

FUNDING

Operation Concern receives funds from many sources, including:

- United Way of the Bay Area
- San Francisco Commission on the Aging
- Community Mental Health Services
- Department of Public Health
- Community Substance Abuse Services
- Community Development Block Grant (MOCD/CDBG)
- Private Foundations
- Operation Concern, Inc., which is the public benefit corporation administered by Operation Concern's Community Advisory Board of Directors.

In order to continue to meet community needs, individual donations are essential. If you have benefitted from Operation Concern or want to help, send your contributions to:

OPERATION CONCERN
1853 Market Street
San Francisco, California 94103

OC is a nonprofit outpatient program of
✿ Pacific Presbyterian Medical Center,
San Francisco.

OC

OPERATION
CONCERN

Mental Health & Social Services
For Lesbians, Gay Men & Their Families

SERVING OUR COMMUNITY

Operation Concern was founded in 1974 to promote the emotional and social health of our community. Its aim has been to provide quality, low cost lesbian and gay affirmative mental health care. In addition to counseling for individuals, couples and families, groups are formed in response to community needs. These include groups for persons of color, disabled persons, those coming out, and lesbians and gay men who are under 21 or over 60.

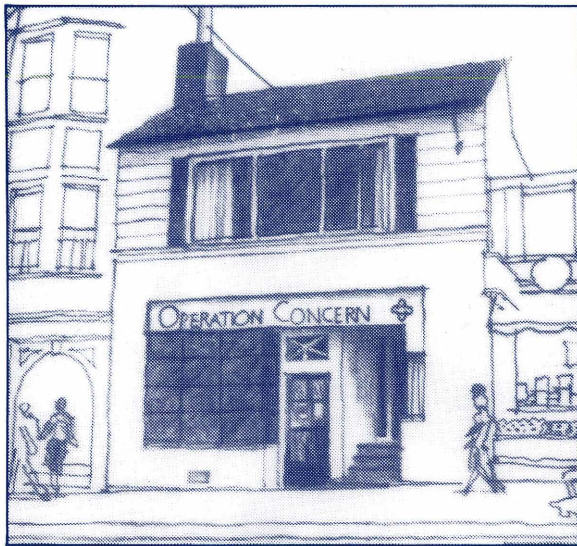


Illustration: Christopher Grubbs

COUNSELING

- Individual
- Couples
- Psychotherapy Groups for men and women, including topic-oriented support groups, such as
 - Lesbian incest survivors
 - Adult Children of Alcoholics (ACA) Groups
 - Coming Out Groups.

AIDS SERVICES

- Education and Support Groups as part of the AIDS Health Project, including stress reduction, seropositive counseling and AIDS Related Conditions (ARCS) counseling.
- Individual and Couples Counseling for issues related to AIDS, ARCS and seropositivity.
- Sexual Compulsive Groups for gay men who want help dealing with sexual addiction and safe sex practices.
- Substance Abuse Counseling for gay men at risk, or diagnosed with AIDS/ARCS.

SPECIAL PROGRAMS

- Gay/Lesbian Outreach To Elders provides social services to lesbians and gay men aged 60 and over.
- Operation Concern's Families Program provides family therapy to parents and children of gay men/lesbians.
- Operation Recovery offers outpatient substance abuse recovery services to gay men.
- Disability Services provides individual and group therapy to gay men/lesbians with physical disabilities and/or chronic illness.

STAFF

OC's multicultural staff is professional and experienced. It is composed of lesbians and gay men among whom are persons of color and disabled persons attuned to special needs. The staff is highly trained, including a psychiatrist, licensed psychologists, clinical social workers (LCSW), and marriage, family and child counselors (MFCC). The staff is supplemented by master's and doctoral candidates who intern at OC for their required clinical training as well as by a committed corps of some thirty professional volunteers.

FEES

Services provided on a sliding scale, based on income.

CALL

626-7000 for appointment or information. V/TTY/Wheelchair Accessible 

OPERATION CONCERN

1853 Market Street
San Francisco, CA 94103

415·626·7000

415·626·7000

415·626·7000



CLIP AND MAIL

- ☐ I would like to support GLOE.
Enclosed is my contribution.
☐ \$25 ☐ \$50 ☐ \$100
☐ \$ _____
- ☐ Please send me the GLOE monthly
newsletter. Enclosed is my \$10
contribution.
- ☐ I would like to know more about
becoming a GLOE participant.
- ☐ I wish to become a GLOE volunteer.
- ☐ My organization would like to hear
more about GLOE.

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____ ZIP: _____

TELEPHONE: _____

Please make checks payable to:
Operation Concern Inc/GLOE
1853 Market Street
San Francisco, CA 94103

Operation Concern is a part of the
Pacific Presbyterian Medical Center.
Gifts made to GLOE are tax deductible.
GLOE is largely funded by the S.F.
Commission on the Aging.

OPERATION CONCERN/GLOE
1853 Market Street
San Francisco, CA 94103
(415) 626-7000 v/TTY
✿ Pacific Medical Center
A United Way Agency

"The program is a miracle"
—70 year old gay man

OPERATION CONCERN'S GAY AND LESBIAN OUTREACH TO ELDERS

GLOE

GLOE is a social service program
designed to meet the needs
of the estimated 24,000
lesbians and gay men
aged 60 and over,
who live in
San Francisco.

"Thanks to GLOE, I have met a new group of supportive friends and my life begins again." —72 year old lesbian



A PROGRAM FOR GAY AND LESBIAN ELDERS

Operation Concern is a pioneer mental health agency which has provided counseling services for lesbians, gay men, and their families since 1974. Since 1982, GLOE staff and trained volunteers have extended these efforts to reach the elders in our community.

GLOE is one of the few agencies for lesbian/gay seniors in the country. The GLOE program honors both the sexual/social preference and the advanced ages of its participants. GLOE provides them with the opportunity to create an alternative family network with other seniors and volunteers; a "family of friends".

GLOE can be reached at 626-7000, Mondays thru Fridays, between 9 a.m. and 5 p.m.



SERVICES PROVIDED BY GLOE

DIRECT SERVICES

- **Friendly Visiting**—to homebound and isolated seniors.
- **Support/Rap Groups**—a place to share feelings and interests.
- **Information and Referral**—in housing, health, legal, and other matters.
- **Educational Workshops**—on special issues related to gay/lesbian aging.
- **Social Events**—such as dances, luncheons, open house programs.
- **Activity Groups**—including writing workshops, cooking classes.

COMMUNITY SERVICES

- **Speakers Bureau**—GLOE staff, senior participants and volunteers inform senior service providers about lesbian/gay aging.
 - **Outreach Committee**—explores and implements plans to make GLOE known to all lesbian/gay services.
 - **Options Committee**—discuss/develop options for gay/lesbian senior housing and senior center space.
 - **Publications**—Monthly newsletter and quarterly Workshop Words distributed to agencies and participants.
-

"What a welcome alternative to the traditional senior agency or the bar scene." —68 year old gay man



VOLUNTEERING WITH GLOE

Volunteers are young, middle-aged, and older members of the gay and lesbian communities who give between two and ten hours of service per week for at least a year.

Volunteers provide direct services, outreach, and administrative assistance to enhance the efforts of the GLOE program.

Student interns are especially welcome to participate within GLOE.

Call 626-7000 for additional information.

"Volunteering with GLOE is more about receiving than giving. Older people want to have relationships with us too."
—35 year old volunteer

We know we're doing it right! Here are some of the things clients have said to therapists and group leaders:

"It was either come to this group, or die!"
—A recovering alcoholic

"I can be myself here—I can be gay."
—A gay youth

"This is the only place my family can get help."
—A married gay man

"It's wonderful not to have to lie in therapy any more."
—An older lesbian

"Coming to OC changed my life."
—A disabled lesbian

"It's so good finally to talk to someone who understands me."
—A Third World gay man

"Thank God you're here—I pray every day you will always be here."
—Mother of a gay teenager

OPERATION CONCERN

⌘ Pacific Medical Center

1853 Market Street, San Francisco, CA 94103

(415) 626-7000 v/TTY

⌘ Pacific Medical Center
A United Way Agency
Wheelchair Accessible

OPERATION CONCERN

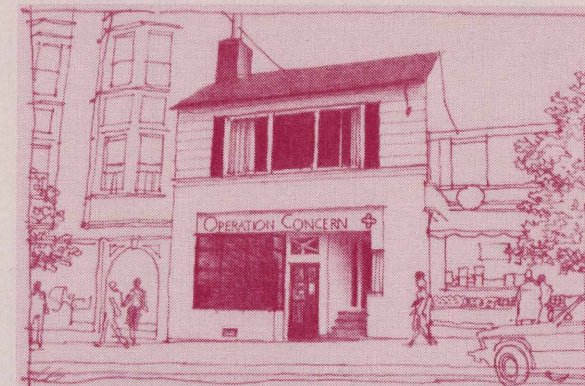


Illustration: Christopher Grubbs

OVER A DECADE OF SERVICE

OPERATION CONCERN is a pioneer mental health agency for lesbians, gay men, and their families. Once operating on a shoestring from a storefront, OC is now housed in handsome new facilities on San Francisco's Market Street near Castro with sixteen full-and part-time staff members serving over 1,500 individuals per year. It has been a United Way Agency since 1979.

SERVING OUR ENTIRE COMMUNITY

OPERATION CONCERN offers individual and group psychotherapy, family therapy, special programs and referrals to promote the emotional and social health of our community. Since the beginning, its aim has been to provide lesbian- and gay-affirmative care free of financial barriers to those traditionally unable to find it elsewhere.

OC provides counseling to individuals, couples, and family groups. Discussion and support groups are formed in response to perceived needs and interests, and have included groups for persons of color, the disabled, those coming out, and lesbians and gay men who are under 21 or over 60.

A SKILLED, RESPONSIVE STAFF

OC's staff is professional and experienced. It is composed of lesbians and gay men among whom are persons of color and disabled persons attuned to the special needs of their communities. The staff is highly trained, including a psychiatrist, licensed psychologists, clinical social workers (LCSW), and marriage, family and child counselors (MFCC). Non-staff members of the OC family include master's and doctoral candidates who intern at OC for their required clinical training. The Staff is supplemented by a committed corps of some twenty-five skilled volunteers who provide counseling services to individuals and groups as well as invaluable administrative aid.

Respected by other health professionals, OC staff frequently present special educational seminars and programs for their peers at other health facilities, for community groups, and for City agencies and personnel. Topics of these programs range from substance abuse to incest, battery and the special challenges presented by multi-cultural clientele.

INSURANCE FOR OUR FUTURE

OC has been there for us when we needed its help. And while providing some of the same services from the first—individual counseling, referrals, groups—its staff also designs programs to meet the changing needs of its client population.

For example, OC has received Department of Public Health funds for a special project to provide support and counsel for persons with AIDS and for gay men who, while not afflicted physically by AIDS symptoms, are emotionally distressed by the epidemic.

The Gay and Lesbian Outreach to Elders (GLOE) program, funded partly by the San Francisco Commission on Aging, aims to serve the estimated 20,000 lesbian and gay men over sixty living in San Francisco with counseling, support groups, referrals, home visits and volunteer assistance, and social opportunities.

Because OC's staff are part of the community they serve, they will be able to create other programs to respond to its special challenges.

HELP OC CONTINUE ITS WORK

OC will be there for our community in the future, if you are here for OC now. Despite County and State program funding, foundation grants, and United Way contributions, OC still largely relies on support from individual donors to make its work possible.

OC needs and welcomes contributions in *any* amount. Regular monthly installment gifts can be made through an automatic checking account deduction program. We welcome inquiries about giving through Wills and Trusts.

YES, I CAN HELP!

- ☐ **Enclosed is my donation of**
☐ \$25 ☐ \$50 ☐ \$75 ☐ \$100
☐ \$_____ (other).
- ☐ **I want to pledge through your automatic deduction program. Please contact me.**
- ☐ **I want to learn more about OC. Please contact me for a meeting with one of your representatives.**
- ☐ **You may use my name as a supporter of OC.**

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Telephone: _____

*Please make your check payable to Operation Concern, Inc.
Mail to:*

OPERATION CONCERN

 Pacific Medical Center

1853 Market Street, San Francisco, CA 94103

OC is an affiliate of the Pacific Medical Center of Presbyterian Hospital. Gifts made to Operation Concern, Inc., a public benefit corporation, are deductible under provisions of the federal and state tax codes.

Operation Concern is partially funded by the Mayor's Office of Housing and Community Development (OHCD/CDBG).

SF Chron. 1/26/88, p. B6
'Operation Concern'
To Get \$300,000

■ Pacific Presbyterian Medical Center's Operation Concern — a multiservice mental health clinic serving the needs of gay men, lesbians and their families — will receive \$300,000 over three years from the James Irvine Foundation to train families of people with AIDS/ARC to care for their loved ones outside a hospital and to provide comprehensive counseling services to all family members.



can
we talk?



W*e've got a real problem, guys.*

AIDS is striking gay men in ever-increasing numbers. Everyone must make his own choices about how to be sexual during this epidemic. The Harvey Milk Gay Democratic Club believes that the gay community must have the best available information in order to make those choices. We don't have to give up sex, but we do have to be careful. Researchers agree that certain factors represent significant risk: 1) sexual activity in which bodily fluids are exchanged, especially blood and semen, and, 2) the more partners with whom sexual activity includes the exchange of bodily fluids, the greater the risk. While there is as yet no laboratory proof of how AIDS is transmitted, these practical suggestions are based on current medical information.



▼
**AVOID THE DIRECT
EXCHANGE OF
BODILY FLUIDS
DURING SEX**

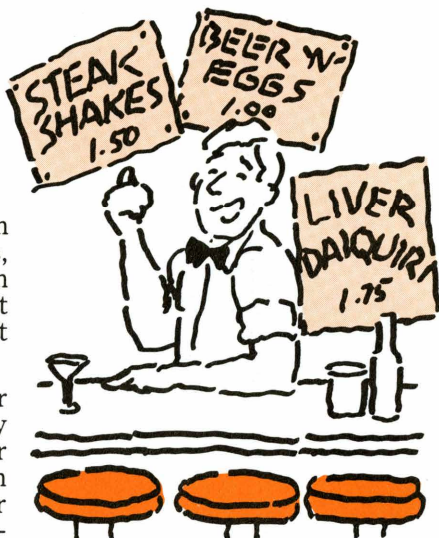


SUCKING

DON'T SWALLOW CUM

BEING SUCKED—If there are no cuts on your penis to be infected by mouth germs, probably no extra precautions need to be taken except to avoid damage done by the teeth. But remember—help protect your partner—don't cum in his mouth.

SUCKING—If there are no cuts on your partner's penis or in your mouth, this activity probably presents minimal risk. Remember that semen is a bodily fluid that may contain germs. Not having your partner cum in your mouth is the best way to minimize your exposure. Not swallowing the cum is the next best. If there is uncertainty about the recent whereabouts of your partner's penis, requesting a shower never hurts.



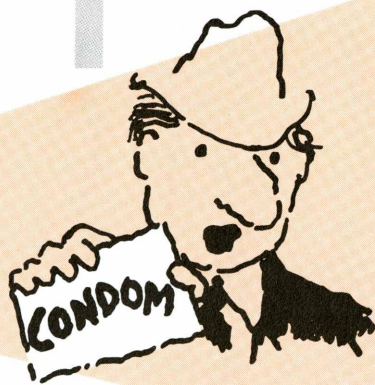
IT'S TIME TO TRY
NEW
PROTEIN DRINKS!

FUCKING

CUM OUTSIDE OR USE A CONDOM

BEING FUCKED—This is a practice for which AIDS correlation has been shown and therefore is high risk. Because the rectal lining can be easily injured during anal intercourse, germs in your partner's semen can enter your bloodstream. The use of condoms would reduce the likelihood of this happening. If a condom is not used, withdrawal prior to cumming would be a next best precaution. In any case, you can reduce your risk of contracting AIDS by cutting down on your number of partners. To further reduce the transmission of germs, don't use spit as a lubricant and only use lubricants from a spigot-like closed container that can't spread fecal germs.

FUCKING—Use of a condom will protect the wearer against many of the sexually transmitted infections. Important—if you don't wear a condom, protect your partner by pulling out before cumming.



STREETS OF SAN FRANCISCO
STAR
KARL MODERN SEZ:
"DON'T LEAVE HOME
WITHOUT IT"



RIMMING

VERY RISKY

The active partner is at risk of swallowing fecal germs. The receptive partner may absorb his partner's saliva into his bloodstream through small cuts in the anal lining. This practice exposes you to many infections and should be avoided if you want to stay healthy.



FISTING

VERY RISKY

Through injury to the rectal tissues, germs may penetrate into the bowel and bloodstream. The inserting partner's hand is also exposed to these germs and, with the tissue injury involved, could be exposed to his partner's blood. This is another practice for which correlation with AIDS has been demonstrated.

WATERSPORTS

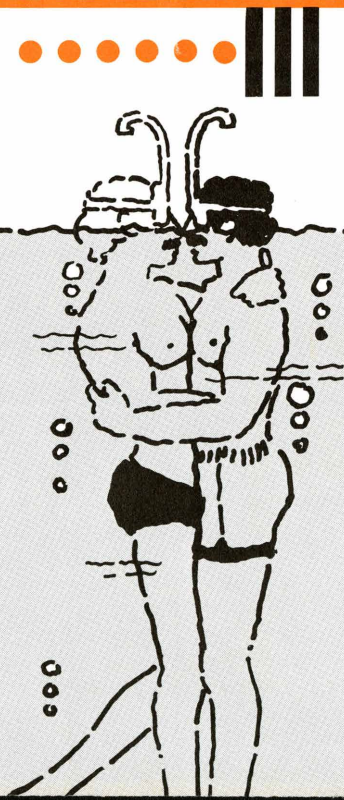
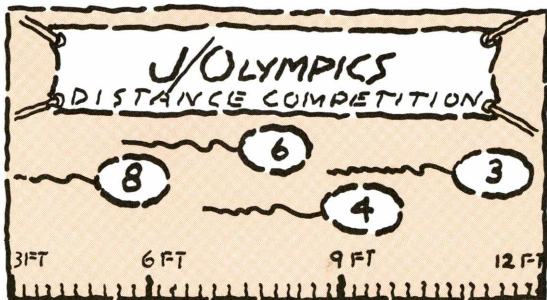
CLOSE YOUR MOUTH

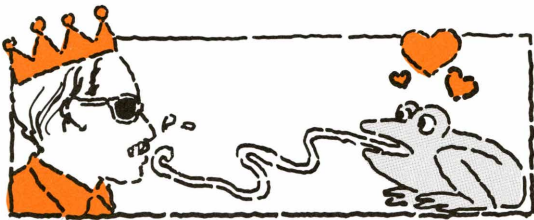
Urine on unbroken skin probably presents little risk, but when it enters your body it becomes the exchange of a bodily fluid.

JACKING OFF

GO FOR IT!

Since no bodily fluids are exchanged, mutual masturbation offers no risks for AIDS transmission.





DEEP KISSING

MINIMAL RISK

If neither person has open cuts or sores of the mouth, lips, or tongue, kissing probably represents little risk.

HUGGING

YES! YES! YES!

BE CREATIVE—Sensual massage, nipple play, verbal games, role playing, toys, cuddling, erotic touching, costumes, brunch, phone sex, mirrors, shopping, uniforms, fantasies use your imagination!!!



Acquired Immune Deficiency Syndrome (AIDS) is a serious crisis affecting everyone, but especially gay men. With this brochure we hope to inform gay men of the range of risky, not-so-risky, and safe sexual practices. These risk reduction suggestions are based on the guidelines developed by Bay Area Physicians for Human Rights, a gay-identified organization of health professionals. More detailed information may be obtained from the sources listed below.

In this time of crisis, it is essential that we reexamine our ways of sexual expression. The issue is not a moral one, but a practical one. We have fought for our freedom and intend to continue that fight, but this struggle is even more basic. We are fighting for our lives. We must not deny our sexuality, but we must be sexual in ways that will not put us in greater danger of contracting this life-threatening disease. One of the greatest expressions of gay pride is our love for ourselves and our brothers. That love can best be shown by our taking the appropriate health precautions presented in this brochure and by supporting each other through these difficult times.

THERE IS SOMETHING YOU CAN DO ABOUT AIDS.

You can learn to protect your health with this brochure. You can also join and support local organizations in demanding that the institutions responsible for our health protect us as fully as they protected American Legionnaires. As gay people, we too have a right to quality health care. We refuse to die as a result of homophobic governmental neglect. This crisis will end only when we exercise the political strength we have built over the years. The Harvey Milk Gay Democratic Club has fought for public health information and lobbied effectively for the local, state, and federal funds so necessary to end this epidemic.

—AIDS Education and Information Committee,
Harvey Milk Gay Democratic Club

This brochure was developed by the AIDS Education and Information Committee of the Harvey Milk Gay Democratic Club with information from Bay Area Physicians for Human Rights (BAPHR). While we have tried to reflect BAPHR's position accurately, we bear sole responsibility for the content of this brochure. The Harvey Milk Gay Democratic Club meets the fourth Tuesday of every month in the Women's Building (18th Street between Valencia and Guerrero) at 7:30 pm. Everyone is welcome.

Thanks to: Art Mainar, Jim Rivaldo, Dick Pabich, Marc Virga, John Mehring, Jon Hussey, Bill Kraus, and Catherine Cusic. ©1983 by the Harvey Milk Gay Democratic Club. For reprint requests, write: P.O. Box 14368, San Francisco, CA 94114.

FOR FURTHER INFORMATION ON AIDS CONTACT:

AIDS/KS Foundation 864-4376
Shanti Project 558-9644
Public Health Center 1 (AIDS screening
by appointment 558-3095
Public Health Center 2 558-2891
Operation Concern (counseling
available) 626-7000
Bay Area Physicians for Human Rights
(referral to gay-sensitive
private physicians) 673-3189

send Jane Zanes
paper

Operation Concern 4/23/86

How AIDS ^{is impacting} on Operation Concern?

1. people recently diagnosed w/ AIDS, ARC,
HTLV-III + -- ^{new AIDS inquiries} 5/week 3/week
2. bereavement issues -- loss of friend, lover,
loss of sexuality, loss of sexual freedom
3. group for sexual
compulsive men 1/week
4. needs assessment for other
special groups?
bereavement?
HTLV-III + ?
5. ^{AIDS} crises/waiting list/how to
accommodate
6. training site for interns
pre/post doc
New College, SF, California School
of Psychiatry
Wright
7. more training for other
professionals
AIDS phobia
homophobia
countertransference
team approach
8. direct provider
of services under contract

training tapes/

9. videos - 3rd world people

do not respond to 8-week

10. schools / AIDS education

11. CE / licensure / mandatory training
changing test

Board of Behavioral Examiners

Consumer Affairs

12. ARC - manuals - stress groups

drop-in group - "warmed up"

13. ARC - closed

drop-in

medical
orientation

14. special group for seropositive

15. drop-in groups attached
to antibody test

16. nc of people taking test

17. follow up / evaluation

18. psychosocial impact of + test

19. burnout / p
for persons

20. source / provider procedures

21. 9 intakes / week

5 information ref

1-2 crisis consult

ARC 3 groups / week 35 people

Bill Intell
clinical
social
work

Bill used
psych
25 hours
15

CC

unrel

will

22. stress management
23. ARC pamphlet
24. training mental health professionals



25. outreach to private practitioners
26. AIDS Health Project

27. ^{psych interns}
grant to train health professionals

28. where to train?

hospitals

-- MDs

-- RNs

-- CT

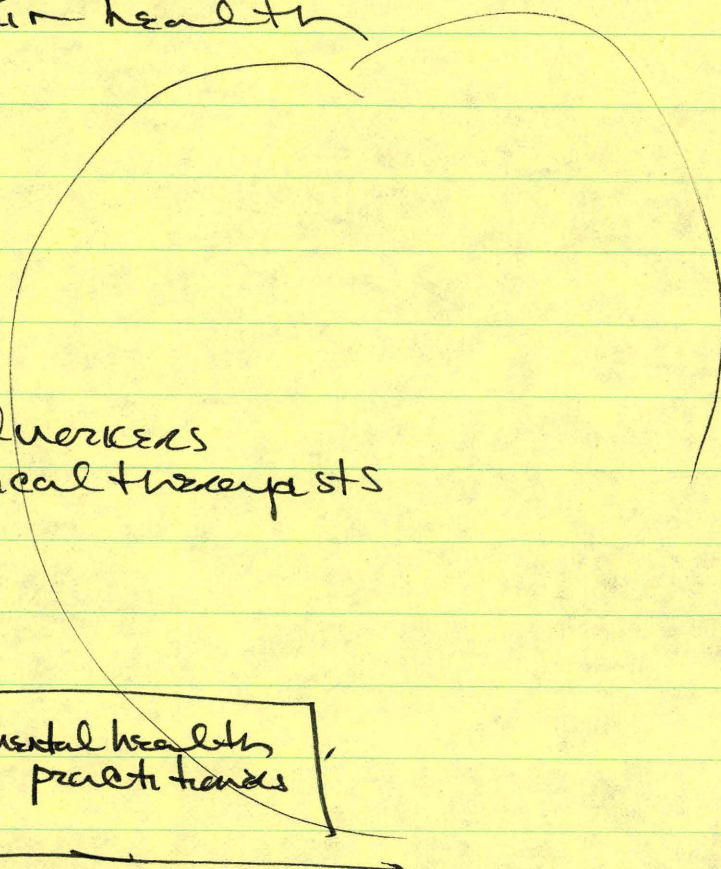
-- social workers

social service agencies

-- physical therapists

private practitioners

mental health practitioners



29. service area needs

1/3 ARC are in recovery from substance
1/3 AIDS patients substance abusers

neuropathy

30. neurological impairment

Circle Merged Operation Concern 3/21/86

1. Meeting the Need requests for information
~~IS~~ 15 DPHs in Florida

contract for \$44,000 DPH
hire 1 FTE to provide
ARCS information ~~and~~
education in SF

AIDS/ARCS education

part of

support

stress management
nutritional

AIDS
Activity
Office

AIDS Health
Project

youth
antibody test
according to
community
activities
youth
mental health
training of
professionals

Referral

Referral

select
services

CPC
components

- 1 Outpatient
- 2 ~~say~~ psychotropic
services
social services
funded by
visitors
to home and
3 drug & alcohol
4 AIDS/ARC
5 people IFE
6 disability
7 families

2 Education & training (SF)

where to go to get information

oldest long-standing

training health professionals
to deal w/ AIDS -- gap

training opportunities
printed brochure
paid staff / volunteers
5 FTE clinicians 50
25

perception
basic
questions
about
AIDS

gen'l pop
needed
well

info

(1)

providers
county
health
depts

education &
training

(2)

general informat

program
development
political
questions
advisory
question

TA

(3)

4. 1 Calif. farmer communities
Sacramento

out of Bay Area
counties } smaller
communities

sometimes

Boston } education & training

New York } education & training

Maine } Vermont

15 Health

Depts

IN FLORIDA

can use tax } because

cost +

Chicago Resource

Foundation

Vanguard Foundation

House Milk
Club

information

start up

reprinted frc, acc

f. g. information

education & training
technical
assistance

inc priority
re funding

private entrepreneurs,
volunteer

9. How much bite

is taken by
requests from ^{not a lot}
catch team?

10. ^{agency} dealing with sources
dealing with AIDS
ARCS

multiple functions
service / in / ed / TA

agencies working as
models

in delivery
systems

hire of consultant / volunteer
coordinator staff staff
mental health

few
conferences,
participatory
professionals
in gay men
& AIDS

barwick / UCSF
AIDS

Health
Project

11. access to health
professionals / how to's / public service
content / private
sector

12. No / increasing #
for service components

It's important
might add as
a component.

Biggest problem
\$50,000
\$80,000 deficit
\$200,000

PMC Board

raising client fees

revitalize community
support

a little bit from
a lot of places

Gaps

- (1) not good public education for general
education
no billboards
- (2) mental health & AIDS
State DMH RFP
educational ~~for~~ mental health
statewide needs assessment
UESF/AIDS Health
Project
- (3) mental health
provision of professional
direct services
to PW/A/ARCS
family -
- (4) retraining of mental
health professionals

[Handwritten scribbles and signatures]

A GOOD TIME VALENTINE
by Romeo L'Heureux

I am very happy to report that our GLOE Men's Valentines Party, held at Francis of Assisi Community Center on Sunday, February 9th, was in every way a most "Heartwarming" success. The more than one-hundred in attendance all had a most wonderful time. The food, drinks, door and raffle prizes were really something else! Many thanks to our own George Birimisa and to the many supporting merchants who contributed so generously. And a special thanks to Tim Greene, the new co-coordinator of GLOE, and to all the volunteers who worked to make the day so entertaining.

The afternoon was fun, and even the weather contributed to provide us with a warm and sunny environment. The hall was beautiful, and I haven't seen such lovely gardens since my last trip to Filoli in Woodside.

The handsome Western Star Dancers performed beautifully. I had a great time learning some of the more simple calls of square dancing, even if I did not know my right from my left. But somehow it all turned out ok, even if one ended up with a different partner. Made no difference anyway, since all were so goodlooking!

Our special make-yourself-a-valentine table proved to be a lot of fun. I received lots and lots of compliments for mine during the afternoon as well as in the evening, when I attended the Dignity mass. Why wouldn't it be fun, with all those pearls, rhinestones, ribbons, candy hearts, and what nots! I felt like a real Rhinestone Cowboy ...only better. And know why? Because I was sharing the afternoon with people I love and who I know love me. And that, in a nutshell, is what GLOE is all about - don't you agree?

Retired experienced carpenter wanted to partner with same in rebuilding exterior stairway (approximately one week's work). Hours flexible - salary provided. Call Bob Gilmore at 431-8745.



Letter from Brooklyn
An excerpt from a letter sent to Ray Gaddis by a friend in the East:
Dear Ray: Just a short note across the miles to thank you most sincerely for your...hospitality to (us) during our stay in San Francisco... (We) were invited by George Birimisa to a Rap Session of G.L.O.E. It, too, was a most rewarding experience. We found a group of supportive, kind, and appreciative older gays. If you have not already taken advantage of their meetings, I know you'll find a different kind of atmosphere with them...Love, Irwin

Men's Rap Group Plans Its March Trip
by Jack Abraham

On Thursday, March 20, the Men's Group will visit one of the most acclaimed areas of San Francisco - Coit Tower - followed by a walk down the steps of Grace Marchant Garden and along colorful cottages from the 1880's on Filbert St. The walk will end at beautiful new Levi Strauss Plaza on Battery St.

We will start by meeting for lunch at Carlene's of Maui (1237 Polk St.) at 12:30. Then we'll take the Polk St. bus to the #39 bus, which will take us right up to the Tower, followed by a short and leisurely walk down the steps.

If you plan to go, please phone George Birimisa at 431-6254 so that he will know how many reservations to make for lunch. Or, you can simply join the Group at 1:45 outside Carlene's for the trip to the Tower. The cost for the day will be lunch at Carlene's (optional), city bus fare (75¢), and \$1.50 elevator fare if you want to ride to the top of Coit Tower. See you all there for the monthly outing.

Happy Saint
Patrick's Day!



OPERATION CONCERN, 1853 Market St., San Francisco, CA 94103.
(415) 626-7000. Gay & Lesbian Outreach to Elders (GLOE).
MARCH, 1986

All seniors are welcome to participate in any events listed in this GLOE publication.

FROM THE GLOE OFFICE
-Tim Greene, Coordinator

Flying in the eagle's beak on the back of every dollar bill is a familial American motto - E PLURIBUS UNUM or OUT OF MANY, ONE. During the course of the gathering year, this motto can be useful to us in thinking about our relationship to one another as women and men in the GLOE Program.

Out of many we have indeed come - out of many closets, cultures, and families. As members of the gay or lesbian community, we are particularly aware of the legitimate plurality and richness of human sexual interaction, and one of our on-going roles is to enrich and empower the wider world with awareness of its own potential for broader sexual expression.

As members of this Program, we come from our several pluralities into a single identity called GLOE, wherein we experience the unity of our common goals and aspirations. Our single purpose is outreach to one another as elders. Our common goal is contributing to the work of gay and lesbian awareness in the larger world. We love celebrating our freedom by gathering as lesbians or gay men and experiencing our identity in the sanctuary of persons of our own sex. We also benefit by supporting the interaction of women and men within GLOE and by receiving love from one another across the seeming chasm of our sexual and political differences.

These thoughts were passing through my mind as I attended the Potluck Luncheon last Saturday. The atmosphere there was one of affection and friendly sharing between lesbian and gay seniors and friends. I was touched by this "reaching out" to one another in recognition that "we're all in this together," and I look forward to further times for similar sharing throughout the coming seasons.

* * * * *

For March, ladies and gentlemen of GLOE, the Office wishes you a very happy St. Patrick's Day and a prosperous beginning of Spring!

CALENDAR OF EVENTS

Some highlights in the Newsletter this month. Susan Monteleone's yoga class promises to be a great opportunity to focus on healthful stretching activities. The Senior Resources Fair at Grace Cathedral will be a lot of fun besides providing all kinds of information. (GLOE is having a table there.) And the annual NALGG and ASA Conferences are major events of the year.



MARCH 1986

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APRIL 1986

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Sun, MAR 2 / Sun, MAR 16

G 40 PLUS

G40+ is a social organization of gay people over 40 years of age. No fee, everyone is welcome.

2:00 - 4:00 p.m., at First Unitarian Church, 1187 Franklin at Geary, San Francisco

Mon, MAR 3

Friendly Visitors Support Group

On-going sharing, instruction, and support for persons in the Friendly Visitors Program.

7:00 - 8:30 p.m., at Operation Concern (2nd floor), 1853 Market St., San Francisco

Thurs, MAR 13 / Thurs, MAR 27

Men's Rap Group

Bi-weekly men's rap sessions.

2:45 p.m., at 711 Eddy St., San Francisco (between Polk and Van Ness, in Friendship Room just off street)

Mon, MAR 17

GLOE Advisory Committee Meeting

Members of GLOE are invited.

12:30 - 2:30 p.m., at Francis of Assisi Community Center, 145 Guerrero St., San Francisco

Mon, MAR 17

Men's Support Group

Dealing with issues common to older gay men.

7:00 - 8:30 p.m., at Operation Concern (2nd floor), 1853 Market St., San Francisco

Tues, MAR 18

Hatha Yoga I For Seniors

Gentle approach...integrating hatha postures, deep relaxation, breathing practices, and meditation. Instructor is Susan Monteleone, who has completed Teacher's Training at the Integral Yoga Institute in San Francisco. Senior women and men are welcome.

3:00 - 4:30 p.m., at the Noe Valley Ministry, 1021 Sanchez St. (near 23rd St.), San Francisco. Classes will be held every Tuesday for six weeks. Cost is \$12.00 for the entire course. Please pre-register ASAP, be calling Elaine Porter at GLOE (626-7000).

Wed, MAR 19

Senior Resources Information Fair

Find out about the many Bay Area Agencies that assist Senior Citizens and their families with situations/problems confronting seniors daily: medical, legal, housing, insurance, consumer information, Hospice, ... Co-sponsored by Senior Resources and KRON-TV. No reservations required. Call 626-1638 for transportation info. Wheelchair accessible.

GLOE Members: Would you like to assist at the GLOE table during the Senior Resources Fair? Call Tim Greene at 626-7000. We need volunteers to talk about our Programs.

10:00 - 4:00 p.m., at Grace Cathedral's Gresham Hall, 1011 Taylor Street (top of Nob Hill), San Francisco

Thurs, MAR 20

Men's Outing to Coit Tower

An opportunity for local travel with the fast-paced men of GLOE. See details under ALL AGLOE, page Four.

Sun, MAR 23

NALGG Annual Conference

The National Association For Lesbian and Gay Gerontology will hold its annual conference in San Francisco as a prelude to the ASA National Conference (see below). The program will include a variety of workshops on issues relating to Lesbian and Gay Seniors. Phyllis Lyon and Del Martin will be the keynote speakers. For more information, call the GLOE Office.

1:00 - 6:30 p.m., at First Congregational Church, cr. of Post and Mason (downstairs), San Francisco. Fee is \$15 for participants, \$5 for seniors and students.

Sun, MAR 23 thru Wed, MAR 26

ASA 32nd Annual Meeting

The American Society on Aging is meeting in San Francisco this year under the theme "Aging: A Celebration of Life? The Paradox of Living Together." Information is available through the GLOE Office.

Sun, MAR 30

Women's Tea Dance

Ever-popular social event.

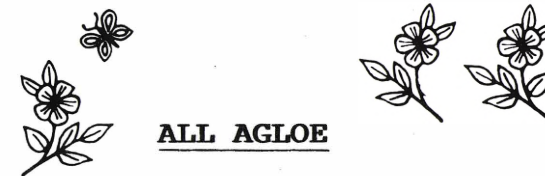
2:00 - 5:00 p.m., at SF Home Health Services, 225-30th St., San Francisco

Saturdays in MARCH

Women's Writers' Workshop

Weekly meetings under the guidance of George Birimisa.

Every Saturday Noon, at Operation Concern, 1853 Market St., San Francisco.



ALL AGLOE

Potluck and Pages

by the Phantom Reviewer

Laughter, tears, smiles, wistful memories...These were some of the reactions to the outstanding readings delivered at the Potluck Luncheon on Saturday afternoon, 2/22, held at San Francisco Home Health Services. The Women's Writers Workshop, under the expert direction of George Birimisa, gathered with many friends and supporters of GLOE for a delicious buffet/potluck luncheon, followed by readings and dramatic presentations from their writings. The potluck was a small feast - casseroles, beautifully displayed fruit trays, breads, salads, meats, and desserts. It was difficult not to go back for thirds. When we gathered to hear the readings, the 20 women and 7 men attending were in high spirits, and our expectations were fully met by what followed.

Elena Howard read from "Another Shot" and "Stella." Elena's writing style is cool, articulate, and vividly descriptive of the pain and humor of relationships. I especially liked the tenderness in "Stella," a work-still-in-progress. Robin Alpenglow showed a flair for dramatic contrast and surprise. Her skits, "You've Come A Long Way, Baby" (performed with George Birimisa), "Strange Weather" (performed with Frances Lorraine), and "Mirror Image", revealed the anger, drama, and humor

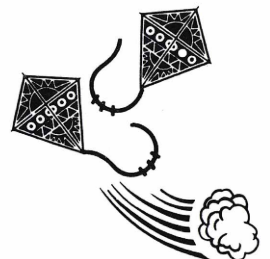
of women's struggles with male aggression and with women relating to one another, especially in the context of younger/older encounters.

Janny Mac Harg's reading from "The Story of Jo - Part I" displayed a scandalously funny and touching look, from a lesbian perspective, at a family's growing up together. Janny later "wowed" the audience with three songs from her show at Valencia Rose. She accompanied herself at the piano, singing "Ageing Is Not For Sissies," "We're Gonna Be Free," and, by popular demand, "I'm Old."

M. B. Lyon read from three of her works. "On the Patio" and "Hopeful" centered around relationships unravelling and becoming new again. Her short piece titled "Mother" was a lovely and winsome recollection of Mother in her youthful beauty, dressed up for a special occasion. On this same theme, Rusty Brown, whose piece "Letter to My Mother" was read by Robin Alpenglow, wrote a beautiful letter full of longing for understanding and love between an older woman and her mother long gone.

Frances Lorraine's work displayed a wide palette of colors and interests. "Gay Encounter", performed as a skit by Frances and Dick Clayton, explored the bitchy stereotypes of exchange between lesbians and gay men. "Pick-up at Civic Center" was a sensitive description of erotic feelings growing out of a sudden encounter. And "Dancing in the Sunset", a skit with Frances and Robin, gave us a surprise ending, when a very "now" young straight woman, whose vocabulary is "awesome", is shocked by an older woman who is about to have a date with another woman.

The total effect of this wonderful afternoon was of women celebrating by showing off their talent and hard work. I for one hope there are more of these events lined up for the future. But I can't imagine how future ones could top the success of this fine afternoon of readings, skits, songs, and love.



OPERATION CONCERN

1853 Market St., San Francisco, CA 94103 626-7000 v/TTY

OUTLINE FOR OPERATION RECOVERY

OPERATION Recovery - outpatient treatment for gay men who abuse alcohol.

INTAKE

Each client will go through an intake which is conducted by the Operation Recovery Program Coordinator. The intake is a time to identify issues you are dealing with and problems you are up against due to your substance abuse problem(s). We also review your family, substance abuse and mental health history at this initial meeting.

INDIVIDUAL SESSIONS

During the Drop-In Group and the Information and Education Series (I & E), clients are in individual sessions with a counselor to help maintain your sobriety, deal with day-to-day issues that arise as you clean-up and to give you support and guidance in your recovery.

INFORMATION AND EDUCATION SERIES

This is a series of sessions that meets for six (6) weeks one night per week for two hours. This group develops a close support group of 8-10 members who will go on into more intensive treatment. Guest speakers, films, readings and education regarding substance abuse are emphasized in this series. Issues highlighted will spark discussion that will take place in the group, be further discussed in individual sessions and in the Phase Groups I and II.

PHASE I GROUP

Phase I Groups are closed when the group has eight (8) members. Although education continues to be incorporated into the group process, emphasis is focused upon maintaining sobriety, developing a support system and generally finding more healthy ways of living, having fun and surviving. Phase I meets two days a week, three hours a night and runs for three (3) months, twelve (12) weeks. Along with the two groups per week, the group is expected to do an outside activity together once a week which might be going to an AA, NA, ALANON meeting, bowling, picnic, etc. Also, the group is expected to set-up a phone calling support system with one another.

PHASE II GROUP

Phase II moves the group into a more intensive phase of treatment, where the issues have been identified for each of the group members and a more confrontive, yet supportive approach is utilized within the group to support the individual's recovery process. The focus is again placed upon the individual to make things happen for themselves and put their support systems into full use. The Phase II Group meets once a week, three hours a night and runs for three (3) months, twelve (12) weeks. At the end of Phase II there is a graduation party where clients are able to share food and their experiences of the group in a half-day outing experience.

In total, with participation in this program, a client will have between seven and nine months sobriety and will be encouraged to continue their work in AA, NA or ALANON. We refer clients to continuing mental health treatment if this is desired.



Pacific Medical Center



A United Way Agency

SCHEDULE OF UP-COMING GROUPS

DROP-IN GROUP

On-going on Tuesday evening from 6:00 p.m. - 7:30 p.m. Clients can drop-in, call in advance for an intake and attend the group or simply call for information.

CO-DEPENDENCE GROUP FOR GAY MEN

On-going until group formalizes. If you have a lover, friend or significant other who has problems with alcohol/drugs - come get support Saturdays from 10:00 a.m. - 1:00 p.m.

I & E SERIES

I & E Series #3 begins November 6, 1985 and runs through December 11, 1985 from 7:00 p.m. - 9:00 p.m. I & E Series #4 begins January 8, 1986 and runs through February 12, 1986 from 7:00 p.m. - 9:00 p.m. and meets on Wednesday evenings.

PHASE GROUPS

Phase I #3 will begin following I & E #3 and will be on Monday and Wednesday evenings from 7:00 p.m. - 10:00 p.m. This group will begin Monday, December 16, 1985.

Phase I #4 will begin following I & E #4 and will be on Tuesday and Thursday evenings from 7:00 p.m. - 10:00 p.m. This group will begin Tuesday, February 18, 1986.

All of the above groups operate on a modest sliding fee scale. For information call:

RON PETERSEN, Program Coordinator 626-7000

or

(after 5:00 p.m.)

Rama Barnwell, Admitting Clerk 626-7000