



Disappointments come to everyone. They come in all sizes.

Sometimes they are like high tides . . .

Sometimes they are like storms . . .

Sometimes they are like tsunamis—totally life changing.

But disappointments come to everyone.

Some disappointments are temporary,
like a sandcastle you built on the seashore.
The tide creeps in slowly but relentlessly,
coming closer and closer to your sandcastle.
Finally the waves lap at its base.
Then a breaker comes, and crash,
there it goes!

How disappointing.
You had spent time and effort
building that sandcastle,
and you had fun doing it.
You didn't want it to crash.

This is only a temporary loss.
You can always build other sandcastles
at other times and places.
Or even at the same place.
Although now you know eventually
the tide may wash it away again.





Some disappointments can be fixed. Perhaps your family had planned to go to the zoo, but when you woke up that morning, you were covered with chicken pox. No going to the zoo for you that day. But perhaps a week or two later, the whole family was able to go.

Some disappointments are greater . . . like storms. We may feel terrified like the disciples were during a fierce storm on the Sea of Galilee. They were afraid they would drown, but Jesus was in the boat with them. He said, "Peace, be still," and suddenly there was a great calm and the wild waves grew still.

It is important to remember that Jesus is also "in the boat" with us during storms. We can have peace in our hearts because He is right there with us. We are never alone.