

Jump It Passport

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Double Bounce	Heel Click	Swing Jump	Skier	X-Foot Cross
Hot Peppers	Alternating Foot	Heel to Heel	Bell Jump	Backward
Heel Taps	High Knee	Full Twist	Toe to Toe Jump	Crossovers
Can Can	Scissors	Front Arm Cross	Jump	Hop
Hopscotch	Side Straddle	Jog + Jump	Rocker	Wounded Duck

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Toe to Toe Jump	Heel Click	Heel to Heel	High Knee	Bell Jump
Jump	Can Can	X-Foot Cross	Skier	Scissors
Front Arm Cross	Swing Jump	Full Twist	Side Straddle	Hopscotch
Jog + Jump	Alternating Foot	Hot Peppers	Rocker	Backward
Wounded Duck	Hop	Heel Taps	Double Bounce	Crossovers

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Heel Taps	High Knee	Swing Jump	Wounded Duck	Jog + Jump
Toe to Toe Jump	Backward	Front Arm Cross	Side Straddle	Hopscotch
Skier	Scissors	Full Twist	Crossovers	Rocker
Can Can	Double Bounce	Jump	Bell Jump	Hop
Heel Click	Heel to Heel	X-Foot Cross	Hot Peppers	Alternating Foot

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Heel Click	Scissors	Hop	Heel Taps	Front Arm Cross
Side Straddle	Hot Peppers	Hopscotch	Backward	X-Foot Cross
Toe to Toe Jump	Rocker	Full Twist	Can Can	Heel to Heel
Alternating Foot	Swing Jump	Crossovers	High Knee	Skier
Wounded Duck	Jump	Bell Jump	Jog + Jump	Double Bounce

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Side Straddle	Hop	Hopscotch	Jump	Front Arm Cross
Can Can	Bell Jump	Rocker	Double Bounce	Hot Peppers
Swing Jump	Skier	Full Twist	Alternating Foot	Heel Click
Jog + Jump	Scissors	Wounded Duck	Backward	Heel to Heel
Heel Taps	Crossovers	High Knee	X-Foot Cross	Toe to Toe Jump

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Wounded Duck	Jog + Jump	X-Foot Cross	Hopscotch	Scissors
Bell Jump	Side Straddle	Swing Jump	Backward	Hop
Heel to Heel	Heel Taps	Full Twist	Front Arm Cross	Double Bounce
Hot Peppers	Toe to Toe Jump	Alternating Foot	Jump	High Knee
Rocker	Crossovers	Can Can	Heel Click	Skier

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Alternating Foot	Front Arm Cross	Wounded Duck	Jump	Side Straddle
Heel Taps	Jog + Jump	Toe to Toe Jump	Bell Jump	Swing Jump
Backward	Hop	Full Twist	Hot Peppers	Scissors
Hopscotch	Heel Click	Crossovers	High Knee	X-Foot Cross
Can Can	Heel to Heel	Skier	Double Bounce	Rocker

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Front Arm Cross	Jog + Jump	Heel Click	Crossovers	Heel to Heel
Hot Peppers	Double Bounce	Jump	X-Foot Cross	Swing Jump
Hopscotch	High Knee	Full Twist	Alternating Foot	Side Straddle
Rocker	Toe to Toe Jump	Backward	Can Can	Scissors
Skier	Bell Jump	Wounded Duck	Hop	Heel Taps

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Crossovers	High Knee	Double Bounce	Swing Jump	Alternating Foot
Scissors	Bell Jump	Jog + Jump	Toe to Toe Jump	Side Straddle
Wounded Duck	Hot Peppers	Full Twist	Rocker	Hopscotch
Hop	Can Can	Skier	Backward	X-Foot Cross
Heel Click	Heel Taps	Jump	Front Arm Cross	Heel to Heel

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Rocker	X-Foot Cross	Heel to Heel	High Knee	Hop
Jump	Jog + Jump	Double Bounce	Heel Click	Hopscotch
Backward	Scissors	Full Twist	Hot Peppers	Toe to Toe Jump
Skier	Bell Jump	Front Arm Cross	Heel Taps	Can Can
Swing Jump	Side Straddle	Wounded Duck	Alternating Foot	Crossovers

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X-Foot Cross	Hopscotch	High Knee	Scissors	Crossovers
Heel Taps	Backward	Can Can	Skier	Double Bounce
Hop	Wounded Duck	Full Twist	Jog + Jump	Rocker
Bell Jump	Swing Jump	Alternating Foot	Front Arm Cross	Hot Peppers
Toe to Toe Jump	Side Straddle	Heel to Heel	Heel Click	Jump

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Alternating Foot	Wounded Duck	Rocker	Side Straddle	Hopscotch
Backward	Double Bounce	Jog + Jump	Hop	Swing Jump
Hot Peppers	Bell Jump	Full Twist	Can Can	Scissors
High Knee	Heel Taps	Heel Click	Jump	Toe to Toe Jump
Skier	Heel to Heel	Crossovers	Front Arm Cross	X-Foot Cross

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Heel Taps	Skier	Alternating Foot	Hopscotch	Swing Jump
Double Bounce	Bell Jump	Side Straddle	Rocker	Backward
Toe to Toe Jump	Jump	Full Twist	Crossovers	Scissors
Wounded Duck	Front Arm Cross	Hop	Heel Click	Hot Peppers
Can Can	Jog + Jump	High Knee	Heel to Heel	X-Foot Cross

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Jump	Rocker	High Knee	Toe to Toe Jump	Skier
Scissors	Hop	Can Can	Crossovers	Side Straddle
Heel Taps	Backward	Full Twist	Bell Jump	Wounded Duck
Swing Jump	Double Bounce	X-Foot Cross	Heel Click	Front Arm Cross
Heel to Heel	Hopscotch	Alternating Foot	Hot Peppers	Jog + Jump

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Side Straddle	Alternating Foot	Jump	Heel Taps	Hopscotch
Heel Click	Rocker	Swing Jump	Scissors	X-Foot Cross
Backward	Double Bounce	Full Twist	Hop	Bell Jump
Can Can	Wounded Duck	Front Arm Cross	Skier	High Knee
Hot Peppers	Toe to Toe Jump	Heel to Heel	Crossovers	Jog + Jump

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Toe to Toe Jump	Double Bounce	Wounded Duck	Heel Click	Jump
Rocker	Alternating Foot	Hopscotch	Bell Jump	Backward
Can Can	Crossovers	Full Twist	Skier	Hot Peppers
Side Straddle	Jog + Jump	Swing Jump	Scissors	X-Foot Cross
Heel Taps	Hop	Front Arm Cross	High Knee	Heel to Heel

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Heel to Heel	Heel Taps	Wounded Duck	Hopscotch	Hop
Toe to Toe Jump	Can Can	Jump	Jog + Jump	X-Foot Cross
Front Arm Cross	Heel Click	Full Twist	Skier	Alternating Foot
Side Straddle	Crossovers	Swing Jump	Rocker	Hot Peppers
High Knee	Scissors	Backward	Bell Jump	Double Bounce

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Double Bounce	Hot Peppers	Jump	Rocker	Alternating Foot
Side Straddle	Hopscotch	Heel Taps	Heel to Heel	Bell Jump
Skier	Toe to Toe Jump	Full Twist	Jog + Jump	Can Can
Backward	Heel Click	Crossovers	Wounded Duck	Hop
High Knee	Scissors	X-Foot Cross	Swing Jump	Front Arm Cross

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Can Can	High Knee	Crossovers	Hot Peppers	Jump
Jog + Jump	Side Straddle	Heel Click	Heel Taps	Hop
Heel to Heel	Toe to Toe Jump	Full Twist	Swing Jump	Alternating Foot
Double Bounce	Hopscotch	X-Foot Cross	Front Arm Cross	Rocker
Backward	Wounded Duck	Scissors	Skier	Bell Jump

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Double Bounce	Heel Taps	Hop	X-Foot Cross	High Knee
Alternating Foot	Jog + Jump	Side Straddle	Wounded Duck	Jump
Rocker	Scissors	Full Twist	Skier	Heel Click
Crossovers	Heel to Heel	Backward	Swing Jump	Front Arm Cross
Bell Jump	Can Can	Hopscotch	Toe to Toe Jump	Hot Peppers

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Jog + Jump	Heel Taps	Alternating Foot	X-Foot Cross	Heel to Heel
Hot Peppers	Rocker	Can Can	Hopscotch	Bell Jump
Toe to Toe Jump	Heel Click	Full Twist	Swing Jump	Side Straddle
High Knee	Jump	Backward	Skier	Wounded Duck
Scissors	Double Bounce	Front Arm Cross	Hop	Crossovers

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Front Arm Cross	Rocker	Can Can	Scissors	Backward
Skier	Heel Taps	Swing Jump	Hopscotch	X-Foot Cross
High Knee	Bell Jump	Full Twist	Heel Click	Toe to Toe Jump
Crossovers	Hop	Wounded Duck	Jump	Hot Peppers
Jog + Jump	Side Straddle	Double Bounce	Alternating Foot	Heel to Heel

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Jog + Jump	Front Arm Cross	Heel to Heel	Hot Peppers	Backward
High Knee	Alternating Foot	Swing Jump	Can Can	Heel Click
Double Bounce	Heel Taps	Full Twist	Crossovers	Jump
Bell Jump	Hopscotch	Side Straddle	X-Foot Cross	Skier
Rocker	Wounded Duck	Hop	Toe to Toe Jump	Scissors

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Alternating Foot	High Knee	Rocker	Heel Taps	Jump
Toe to Toe Jump	Hopscotch	Heel Click	Bell Jump	Heel to Heel
Side Straddle	Front Arm Cross	Full Twist	Backward	X-Foot Cross
Wounded Duck	Crossovers	Double Bounce	Scissors	Hop
Jog + Jump	Swing Jump	Skier	Can Can	Hot Peppers

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Bell Jump	Wounded Duck	Hop	Side Straddle	Jump
Swing Jump	Alternating Foot	Rocker	Backward	Scissors
Toe to Toe Jump	Crossovers	Full Twist	Can Can	High Knee
Jog + Jump	Hopscotch	Heel Taps	Heel Click	Hot Peppers
Heel to Heel	Front Arm Cross	X-Foot Cross	Skier	Double Bounce

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Bell Jump	Skier	Jump	Crossovers	Scissors
Heel Taps	Heel to Heel	Hop	Double Bounce	Heel Click
Rocker	Can Can	Full Twist	Front Arm Cross	Wounded Duck
Swing Jump	Side Straddle	Backward	Toe to Toe Jump	High Knee
Hot Peppers	Hopscotch	X-Foot Cross	Jog + Jump	Alternating Foot

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Heel Click	High Knee	Can Can	Hot Peppers	Hopscotch
Backward	Skier	Scissors	Side Straddle	Heel Taps
Hop	Front Arm Cross	Full Twist	X-Foot Cross	Bell Jump
Jump	Jog + Jump	Crossovers	Toe to Toe Jump	Swing Jump
Rocker	Double Bounce	Wounded Duck	Heel to Heel	Alternating Foot

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Hot Peppers	Backward	Skier	Can Can	X-Foot Cross
Bell Jump	Front Arm Cross	Heel Taps	Jog + Jump	Rocker
Heel Click	Jump	Full Twist	Scissors	Swing Jump
Wounded Duck	Side Straddle	Heel to Heel	Toe to Toe Jump	High Knee
Crossovers	Double Bounce	Hopscotch	Alternating Foot	Hop

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Toe to Toe Jump	Heel Taps	Side Straddle	Alternating Foot	Backward
Heel to Heel	Jump	Double Bounce	Rocker	Can Can
Scissors	Crossovers	Full Twist	Heel Click	Bell Jump
Hop	Swing Jump	Hopscotch	Jog + Jump	X-Foot Cross
Wounded Duck	Hot Peppers	Front Arm Cross	Skier	High Knee

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Heel to Heel	Double Bounce	Scissors	X-Foot Cross	Alternating Foot
Hop	Toe to Toe Jump	Jog + Jump	High Knee	Swing Jump
Backward	Heel Taps	Full Twist	Can Can	Skier
Rocker	Side Straddle	Hot Peppers	Wounded Duck	Jump
Front Arm Cross	Heel Click	Hopscotch	Crossovers	Bell Jump

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Can Can	Jump	Hopscotch	Front Arm Cross	Hop
Bell Jump	Swing Jump	Heel Click	High Knee	Heel to Heel
Skier	Toe to Toe Jump	Full Twist	Wounded Duck	Jog + Jump
Hot Peppers	Alternating Foot	Double Bounce	Backward	X-Foot Cross
Heel Taps	Crossovers	Rocker	Side Straddle	Scissors

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Jog + Jump	Hopscotch	Can Can	Heel Click	Wounded Duck
Hot Peppers	X-Foot Cross	Heel Taps	Bell Jump	Double Bounce
Toe to Toe Jump	Backward	Full Twist	Swing Jump	Rocker
Heel to Heel	Front Arm Cross	Side Straddle	Crossovers	Hop
Skier	High Knee	Jump	Scissors	Alternating Foot

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Heel to Heel	Wounded Duck	Toe to Toe Jump	Hop	Heel Taps
Swing Jump	Alternating Foot	Hopscotch	Jump	Bell Jump
X-Foot Cross	Hot Peppers	Full Twist	Can Can	Backward
Double Bounce	Jog + Jump	Scissors	High Knee	Crossovers
Side Straddle	Front Arm Cross	Rocker	Skier	Heel Click

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Crossovers	Double Bounce	Hop	Heel Taps	Alternating Foot
Swing Jump	Hopscotch	Toe to Toe Jump	Wounded Duck	Skier
Heel to Heel	Heel Click	Full Twist	Backward	Rocker
High Knee	Jump	Hot Peppers	Front Arm Cross	Bell Jump
Can Can	X-Foot Cross	Scissors	Side Straddle	Jog + Jump

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Can Can	Heel to Heel	Jump	Bell Jump	Hot Peppers
Front Arm Cross	Hopscotch	Backward	Swing Jump	Heel Taps
X-Foot Cross	Skier	Full Twist	Scissors	Crossovers
Alternating Foot	Double Bounce	Hop	Jog + Jump	Heel Click
Side Straddle	High Knee	Wounded Duck	Rocker	Toe to Toe Jump

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Wounded Duck	Alternating Foot	Bell Jump	Side Straddle	Skier
Rocker	High Knee	Toe to Toe Jump	Jog + Jump	Crossovers
Hopscotch	Scissors	Full Twist	Jump	Heel Taps
Backward	Swing Jump	Hot Peppers	Can Can	Front Arm Cross
Double Bounce	Hop	X-Foot Cross	Heel Click	Heel to Heel

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Heel Taps	Heel to Heel	Hop	Hopscotch	Jog + Jump
Alternating Foot	Hot Peppers	Scissors	Backward	Side Straddle
Skier	Toe to Toe Jump	Full Twist	Crossovers	Wounded Duck
Jump	Rocker	High Knee	Front Arm Cross	Heel Click
Swing Jump	Can Can	Double Bounce	Bell Jump	X-Foot Cross

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Skier	Jog + Jump	Alternating Foot	Can Can	Front Arm Cross
Hopscotch	Swing Jump	Rocker	Toe to Toe Jump	Wounded Duck
Side Straddle	Bell Jump	Full Twist	Scissors	Heel Click
X-Foot Cross	Heel Taps	Double Bounce	Crossovers	Backward
Hop	Jump	Hot Peppers	High Knee	Heel to Heel

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Hopscotch	Skier	Bell Jump	Hot Peppers	Heel to Heel
Jog + Jump	Alternating Foot	Rocker	Front Arm Cross	Backward
Hop	Swing Jump	Full Twist	X-Foot Cross	Toe to Toe Jump
Scissors	Jump	Crossovers	High Knee	Side Straddle
Heel Taps	Wounded Duck	Can Can	Double Bounce	Heel Click

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Rocker	Scissors	Wounded Duck	Can Can	Toe to Toe Jump
Bell Jump	Hot Peppers	Jump	Backward	Double Bounce
Side Straddle	Heel Click	Full Twist	Heel to Heel	Alternating Foot
High Knee	Swing Jump	Skier	X-Foot Cross	Hopscotch
Heel Taps	Front Arm Cross	Jog + Jump	Crossovers	Hop

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Front Arm Cross	Scissors	X-Foot Cross	Heel Taps	Jump
Backward	Crossovers	Hot Peppers	Jog + Jump	Double Bounce
Swing Jump	Bell Jump	Full Twist	Wounded Duck	Rocker
Skier	Heel to Heel	Toe to Toe Jump	Heel Click	High Knee
Can Can	Alternating Foot	Hop	Side Straddle	Hopscotch

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Jog + Jump	Hot Peppers	Backward	Double Bounce	Can Can
Hop	Bell Jump	Heel Click	Jump	Scissors
Front Arm Cross	Toe to Toe Jump	Full Twist	Heel Taps	High Knee
Heel to Heel	X-Foot Cross	Side Straddle	Hopscotch	Alternating Foot
Crossovers	Skier	Swing Jump	Wounded Duck	Rocker

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Heel Click	Jog + Jump	Scissors	Double Bounce	Rocker
Backward	Hop	Can Can	Hopscotch	Swing Jump
High Knee	Jump	Full Twist	Heel to Heel	Front Arm Cross
Skier	Toe to Toe Jump	Wounded Duck	Crossovers	Bell Jump
Side Straddle	Hot Peppers	Alternating Foot	Heel Taps	X-Foot Cross

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Heel Click	Crossovers	Hopscotch	High Knee	Jump
Backward	Rocker	Heel to Heel	Alternating Foot	Bell Jump
Can Can	Toe to Toe Jump	Full Twist	Heel Taps	Wounded Duck
Skier	Swing Jump	Front Arm Cross	Double Bounce	X-Foot Cross
Scissors	Side Straddle	Hot Peppers	Hop	Jog + Jump

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Swing Jump	Hop	Side Straddle	Double Bounce	Crossovers
Alternating Foot	Hopscotch	Heel to Heel	Wounded Duck	Jump
Backward	X-Foot Cross	Full Twist	Jog + Jump	Heel Click
High Knee	Scissors	Can Can	Rocker	Hot Peppers
Skier	Bell Jump	Front Arm Cross	Heel Taps	Toe to Toe Jump

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Alternating Foot	Scissors	Swing Jump	Heel Click	Jump
Side Straddle	Skier	Double Bounce	X-Foot Cross	Backward
Toe to Toe Jump	Heel to Heel	Full Twist	High Knee	Hot Peppers
Bell Jump	Hop	Can Can	Heel Taps	Hopscotch
Wounded Duck	Front Arm Cross	Crossovers	Jog + Jump	Rocker

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Backward	High Knee	Skier	Wounded Duck	Hop
Alternating Foot	Rocker	Crossovers	Double Bounce	Front Arm Cross
Heel Click	Bell Jump	Full Twist	Heel to Heel	X-Foot Cross
Toe to Toe Jump	Scissors	Jump	Can Can	Hot Peppers
Heel Taps	Jog + Jump	Hopscotch	Side Straddle	Swing Jump

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Heel to Heel	Bell Jump	Toe to Toe Jump	Hot Peppers	Hopscotch
Swing Jump	Backward	Jog + Jump	Rocker	Hop
Heel Click	X-Foot Cross	Full Twist	Scissors	Front Arm Cross
Side Straddle	Wounded Duck	Alternating Foot	Can Can	High Knee
Jump	Heel Taps	Skier	Crossovers	Double Bounce

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Side Straddle	Skier	X-Foot Cross	Hop	Jog + Jump
Backward	High Knee	Scissors	Can Can	Alternating Foot
Hopscotch	Bell Jump	Full Twist	Front Arm Cross	Swing Jump
Hot Peppers	Heel to Heel	Double Bounce	Wounded Duck	Crossovers
Heel Click	Jump	Heel Taps	Rocker	Toe to Toe Jump

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Rocker	Heel Taps	Alternating Foot	High Knee	Wounded Duck
Scissors	Crossovers	Double Bounce	Backward	Jump
Hop	Front Arm Cross	Full Twist	Hot Peppers	Swing Jump
Heel Click	Toe to Toe Jump	Jog + Jump	X-Foot Cross	Side Straddle
Bell Jump	Skier	Heel to Heel	Can Can	Hopscotch

1. Wounded Duck
2. Backward
3. Can Can
4. Crossovers
5. Side Straddle
6. Scissors
7. Heel to Heel
8. Jump
9. Alternating Foot
10. Heel Taps
11. Heel Click
12. Jog + Jump
13. High Knee
14. Toe to Toe Jump
15. Swing Jump
16. Hot Peppers
17. Bell Jump
18. Double Bounce
19. Hop
20. Rocker
21. Skier
22. Front Arm Cross
23. X-Foot Cross
24. Hopscotch