

Livington July 28. 1848.

I think I should not attempt more than Prime, Sext-, & Compline.

And those shortened, using only one Psalm at each.

I am afraid of yokes, & allin of scruples, & weariness.

I wish I had sent something at Easter: but it was not that I lacked the will. I did not know what you needed: and I am slow to begin, I hope not slow to answer so far as

I can. If I ever knew your  
wishes or wants I should be  
overjoyed to do my best.

But I wish you both a better  
Master. Every year, every day  
shows me how poor and  
worthless I am - blind and  
useless.

I am thankful to know that  
& hope I shall so go on till  
He has mercy on me, & shows  
Himself to me. If I know my-  
self then is my choice &

heart's desire. Nothing in life  
has much hold on me but this.

That He may keep you, &  
fill you with His Peace, & Love  
is my daily prayer. To Him  
I commend you with all my  
heart.

Thoughts to be said over slowly, <sup>and kneeling</sup> in  
times of distraction and declension.

1. God made me in His own image.
2. He gave me an intelligence to know Him a heart to love Him, a will to serve Him.
3. To know, love, & serve Him is holiness.
4. Holiness is ~~bliss~~ Union with God.
5. Union with God is Bliss.
6. Not to know, love & serve Him is unholiness.
7. Unholiness is separation from God.
8. Separation from God is misery.
9. Every thought, word, & deed tends either to unite us with God or to separate us from Him.
10. This is clear when they are mani-

festly holy or unholy.

11. And it is equally certain if not equally clear, even of indifferent thoughts & words, as men speak. "For every idle word &c."
12. They lower the tone of the heart, make it unheavenly, unspiritual, earthy, and therefore distant from God, & indisposed to dwell with Him.
13. What a trust is thought & speech & what an account must be given for it. It changes the whole soul.
14. I feel now that unguarded listening, careless or unreal words, long trains of useless, worldly, trifling, self-pleasing thoughts have warped

my mind from the Presence, & Image of God: & given to it a tinge & a direction which is not of God.

15. Even a holy angel if he were to linger on his way, as I have done, would be in peril: how much more I who am full of inclinations and predispositions to forget God.
16. How will the Spirit of Holiness dwell in a heart empty of God, crowded with the world, & self: how can I be united with God having a soul estranged from Him, with its face turned another way?

17. "God is in their place."

Read Dan: VII. 9. 10.

or, Rev XX. 11. 12.

or Rev. iv. 1-5.

18. "My Lord, & my God": Come out -

Read. S. Luke vii. 37. 38. n.

S. John. xx. 11-16.

19. "Thou knowest that I love Thee".

Read Rev. ii. 4.

and

Hosea xiv.

20. Say the two Prayers.

"O on True song High Priest.

"O Lord Jesus Christ -

O Lamb of God,

~ ~ ~

Our Father.

"Into thy hands I commend my Spirit."