



CRISIS

24 Hour crisis line (mental Health)	800-576-7764
24 hour Youth Crisis and help line	800-786-2929
Child protective service (CPS)	253-983-6200
Crystal Judson Family Justice Center (DV)	253-798-4166
Family Reconciliation Services	425-339-4805
Pierce County Responds	253-798-4636
Poison Control	800-222-1222
Police/Fire Emergency	911
Recovery Support (non-Crisis mental health)	866-789-1511
Red Cross	253-474-0400
Rebuilding Hope Sexual Assault Center	253-474-7273
Suicide Prevention Lifeline	800-273-8255
Trevor Lifeline (LGTBQ)	855-990-1573
YWCA (Domestic Violence Hotline).....	253-383-2593

CLOTHING/BASIC NEEDS

CLEAR (Legal services)	888-201-1014
Clover Park tech (auto repair)	253-589-6044
CSO- Tacoma (DSHS benefits)	800-501-2233
Francis House (clothing Bank) Puyallup	253-770-6991
LOVE, Inc. Puyallup	253-256-4087
MDC	253-383-3921
Need-a-break (auto repair/furniture bank)	253-353-7056
Paratransit Services	253-377-7007
Pierce County Community Connections.....	253-798-4500
Saint Vincent De Paul (rent/util. assist).....	253-851-0554
Sound Outreach	253-593-2111
United Way of Pierce County.....	253-272-4263

DISABILITY SERVICES

DSHS, Division of Developmental disabilities.....	360-407-1500
Companionship Programs.....	253-798-414
Pierce Co. Coalition for Developmental Disabilities	253-564-0707
Pierce Co. Community Connections	253-798-4500
Tacoma Area Coalition for individuals with disabilities	253-565-9000

DRUG/ALCOHOL

24 hour Helpline	866-427-4747
WA recovery Helpline	866-789-1511
Al-Anon and Alateen	800-726-8094
Alcoholics Anonymous	253-474-8897
Celebrate Recovery Bremerton	360-377-9733
Consejo	253-414-7461
Narcotics Anonymous	800-454-6988

ETHNIC SERVICES

Asian Pacific Cultural Center	253-383-3900
Centro Latino	253-572-7717
Foundation for Multicultural Solutions – El Camino.....	253-336-5685
Pierce College- ESL Puyallup	253-840-8463
Fort Steilacoom	253-964-6657
Samoan Family Support Services	253-535-9616
Tacoma Community House	253-383-3951

Food Banks/ Community Meals

FISH Food Bank	253-858-6179 or 253-851-8800
Gig Harbor United Methodist Church	253-851-2625
Key Peninsula Community Services	253-857-4574
Kings of Glory Lutheran Church	253-857-4574
Peninsula Community Foundation	253-720-4453
KP Bishoff Food Bank	253-884-1997

FAMILY AND PARENTING SERVICES

Catholic Community Services	253-383-3697
Child Care Aware of WA	253-383-1735
Child Reach (0-3 development screening)	253-798-3822
Eastside Family Support Center	253-627-7368
Hope Sparks Relatives Raising Children	253-565-4484
Youth for Christ	253-292-1499
PLU Couple & Family Therapy Center.....	253-271-4602

HOUSING/SHELTER

Access Point 4 Housing	253-682-3401
Habitat for Humanity	253-627-5626
Pierce County Housing Authority	253-620-5400
Rebuilding Together (housing repair).....	253-238-0977
Salvation Army – Tacoma	253-627-3962
Rescue Mission (housing)	253-383-4493
United Way of Pierce County	211 or 877-211-9274
Coffee Oasis (Youth) Bremerton	360-479-5123
Port Orchard	360-602-0407
Housing Solutions Center	360-473-2035

MEDICAL/DENTAL/VISION

Community Health Care Tacoma	253-597-4550
Lindquist Dental Clinic for Children	253-539-7445
SeaMar- Medical. Counseling, Dental (Spanish).....	253-864-4550
Key Free Clinic.....	253-884-2234

MENTAL HEALTH

A Common Voice	253-537-2145
Bridges- Center for grieving children	253-403-1966
Catholic Community Services	253-208-1139
Comprehensive Life Resources	253-396-5800
Good Samaritan Mental Health	253-697-8400
Family Center for Behavioral Health	253-851-3808
Hope Sparks (Counseling)	253-565-4487
Key Peninsula Counseling Center	253-884-3644
SeaMar Gig Harbor Behavioral Health	253-280-9888

PREGNANCY

Care Net Pregnancy & Family Service.....	253-858-5585
Planned Parenthood	800-769-0045
Pregnancy Aid of Tacoma	253-383-4100
WIC- Infant Nutrition (Parkland).....	253-531-2460

YOUTH SERVICES

4-H	253-798-7160
Boy Scouts Gig Harbor	253-549-2701
Boys and Girls Club	253-502-4670
Camp Fire (clubs and teen outreach).....	253-597-6234
Girl Scouts	800-541-9852
NW Leadership Foundation	253-272-0771
Oasis Youth Center (LGBTQ)	253-671-2838
Pierce County Library Gig Harbor.....	253-548-3305
University Place	253-548-3307
Pierce County Parks and Recreation	253-798-4177
PenMet Parks	253-858-3400
YMCA Tacoma	253-564-9622
Gig Harbor	253-853-9622