

## Basic First Aid and Incident Reporting

### **Incident Reporting:**

An incident is an unplanned event that could have or did cause workplace illness, injury or property damage. Both accidents and near misses are an incident.

### **You must report all incidents. Why?**

What is value of reporting near miss? Indication of a hazard that could readily lead to an accident.

What is the value of reporting a first aid case? First aid cases can lead to medical cases. Allows the company to analyze hazards and find potential solutions.

Accident investigations after an incident or accident are to find cause. To better understand what led to the incident to better prevent it from happening again.

### **OSHA Reporting:**

Fatality requires OSHA to be notified within 8 hours.

OSHA must be notified within 24 hours of a hospitalization, amputation, or loss of eye.

Medical treatment is recorded on the OSHA 300 Logs.

### **Bloodborne Pathogens:**

- Organisms in human blood that cause disease.
  - Hepatitis B
  - Hepatitis C
  - Human Immunodeficiency Virus (HIV)
- Routes of entry into the body
  - Ingestion
  - Dirty needles
  - Mucous membranes
    - Eye, Nose etc
  - Open cuts and/or sores
  - Direct blood to blood contact

### **Take Precautions:**

Wear gloves and necessary PPE if you could be exposed to blood or bodily fluids.

Always wash hands if you believe you've been exposed to blood or bodily fluids.

## Basic First Aid:

Usually immediately after injury. One time treatment. Does not require medical treatment.

## What's the difference between first aid and medical treatment?

Injury	First Aid	Medical Treatment
Cuts	Bandage	Stitches; Surgical glue
Splinter	Removing object with tweezers, cotton swab or other similar method	Treating for infection with prescription medication
Sprains	Hot or cold treatments; Massage	Chiropractic manipulation; Rigid Splint; Physical therapy
Bruise	Soaking therapy; Hot or cold compress	Draining of collected fluid

## ONLY RESPOND TO YOUR LEVEL OF TRAINING.

### Basic First Aid Steps:

- Assess the scene for safety. Be sure it is safe before you approach an injured person.
  - Look for potential cause of injury to victim.
  - Ensure you are safe before trying to provide aid.
- Request help.
  - Have someone get a first aid kit.
  - Call 9-1-1 as needed.
- Wear gloves and any necessary PPE
- Treat the first aid situation.

**Review and know where all AEDs, First Aid kits, eyewash stations etc are to be prepared in case of emergency.**