

Go to Medical Science Bldg.

To the right, as you face it on

Parnassus is the Old Clinic Bldg.

Take elevator to 4TH fl.

Rm C417

Rec'd 1-21-80

January 17, 1980

TO: Professor Selma H. Fraiberg
7E3-Psychiatry
San Francisco General Hospital

FR: Anne Church *AC*
Assistant Clinical Professor

RE: Class to Pediatric Nurse Practitioner Graduate Students on:
"Assessment and Treatment Issues in a Failure-to-Thrive
Infant and Her Adolescent Mother" January 30, 1980 C417
(Note room change) 8-10a.m.

As per our phone call, I have ordered a videocassette machine for 3/4 inch with pause button. Also, after discussion with students, I was surprised to know that four (out of fourteen) attended your talk at the AAP meeting. I believe this knowledge will enhance the discussion.

I have enclosed the syllabus and bibliography for the course. I am preparing an additional reading list to be handed out Jan. 23 and would be happy to include any suggested articles. If there is anything more I can do to assist you, please let me know. We are all very pleased that you're sharing your time and knowledge with us. Please feel free to join us for cake and coffee at the conclusion of your talk.

AC:cf
enclosure

UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
SCHOOL OF NURSING
DEPARTMENT OF FAMILY HEALTH CARE NURSING

*See P.
10 & 11 for
class schedule*

N255.02 Child Health Maintenance (2-3)
Winter Quarter 1980

TIME: WEDNESDAY 8-10 A.M. (LECTURE)
WEDNESDAY 10:30-12 Noon (SEMINAR)

NOTE: First class will be
January 2, 1980 9-12 Noon.

ROOM:

C417

FACULTY: ANNE CHURCH, Assistant Clinical Professor

DESCRIPTION:

Provides exploration of theories, concepts, and knowledge for comprehensive child health maintenance, encompassing prevention and promotion. Emphasis placed upon parents as participants in assessment, decision-making and management of common health problems and normal developmental stresses in infancy and childhood.

COURSE OBJECTIVES: To assist students:

1. To acquire knowledge base for provision of primary care services, including common health concerns in infancy, childhood and adolescence.
2. To explore factors that affect the promotion of child health care as appropriate to children and families.
3. To incorporate pertinent research findings in primary health care as appropriate to children and families.
4. To identify and utilize family strength in cooperative management of normal developmental stresses in infancy and childhood.
5. To formulate flexible and comprehensive approaches in child health maintenance in collaboration with physicians and other health care professionals.

LECTURE CLASSES:

Students are expected to prepare for classes according to the class schedule and to actively participate. Reading lists for each class will be provided. A critique on one article per week is required. Include: citation, summary, critique and application.

SEMINARS:

1. The topics for seminar discussion represent the most common areas of concern for most parents during early childrearing.
2. Students will be responsible for conducting the seminars. Each PNP student will select one topic and lead the discussion for that seminar.
3. Although students may select their own style of presentation and discussion, the following guidelines are presented in order to focus on essential content.
4. Guidelines: with regard to each topic,
 - a. what are the most common questions and concerns raised by parents?
 - b. what developmental stages, tasks, and behaviors are related to the topic?
 - c. what are reasonable approaches to assessment and management?

GRADING SYSTEM:

Class and seminar participation	5%
Seminar presentation	20%
Study guide, bibliography, critiques, and philosophy paper	25%
Final examination	50%

TEXTS:

Chinn, Peggy L. Child Health Maintenance, 2nd Edition, St. Louis, The C.V. Mosby Co., 1979.

Chow, Marilyn P. and others, Pediatric Primary Care, N.Y., John Wiley & Sons, 1979.

Preparation for First Class-January 2, 1980; 9-12 Noon

1. Read Chinn: Ch. 1 and 3
2. Review Chow: Ch. 1, 15-25
3. Read: Dunbar, D.E. and B.A. Durand, "The Role of the Nurse in Primary Child Health Care," in Nursing Care of Children by Waechter and Blake 9th Ed. N.Y.: J.B. Lippincott Co. 1976, pp. 10-47.
4. Complete Study Guide concurrent with above reading. Due: January 2, 1980.
5. Critique one article from: "What is Health Maintenance?" Bibliography (attached) Due: January 2, 1980. NOTE: This reading list (books scanned, articles read) should be completed before the Final Exam. Final Exam questions will be taken from this information as well as from in class.

Study Guide for
"The Role of the Nurse in Primary Child Health Care"
by Doris Dunbar and Barbara Durand

DEFINE:

Health

Infant Mortality Rate

Epidemiology

Disease

Secondary Response to Immunization

Adjuvant

Primary Health Care Services

Anticipatory Guidance

Lysaught Report

Wilma Scott Heide

MATCHING: (one-to-one)

- | | |
|-----------------------------|---|
| _____ 1. Smallpox | A. Given in endemic areas of U.S. or for travel abroad. |
| _____ 2. Rubella | B. Not given after age 6 nor if seizure-prone. |
| _____ 3. Typhoid Fever | C. Jenner |
| _____ 4. Pertussis Vaccine | D. Hemagglutination-inhibition |
| _____ 5. Vaccines Available | E. Typhus, Rocky Mountain Spotted Fever, and Rabies |

TRUE-FALSE

- T F 1. It was not until 1933 that all the United States required registration of births.
- T F 2. 40-50% of infant deaths take place during the first day of life, and nearly 75% occur before the age of one month.
- T F 3. Newborn deaths are not classified by gestational age.
- T F 4. 70% of deaths in the 15-19 year old age group are related to social and environmental factors rather than to purely biologic processes.
- T F 5. Febrile Convulsions are more likely to occur when a temperature is rising or falling rapidly.
- T F 6. Studies have shown similar antibody titers in both bottle-fed and breast-fed infants, so it is no longer necessary to withhold breast-feeding before or after administration of the vaccine.
- T F 7. One out of three preschool children in the U.S. is inadequately immunized, per statistics from the U.S. Center for Disease Control.
- T F 8. In primary care the individual strengths of each patient are acknowledged. Emphasis is placed on assisting families to use their strengths in adapting to normal stresses or crisis situations encountered during the continuum of child bearing and child rearing. The child and the family are viewed as participants and responsible decision makers in their own care.
- T F 9. From a developmental standpoint, the 1950's could be viewed as nursing's initial attempts to move away from its previous subservience to the medical profession.
- T F 10. The National Joint Practice Commission has indicated: "Should certification of any group within one profession be deemed necessary, the process should be accomplished by the profession."

FILL-IN:

1. _____, _____ disorders, and problems related to _____ and _____ consume the bulk of pediatric care.

2. IMMUNIZATION

AGE GIVEN

DPT/OPV #1

DPT/OPV #2

DPT/OPV #3

Tine Test #1

MMR

DPT/OPT Booster #1

Tine Test #2

DPT/OPV Booster #2

dT #1

3. For every disease there is a complex pattern of interrelationships that begin in the environment before the individual is affected, proceed to the response of the individual when attacked and lead to changes in the individual such as: _____, _____, _____, or _____.
4. With Schwarz and Attenuvax further attenuated live measles virus vaccine, a mild, noncommunicable infection with fever and faint rash is seen _____ to _____ days after vaccination _____ to _____ percent of children.
5. An MMR is administered _____.
6. On p. _____ of Waechter and Blake is the table of "Primary Immunization for Children Not immunized in infancy."
7. In the U.S. there has not been a documented case of smallpox since _____, yet since then there have been _____ deaths as a direct result of smallpox vaccination.
8. _____ serum is desirable for protection of unimmunized infants who are exposed to whooping cough.
9. The quote - "The registered nurse is directly accountable and responsible to the individual consumer for the quality of nursing care rendered." Is from the _____ State Practice Act - 1973.

MULTIPLE CHOICE:

1. Primary health care characteristics may include:
- A. Majority care/maintenance of health
 - B. Nonintensive
 - C. Low specialization/management of symptoms and appropriate referrals
 - D. Entry-point care/evaluation
 - E. Point of continuity
 - F. C and D
 - G. B and C
 - H. All of the Above

2. Concepts of epidemiology may include:

- A. Multiple causation
- B. Natural history
- C. Course of illness
- D. Specific preventative measures
- E. Specific protective measures
- F. C, D, and E
- G. All except A
- H. All of the Above

3. The nurse involved in an immunization program should have knowledge of:

- A. The infections process
- B. The basic concepts of immunology, including the antigen-antibody reaction
- C. The different types of natural and acquired immunity
- D. The specific diseases for which there are immunizing agents
- E. The population at risk to these diseases
- F. The mechanics of implementation of immunization procedures including
- G. All except E
- H. All of the above

4. In 1973, only the following countries were endemic for smallpox:

- A. India
- B. Pakistan
- C. Bangladesh
- D. Ethiopia
- E. All except D
- F. All of the above

5. Problem-oriented charting includes:

- A. Data Base
- B. Problem List
- C. Initial Plan
- D. Progress Notes
- E. All of the above

ESSAY:

1. Briefly discuss the content in the book Future Shock by Alvin Toffler.
2. Name 10 sociological patterns that have been rapidly changing during the last decade.

3. On p. 12 there is a statement by the WCHEN. What implications do you think this statement has upon professional nursing?

4. Name 10 specific preventive measures against disease.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

5. Name specific protective measures against disease.

- 1.
- 2.

6. Name 4 possible reactions to DPT injection.

- 1.
- 2.
- 3.
- 4.

7. Nationwide the mortality rate for nonwhite infants continues to be roughly 80% higher than the rate for white infants. What is the major factor influencing this difference?

8. Name 6 causes of infant mortality.

- | | |
|----|----|
| 1. | 4. |
| 2. | 5. |
| 3. | 6. |

9. Name 7 causes of child mortality.

- | | |
|----|----|
| 1. | 5. |
| 2. | 6. |
| 3. | 7. |
| 4. | |

10. Identify differences between adult and children's diseases in regard to:

Handicapping Conditions:

Nutritional Abnormalities:

Infectious Diseases:

Accidents and Poisoning:

Neoplasms:

Surgical Procedures:

Psychological Disorders:

Symptoms of Illness:

Physical Effects of Illness:

11. Briefly discuss the epidemiology of lead poisoning.
12. Why are smallpox vaccinations no longer given routinely in the United States?
13. Name 6 contraindications to use of attenuated live-virus vaccines.
- 1.
 - 2.
 - 3.
 - 4.
 - 5.
 - 6.
14. Why is measles vaccine given after 1 year of age?
15. How does gamma globulin work? When is it given?
16. Name 2 reasons why a tine test should precede an MMR?
- 1.
 - 2.
17. When is tetanus antitoxin given?

18. Name the 9 components of skilled health supervision.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.

19. Periodic health appraisal includes:

- 1.
- 2.
- 3.

20. Name 7 assessment tools used in the evaluation of child development

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

21. Nadelson has suggested 15 "signal" areas to be aware of in the pregnant family. Name them:

- | | |
|-----|-----|
| 1. | 11. |
| 2. | 12. |
| 3. | 13. |
| 4. | 14. |
| 5. | 15. |
| 6. | |
| 7. | |
| 8. | |
| 9. | |
| 10. | |

22. Identify and briefly explain Porter's 3 levels of Maladaptive (Parental) Behavior:

I.

II.

III.

23. How does Lois Murphy (The Widening World of Childhood) define "coping"?
24. Name the 7 specific organizational goals for the future as outlined by the National Joint Practice Commission.

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SAN FRANCISCO

Child Health Maintenance Class Schedule

Date	Lecture Speaker 8-10 a.m.	Assignments and Suggested Chapter Readings from Chow and Chinn	Student Seminar 10:30-12N
Jan. 2	9-12N Health Maintenance Anne Church	See: Preparation for First Class	
Jan. 9	8-9:30 a.m. Physical Growth and Development Dr. Phillips	Chow: 3-5, 27	
	10-12N "Historical, Social and Political Ramifications of PNP Role Development" Panel Discussion. Marilyn Chow, Doris Dunbar, Betty Highley, Marion Mills, Dr. Phillips		
Jan. 16	Immunizations Anne Church	Chow: 2, 28 Chinn: 2, 4-9	Sleep Problems
Jan. 23	Dental Care in Children Dr. Raymond Braham Asst. Prof. Pedodontics Dept. of Growth and Development	Chow: 6, 7	Common Feeding Problems

Date	Lecture Speaker	Assignments and Suggested Chapter Readings from Chow and Chinn	Student Seminar
Jan. 30	Detecting Emotional Disorders/Understanding and Promoting Mental Health through Childhood "Assessment and Treatment Issues in a Failure-to-Thrive Infant and Her Adolescent Mother" Professor Selma Fraiberg	<u>The Magic Years</u> Chow: 12 Chinn: 10, 20 <i>see below.</i>	Toilet Training
Feb. 6	Hearing Evaluation Dr. Richard M. Flower Professor and Vice Chairman Otolaryngology	Chow: 8, 9	Accident Prevention/ Safety
Feb. 13	<u>Student Seminar</u> School Readiness/ Impact of School	Chow: 26 Chinn: 12, 13, 19	<u>Lecture Speaker:</u> Speech and Language Evaluation Carol Freidenberg Speech Pathologist
Feb. 20	Family Planning Kathy Patterson, MNP	Chow: 11	Sex Education
Feb. 27	Adolescent Health Maintenance Rayetta Krall, SNP	Chow: 10 Chinn: 14, 15	Discipline
Mar. 5	Approach to Medications R. Levin, Pharm. D.	Chow: 13, 14, 29, 33 Chinn: 11	Child Abuse/ Sexual Abuse
Mar. 12	<u>Student Seminar</u> Developmental Crises/ Tensional Outlets	Chinn: 16-18	Development of Self-Esteem, Values, and Morals
Mar. 19	Summary/Evaluation	Philosophy of Health Maintenance paper due Limit 3 pages	Final Examination

chow 12 → Health Education in Primary Care

Chinn 10 - Toddlerhood and early childhood: the age of discovery

20 - The child with long-term social and inner problems.

Seminar Evaluation

Topic: _____

1. What are the most common questions and concerns raised by parents? (20 pts.)
2. What developmental stages, tasks, and behaviors are related to the topic? (30 pts.)
3. What are reasonable approaches to assessment and management? (50 pts.)

WELL-CHILD SCHEDULE

Recommended Regular Check-ups	Recommended Child Care Readings*	Discussion of Health	Immunizations	Diet	Safety	Dental	Lab	Other
2 weeks	Booklet: Instructions for Newborn Care				Car Seat	F/2	Follow-up urine Fe ₂ S ₃	Bibling Rivalry
1 month (optional)	Chapter 5 Immunizations		First one next visit	Emphasize protein in formula	Safety Handout			Infant Stimulation
2 months	Chapters 7-8 Resp. Problems Temperature	How to use thermometer Reactions & Tx	OPV DPT	Bottle Prepping-Night Bottle-Cereal	Safe Toys			Tx of Colds Sudafed, Tylenol, Robitussin
3 months (optional)	Chapter 9 The Fussy Baby	Crying Time			CPR-Suggest First Aid Course	Teething		Trust vs. Mistrust
4 months	Chapter 6 Allergy	Signs and Symptoms	DPT OPV	Introduction of Solids-one at a time	Safety Handout			Constipation and diarrhea
6 months	Chapter 4 Accident Prevention	Ipecac Poison control center	DPT OPV	Milk 1 qt.	"Water-Proofing" Can't swim lessons	Parent Brushing Teeth	Hct/Hgb Sickledex	Stranger anxiety
10 months	Chapter 2 Growth and Development	Pushing too fast vs. little expectations	Time Test	Cup, finger foods - to Whole milk	Safety Handout	Bass method		Parent Effectiveness class
15 months	Chapter 3 Toilet Training	Signs of Readiness	MMR	Weaning off Bottle-appetite decrease	Safety Handout Pull to stand	Tooth-pastes	Dispense Nitrite Kit ♀	Thumbsucking
18 months	Chapter 12 Medication & Treatment		DPT & OPV Booster	Candy, etc.	Stand up Seat belts Safety Handout	Baby teeth		Separation anxiety, temper tantrums
2 years		Child Development Pamphlet	Time Test (or before Day Care school entrance)	In-Between Meal Snacks	Treatment of cuts and scrapes, Pata	"Friendly" visit to Dental Hygienist		Autonomy vs. shame & doubt How to teach sharing
3 years	Chapter 11 Your Child's Eyes	Signs of visual eye problems		Food Jags	Seat belts, crossing the street	1st check-up and yearly hereafter		Introduce "E" chart audiology exam, Dase, B.P.
4 years		Teaching your child	Time Test (or before entrance to		Matches, guns, smoke alarms.	Supervising brushing		Pre-school Kindergarten Screen "E" exam, sex ed. audiological, bedwetting

* Greenberg, Henry F., Child Care, Rocom Press, Nutley, N.J., 1973 (Highly recommend!)

Recommended Regular Check-ups	Topics for Discussion	Immunizations	Safety	Diet	Other
5 years	School readiness	DPT & OPV Boosters, Tine Test (before School)	Pedestrian safety	Teaching Nutrition to your child Food colorbook	Initiative vs. guilt, B.P., vision & hearing Screen, Flossing
6 years	Chores and allowance Sack lunches without mayo, egg, prepared meats		Bicycle safety		Learning and school problems, friends. Gellert
7 years	Competitive athletics Brownies/Cub Scouts			Self responsi- bility for snacks	Concrete Opera- tions, direct hx at child & parent
8 years	Anatomy & Physiology (increase depth) Summer Camp				Industry vs. Inferiority Self-Care include perineal care
9 years	Sexual maturation/general discussion accepting one's changing body				
10 years	Female puberty preparation/accepting Feminine role change				B.P.
11 years	Male puberty preparation/accepting masculine role change				"Wet dreams"
12 years	Adolescence: Identity vs. Identity diffusion/peer group relationships	Tine Test (or before Jr. H.S.)	Sports Safety	Complete diet hx, nutrition Counseling	Hct
13 years	Dating and supervision (chaparone)		Birth Control		Tay-Sachs Screen
14 years	Independence vs. dependence, role of Child and Parents (discipline)	dT (need every 10 yrs. after Preschool Booster or sooner if injured)			
15 years	Goals and career planning/member of society	Tine Test (before H.S.) suggest retest de- pendent on population exposure (e.g. change schools)			
16 years	Confrontation with drug abuse		Driver Education		
17 years	Suggest instruction on marriage & parenting				
18 years	Plan for change to adult physician				VD & preparation for pelvic exam pap smears, VDRL G.C. cultures Intimacy vs. Isolation

N255.02 Child Health Maintenance
Course Evaluation

1. Did the course meet your expectations? (Please discuss why it did or did not meet your expectations.)
2. What were the strengths of the course?
3. What were the weaknesses of the course?
4. What would you change and/or recommend for next years course?
(additional comments on reverse please)

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SCHOOL OF NURSING
DEPARTMENT OF FAMILY HEALTH CARE NURSING

N255.02 Child Health Maintenance

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WHAT IS HEALTH MAINTENANCE?

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*Cowan, D.B. et al., "Child Health Screening for the Nurse Practitioner," Nurse Practitioner, Vol. 1, #3, pp. 109-120, January-February 1976.

*Lessler, Ken, "Screening, Screening Programs and the Pediatrician," Pediatrics, 54: 608-611, November 1974.

*NOTE: the November 1974 issue of Pediatrics has eight articles dealing with screening in child health care.

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AC:cf

DATE: December 28, 1979
TO: Jeri Hixon
FROM: Selma Fraiberg
RE: Ann Church's Class, School of Nursing

Call Ann Church today. The meeting will be scheduled for 8:00-10:00 in the School of Nursing Building, Room 721 (This is across the courtyard from the library).

I am proposing to present the case of Nina for assessment and treatment issues in a failure to thrive baby and her teenage mother. I will probably use the cassette version of Nina. At least, this is what I have ordered. We will double check with each other about a week before the meeting to make sure that everything is in order. Ann Church will send me a syllabus of her course.

DATE: December 28, 1979
TO: Jeri Hixon
FROM: Selma Frøberg
RE: Ann Church's Class, School of Nursing

Call Ann Church today. The meeting will be scheduled for 8:00-10:00 in the School of Nursing Building, Room 721 (This is across the courtyard from the library).

I am proposing to present the case of Nina for assessment and treatment issues in a failure to thrive baby and her teenage mother. I will probably use the cassette version of Nina. At least, this is what I have ordered. We will double check with each other about a week before the ~~meeting~~ to make sure that everything is in order. Ann Church will send me a syllabus of her course.

UNIVERSITY OF CALIFORNIA, SAN FRANCISCO

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SCHOOL OF NURSING
Department of Family Health Care Nursing

SAN FRANCISCO, CALIFORNIA 94143

November 30, 1979

Professor Selma Fraiberg
Child Psychology
San Francisco General Hospital

Dear Professor Fraiberg:

I am writing to confirm a message I communicated with your secretary November 29, 1979. I would be honored and my students would greatly benefit if you might speak to them concerning:

"Detecting Emotional Disorders/Understanding and Promoting Mental Health through Childhood" or similar such topics.

Please let me explain that these are Pediatric Nurse Practitioner Students with 6 months to go to complete their Master of Science. The class is entitled: Child Health Maintenance. The class is Wednesday 8-10:00 a.m. from January 16-March 19. The students are twelve, bright women. But if you would rather speak to a larger number, I could arrange this. If possible, it would be wonderful if you could speak early in the quarter. I might also add that the students are in their clinical residency until June therefore they have daily contact with children and their caretakers. Might I suggest January 23, 1980-8-10:00 a.m.?

Whatever your decision, it has always been an enlightening endeavor to hear you speak or read your words. Good luck with your project at the General and welcome to California.

Sincerely,

Anne Church

Anne Church
Assistant Clinical Professor
Co-Director PNP/MS Program

AC:cf

how about Jan 30? or Feb?

ECU