

Creative ways to connect with God in prayer

- Writing prayers/Highlighting things that are answered
- Singing through scriptures
- Long walks
- Going out of your way to pray (beach, lake, mountains)
- Pray through list of names
- Pray impossible prayers
- Pray specific prayers (send someone with a red scarf)
- Affirmations of who God is in your life (roles)
- Creation prayers in nature
- Active prayers (running, biking, etc.)
- Pray with others (family/friends)
- Record yourself praying to improve
- Bookend prayers (morning/evening)
- Converse with God through reading scripture
- Pray the Psalms
- Create songs to God
- Early in the morning on a trail
- With co-workers
- While you are walking the dog
- Praying around campfire
- Prayer room at home
- On your knees
- Praying out loud in the car with kids
- Praying through pictures of people in your phone
- Write it down and then speak it out loud
- Theme prayers
- Prayer chains
- Pray around the hospital
- Walking around the neighborhood and asking neighbors if you could pray for them
- Prayer box at church
- Sensory-deprivation prayer
- Pray in a second language