



Middle School Physical Education Waiver Request

I am requesting that my child be excused from the 100 minutes per week physical education requirement at _____ Middle School.

I am making this request based on my 8th grade child's enrollment in the following year-long elective courses:

1. _____ 2. _____

I understand this waiver is contingent on my student meeting both the health and fitness curricula concepts as well as alternative means of engaging in physical activity, such as their participation in another form of directed athletics as explained below (may also use backside).

Child's name: _____

Parent/Guardian Signature

Date

Received on ____/____/____

(Staff Member's Name)

Received on ____/____/____

(Counselor's Signature)

Approved

Denied

(School Administrator's Signature)

____/____/____
(Date)