



## **Students - Series 3000**

### **Accommodating Students with Diabetes –3419p**

#### Individual Health Care Plan

The school nurse will consult and coordinate with the parent and health care provider of a student with diabetes to develop an individual health care plan that includes an emergency plan element. The individual health care plan shall be updated at least annually or more frequently as needed.

The individual health care plan will address the following items as needed and appropriate for the child's age/skill level:

- A. Parent requests and instructions for treatment.
- B. Treatment and monitoring orders from licensed health care provider.
- C. Storage of medical equipment and medication provided by the parent.
- D. Arrangements for student to perform blood glucose tests, administer insulin, and treat hypoglycemia and hyperglycemia with easy access to the necessary supplies, equipment, and medication. This includes the option for students to carry the necessary supplies, equipment, and medication on their person and perform monitoring and treatment functions wherever they are on school grounds or at school sponsored events.
- E. Allowance for the student to eat whenever and wherever necessary, have easy, unrestricted access to water and restroom use, and have provisions made for parties at school when food is served.
- F. Assurance that school meals shall not be withheld for disciplinary reasons or nonpayment of fees.
- G. Provision to parents and health care providers, on request, a description of their student's school schedule to facilitate the timing of food consumption, blood glucose testing, treatment, and related activities.
- H. Distribution of each student's individual health care plan to appropriate staff based on the student's needs and the staff level of contact with the student

### Training Process

- General training for all staff will be done annually and will include information on the disease process and management of diabetes.
- Child-specific training will be presented to staff that work directly with the student with diabetes and will include specifics of the individual health care plan. *The school nurse will train and supervise the appropriate staff in the child specific care of students with diabetes.*

### Parent-Designated Adult (PDA)

#### Identification Process

- Parents of a student with diabetes may designate an adult to provide care for their student consistent with the student's individual health care plan.
- Parent must complete AUTHORIZATION OF A PARENT-DESIGNATED ADULT FOR CARE OF STUDENT WITH DIABETES.
- The volunteer PDA completes VOLUNTARY PARENT-DESIGNATED ADULT NOTICE OF INTENT. A district employee completes VOLUNTARY PARENT DESIGNATED ADULT NOTICE OF INTENT – Employee.

### Training

- Parent-designated adults who are school employees are required to receive individual health plan training in caring for students with diabetes from the School Nurse.
- Parent-designated adults who are not school employees are required to show evidence of comparable training if unable to attend the school training.
- **All** parent-designated adults must receive additional training from a parent-selected health care professional or expert in diabetic care for the additional care the parents have authorized the parent-designated adult to provide. The additional care is addressed in the individual health care plan and may include procedures that cannot be delegated by the School Nurse.
- The School Nurse is not responsible for the supervision of procedures authorized by the parents and carried out by the parent-designated adult.

### Parent Responsibilities

- Diabetes is considered a life-threatening health condition, and parent must comply with all requirements *related* to school district policy 3413, Student Immunization and Life-Threatening Health Conditions.
- The parent must meet with the School Nurse to develop an individual health care plan before the student attends school.
- The parent must provide the school with appropriate food, insulin, and supplies.
- The parent must notify school staff of any school related activity (e.g., field trip, field day, etc.) that may require special consideration and/or planning.

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