# BELTANE PRIESTESS SPA WEEKEND

Daily Hinerary - Sunday

#### APRIL 30TH

Welcome, beloved! It is such an honor to have you here with us for this beautiful weekend Priestess Spa event.

Feel free to follow this itinerary as a template for a full-day ritual. Of course, you may use this in any other way you feel called.

We invite you into personal ritual space. During this weekend, you may want:

- Journal, paints, pens, paper for doodling, writing, drawing, creating
- New candle each day
- 🥸 Gorgeous, fresh flowers that make you swoon
- Deity/goddess that you feel inspired to bring into your space
- Music player for our spotify list! (Please download Spotify to access the music)
- Sacred ritual clothing and adornment that makes you feel beautiful inside out
- Inspiring poetry

## DAY 2 - MORNING

## Morning Opening Practice + Guided Inner Garden Meditation - See main page for video

We invite you to start your second spa day by relaxing and receiving an offering to **Deepen Inside Your Inner Temple Spa**. Receive a powerful guided journey to visit the garden of divine beauty and unlimited possibility within your inner soul spa. You will be invited to see all that is blossoming, growing, and asking to be amplified to blossom in the next two moons.

## Personal Creative Retreat - See main page for printable download

Bask in personal retreat time to journal, draw, or paint your inner garden.

### AFTERNOON

#### Herbal Bath Wand Creation - See main page for video

Take this sacred time to go for a walk and gather herbs and flowers so you may make a wand; this will be infused with your intentions for the abundance you're celebrating.

As a reminder, here are some of the ingredients you may be called to use:

- Selection of natural herbs from your garden or local store can include anything that you feel drawn to (lavender, sage, rosemary, mullen, roses, calendula). Or, as stated above, you may be called to take a walk to gather these
- Piece of twine or string
- 💸 🛮 Bath or shower

#### Bathing Ritual - See main page for video

Create a Ceremonial Bath/Shower. When you do, infuse yourself with love, cleaning away whatever is complete and done in your life, making more room for abundance and celebration!

## Evening Self-Love Massage Ritual - See main page for video

Enjoy a guided self-love breast massage to deepen into self-intimacy as a practice to open your heart and body to an abundance of pleasure at your fingertips!

Feel free to use jojoba or coconut oil mixed with any of you favorite essential/holy oils for this practice.