

DAY 4

“As Multidimensional Beings of Light, personal mastery is simply an extension of our truth in this reality of existence.”

TODAY'S JOURNAL PROMPT

Once again with your non-dominant hand, journal on what your physical body needs to support you in this reality.

Don't allow your mind or ego to get in the way. Allow the intelligence of your body to communicate ... and don't judge what it wants!

ACTIVATION #2

Listen to the second activation. The focus is:

- Opening to Higher Realms of Universal Truth
- Balancing the Electric and Magnetic / Masculine and Feminine
- Igniting the DNA/RNA into the next level of cellular memory of your mastery

Listen to your body. Ask what it needs to fully embody this energy. Then do it!

