Dynamics of IRES-mediated translation

Alex G. Johnson¹,², Rosslyn Grosely², Alexey N. Petrov² and Joseph D. Puglisi²

¹Department of Chemical and Systems Biology, and ²Department of Structural Biology, Stanford University, Stanford, CA 94305, USA

Viral internal ribosome entry sites (IRESs) are unique RNA elements, which use stable and dynamic RNA structures to recruit ribosomes and drive protein synthesis. IRESs overcome the high complexity of the canonical eukaryotic translation initiation pathway, often functioning with a limited set of eukaryotic initiation factors. The simplest types of IRESs are typified by the cricket paralysis virus intergenic region (CrPV IGR) and hepatitis C virus (HCV) IRESs, both of which independently form high-affinity complexes with the small (40S) ribosomal subunit and bypass the molecular processes of cap-binding and scanning. Owing to their simplicity and ribosomal affinity, the CrPV and HCV IRES have been important models for structural and functional studies of the eukaryotic ribosome during initiation, serving as excellent targets for recent technological breakthroughs in cryogenic electron microscopy (cryo-EM) and single-molecule analysis. High-resolution structural models of ribosome : IRES complexes, coupled with dynamics studies, have clarified decades of biochemical research and provided an outline of the conformational and compositional trajectory of the ribosome during initiation. Here we review recent progress in the study of HCV- and CrPV-type IRESs, highlighting important structural and dynamics insights and the synergy between cryo-EM and single-molecule studies.

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1. Introduction

Translation of messenger RNA (mRNA) is a fundamental stage of gene expression, entailing the stochastic assembly, dynamic structural rearrangement and subsequent catalysis of protein synthesis by ribosomal complexes. The basic process of translation by the ribosome is conserved across all kingdoms of life, yet the molecular details can differ among species for any of the four stages of the translation cycle: initiation, elongation, termination and recycling [1]. This is particularly the case for eukaryotic initiation, which is probably the most complex phase of eukaryotic translation [2–4]. Eukaryotic initiation differs substantially from the relatively simple process in prokaryotes; in particular, ribosomal (r)RNA : mRNA base-pairing by the Shine–Dalgarno (SD)/anti-Shine–Dalgarno (SD/anti-SD) interaction mediates small (40S) ribosomal subunit recruitment to most prokaryotic mRNA, while no general mechanism of rRNA : mRNA base-pairing is used for ribosome recruitment in eukaryotes. Additionally, at least 12 eukaryotic initiation factors (eIFs), composed of many more polypeptides, are needed for efficient eukaryotic initiation, and only a set of three protein initiation factors (IF1-3) are used in prokaryotic initiation.

(a) The canonical model of eukaryotic translation initiation

Irrespective of mechanism, there are three general molecular events in initiation: (i) small ribosomal subunit and initiator tRNA recruitment to an mRNA, (ii) start codon recognition to establish the correct reading frame, and (iii) large ribosomal subunit joining to form an elongation-competent ribosome. Each eukaryotic mRNA has a 5′ end-modified 7-methylguanylate (m7G) cap structure (5′ cap), long 5′ untranslated regions (UTRs) and even longer 3′ UTRs with polyadenylated (PolyA) tails [5]. In canonical eukaryotic
initiation, the small (40S) ribosomal subunit is first recruited to an mRNA at the 5' cap as a pre-formed initiator tRNA and protein factor–containing 43S pre-initiation complex (PIC), by the eIF4F ‘cap-binding’ complex (composed of eIF4A, 4E and 4G). The 43S complex then incepts sequences along the 5' UTR in a 5' to 3' directionality (scanning) in an ATP-dependent manner [6], requiring auxiliary factors such as DHX29 to proceed through structured RNAs within the UTR [7]. Upon locating the start codon (typically AUG) via base-pairing of Met-tRNA\textsuperscript{Met} with mRNA in the P site, a series of conformational and compositional rearrangements take place to trigger the formation of the 48S PIC, followed by large (60S) subunit joining and eIF departure to configure the elongation-competent 80S ribosome. While there are structural and functional analogues of prokaryotic initiation factors IF1-3 in eukaryotes (eIF1A, eIF5B and eIF1, respectively), numerous additional protein factors are required to carry out the processes of cap-binding and scanning (figure 1), and endow the pathway with many regulatory inputs for control by cell signalling [8]. Eukaryotic translation initiation has been extensively reviewed elsewhere [2–4,9].

(b) IRES-mediated translation initiation

To overcome the inherent complexity of eukaryotic translation, certain viruses employ specialized RNA elements, termed internal ribosome entry sites (IRESs), to recruit ribosomal complexes to their mRNA in a manner independent of the 5' cap [10]. These RNA elements were first discovered within the poliovirus and encephalomyocarditis virus genomes in the late 1980s [11,12], and have subsequently been identified in other viruses and potentially within cellular mRNAs [13]. IRESs have been classified into four types that are related to the complexity of their initiation mechanism [2,14,15] (figure 1). The simplest IRES families (types 3 and 4), or using an alternate classification—type IV and type V [16]—are exemplified by the HCV IRES and CrPV IRES, respectively. Both of these IRESs are composed of multi-domain RNAs, which form high-affinity complexes with ribosomal subunits, and dynamically manipulate their conformation to promote protein synthesis. The ability of these IRESs to form defined, high-affinity ribosomal complexes has enabled the production of structural and biochemical models for certain steps of initiation, and provided important insights into the structural dynamics of the eukaryotic ribosome. In particular, the IRES-bound ribosomes have been speculated to undergo similar conformational changes to those that occur in the 43S PIC during canonical initiation [17,18], and IRES RNA structures may functionally substitute for canonical eIFs and tRNA [14]. Thus, IRESs are not only a significant area of study for revealing the biology of major human pathogens, but also contribute to fundamental knowledge of human translation, which is often misregulated in cancer [19].

Technological advances in imaging have revolutionized structural biology and biophysics. Single-molecule imaging of biological systems \textit{in vitro} and \textit{in vivo} has allowed analysis of biological dynamics and pathways [20,21]. By harnessing the intrinsic sensitivity of fluorophores, single biological systems can be monitored without averaging from large numbers of molecules. This allows the composition and conformation (using energy transfer from dipolar coupling of two fluorescent dyes) of, for example, a single translating ribosome in real time [22]. Similar methods have been modified to image biological systems at resolutions below the optical diffraction limit [23]. In parallel, cryogenic electron microscopy (cryo-EM) has been transformed from a low-resolution (5–8 Å) method for large (greater than 500 kDa) complexes to a molecular-resolution (2.5–4 Å) method on both large and small (greater than 200 kDa) complexes [24–26]. Improvements in detector technology, in particular, direct electron detectors that can correct for specimen movement, plus better computational methods have driven this revolution. Translation has been a central focus of these improved approaches.

Recent high-resolution structures from cryo-EM of ribosome : IRES complexes have provided a mechanistic foundation for IRES-mediated translation. Coupled with these structures, we have developed single-molecule methods to probe the dynamic evolution of IRES complexes, and provide a time axis for the static structures from cryo-EM. Here we review this recent progress in the study of the CrPV and HCV-like IRESs with a focus on the compositional and conformational dynamics of ribosome : IRES initiation complexes.

2. The type 4 IGR IRES

Viruses within the Dicistroviridae family have approximately 8 500–10 000 nt, positive-sense RNA genomes. An IRES in the 5' UTR directs polyprotein synthesis of non-structural proteins, while an intergenic region (IGR) IRES directs polyprotein synthesis of structural proteins (figure 2a). The IGR IRES used by viruses within the Dicistroviridae family has the simplest known mechanism of IRES translation initiation: it recruits the ribosome in the absence of host eIFs, and initiates translation from a non-AUG codon without using an initiator tRNA [27,30,31]. IGR IRESs from viruses within the Dicistroviridae family, which include the \textit{Plautia stali} intestine virus, Taura syndrome virus, Israeli acute paralysis virus and the most well-studied cricket paralysis virus (CrPV), have a conserved secondary and tertiary structure [27,32–34]. The IGR IRESs are universally active in eukaryotes including yeasts [35], insects [36], rabbit and human [37], suggesting a mechanism involving evolutionarily conserved ribosomal regions to capture and manipulate eukaryotic ribosomes. Dicistroviridae IRESs are also active in prokaryotes, but the mechanism of initiation is different, as the 70S : IRES complex forms on a distinct translation start site [38].

Biochemical and structural research has outlined the mechanisms by which the type 4 IRESs manipulate the ribosome to initiate viral protein synthesis, revealing ribosome dynamics that are conserved during both IRES-mediated and canonical translation. The following section provides an overview of IGR IRES structure and function, highlighting recent advancements in our understanding of IGR IRES-mediated translation initiation, with specific focus on the CrPV IGR IRES (herein, referred to as the CrPV IRES).

The CrPV IRES is a 190 nt segment of structured RNA upstream of the first Ala codon of the second CrPV cistron (figure 2b). The IRES has three structural regions, each of which contain a pseudoknot (PK) essential for IRES translational activity (figure 2b) [27,32]. Region 1, which begins at the 5' end of the IRES, contains a large stem loop (SL) with an internal loop (L1.1) and an apical loop (L1.2). L1.1
segments the stem structure into separate paired helices (P), P1.1 and P1.2. Nucleotides within L1.2 form PKII by base-pairing with nucleotides downstream of single-stranded (S) segment S2.4. Region 2 of the IRES contains PKIII, SLIV and SLV. PKIII is formed by base-pairing between the internal loop (L2.2) of SLV and nucleotides between S2.1 and S2.2 upstream of SLIV. Regions 1 and 2 form a compact, globular IRES domain (figure 2b) [33]. Portions of PKII and PKIII make up the tightly packed RNA core of the IRES domain. Regions 1 and 2 accessory sequences, SLIV and SLV, and L1.1, are positioned on the surface of the IRES domain for interactions with the 40S and 60S ribosomal subunits, respectively [27,28,33,39,40]. Region 3 of the IRES, which is connected to the IRES domain by a short linker segment, contains PKI and the A-rich variable loop (VRL) [32]. The apical loop, L3.1, base pairs with nucleotides adjacent to the first codon to form PKI. Region 3 folds independently and does not make any contacts with the IRES domain in ribosome-bound or unbound states [28,33,41]. Region 3 is dispensable for ribosome binding [27], but is essential for initiation events that occur downstream of 80S ribosome assembly on the IRES [42,43].

(a) Mechanism of CrPV IRES initiation

The IRES binds the host 40S ribosome with high affinity, which is irreversible on the time scale of initiation [27,29]. The pre-folded, compact structure of type 4 IGR IRESs is essential for high-affinity 40S: IRES interaction [28,33]. The 40S:CrPV IRES complex recruits the 60S ribosomal subunit, resulting in 80S ribosome assembly on the IRES (figure 2c). These 80S ribosomes become elongation-competent on the IRES in the absence of host eIFs and initiator tRNA [30,31,35]. The first tRNA is recruited to the ribosome as a part of a ternary complex with eukaryotic elongation factor (eEF) 1A and GTP (eEF1A-TC). Toe-print analysis of initiation complexes [31,37,44] and tRNA binding assays [45,46] established the requirement of eEF1A and eEF2 (eukaryotic EF-G homologue) for tRNA recruitment. However, these experiments did not establish the precise position of the IRES in the 80S: IRES complex, or the order of translocation and tRNA arrival.

Early biochemical and structural data suggested that PKI is positioned in the P site of 80S: IRES initiation where it adopts a conformation that mimics P-site tRNA [14,28,30,31,41,47]. However, recent studies have revealed that PKI of the IRES initially occupies the ribosomal A site, blocking tRNA binding [46,48]. Consistent with the requirements mentioned above, eEF2-mediated pseudotranslocation, which is defined as translocation in the absence of peptide bond formation, moves PKI from the A to the P site prior to accommodation of the first tRNA [45,46,48].

(b) Low-resolution cryo-EM structures ribosome: IRES complexes

In early low-resolution cryo-EM reconstructions of the CrPV IRES bound to the human 40S ribosome (20.3 Å), the IRES adopts an elongated shape with the majority of its density originating from the IRES domain [41]. Density from PKI,
though not well resolved, extends from the E to the P site [41]. In the 80S : IRES structure (17.3 Å), the IRES is positioned within the inter-subunit space in a similar manner to that observed in 40S-IRES particles [41] (figure 3a). However, local changes in the IRES result in a slight retraction of the PKI region and overall shift of the IRES domain towards the E site compared with the 40S : IRES complex. The ribosome also undergoes conformational changes upon binding to the IRES. In the 80S : IRES complexes, the 40S ribosome head position shifts, facilitating widening of the mRNA entry channel. The electron density from the L1 stalk of the 60S subunit is well resolved in the 80S : IRES binary complex, while L1 stalk density is weak in empty 80S ribosome particles, suggesting that IRES binding induces ordering of the stalk.

Using improved technologies, the yeast 80S : CrPV IGR structure was subsequently resolved to 7.3 Å, yielding detailed molecular insights into key ribosome : IRES interactions [28] (figure 3b). The exposed SLIV and SLV in region 2 of the IRES contact the 40S subunit proteins uS7 and a protein later identified as eS25 [28,50]. PKII contacts uL5, while the internal loop L1.1 interacts with uL1 and 25S rRNA. The density of region 3 is weak in this structure, consistent with the conformational flexibility of PKI. The head and shoulder of the 40S subunit, which interact with the anticodon stem loop of A-site tRNA during canonical translation, contact the PKI region of the CrPV IRES near the first codon [28].

![Figure 2. CrPV IRES secondary structure and initiation pathway. (a) Schematic of the CrPV positive-sense RNA genome. (b) CrPV IRES secondary structure [27,28]. IRES regions 1 (red), 2 (blue) and 3 (green) are delineated by dotted lines. Structural elements (pseudoknot (PK); stem loop (SL); loop (L); single strand (S); paired helix (P)) are labelled and IRES nucleotides that interact with 40S (grey circles) and 60S (brown circles) ribosomal elements are identified. (c) Model of the CrPV IRES initiation pathway: 80S : IRES assembly occurs via sequential recruitment of the 40S and 60S ribosomal subunits and by direct recruitment of the 80S ribosome. The 80S : IRES complexes are in equilibrium between the non-rotated and rotated state. eEF2-mediated pseudotranslocation moves IRES PKIII from the A site to the P site of the ribosome to facilitate tRNA arrival. The translocated complexes are unstable and lack a definedreading frame. tRNA binding captures and stabilizes the translocated state of the ribosome. Reading frame selection depends on the relative rates of 0 and +1 frame tRNA arrival to the A site [29].](http://rstb.royalsocietypublishing.org/)

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(c) High-resolution 80S : IRES cryo-EM structures
(i) Pretranslocated 80S : CrPV IRES complexes

Using the recently improved cryo-EM methods, Fernández et al. [46] applied maximum-likelihood particle sorting to cryo-EM images of yeast 80S : CrPV IRES particles (figure 3c), and identified two major 80S : IRES subpopulations. Complete atomic models of the two major subpopulations of 80S : IRES complexes revealed ribosomes in both non-rotated (3.8 Å) and rotated (3.7 Å) states (anticlockwise rotation of 40S), similar to those observed in canonical prokaryotic translation (figure 3c) [51]. L1.1-mediated stabilization of the L1 stalk enabled its complete structural modelling. During canonical prokaryotic translation, the L1 stalk adopts closed, open and intermediate positions to facilitate interactions with P/E or E/E tRNA [52]. When bound to the CrPV IRES, the L1 stalk is oriented in an atypical outward position [46]. In the rotated state 80S : CrPV IRES complexes, the outward position is more pronounced than in the non-rotated complexes, resulting in contacts between the stalk and 60S ribosomal protein eL36 in the body of the 60S subunit. Similar ordering of the L1 stalk occurs during GTPase-ligand binding and activation during canonical translation in prokaryotes...
and eukaryotes [53,54], suggesting that the IRES-induced extension of the stalk may facilitate tRNA arrival and eEF2-mediated translation [41,46].

(ii) eEF2 translocation is required for binding of the first tRNA

A key point of mechanistic ambiguity in CrPV IRES-driven translation is the location of PKI within the 80S : IRES complex. Early biochemical analysis suggested that 80S : IRES assembly resulted in the positioning of PKI within the ribosomal P site [30,31]. The addition of eEF2 and eEF1A-TC to the 80S : IRES complex resulted in a 6 nt shift of the ribosome on the mRNA, as seen through toeprint analyses. This finding suggested the occurrence of two translocation events, although the precise placement of the ribosome on the IRES and the order of translocation and tRNA arrival were not determined.

X-ray crystal structures of an isolated PKI fragment of the CrPV IRES suggested that PKI positions itself in the P site of the ribosome [47,55]. As mentioned above, the low-resolution cryo-EM structure of the 80S-bound CrPV IRES placed PKI near the P site [28]. Biochemical analysis with a similar IGR IRES indicated that PKI is initially positioned within the A site [45]. These ambiguities were eliminated by the higher resolution EM structures.

In the atomic models of the 80S : IRES complexes, PKI unequivocally mimics codon anticodon interactions in the A site [46,48]. Placement of PKI in the A site upon initial 80S complex assembly indicates that pseudotranslocation is required to move the IRES element from the A to the P site, positioning the first codon in the A site. A second round of pseudotranslocation moves the first tRNA to the P site and PK1 to the E site. Thus, CrPV IRES initiation requires two
pseudotranslocation events prior to formation of the first peptide bond.

(iii) Architecture of the eEF2 : 80S : CrPV IRES complex

To explore how eEF2 drives this pseudotranslocation step, the cryo-EM structure of eEF2 : 80S : CrPV IRES complex was determined at high resolution (3.6 Å) [56]. eEF2•GDPCP and eEF2-mediated ribosome and IRES conformational changes were observed [56]. eEF2 binding and GTPase activation occur via a conserved mechanism previously described for prokaryotic GTPases EF-G and EF-Tu [57]. Domains II and V of eEF2 anchor the GTPase to the ribosome through contacts with uS12, resulting in approximately 3° hyper-rotation of the 40S subunit and further outward displacement of the L1 stalk compared with the rotated state of the 80S : CrPV IRES [46,56]. PKI is displaced 10 Å towards the P site adopting an A/P hybrid-like conformation [56,58]. Domain IV of eEF2 rests near the major groove of the ASL-like element of PKI, while eEF2 residues H694 and H699 interact directly with PKI. The diphthamide modification on H699 stabilizes the eEF2–PKI interaction to sterically block ribosome-IRES interactions in the A site. How the IRES–ribosome interactions are disrupted during pseudotranslocation remains an open question.

(iv) Post-translocated 80S : CrPV IRES complexes

The post-translocated state of the 80S : CrPV IRES complex was captured by replacing the first Ala codon with a stop codon [49]. Following the first round of eEF2 pseudotranslocation, the stop codon is positioned in the A site of the ribosome and recognized by eukaryotic release factor 1 (eRF1), whose binding stabilizes the translocated state of the ribosome, preventing spontaneous back-translocation [49,59]. The cryo-EM structure of the 80S : CrPV Stop : eRF1 complex was resolved to 8.7 Å [49]. In the post-translocated complexes, the IRES adopts an extended conformation within the ribosomal inter-subunit space (figure 3d). The IRES domain and PKI shift laterally by 25 Å and 22 Å, respectively, moving the IRES domain towards the E site and PKI towards the P site. The apical portion of PKI mimics an anticodon stem loop (ASL)-codon duplex in the P site. PKI is also rotated 50° about the linker element between the IRES domain, L3.2 of PKI contacts rpS5, while contacts between L1.2 and rpS9 and L2.3 and rpS25 are no longer apparent. IRES contacts with the L1 stalk were preserved, although the position of the stalk is extended outward. The 13 Å displacement of the L1 stalk is in the opposite direction, though similar in magnitude, to the mammalian elongating ribosome (figure 3e) [60]. The molecular details of the pretranslocated [46] and post-translocated [49] 80S : CrPV IRES structures have demonstrated how ribosome and IRES conformational dynamics work in concert during CrPV IRES-driven translation initiation.

(d) The CrPV IRES variable loop dynamics

Prior to elongation, reading frame must be established. For the CrPV IRES, and other IGR IRESs, both the 0 and +1 frames are translated, with the 0 frame being disproportionately favoured [43,61,62]. The dynamics of region 3 of the IRES are critical for positioning PKI in productive conformations within the ribosome, frame selection and translocation [43,63,64]. PKI can adopt conformations that mimic classical and hybrid tRNA states during IRES initiation [45,55]; however, the molecular mimicry is imperfect. In particular, during canonical translation, both the acceptor stem and peptidyl moiety are needed for frame maintenance during translocation [65,66], and their absence from PKI suggests that additional IRES elements are probably involved in frame selection during pseudotranslocation. In the cryo-EM reconstruction of 40S : CrPV IRES particles (3.8 Å), the VRL density is fragmented, suggesting a partial ordering of the IRES element that is not apparent in 80S : CrPV IRES reconstructions [56]. One possibility is that transient interactions of the VRL with the 40S subunit facilitate events downstream of 80S recruitment [56]. The IRES elements that functionally complete the tRNA mimicry to facilitate translocation and frame selection remain to be determined.

CrPV IRES translational activity is dependent on both the length and nucleotide sequence of the VLR [64]. Toeprint analysis of initiation by IRES mutants with a shortened VRL indicates that the loss of translational activity is due to an inability to pseudotranslocate, while toeprints for the sequence mutants are consistent with several rounds of translocation. However, the toeprints of the translocated complexes with the VRL sequence mutant IRES had lower band intensity compared with wild-type IRES translocated complexes, suggesting that subtle changes in translocation efficiency are responsible for the decreased translational activity of the VRL sequence mutants [64].

Co-sedimentation and fluorescent anisotropy experiments, which monitor P-site and A-site tRNA incorporation, were used to parse the two eEF2-mediated pseudotranslocation steps. Decreasing the length of the VRL inhibited both eEF2-mediated pseudotranslocation events, while changes in the sequence of the VRL inhibited only the second round of pseudotranslocation. The results indicate that the VRL facilitates both the first and second eEF2-mediated pseudotranslocation; however, the structural basis of this process remains to be explored.

(e) Applying single-molecule approaches to CrPV IRES-mediated translation

The structural studies discussed here provide a plausible collection of states during CrPV IRES-mediated initiation, yet to delineate the mechanism, real-time data are needed. Even in the simplest systems, translation initiation is a nonlinear process, wherein initiation occurs via several kinetically accessible pathways. Single-molecule experiments provide the tools to observe the time evolution of biochemical systems directly, allowing the sorting of kinetic pathways [67,68].

The entire process of CrPV IRES translation initiation and transition to elongation has now been observed in real time [29] using single-molecule (sm) fluorescence in zero-mode waveguides (ZMWs), nanostructures that allow single-molecule fluorescence detection in the presence of high (100–1000 nM) concentrations of free fluorescent ligand [69]. Direct tracking of the IRES, yeast ribosomal subunits and tRNA-enabled pathways of CrPV IRES initiation to be sorted and unified within the context of previous structural and biochemical research [29] (figure 3).

Formation of the 80S : CrPV IRES initiation complex was observed by co-delivering fluorescently labelled 40S and 60S ribosomal subunits to surface-immobilized CrPV IRES mRNA within ZMWs (figure 3f). 80S : IRES complexes form through two distinct pathways: sequential recruitment
of the 40S subunit ($k_{on} = 70 \text{ nM}^{-1} \text{s}^{-1}$) and the 60S subunit ($k_{on} = 700 \text{ nM}^{-1} \text{s}^{-1}$), or direct recruitment of the 80S ribosome ($k_{on} < 30 \text{ nM}^{-1} \text{s}^{-1}$) (figure 2c). Under the conditions tested, the sequential recruitment pathway was dominant, and yet both pathways result in 80S : IRES complexes with equivalent tRNA binding activity. Direct recruitment of the 80S ribosome by the CrPV IRES has been hypothesized as an alternative recruitment pathway that allows the virus to evade initiation inhibition by host translation initiation factors [37]. Direct 80S ribosome recruitment may also be important for viral protein synthesis under particular cellular conditions, as evidenced by an increase in the proportion of direct 80S recruitment by the CrPV IRES at low Mg$^{2+}$ concentrations [29].

Following 80S : CrPV IRES complex formation, eEF2 catalyzes movement of PKI from the A to the P site of the ribosome [45,46]. This initial pseudotranslocation event results in an unstable intermediate that readily back-translocates in the absence of an A-site tRNA [49,59]. In delivery experiments to surface-immobilized 80S : IRES complexes, efficient tRNA binding requires the presence of eEF2 both during the assembly of the 80S : CrPV IRES complexes and during the delivery of the tRNA [29]. The results indicate that initiation complexes adopt multiple conformational states following eEF2-mediated pseudotranslocation, which differ in their ability to bind tRNA. eEF2 drives formation of an unstable, pseudotranslocated intermediate that is captured by the arrival of tRNA. eEF2 binding serves as an essentially irreversible step during initiation.

Prior to tRNA arrival, the 80S : IRES complexes are in exchange between 0 and +1 frame states [29]. Incomplete tRNA mimicry by the IRES may decouple frame selection and pseudotranslocation in 80S : CrPV IRES initiation complexes, given that both the acceptor stem and peptidyl moiety are required for frame maintenance during canonical translocation [43,62,65,66]. Arrival of the first tRNA to the 80S : IRES complexes is the commitment step that establishes the reading frame (figure 2c). In sm-fluorescence experiments in which the 60S subunit, eEF2 and both 0-frame and +1-frame tRNAs, as eEF1A-TCs, were co-delivered to surface-immobilized 40S : IRES complexes, fast 0-frame tRNA binding biased against +1 frame selection [29]. The frame selection ratio of 0 frame to +1 frame (13.4 : 1) is nearly identical to the ratio of 0 frame to +1 frame apparent arrival rates (13.2 : 1), indicating that reading frame selection is defined by the kinetics of the first tRNA binding event.

The CrPV IRES uses stable and dynamic RNA structures to manipulate the eukaryotic ribosome. The defined structure of the IRES domain is essential for capturing and independently assembling active 80S ribosomes, while dynamic elements guide eEF2-mediated pseudotranslocation and accommodation of elongator tRNA. Ribosome and IRES conformational dynamics work in concert to channel ribosome : IRES complexes through multiple kinetically controlled pathways. Kinetic partitioning is probably a general characteristic of IRES-mediated and canonical eukaryotic translation initiation.

3. The type 3 HCV-like IRES

HCV uses a single IRES in the 5' UTR of its approximately 9600 nt positive-sense RNA genome to initiate translation via a more complex mechanism than that of the IGR IRESs. The HCV IRES forms initiation complexes at an AUG start codon, initiating the continuous translation a polyprotein ORF, whose product is co- and post-translationally cleaved into 10 polypeptides [70] (figure 4a). By harnessing the IRES, HCV bypasses the canonical cap-binding and scanning process, such that many of the factors required in those processes are dispensable for IRES-mediated translation [74]. Given that translation is an essential early event in the HCV life cycle [75], and HCV chronically affects 130–150 million people worldwide [76], the IRES is also an attractive drug target [77].

Mechanistic investigations of HCV IRES initiation have revealed general principles of mammalian ribosome structure and function, and demonstrated how RNA structure may substitute for canonical protein-based initiation factors. Although skipping the scanning and cap-binding processes, the HCV IRES initiation mechanism encompasses the steps of start codon positioning, initiator tRNA recruitment and ribosomal subunit joining. Unlike the IGR IRESs, the HCV IRES uses certain eIFs, and is an important model for studying the large (approx. 800 kDa) eIF3 multiprotein complex. The following section describes functional aspects of HCV IRES initiation, specifically highlighting recent advances resulting from the production of high-resolution cryo-EM structural models.

(a) The pathways of HCV IRES-mediated initiation

HCV IRES initiation can be divided into three main steps defined by the formation of stable PICs (figure 4c) [78–81]. The most common model begins with formation of the high-affinity 40S : IRES binary complex. In the second step, the binary complex recruits the multisubunit eIF3 complex and the Met-tRNA$_{Met}$-eIF2-GTP ternary complex (eIF2-TC) to form the 48S PIC. Initiation is completed by joining of the large (60S) subunit facilitated by the combined GTPase activation of eIF2-GTP by eIF5, GTP hydrolysis by eIF5B and dissociation of factors. As in canonical initiation, the elongation-competent 80S : IRES ribosome contains an initiator tRNA base paired with the start codon in the P site, using initiator tRNA at an AUG codon, rather than elongator tRNA used by IGR IRESs.

Initiation on the HCV IRES requires transient association of protein factors, dynamic structural rearrangement of ribosomal initiation complexes, and energy expenditure in the form of GTP. Although the three-step model accounts for many observed phenomena, the ordered release of factors from the 48S PIC has been observed [82], and multiple alternative pathways do exist. In particular, translation by the HCV IRES proceeds under stress conditions when eIF2 has been inactivated. Factor requirements may be circumvented through elevated Mg$^{2+}$ concentration and alternative or minimal factor pathways by eIF3/eIF5B, eIF2A or eIF2D [36,83–86]. Although the favourability of these pathways remains unresolved, these findings indicate that HCV IRES forms compositionally heterogeneous complexes, perhaps explaining the adaptability of the virus to the multiple conditions encountered in an infected cell.

(b) The HCV IRES is a flexible ensemble of structured RNA modules

The HCV IRES encompasses approximately 340 nt in the 5' UTR of the HCV genome [87] (figure 4a). It is composed of
several independently folding domains (II–IV) and subdomains, and specifically binds the 40S subunit and the eIF3 complex (figure 4b). A short stretch of RNA upstream of the IRES, which comprises domain I with two binding sites for miR-122, is not critical for IRES activity and plays a predominant role in mRNA stability [87]. Domain II is a long, irregular stem loop that adopts a distorted L-shape structure [88], and contains two subdomains: IIa and IIb. The basal domain IIa harbours a multinucleotide bulge hinge, while IIb contains a loop E motif internal loop and an apical hairpin. A short six-nucleotide linker and the nine-base-pair stem 1 (S1) connects the base of domain II to domain III, which forms an elongated branched structure and consists of six subdomains (a–f). A four-way junction of the stem loop domains IIIabc protrudes at the apical end, while the irregular stem loop domain IIIId projects out of a three-way junction below. At the base of domain III sits an irregular four-way junction, bridging the small step loop of IIIe to IIIf, which engages in base-pairing with stem 2 (S2) to form the pseudoknot structure. The start codon resides in the domain IV stem loop, which must be unfolded in the context of the mRNA-binding channel [89].

Biochemical studies have mapped regions of the IRES that are crucial for translational activity and binding partner affinity [78,79,90–93,74]. Factor and ribosome affinities for the IRES are not always correlated with translational activity. For instance, deletion of domain II, which strongly reduces translation activity, does not significantly alter 40S : IRES affinity. Similarly, mutations and deletions of the eIF3-interacting region (the apical portion of domain III) do not drastically alter 40S : IRES affinity, but strongly reduce eIF3 : IRES affinity and translation activity. Interestingly, while deletion of domain IIIb strongly reduces eIF3 : IRES affinity in isolation, the factor still remains in 48S complexes assembled on the mutant IRES, indicating that specific IRES : eIF3 interactions are required for translational activity [79]. Together, these findings suggest that the HCV IRES functions not only analogous to the prokaryotic SD sequence by increasing the local concentration of the mRNA start codon on the small subunit, but manipulates ribosomal

Figure 4. HCV IRES secondary structure and mechanism. (a) Schematic of the HCV positive-sense RNA genome. (b) Secondary structure, domain architecture and ribosomal interactions of HCV IRES RNA. Intra-IRES and IRES : rRNA base-pairing is based on conformation of the ribosome-bound IRES [71,72]. Base-pairing of nt 178–221 of domain IIIb are drawn in grey as they are not resolved in the 40S : IRES structure, and are thus hypothetical. The short hairpin of domain IV is shown unfolded, encompassing the ribosomal toeprint-defined region of the 40S : IRES complex [73]. (c) Model of HCV IRES-mediated initiation: 40S subunit recruitment to form the binary complex, initiator tRNA recruitment during 48S PIC formation and 60S subunit joining to form the elongation-competent 80S ribosome.
complexes through its RNA structural elements to promote initiation.

The structure of the free IRES in solution is inherently flexible [14,94]. Early structural work applied a ‘divide and conquer’ approach to determine three-dimensional structures of isolated IRES domains using NMR and X-ray crystallography [14,81]. By incorporating structures of known fragments, a recent study using SAXS and molecular dynamics simulations found that the free IRES is best fit by an ensemble of at least five conformations as a result of rigid domains moving with respect to one another by flexible linkers [95]. Many of the HCV IRES structural elements are conserved in related flaviviruses, as well as certain picornavirus genera, with variability especially in domain II and apical domain III regions [16].

(c) The HCV IRES forms an extended interaction network on the 40S subunit

The HCV IRES forms a high-affinity (K_D = 2–4 nM) binary complex with the 40S ribosomal subunit, whose formation is dictated by a fast bimolecular association rate constant (k_on = 1.1 μM⁻¹ s⁻¹) and a slow off-rate (k_off = 0.002 s⁻¹, complex lifetime > 500 s), indicating that binary-complex formation is irreversible on the timescale of initiation [96]. The binary complex was first visualized at low resolution (20 Å) by cryo-EM, showing that the IRES binds the rabbit 40S subunit in a single conformation mediated largely by interactions of domain III at the solvent side [97]. Domain II was shown to loop around and interact with a region of the head and platform edge, where it partially overlaps with the E site. By comparing a wild-type IRES with a full domain II deletion mutant, this study demonstrated that the HCV IRES RNA induces a domain II-dependent rotation of the 40S subunit head relative to the body and a concomitant closure of the mRNA binding channel [97]. These conformational changes are similar to those seen in the 40S : CrPV IRES binary complex [41], and during cap-dependent translation [18], suggesting that similar ribosome conformational dynamics are induced during several unrelated mechanisms of initiation.

The recent breakthrough in cryo-EM has led to two sub-nanometer structural models of the mammalian 40S : IRES complexes (figure 5e) [71,72]. These two models are remarkably similar with an RMSD value of 2.0 Å in the ordered regions of the IRES, although the complexes were prepared and modelled using distinct methods. The Ban group directly assembled 80S : IRES complexes by incubating human 80S ribosomes with the HCV IRES, and used focused refinement by applying a mask around the 40S : IRES to reach a 3.9 Å resolution structure. By contrast, the Spahn study formed binary complexes of the 40S : IRES with rabbit 40S subunits during several unrelated mechanisms of initiation. By incorporating structures of known fragments, a recent study using SAXS and molecular dynamics simulations found that the free IRES is best fit by an ensemble of at least five conformations as a result of rigid domains moving with respect to one another by flexible linkers [95]. Many of the HCV IRES structural elements are conserved in related flaviviruses, as well as certain picornavirus genera, with variability especially in domain II and apical domain III regions [16].

The HCV IRES makes an array of additional contacts with the 40S subunit, guided by the overall fold of the RNA (figure 4b). Basal regions of IRES domain III (IIIc) interact with 1114UU1115 of ES7 rRNA, and numerous small ribosomal proteins make contacts across the IRES (figure 4b). Along the four-way junction, which adopts an L-shaped cl-type fold, domains IIIa and IIIC interact with s27 while stacked in an anti-parallel configuration [107]. Interestingly, the conformation of the IIIb four-way junction in the binary complex is not in agreement with the C1-type orientation seen in the crystal structure of the isolated junction [108], where the IIIa and IIIC stem loops are arranged in a parallel conformation, demonstrating the role of the full RNA and interactions with the 40S subunit in structuring the IRES.

(d) The structural and functional basis of HCV IRES : eIF3 interactions

The 13-subunit mammalian eIF3 complex is a central mediator of canonical and IRES-mediated translation. During canonical initiation, eIF3 is stoichiometrically bound to the solvent-exposed surface of the 40S subunit and engages in a network of interactions with mRNA and several other eIFs: 1, 1A, 4B, 4G and 5 [109,110]. These interactions enable eIF3 to stimulate several important steps during the initiation pathway [110]. eIF3 also serves as a hub for the cell signalling proteins mTOR and S6K1 [111], and dysregulation of eIF3 subunits appears in multiple cancers [112]. Consistent with its central role in translation, multiple viruses co-opt and modulate eIF3 function, including HIV, which uses a viral protease to specifically cleave the eIF3d subunit [113]. The high-affinity binding of eIF3 to the HCV IRES RNA is another case of the factor’s importance in virology, wherein eIF3 may orient 48S PICs on the IRES for proper 80S formation [74].

In canonical initiation, eIF3 interacts with eS27 at the solvent-exposed surface of the 40S subunit. The interaction between the HCV IRES and eS27, as seen in the high-resolution binary-complex structures, suggest that the IRES binds eIF3 and excludes the factor from its canonical binding site on the ribosome by a mutually exclusive interaction. Structural studies of a HCV-like CSFV IRES support this
hypothesis, as the IRES excludes eIF3 from its normal binding site on the 40S subunit (figure 5c) [114–116]. This contrasts with earlier structural studies that predicted a more overlapping conformation of eIF3 on the 40S : IRES : eIF3 complex [117], and suggested that the function of eIF3 in HCV IRES-mediated translation could be analogous to the eIF4F : eIF3 interaction (via eIF4G) used in canonical initiation to regulate mRNA attachment and scanning. As HCV IRES-mediated translation does not use scanning and eIF3 only slightly increases the affinity of the 40S : IRES complex [93], the IRES : eIF3 interaction is probably functionally distinct from that of eIF3 : eIF4F.

(e) The interplay of multiple eIF3 subunits with the HCV IRES during initiation

The multiple subunits of eIF3 are orchestrated to drive productive initiation. IRES : eIF3 interactions take place via the apical section of HCV IRES domain III, involving the subdomains IIIa-c and several eIF3 subunits. Approximately 50 nt of subdomain IIIb are largely unresolved in the high-resolution ribosome : IRES structures [71,72] (figure 5a,b), probably a result of conformational flexibility that is stabilized by eIF3 binding [116]. The eIF3a, b, d and f subunits were shown in early studies to cross-link with HCV and CSFV IRES RNA [118],
while a later mass spectrometry study demonstrated that a subset of subunits (g, f and h) are stabilized by IRES binding, while others (i, l and k) remain loosely bound [119]. Intriguingly, elf3 is still capable of binding the IRES after being subjected to limited proteolysis [120], and a reconstituted octamer of elf3 (a, c, e, f, h, k, l, m) is capable of high-affinity binding to an RNA fragment containing domain IIIa–c [121]. Although a full elf3 complex appears to be important for efficiently forming 48S complexes [121], this suggests that IRES : elf3 affinity does not require the full complex. IRES : elf3 interactions are mediated predominantly through helix-loop-helix (HLH) RNA binding motifs in subunits elf3a and c, and may play different functions over the course of initiation [122]. The elf3a and c subunits are also the most-proximal subunits to the 40S-subunit mRNA-binding cleft within 43S complexes, further showing the subunit-selective means by which the IRES excludes elf3 from its canonical position. While mutations of the HLH motif of elf3a greatly weaken IRES : elf3 affinity, mutations of the elf3c HLH motif only modestly alter affinity and cause slight defects in the assembly of functional 80S : IRES complexes containing elf5B [122].

Peripheral subunits of elf3, including subunits b, d, g, i and j, probably play important functions during initiation that are not related to IRES affinity per se. For instance, the loosely bound elf3b subunit must be removed from its entry channel location prior to stable accommodation of the HCV IRES mRNA start codon within the P site, possibly promoted by recruitment of the elf2-TC [123]. Additionally, the elf3d subunit resides on the rear side of the 40S subunit head (in canonical 43S complexes) near ribosomal protein RACK1, which is intriguingly required for IRES-mediated, but not canonical, translation [124]. Rather than a direct physical interaction between the HCV IRES and RACK1, one possibility is that RACK1 makes remote interactions to the IRES mediated by elf3. These interactions could transiently influence a productive conformation of the ribosome during initiation that promotes elongation, as it has been shown that approximately 50% of natively assembled 80S : IRES complexes are lacking RACK1 density [125]. A recent structural study of the canonical 43S PIC suggested that peripheral subunits of elf3 (g and i) may regulate the binding of elf5B, as they overlap at the GTPase-binding site, such that the elf3g and i subunits must be removed prior to full initiation tRNA accommodation and 60S subunit joining [126]. Thus, while not required for IRES affinity, the elf3g and i subunits could also play an important role in IRES-mediated translation by controlling elf5B-mediated 60S subunit joining. Taken together, current structural and functional data indicate that the IRES functionally hijacks elf3 from its canonical 43S PIC position, and actively engages multiple elf3 subunits to promote steps along the initiation pathway. elf3 may exist as heterogeneous complexes within the cell [127], potentially as a result of dysregulation of individual subunits as seen in cancer [112]. As with the IRES binding, unique elf3 assemblies might target specific mRNAs, and result in altered translational profiles [128].

(f) Domain II engages within the E site to aid in start codon positioning

Domain II of the IRES engages the core of the 40S subunit adjacent to the E site. The apical loop of domain II interacts with uS7 and uS11 adjacent to the E site, where it also appears to make tertiary interactions near the AUG codon of domain IV (figure 4b). Mutations within the stem loop IIb alter the configuration of the dIV RNA in the mRNA-binding groove and the placement of domain II [129]. Surprisingly, a domain IIb mutated IRES is still semi-competent for translation, and 48S complexes can be formed even with full domain II deletion (dIIΔ) IRES [78,82], indicating that domain II is not required for IRES recruitment, but instead is needed for later steps of initiation. Notably, the dIIΔ HCV IRES is defective in promoting elf5B-induced GTP hydrolysis of elf2 and factor release from 48S complexes [82], and a dIIΔ of the CSFV IRES fails to promote efficiently subunit joining of 48S complexes assembled both with or without elf2 [84]. These findings suggest that domain II function is at least partially agnostic to 48S PIC composition, and might operate by mediating the dII-dependent conformational rearrangement of the 40S subunit or later initiation events.

(h) HCV IRES domain II as a ‘wedge’ to ensure proper mRNA : tRNAi orientation

The high-resolution structures have begun to reveal the structural dynamics of the 80S : IRES complex during the...
recruitment and positioning of initiator tRNA. During the transition from the 40S : IRES to 80S : IRES complexes, the 40S subunit head reorients relative to the body with a 17° 40S head tilt upon association with the 60S subunit, which is reversed upon association of P site–bound tRNA [72]. This reversal coincides with a large-scale movement of domain II, where the apical end moves approximately 55 Å from its position adjacent to the mRNA within the E site to a location adjacent to helix 68 (H68) of the 60S subunit’s 28S rRNA. This domain II rearrangement is also present in elf5B-containing complexes, albeit at an intermediate degree (approx. 41 Å), where the apical loop positions itself adjacent to the elbow of the initiator tRNA [98] (figure 5c). Domain II was proposed to serve as a ‘wedge’ by positioning itself to open the mRNA channel and widen the P site for tRNA, binding. Consequently, tRNA, binding reverses the head tilt, narrowing the P site and locking in the tRNA.

These observed positions of domain II are probably only a subset sampled during initiation, as a complete 48S complex of the 40S : IRES : elf3 : elf2-TC has yet to be solved. It has been proposed that the IRES must undergo a multi-step rearrangement during binary-complex formation to position domain II [95]; and clearly, for 80S ribosomes to transition into elongation, domain II must be entirely vacated from its E site position to make room for deacylated initiator tRNA moving from the P site. The structural observations help explain the multipurpose role of domain II during tRNA recruitment and positioning, where it participates in both the formation of productive 48S complexes and the progression of 80S initiation complexes into elongation [82,129,131]. Intriguingly, the domain II of the CSFV IRES prevents tRNA binding in the absence of factors, makes 48S complexes sensitive to elf1-induced destabilization, and is required for efficient subunit joining [84]. Given that elf1 binds near the P site and induces a similar conformational change of the 40S ribosome to that of the HCV IRES [17], these results suggest potential competition between domain II and elf1. As elf1, together with elf1A, aids in start codon recognition during scanning, and elf1 is responsible for dissociating incorrectly associated 48S complexes during canonical initiation [132], one possibility is that domain II functionally replaces the role of elf1 and/or elf1A, albeit not in the context of a scanning ribosome. Regardless of factor substitution, domain II motions are crucial, and their inhibition by a small molecule ligand, which binds within the hinge bulge of subdomain IIA and locks domain II in an elongated conformation, suppresses translation of an HCV replicon [72,77]. Such RNA conformational switches may be general in a range of IRESs [133], with potential as a drug target, but also as a simple means for manipulating initiation complexes to replace the functions of canonical factors.

(i) Single-molecule FRET reveals domain II and 40S head conformational dynamics

Within the binary complex, the medial region of domain II makes contacts with eS25 near the 40S head region (figures 4b and 5b). Intriguingly, eS25 is non-essential for canonical translation, but required for both CrPV and HCV IRES-mediated initiation [50,134], suggesting that the eS25 interactions may be crucial for proper domain II function. As eS25 is non-essential for cells cultured in vitro, the fluorescently labelling of human 40S ribosomes has now been accomplished, via the genetic complementation of a SNAP-tag RPS25 gene fusion to a CRISPR/Cas9-mediated knockout cell line of RPS25 [96]. Investigation of the fluorescently labelled 40S subunit as a complex and the HCV IRES, labelled upstream of domain II, enabled single-molecule FRET (smFRET) analysis of the binary complex (figure 5f).

All cryo-EM structural models to date have suggested that the 40S : IRES complex exists in a single conformation. By contrast, the smFRET experiments observed domain II sampling at least two conformations with respect to the 40S subunit head [96] (figure 5f). These motions may reflect functionally relevant conformational changes, such as rotation of the 40S subunit head or domain II occupancy of the E site, similar to conformations adopted in 80S : IRES complexes. Still, these results must be further clarified by cryo-EM and smFRET analyses, as the FRET state changes could reflect motions of IRES RNA, the ribosome and/or the SNAP-tag label on eS25. Curiously, however, both the addition of translation extract and reduced Mg2+ concentration (2.5 versus 5 mM) funneled the 40S : IRES complexes into a single conformation, suggesting that the 40S : IRES conformational dynamics are sensitive to their chemical environment [135].

Further single-molecule studies should clarify these conformational dynamics and may reveal the 40S : IRES conformational substrates that are accessible during tRNA recruitment and 60S subunits joining. Given that no structures are currently available of the full HCV IRES 48S PIC intermediate, single-molecule studies have the potential to reveal conformational and compositional states of this relatively unstudied species. Improvements in cryo-EM and particle classification of the 40S : IRES complexes, as well as high-resolution structures of mutant 40S ribosomal subunits and/or IRES, will further shed light on the rare and dynamic conformations adopted by the ribosome : IRES complexes during initiation.

4. Outlook

The confluence of structures and dynamics reviewed above represents the future of molecular biophysics. Cryo-EM structures have provided multiple snapshots of IRES-mediated translation, and the single-particle method encompasses conformational and compositional heterogeneity. Using these structures as guides, single-molecule fluorescence reagents have been created for the study of eukaryotic translation, allowing real-time analysis of conformational and compositional dynamics during IRES-mediated initiation. The combined data from structure and dynamics explain decades of biochemical study in molecular detail.

The cryo-EM methods will continue to evolve, improving resolution and classification of distinct conformers. Regions of poorly resolved density in ribosome : IRES models often demarcate structurally disordered regions, such as the variable loop of the CrPV IRES. These regions will be targets for real-time dynamics studies, and are likely to be stabilized and/or manipulated by elfs, as evidenced by the apical region of CSFV IRES domain III in the 40S : IRES : elf3 structure [116]. The future cryo-EM studies of IRES-mediated translation may include assembly of unique elf-containing complexes, improvements in particle classification, and application of time-resolved methods [136]. These will undoubtedly be complemented by classical structure–function
studies and biochemistry of reconstituted translation components. Even the simplest processes of translation initiation by the CrPV IRES are highly complex and undergo a number of parallel pathways distinguished by favourability at kinetic branch-points determined by factor concentrations [29]. Translation initiation from more structurally dynamic mRNAs, such as the HCV IRES, appear to undergo a number of alternative pathways within their cellular context, and these too are probably dictated by the kinetic favourability of molecular interactions. These features make IRES-mediated translation extremely well suited for single-molecule studies, which can reveal the compositional and conformational dynamics of macromolecule assemblies [69]. Single-molecule FRET can measure the time evolution of distance changes during translation, such as ribosomal rotation during bacterial elongation [22] and 40S head motions during initiation [96]. However, FRET provides only a single distance constraint on a biochemical system requiring synergistic integration of detailed static structural data from cryo-EM [137,138].

Dynamic tools for investigation of human translation in vitro will continue to improve [96,139], and will be integrated with in vivo genome wide profiling studies [140] of eukaryotic translation. The study of IRES-mediated translation through structure and dynamics will be a springboard to extending these approaches to the general mechanisms of translation initiation and its regulation.

5. Molecular graphics

Molecular graphics and analyses were performed with Pymol [141] and the UCSF Chimera package [142], using structure entries deposited on PDB [143]. Chimera is developed by the Resource for Biocomputing, Visualization and Informatics at the University of California, San Francisco (supported by NIGMS P41-GM103311).

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