My dear Child,

You may perhaps, not be able to go to Mass tomorrow, & I therefore send you a Sunday letter.

When we cannot go to Mass, or communion, if we desire it, we may have all the spiritual grace that goes with it: as the faithful in Israel before the Lamb of God was slain & offered on Calvary had all the spiritual grace of union, & communion with God: & as on a long sea voyage you might have spiritual communion day by day.

Try to keep in mind, not only the love that God has for all the world, & for all His children, but for you personally. No love of Father or Mother, or of all dear to you is like the patient, tender and generous love that God has for you. Walk in it all the day long as you do in the light of day. Remember that He does not love you because of any good or merit in you but because He is Love. He loves us in spite of all our faults: & “while we were yet sinners Christ died for us.” I hope you have got your missal with you. Read over the Mass of the day. I hope you have sun, & fresh air. Let me hear that you are enjoying yourself.

May God guide you into His Peace which passeth all understanding.

 Always affect[ionate]ly yours

H.E.C.A.

[Transcription developed by Colleen Barlow]

[Transcription edited by Jared Beverly]