SPeCTRUM 2.0: A GUIDE TO THE NINE MODULES

This training consists of 9 modules; the total time to complete it is approximately 7 hours. You can view the training in its entirety, or you can view each module separately.

If you do not successfully pass a training module, please exit the course and then re-enter the module. Click the checkbox marked “Start new attempt.” (Please note: This box will only appear after you have completed an attempt.)

OVERVIEW OF THE CONTENTS

Module 1: ODP/BAS Blueprint for Supporting People with Autism

This module provides an overview of the Office of Developmental Programs/Bureau of Autism Services Mission, Principles, and Values. In addition, essential dimensions in understanding autism are reviewed in an effort to provide a framework of successful supports for individuals with autism.

This module will take approximately 30 minutes to complete.

Module 2: An Introduction to Autism

This interactive module discusses the core deficits in individuals with autism. Co-occurring mental and physical conditions, as they present in an adult, are emphasized. Finally, how those deficits can change dependent on the environment is illustrated.

This module will take approximately 60 minutes to complete.

Module 3: Person/Family Centered Planning

This module focuses on the topic of person and family centered culture. It is intended to provide information on the guiding principles and philosophy behind person and family centered culture. Material will be shared describing what person and family centered culture is and how it is central to the process of providing support to individuals with autism and their families.

This module will take approximately 45 minutes to complete.

Module 4: Introduction to Applied Behavior Analysis and Clinical Supports

This module will provide the learner with basic information about Applied Behavior Analysis, including common terms, basic principles used to change behavior and teach new skills. In addition, an overview of the process and use of Functional Behavior Assessment will be provided.

This module will take approximately 60 minutes to complete.
Module 5: Teaching Adaptive and Independent Living Skills
This module will provide the learner with information on identifying adaptive skills used in everyday life, the importance of adaptive and independent living skills, and challenges that may arise when teaching adaptive skills to individuals with autism. Considerations when teaching skills using principles of Applied Behavior Analysis will also be discussed.

This module will take approximately **30 minutes** to complete.

Module 6: Community Engagement
This module is intended to define and illustrate community engagement and how it plays a role in supporting individuals with autism and their families. Information is included about how-to best support participants in making informed choices and decisions, while also being aware of the dignity of risk.

This module will take approximately **45 minutes** to complete.

Module 7: Employment/Education
This module is intended to define and illustrate how to support participants in finding and maintaining meaningful employment and educational opportunities. It provides an overview of the benefits of employment and postsecondary education in a participant’s life, available vocational and educational supports, and the impact of employment on benefits.

This module will take approximately **30 minutes** to complete.

Module 8: Social Relationships
This module will provide learners with information on the basic social and communication deficits associated with autism, and challenges individuals with autism may have in navigating social relationships. Methods will be provided that can be used to help individuals improve their social skills.

This module will take approximately **60 minutes** to complete.

Module 9: Putting it Together: A Review
This module is a culmination of the information provided in Modules 1 through 8. It is designed to test the learner’s knowledge through providing a series of real-life scenarios.

This module will take approximately **30 minutes** to complete. However, this module is self-paced and could take more time to complete, or less time to complete, depending on the student’s learning style.