

DAY 6

“We are creating the new reality. Each thought, each action contributes to the whole. Realizing your own personal mastery bridges the pathway for future generations.”

TODAY'S JOURNAL PROMPT

Journal on what you imagine the “new reality” to be like ... what it looks, feels, and sounds like.

Allow your imagination to guide you. If you have children, create what you want their grandchildren to know and experience as their daily reality. Have fun with this and dream...

LIGHT LANGUAGE #2

Bring yourself into a centered quiet space. Drop your conscious mind down into your heart. Connect into the crystalline core of Gaia. From the bottoms of your feet, visualize roots expanding down and wrapping around the crystalline core (sphere) of Gaia, and weaving to anchor you to Pachumama.

Then take a deep breath and open your heart to the written Light Language message. Let your mind, body and spirit expand into a higher field of consciousness. Simply allow the images/language to speak to you in a non-linear place of being.

ACTIVATION #2 - LISTEN FOR THE THIRD TIME

Please make sure you are really eating clean, high vibrational food to support your systems. These are intense physical upgrades and your body requires extra loving.

