

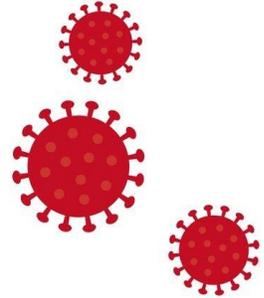


# CORONAVIRUS

## WHAT YOU CAN DO NOW

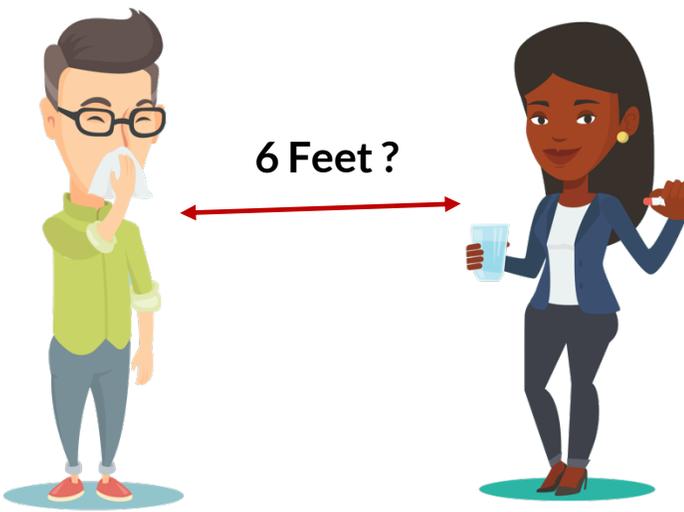
### What is COVID-19 Coronavirus?

Coronavirus is a respiratory illness first detected in Wuhan, China, and believed to have initially spread from animals to humans but now is spreading from person-to-person contact. According to the Centers for Disease Control and Prevention (CDC), it's unclear how easily or sustainably this virus is spreading between people. Typically, respiratory viruses are most contagious when an individual is most symptomatic, but there have been reports of the virus spreading when the affected individual does not show any symptoms.



### HOW IT SPREADS / SYMPTOMS

- The virus primarily spreads via respiratory droplets produced when an infected person sneezes or coughs.
- It spreads between people who are in close contact (within about 6 feet).



Symptoms may appear in as few as 2 days to as long as 14 days after exposure:

- Fever, cough and/or shortness of breath

For people who are ill with COVID-19, please follow CDC guidance on how to reduce the risk of spreading your illness to others:

<https://www.cdc.gov/coronavirus/2019-ncov/about/steps-when-sick.html>





## PREVENTION



Currently there is no vaccine for COVID-19. The best preventative measure is to avoid contact with the virus with the following:

- Wash hands and forearms with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer that contains 60-95% alcohol when water and soap are not available.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home if sick.
- Clean and disinfect objects and surfaces that have been touched (counters, doorknobs, toilets, phones, etc.).
- Cover nose and mouth when coughing and sneezing with a tissue, then immediately dispose of the tissue and wash hands for at least 20 seconds.
- Some jurisdictions are recommending the use of face coverings or masks where possible. If a decision to use a face mask is made then it must be worn properly and cared for to be effective.
- Currently the CDC does not recommend the routine use of face masks or respirators (facemasks) – This memo is dated March, 14, 2020.

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/respirator-use-faq.html>



## MONITORING



### **Keeping Employees Safe: What to do if an employee shows flu-like symptoms?**

- It is highly recommended that any employees who are showing flu-like symptoms should be excluded from the operation until they are symptom free.

### **Keeping Customers Safe:**

#### **What to do if a customer shows flu like symptoms?**

- According to the CDC, the spread of COVID-19 occurs when people are in close contact (less than 6 feet) with an infected person.



Some basic steps that could be taken with customers are:

- Provide additional napkins or tissues to use when they cough or sneeze
- Make sure alcohol-based hand sanitizer is available for customer use
- Be sure to thoroughly clean and sanitize any and ALL objects or surfaces that may have been touched

### **Bodily Fluid Event: What to do if there is a bodily fluid event?**

If a customer or employee vomits or has diarrhea it is recommended that the operation follows procedures that are in place for potential Norovirus be used:

- Ensure the employee who is cleaning up the area is using Personal Protective Equipment (PPE)
- Segregate the area that has been contaminated
- Dispose of any food that has been exposed
- Ensure any utensils that might have been exposed are cleaned and sanitized
- Immediately clean and sanitize the area to include the floor, walls and any other objects contaminated by the incident with the proper disinfectant solutions
- Properly dispose any of the equipment that was used to clean up the area



**Remember, follow state or local health department requirements.**