

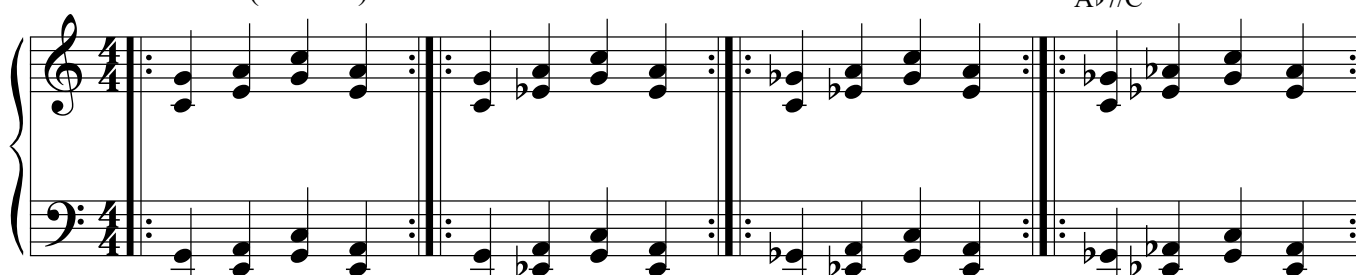
# Practice Materials 143

## "The Rachmaninoff Exercise"

Ascend chromatically through 12 keys.  
Practice with a relaxed ease to achieve optimum dexterity.

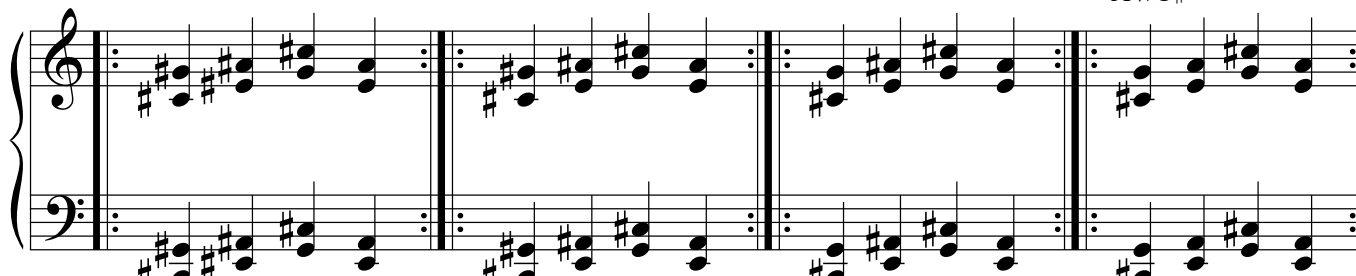
①  $\text{♩} = 60$

C6 (4x each) Cm6 C dim7 Ab7/C



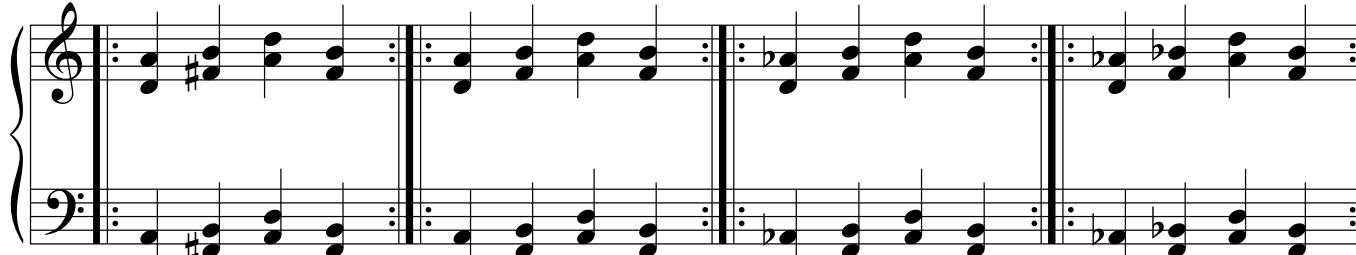
Exercise 1: Four measures of chords in 4/4 time. Measure 1: C6 (4x each). Measure 2: Cm6. Measure 3: C dim7. Measure 4: Ab7/C. The bass line consists of a chromatic ascent from C2 to Ab2.

② C#6 C#m6 C#dim7 A7/C#




Exercise 2: Four measures of chords in 4/4 time. Measure 1: C#6. Measure 2: C#m6. Measure 3: C#dim7. Measure 4: A7/C#. The bass line consists of a chromatic ascent from C#2 to A#2.

③ D6 Dm6 D dim7 Bb7/D



Exercise 3: Four measures of chords in 4/4 time. Measure 1: D6. Measure 2: Dm6. Measure 3: D dim7. Measure 4: Bb7/D. The bass line consists of a chromatic ascent from D2 to Bb2.

④ Eb6 Ebm6 Ebdim7 B7/Eb



Exercise 4: Four measures of chords in 4/4 time. Measure 1: Eb6. Measure 2: Ebm6. Measure 3: Ebdim7. Measure 4: B7/Eb. The bass line consists of a chromatic ascent from Eb2 to Bb2.

Practice Materials 143

2

1A

C6

Cm6

C dim7

A $\flat$ 7/C

etc...

Musical notation for exercise 1A, measures 1-4. The piece is in C major. The first two measures are in C6, the next two in Cm6. The notation shows a sequence of chords in both treble and bass clefs, with a repeat sign at the end of each measure.

2A

C6

Cm6

Musical notation for exercise 2A, measures 1-4. The piece is in C major. The first two measures are in C6, the next two in Cm6. The notation shows a sequence of chords in both treble and bass clefs, with a repeat sign at the end of each measure.

25

C dim7

A $\flat$ 7/C

etc...

Musical notation for exercise 25, measures 1-4. The piece is in C major. The first two measures are in C dim7, the next two in A $\flat$ 7/C. The notation shows a sequence of chords in both treble and bass clefs, with a repeat sign at the end of each measure.