



# PRACTICE MATERIALS 140

## "THE EIGHTH NOTE EXERCISE"

B<sup>b</sup>MAJ<sup>7</sup>

### 1. BASIC SCALES THROUGH THE KEYS

F-7

B<sup>b</sup>7

108 BPM  
124 BPM  
152 BPM

E<sup>b</sup>MAJ<sup>7</sup>

A<sup>b</sup>7

B<sup>b</sup>MAJ<sup>7</sup>

C<sup>7</sup>

C-7

G<sup>7</sup>

C-7

F<sup>7</sup>

**B<sup>b</sup>MAJ<sup>7</sup>**      **2. BEBOP SCALES**      **F-7**      **B<sup>b</sup>7**

**E<sup>b</sup>MAJ<sup>7</sup>**      **A<sup>b</sup>7**

**B<sup>b</sup>MAJ<sup>7</sup>**      **C<sup>7</sup>**

**C-7**      **G<sup>7</sup>**      **C-7**      **F<sup>7</sup>**

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**B<sup>b</sup>MAJ<sup>7</sup>** 3. CHROMATIC NEIGHBOR TONES/ENCLOSURES **F-7** **B<sup>b</sup>7**

33

**E<sup>b</sup>MAJ<sup>7</sup>** **A<sup>b</sup>7**

37

**B<sup>b</sup>MAJ<sup>7</sup>** **C<sup>7</sup>**

41

**C-7** **G<sup>7</sup>** **C-7** **F<sup>7</sup>**

45

**B<sup>b</sup>MAJ<sup>7</sup>****4. JAZZ IMPROVISATION****F-7****B<sup>b</sup>7**

49

Musical notation for measures 49-52. Treble clef, key signature of two flats. Bass clef has a slash. Chords: B<sup>b</sup>MAJ<sup>7</sup>, F-7, B<sup>b</sup>7.

**E<sup>b</sup>MAJ<sup>7</sup>****A<sup>b</sup>7**

53

Musical notation for measures 53-56. Treble clef, key signature of two flats. Bass clef has a slash. Chords: E<sup>b</sup>MAJ<sup>7</sup>, A<sup>b</sup>7.

**B<sup>b</sup>MAJ<sup>7</sup>****C<sup>7</sup>**

57

Musical notation for measures 57-60. Treble clef, key signature of two flats. Bass clef has a slash. Chords: B<sup>b</sup>MAJ<sup>7</sup>, C<sup>7</sup>.

**C-7****G<sup>7</sup>****C-7****F<sup>7</sup>**

61

Musical notation for measures 61-64. Treble clef, key signature of two flats. Bass clef has a slash. Chords: C-7, G<sup>7</sup>, C-7, F<sup>7</sup>. Measure 64 contains the text "CONTINUE A.A.B.A."