Middle School Physical Education Waiver Request

I am requesting that my child be excused from the 100 minutes per week physical education requirement at _____________________________ Middle School.

I am making this request based on my 8th grade child’s enrollment in the following year-long elective courses:

1. _____________________________ 2. _____________________________

I understand this waiver is contingent on my student meeting both the health and fitness curricula concepts as well as alternative means of engaging in physical activity, such as their participation in another form of directed athletics as explained below (may also use backside).

______________________________________________________________________________

______________________________________________________________________________

Child’s name: ________________________________________________________________

______________________________________________________________________________

Parent/Guardian Signature  Date

______________________________________________________________________________

Received on ___/___/___  ________________________________

(Staff Member’s Name)

Received on ___/___/___  ________________________________

(Counselor’s Signature)

☐ Approved  ☐ Denied

______________________________________________________________________________  ___/___/___

(School Administrator’s Signature)  (Date)