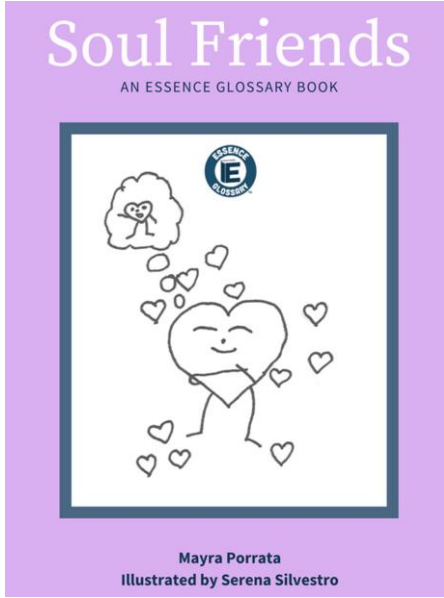


Printable Power Packs™

What to Teach (Essence Attributes from the Essence Glossary™ and Workbook of Human Superpowers™)	When to Teach (time of day)	Where to Teach (location)	What to Teach With (materials, objects, toys)	How to Teach
				Instructional Strategies
<p>Appreciation – recognizes the inherent qualities within self, others, and everyday experiences</p> <p>Kindness – helpful, generous, and unconditional approach to self and others</p> <p>Love - affection and devotion for self and all living things</p> <p>Trust – belief in and reliance on objects, self, and others</p>	<p>Rest Time</p> <p>Travel Time</p> <p>Small Group Time</p>	<p>Rest Area</p> <p>Car/Plane/Bus/ Subway/Train</p> <p>Living Room Reading area</p>	<p>Copy of “Soul Friends” by Mayra Porrata.</p> <p>Download a PDF of the story for FREE: https://prekteachandplay.com/pp-soul-friends</p> <div style="text-align: center;">  </div>	<p>Use brainstorming by encouraging children list or show:</p> <ul style="list-style-type: none"> • All the soul friends in their lives. • All the ways they look and feel when they are happy. • All the different ways they show kindness to others and animals. <p>Ask a series of questions (broad to narrow)</p> <ol style="list-style-type: none"> 1. What does it mean to be a soul friend? 2. What role do soul friends play in our lives? 3. Who are you a soul friend to? <p>Use self-talk by saying:</p> <ul style="list-style-type: none"> • “I let my soul friends know how much they mean to me every chance I get.” • “I wonder who inspired the author to write this story.” • “When I’m with my soul friends I feel valued.” • “I rely on my soul friends to help me when I’m having a bad day.”