



## Students - Series 3000

### Accommodating Students with Asthma – 3415p

#### Staff Training

- General training in symptoms, treatment, and monitoring of asthma is designed for school personnel indirectly involved with student(s) with asthma. This training may include office staff, athletic personnel, bus drivers, custodial staff, teaching staff, paraprofessionals, playground supervisors, and others.
- Intensive training in symptoms, treatment, and monitoring of asthma is designed for school personnel directly involved with the student(s) with asthma. This training will be specific for the student(s) with an Individualized Health Care Plan and may include teacher(s), athletic personnel, paraprofessionals assigned to provide direct care, and others as appropriate. *The school nurse will train and supervise staff in the child specific care of student with asthma.*

#### Asthma Rescue Procedures

In the event of an asthma or anaphylactic episode, school staff will provide first aid, and specific care will be given as designed in the student's Individualized Health Care Plan, if the student has one.

#### FIRST AID FOR STUDENT WITH ASTHMA

- Always accompany and do not leave the student while he/she is experiencing symptoms.
- Allow the student to assume position of comfort, and provide a calm, quiet environment.
- Follow the student's Individual Health Care Plan (if there is one), Standard Asthma Emergency Care Plan posted in the health room and the HEALTH CARE PROVIDER MEDICATION REQUEST AND TREATMENT PLAN FOR ASTHMA. Assist the student with medication administration, if needed. Document medications given on the medication log.
- Have the student concentrate on breathing. Instruct the student to take slow, easy and deep breaths.
- Reduce known asthma triggers.
- Notify the parent/guardian as needed. The NON-ROUTINE MEDICATION FOR ASTHMA FORM may be sent home to parents when a student receives an as needed asthma medication at school. A copy is kept with the medication logs.

- **Call 911** and parent guardian if:
  - medications are not available and student is not improving
  - no improvement after initial treatment with medication
  - difficulty breathing, retractions, hunched over body position
  - student has trouble speaking in complete sentences
  - sweaty, pale, clammy skin
  - lips or fingernails appear blue
  - decreasing or loss of consciousness
  - Be prepared to provide CPR.

The following shall be easily accessible:

- Health care practitioner's medication order and written treatment plan
- Parent/guardian's written request and signed permission for medication at school
- Backup medication, if provided by the parent/guardian

#### Authorization for Student to Carry and Self-Administer Medication(s) for Asthma and Anaphylaxis

A student with asthma or anaphylaxis shall be allowed to carry and self-administer prescribed medication(s), while in school, at a school-sponsored event, or in transit to/from school or a school-sponsored event, provided the following requirements are met:

- The health care practitioner prescribes the medication(s) for use by the student and provides a written treatment plan.
- The student's parent/guardian submits a written request, signs the district permission form, and provides phone contacts.
- The student demonstrates competence to possess and self-administer prescribed medication(s) to the school nurse.

The HEALTH CARE PROVIDER MEDICATION REQUEST AND TREATMENT PLAN FOR ASTHMA is the form recommended to meet the above requirements. The authorization for a student to carry and self-administer medication(s) for the treatment of asthma or anaphylaxis will be valid for the current school year only. The parent/guardian must renew the authorization with the health care practitioner and give it to the building health room staff each school year. A student's authorization to possess and self-administer medication(s) for asthma or anaphylaxis may be limited or revoked by the building principal after consultation with the school nurse and the student's parent/guardian, if the student demonstrates an inability to responsibly possess and self-administer such medication(s).

#### Authorization for Asthma Medication at School

The HEALTH CARE PROVIDER MEDICATION REQUEST AND TREATMENT PLAN FOR ASTHMA is recommended for any student whose parent/guardian requests asthma medication to be given at school. The authorization for medication(s) for the treatment of asthma or anaphylaxis will be valid for the current school year only. The parent/guardian must renew the authorization with the health care practitioner and give it to the building health room staff each school year.

September 2018