ability to make connections between my past and my current situations, and also my ability to connect with others, my tenacity, my compassion and resilience, I began to see a path forward. And of course, with the help of my mother and many other individuals, I soon found myself soaring towards something greater than myself.

These transformations, mine and Margo's, didn't happen overnight. They didn't happen without effort and dedication. We both had work to do around healing our soul wounds, reclaiming our voices, cultivating our dreams, and creating the future we desired. But by starting with unlocking what breaks our heart, we are ready to continue the journey of achieving our dreams and living a fulfilled life. For those interested in continuing to learn from my teachings and gain additional tools needed to ensure you achieve your goals and dreams, I invite you to check out the other lessons in this series.

And to you my sisters, my friends, are you ready to move forward, to soar high towards your own dreams?

Remember, your Great Hunger keeps calling you to be the person you were always meant to be. What breaks your heart is part of fulfilling a purpose that is in harmony with the greater good because you have the gift, you are the gift, you have the talents and passion to fulfill the task.

Tinogona.

Thank you.