

NURSERY FOLLOW-UP CLINIC

The Nursery Follow-Up Clinic is a new division of the Well Baby Clinic established by the University of California Department of Pediatrics to provide the most comprehensive infant and child care available in California.

Due to the limited number of patients that can be admitted to this complete program, only a proportion of our total nursery population can be accepted. Some will be selected on the basis of most obviously benefiting from a comprehensive program (such as premature infants) while others will be selected as representative of our nursery population.

The basis for your own baby's selection will be discussed with you by one of the nursery doctors.

Even if you have a private physician, you are eligible to use these services and the development of a joint program of management with your physician is one of the major goals of the clinic.

The clinic will be staffed by our nursery consultants as well as other pediatric and non-pediatric specialists. Although more intensive care is planned while your child is an infant, it is intended that the complete physical examinations, measures of physical and intellectual development, special examinations for vision and hearing, and other careful additions to outstanding patient care will continue to be available for your child throughout childhood. We are hopeful that our experience in this clinic will help to plan such comprehensive pediatric care in our regular clinics as well.

Through special arrangement with our out-patient department, there will be NO fee for any visits for the first three months clinic visits although registration to obtain a special clinic card will be necessary. Costs for subsequent care will be arranged individually.

The clinic will meet each Thursday afternoon at 1:00 PM (holidays excepted) and you will be given a specific appointment at the time of your child's discharge from the nursery.

If for any reason you are unable to keep your appointment as scheduled, if you call MO 4-3600, Ext. 333 (Clinic) or Ext. 660 (Nursery), a new appointment will be mailed to you immediately.

Our social service consultant (Mrs. Mikkelson) will introduce herself and be happy to provide you with any additional information or to discuss any questions you may have. She will be available during the clinic visits as well as during your baby's hospital stay.

We hope that this program will be a mutually successful effort in providing the best care for your child. If you have any suggestions or comments to make on the program these will be most welcome.

NURSERY FOLLOW-UP CLINIC

Beginning June 25, 1964 the Nursery Follow-Up Clinic will meet weekly each Thursday afternoon from 1:00 to 4:30 PM in Room 548 Clinic.

- A. Its purpose will be to establish a permanent out-patient clinic for the long-term follow-up of infant perinatal problems. This clinic will be utilized for education of students and house staff in perinatal problems, the conduct of prospective research studies, and the coordination of pediatric and non-pediatric specialist care in the management of problems arising from the perinatal period.
- B. The clinic will function as a pediatric specialty clinic seeing patients at appropriate intervals. The care offered will range from full responsibility for all medical management to periodic visits at longer intervals (3 months to 1 year) concurrent with care by the General Clinic or an outside physician. The association with the Pediatric Mental Health Unit and Pediatric Neurology Clinic has been established.
- C. The clinic will be attended regularly by one or more members of the full-time staff associated with the nursery as well as one or two members of the clinical faculty. Additional special consultants (pediatric and non-pediatric) will be scheduled also on a regular basis for special studies and interests (e.g. hematologists for erythroblastosis patients).
- D. The clinic will be attended by the resident, interns and students assigned to the nursery as part of their rotation on that service.
- E. Attendance by a member of the social service department is also planned.
- F. Until a larger space and staff are available, only patients from the University of California Moffitt Hospital Nursery can be admitted to the Nursery Follow-Up Clinic. The following patients will automatically be candidates for the Nursery Follow-Up Clinic:
 1. All prematures 2200 gms or less.
 2. All postmatures (more than 43 weeks) with or without "placental dysmaturity".
 3. "Intrauterine growth retardation" (all infants less than 2 standard deviations in height and weight for gestational age).
 4. All multiple births.
 5. All babies with major neonatal illness (including the following examples):
 - Respiratory distress syndrome and respiratory depression
 - Infection (except skin)
 - Hematologic disorders
 - Metabolic disorders
 - CNS abnormality including CNS depression
 6. All babies from mothers with diabetes, hypertension and eclampsia.
 7. In addition, any baby selected by the Nursery Staff as one requiring special follow-up care will be seen in this clinic.

1st trimester bleeding

hypertonic infant

When patient is under private care, requests to the private pediatrician as well as the mother will be made for permission to see the infant at appropriate intervals in the follow-up clinic.

- G. The infant will register for the Nursery Follow-Up Clinic on a special form prior to discharge. All registrants will be recorded in a book kept in the Nursery.
- H. On initial visit to the Clinic, a registration card will be made out and a special follow-up form will be used.
- I. Attached to the registration card will be an anterospective schedule of procedures deemed appropriate to follow-up and the card will be filed by date of the next visit or procedure. One week prior to that date a reminder card will be sent to the parents. Failed appointments will be contacted by mail or phone as appropriate to reschedule appointments.
- J. Through special arrangement with Clinic Administration, ALL visits will be free for the first three months although registration to obtain a clinic card will be necessary. Subsequent costs will be adjusted according to clinic rate and expected usage. Selected patients may be carried on research budget funds if approved by the consulting staff.

16 wt.

8 ms

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12 ms

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