

GROUNDING WISDOM CHALLENGE: *Create a Local, In-Person Beltane Ceremony in 3 Easy Steps*

with PRIESTESS PRESENCE TEMPLE & SCHOOL OF SACRED ARTS

THE CREATION & STRUCTURE OF YOUR CEREMONIAL FLOW

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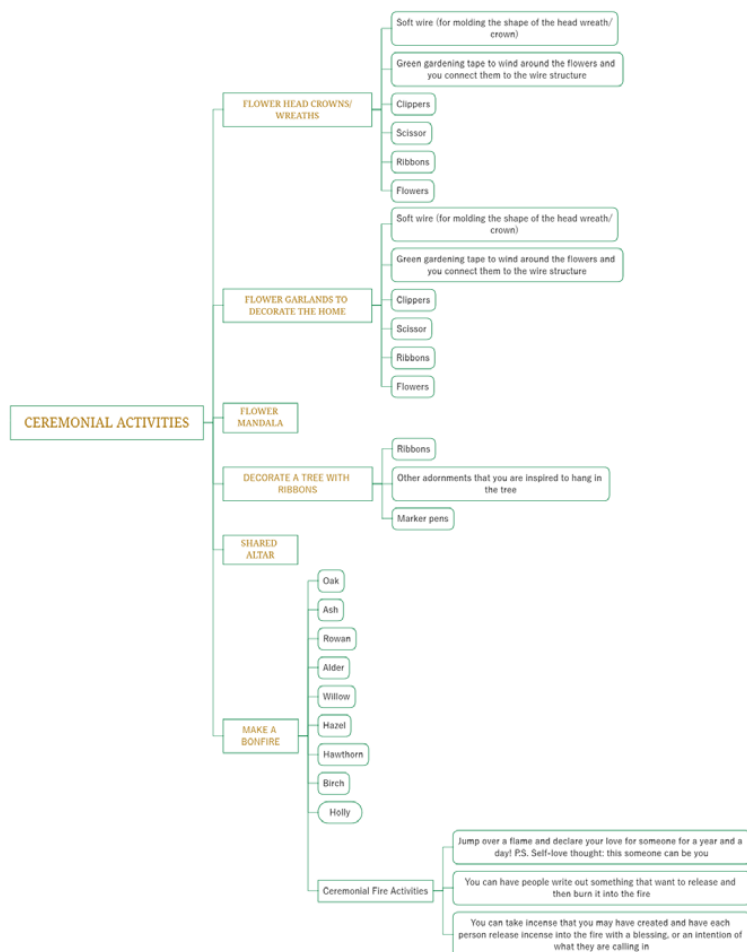
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SECTION 1: CEREMONIAL ACTIVITIES

Here are some **Beltane themed activities** that you might choose to have be a part of your high holy-day. You'll want to consider the size of your gathering, whether there are kids, etc. so that you can choose the best activities for everyone.

Some activities require more preparation, including gathering materials beforehand. I have put lists with the different offerings that can help you think through the HOW to...

It's really fun to have family or sisters participate in the preparations with you...



SECTION 2: CEREMONIAL ACTIVITIES IN PREPARATION FOR THE CELEBRATION

- **Make a Fruit & Chocolate Sacrament Tray:** Gather blueberries, strawberries, raspberries, dates, figs—whatever delicious fruits are in season. Add lovely chocolates; I love to make my own and I will share my favorite recipe with you. Decadent for sure. Now, take a favorite platter and organize all of these into a beautiful arrangement fit for the Goddess!
- **Make a Beltane Incense to Burn:** mix the following ingredients together. Make sure to grind them together so that they form a consistency that will burn well. As you do, add in prayers and blessings. Store in airtight container.
 - **Materials:**
 - 2 parts Mugwort
 - 1 part dried daffodil petals
 - 1 part Basil
 - 1 part Hawthorn berries
 - 1 part Patchouli
 - 1 part Cinnamon
 - 1/2 part Dragon's Blood resin
 - **Make a Ceremonial Elixir:** Open the bottle of vodka and using a funnel, pour in the juniper berries. Seal the bottle and shake it gently, turning it upside down for a few moments so some of the berries sink to the bottom. Leave the bottle in a cool, dark place for 24 hours. Using a funnel, add your other herbs and/or flowers to the bottle. Seal the bottle and shake it gently. Leave the bottle in a cool, dark place for another 12 hours. Strain the vodka into a new bottle or other container, making sure to remove all of the herbs and berries. Enjoy!
 - **Ingredients:**
 - 750 ml bottle unflavored vodka
 - 1 tablespoon organic juniper berries
 - 1 bay leaf
 - 1 sprig fresh rosemary
 - 1 teaspoon whole allspice
 - 1/2 teaspoon fennel seeds
- **Bake a Scottish Beltane Bannock**
- **Make Honey Bread**
- **Create a Maypole:** This is a bit of a project and i suggest this fabulous youtube vid that will help you with all you need to think about! <http://darlingdarleen.com/2017/04/how-to-make-a-maypole/>

SECTION 3: BELTANE CELEBRATION CHECKLIST

Depending on where you are hosting this celebration, you will need to have a good sense of what you will need to bring with you, even if it is outside in your garden take a day together all these material so you know where they are!

- ☐ **All materials for Altars:** candles in jars (windproof), incense, flowers, statues, etc.
- ☐ **Tables:** Set up table to place food and offerings on
- ☐ **Set up kit:** lighter, scissors, wire cutters, green tape, safety pins, masking tape
- ☐ **Flower Crowns:** Flowers, wire, trailing ivy, ribbons (lots of them)
- ☐ **Flower Mandala:** Flowers, Grapevine wreath
- ☐ **Sacred Scent:** Incense, Ceremonial Elixir, Anointing oils
- ☐ **Blessings:** small slips of paper, pens, ribbons to write on
- ☐ **Music:** instruments, battery powered music speaker
- ☐ **Chants:** if you want to print these up so that they are easier for people to participate in this can help
- ☐ **Bonfire:** kindling, paper, wood, pail of water
- ☐ **Floor cloths** if sitting outside, flowers
- ☐ **Seating:** Garden chairs, back jacks, cushions, unless you are asking people to bring their own
- ☐ **Sacrament:** tray of beautiful displayed fruits and chocolates that can be used in the ceremony
- ☐ **Libations:** Have on hand sparkling water, fizzy champagne, or ceremonial elixir, plastic reusable glasses.
- ☐ **Food:** have everyone sign up to bring a dish to share for the celebration meal if you are having one!

SECTION 4: DESIGNING YOUR BELTANE FLOW



SECTION 5: EXAMPLE OF A BELTANE CEREMONY FLOW OUTLINE FOR THE DAY OF...

This is an example of a Beltane Ceremonial Flow that I have offered many times, so I thought that it would be wonderful to just show you a flow chart of the different parts. Don't worry ... this is more complicated than you need to be!

