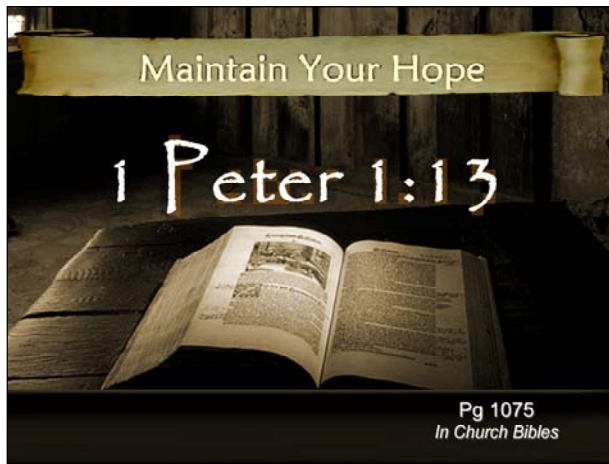




Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

1

Notes for 1 Peter 1:13 – Maintain your Hope

The Basic Outline for this Study is as follows

Intro – Hope – Biblically not a wish, but a confidence. Key in the Christian life, theme of 1 Peter, and of our verse today

Therefore...

- At this verse, turns from amazing truth to application. Because of our heavenly hope, purposeful existence, and relationship w/Jesus

Rest Confidence fully upon

- This is the only verb in the sentence, rest flows off of this, explains this and how to have this – solid rest, confidence on 2nd coming.

↪ Ready Mind - Active Thought On

- Calls us to have our minds continually focused, actively on this

↪ Uninhibited, having Self-Control

- Calls us to not let anything hinder us from focusing on this

The following pages are notes – connected to the PowerPoint Slides we show during the message. On the left top, you will see the PowerPoint Slide that is shown. On the left bottom, the verse in 1 Peter is listed. On the right, notes that follow along with the slides. This is a different way of doing sermon notes, and it might be hard to follow...but I hope not. The above outline is what we are teaching – the notes that follow is the process. May it be helpful is our prayer!

2

give you a future and a hope. (Jer 29:11)
There is hope in your future (Jer 31:17)
For surely there is a hereafter, And
your hope will not be cut off. (Pro 23:18)
the blessed hope and glorious
appearing of our...Jesus (Titus 2:13)
because of the hope which is laid up
for you in heaven (Col 1:5)

Therefore gird up the loins of
your mind, be sober, and
rest your hope fully upon the
grace that is to be brought to
you at the revelation of
Jesus Christ
(1 Peter 1:13)

Hope....we have a great hope

3

Hope

- ↪ *Problem: current use in politics*
- ↪ *Problem: changing meaning*
- ↪ *Biblically: not "wish"*
- ↪ *Biblically: confidence, solid*

Therefore gird up the loins of
your mind, be sober, and
rest your hope fully upon the
grace that is to be brought to
you at the revelation of
Jesus Christ
(1 Peter 1:13)

Problem is that when we hear the word hope
it is messed up by politics and language
changes.

Hope in the modern vocabulary does not
mean what it means in the Bible. Today –
it means a wish. Language changes.

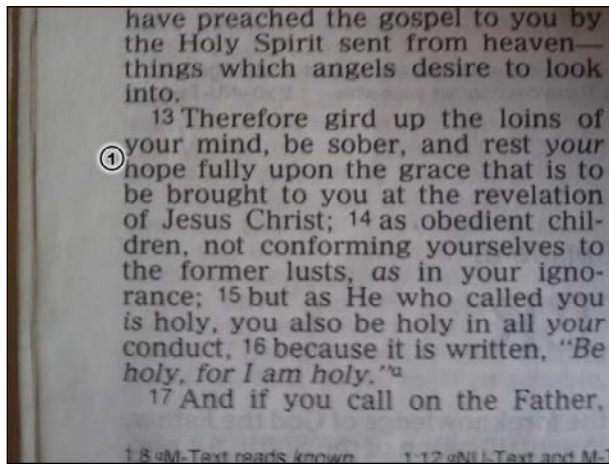
If you have KJV – know some of this.
Famous problem is with the word “charity”
– to us today is a description of reaching
out to the poor. Yet, means greatest love in
the Bible.

Thus New translations use the Word LOVE
for Greek word Agape.

Was not a problem with the translation...but
language changed.

Same true with hope. Someday, if the Lord
does not return first – may change this
word to confidence

4

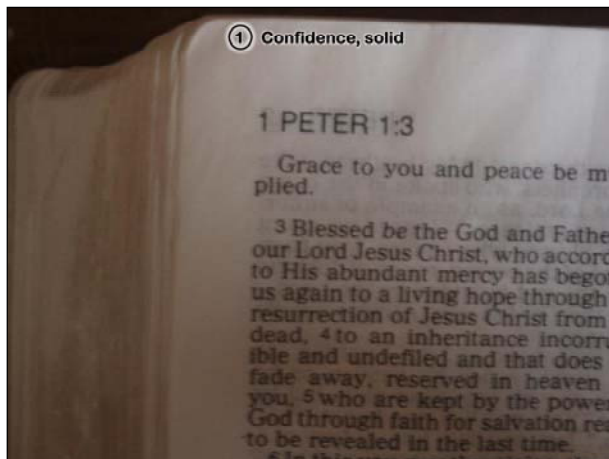


Maybe you can simply remember this, but you might want to make a note of it in your Bibles.

For me – I put a little number, circle next to the word – like here with 1

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

5



Then at the top of the page of my Bible will give the better definition of the word. Helpful to me....maybe to you

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

6

Confidence

Therefore...

Because of...

- ...our Heavenly Expectation (v3-5)
- ...our Purposeful Existence (v6-7)
- ...our Amazing Relationship w/Jesus (v8-12)
- ...revelation of Jesus (v5,7,9)

do this...

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

Confidence is what we want to talk about today (hope)

Read verse

Notice how it begins – therefore.

Always important, find out why
Connects what went before with now the application that follows

Here- we look back to the great things that have been laid before us

Heavenly expectation

Purposeful existence now

Amazing relationship with Jesus

Key in each of these – is the fullness is found in the revelation of Jesus – notice how each ends with this. Also in our verse today

Thus the confidence in this verse is about the coming of Christ!

7

Confidence in Christ's coming

Therefore...

Rest Confidence fully upon

- Hope: Confidence, expectation, solid
- Rest: Lean on, trust in, comfort in
- Fully: lit to the end, lasting
- Upon: not you...Him, His coming

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

Don't want to be overly technical, yet need to point something out

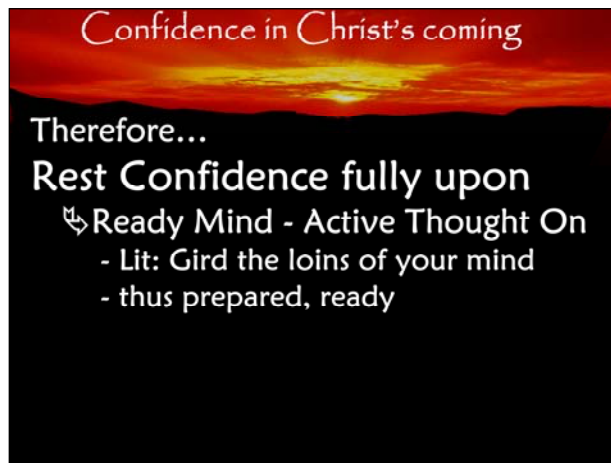
Remember diagramming sentences in school? Nouns, verbs, etc

In our verse – only one verb. The verb is “rest your hope” – Rest your confidence. The other words that look like verbs are participles – what is technically called “instrumental participles” – meaning they show how this verb comes to pass – they support the verb. Not three things we are to do in this verse – but one, and two keys in doing it

Key – is we are to have a solid confidence in the coming of Christ

Lit a trust that lasts, stays to the end

8



Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

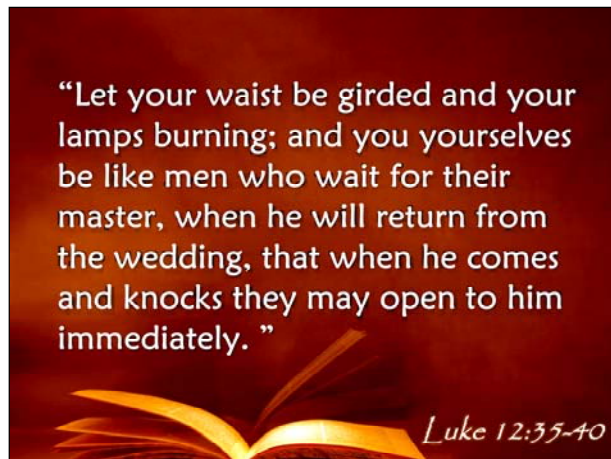
How do we have such confidence
Two things (two participles)

One – have a Ready Mind - Active Thought On

- lit gird up the loins of your mind
 - Picture from the day, wore long robe like garments. To prepare for any action (work, battle, more – tied robe into “pants”)
 - Thus...to be ready for action, prepared – ready to go
 - when Jews ate Passover, were to have garments girded

Point – if you do this...not accidental...intentional. If you are not doing this intentionally, you are not doing this.

9



Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

Jesus spoke of the same, wonder if Peter was thinking about...

10

Blessed are those servants whom the master, when he comes, will find watching...
And if he should come in the second watch, or come in the third watch, and find them so, blessed are those servants.



Idea is watching and waiting

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

11

But know this, that if the master of the house had known what hour the thief would come, he would have watched and not allowed his house to be broken into.
Therefore you also be ready, for the Son of Man is coming at an hour you do not expect.



Be ready...mentally

How? Different I suppose around room – but needed

- praying
- thinking
- looking at news prophetically

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

12

Confidence in Christ's coming

Therefore...

Rest Confidence fully upon

- ↳ Ready Mind - Active Thought On
 - Lit: Gird the loins of your mind
 - thus prepared, ready
 - Key: very intentional

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

13

Confidence in Christ's coming

Therefore...

Rest Confidence fully upon

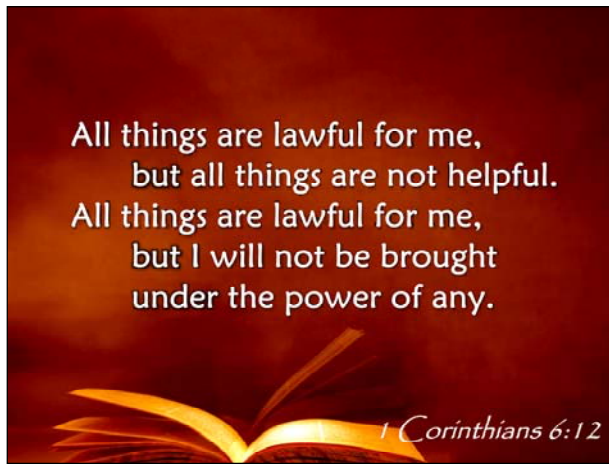
- ↳ Ready Mind - Active Thought On
- ↳ Uninhibited, having Self-Control
 - Sober, literal & metaphorical

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

Second key – Uninhibited, having Self-Control

- lit sober. Understand right? Biblically used literally and metaphorically
- lit – don't be drunk (sin), but more – it hinders clear thought. Honestly it is why some do this
- metaphorically – not to let anything have control over us, dull our senses, rule over us

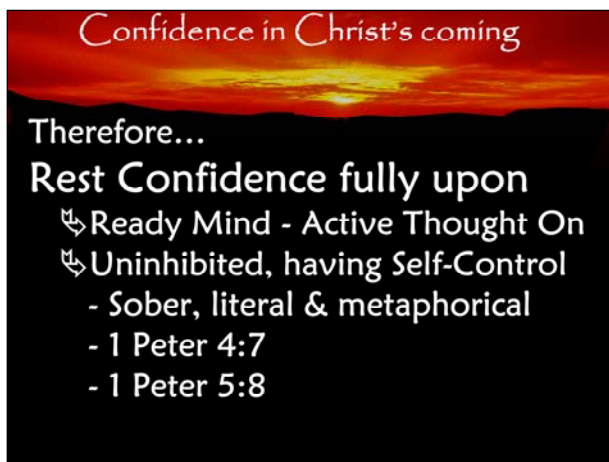
14



Point – in the Christian life – nothing is to control us – have dominion over us – no addictions

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

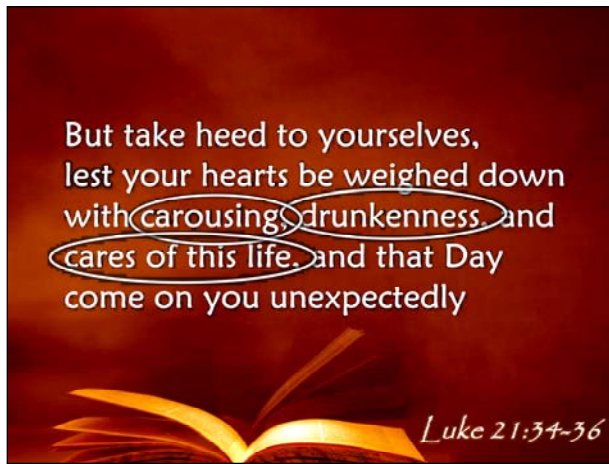
15



See how key this sobermindedness is in 1 Peter....

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

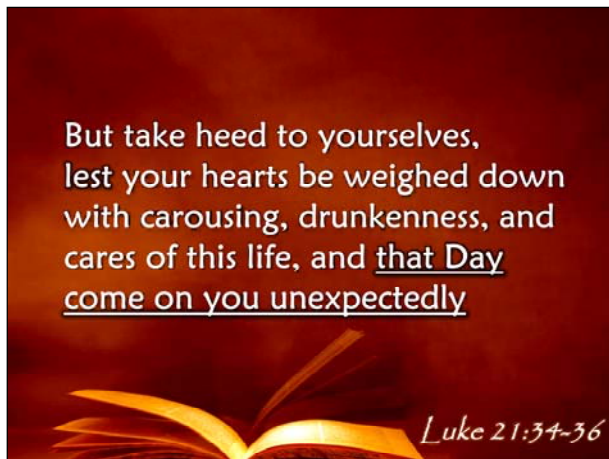
16



Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

Jesus spoke of this in regards to His return as well
Danger to be caught off guard
- lit drunkenness, carousing
- adds...worldlines, cares of world

17



Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

Jesus spoke of this in regards to His return as well
Danger to be caught off guard
- lit drunkenness, carousing
- adds...worldlines, cares of world

18

For it will come as a snare on all those who dwell on the face of the whole earth.

Watch therefore, and pray always that you may be counted worthy to escape all these things that will come to pass, and to stand before the Son of Man.

Luke 21:34-36

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ

(1 Peter 1:13)

19

Confidence in Christ's coming

Therefore...

Rest Confidence fully upon

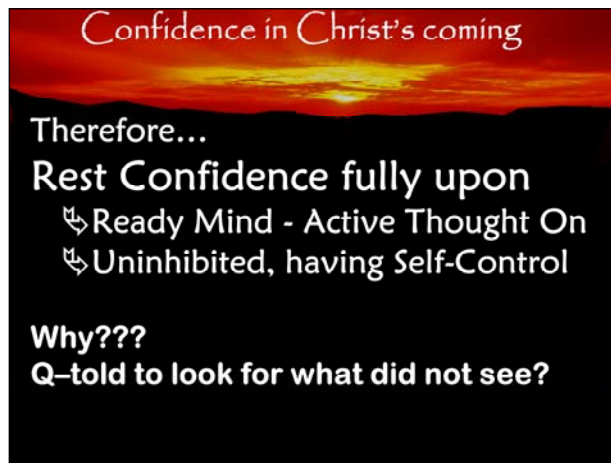
- ↳ Ready Mind - Active Thought On
- ↳ Uninhibited, having Self-Control
 - Sober, literal & metaphorical
 - Not to be involved in, or let anything deaden this expectation

See how key this sobermindedness is in 1 Peter....

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ

(1 Peter 1:13)

20



So...lets talk. Called to confidence and how.

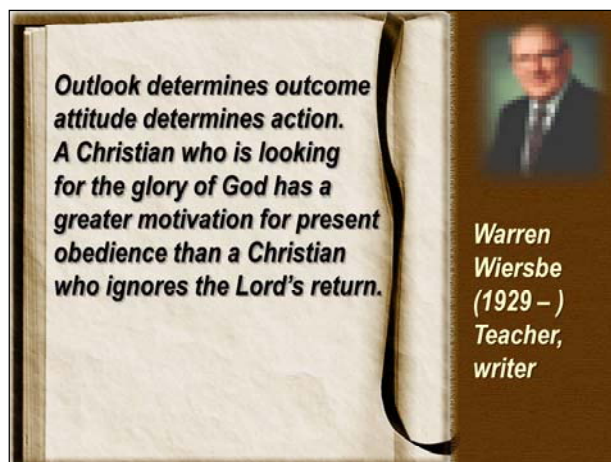
Question – why?

Why did they need this...do we
 Ask it differently. God called them to look for something they did not see – Jesus coming
 Has not happened yet – why?

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
 (1 Peter 1:13)

One – it will happen – God is faithful
 Two – looking for it, keeps us focused on eternal reality, even if we don't see it
 Apply to us today....

21



Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
 (1 Peter 1:13)

22

By faith Abraham obeyed when he was called to go out to the place which he would receive as an inheritance...

By faith he dwelt in the land of promise as in a foreign country, dwelling in tents with Isaac and Jacob, the heirs with him of the same promise

Hebrews 11:8-9

Abraham's life...faith, focused on what was to come...as we are to be

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ

(1 Peter 1:13)

23

These all died in faith, not having received the promises, but having seen them afar off were assured of them, embraced them and confessed that they were strangers and pilgrims on the earth.

Hebrews 11:13-16

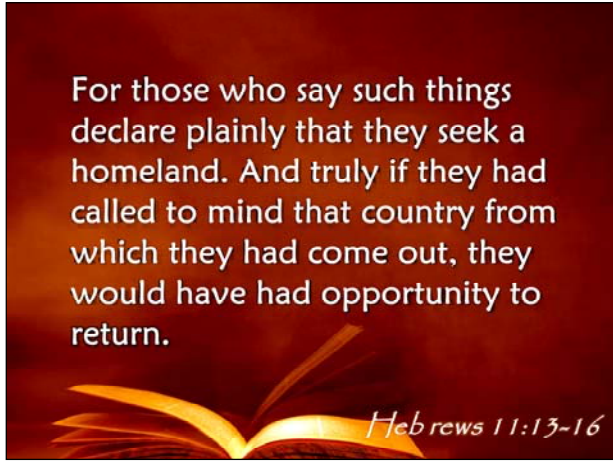
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24

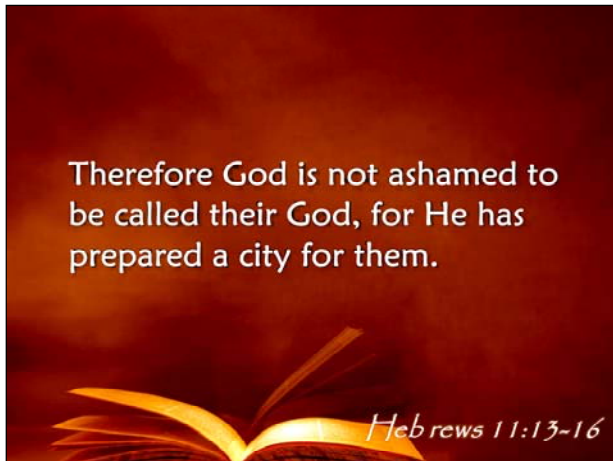
For those who say such things
declare plainly that they seek a
homeland. And truly if they had
called to mind that country from
which they had come out, they
would have had opportunity to
return.



Therefore gird up the loins of
your mind, be sober, and
rest your hope fully upon the
grace that is to be brought to
you at the revelation of
Jesus Christ
(1 Peter 1:13)

25

Therefore God is not ashamed to
be called their God, for He has
prepared a city for them.



Therefore gird up the loins of
your mind, be sober, and
rest your hope fully upon the
grace that is to be brought to
you at the revelation of
Jesus Christ
(1 Peter 1:13)

26

And Lot lifted his eyes and saw all the plain of Jordan, that it was well watered everywhere (before the LORD destroyed Sodom and Gomorrah) like the garden of the LORD, like the land of Egypt as you go toward Zoar.

Genesis 13:10-11

Lot – distracted by this world...looked at it and longed for it...

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

27

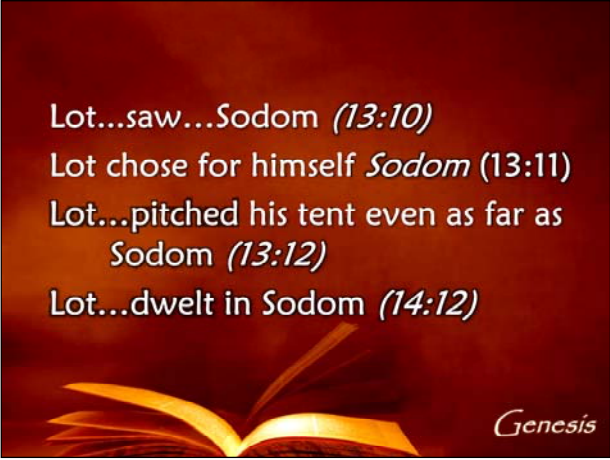
Then Lot chose for himself all the plain of Jordan, and Lot journeyed east. And they separated from each other.

Genesis 13:10-11

Lot chose...this world

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

28



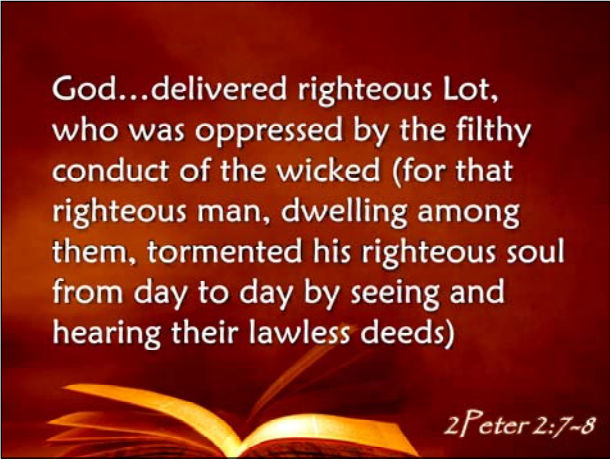
Lot...saw...Sodom (13:10)
Lot chose for himself *Sodom* (13:11)
Lot...pitched his tent even as far as
Sodom (13:12)
Lot...dwelt in Sodom (14:12)

Genesis

Lot chose...this world

Therefore gird up the loins of
your mind, be sober, and
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Jesus Christ
(1 Peter 1:13)

29



God...delivered righteous Lot,
who was oppressed by the filthy
conduct of the wicked (for that
righteous man, dwelling among
them, tormented his righteous soul
from day to day by seeing and
hearing their lawless deeds)

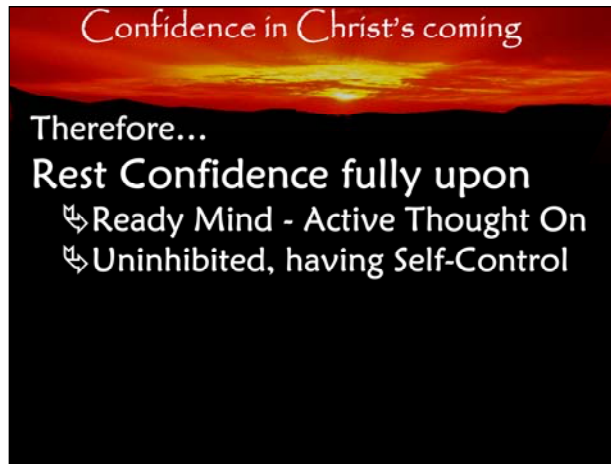
2Peter 2:7-8

Lot is what we would call a Christian
– but so worldly

Tormented his soul. Notice- he
tormented his soul...but living
where he did....

Therefore gird up the loins of
your mind, be sober, and
rest your hope fully upon the
grace that is to be brought to
you at the revelation of
Jesus Christ
(1 Peter 1:13)

30



Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

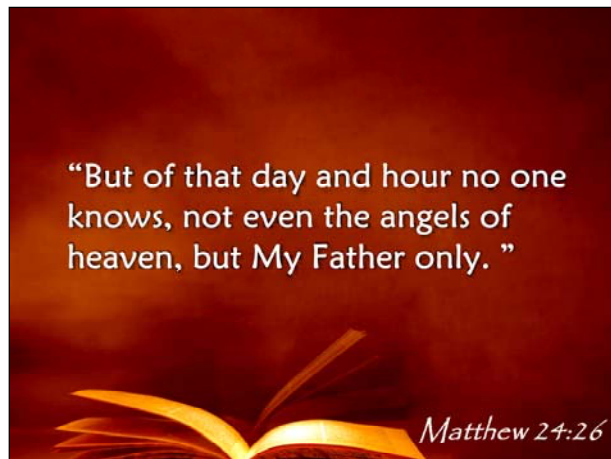
This is what God is calling us out of – to a life of confidence in His coming

Such a heart – key to what is to come, holiness, obedience and a life worth living

Quest – do you have this? Firm Mentally...undistractedly

What needs to change to make this more so in you?

31



Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

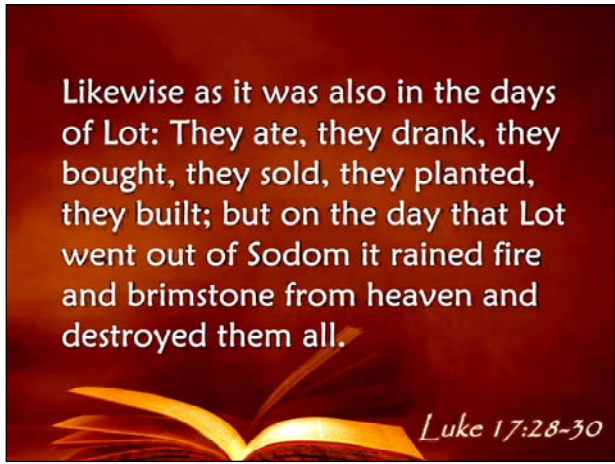
Nobody knows...not angels, not pastors, not Mayans (ie the 2012 movie, thinking)

Could be today...tomorrow, or in 20 years...but this know – He is coming....

Fullness of our heavenly expectation, purposeful existence and amazing relationship....

32

Likewise as it was also in the days of Lot: They ate, they drank, they bought, they sold, they planted, they built; but on the day that Lot went out of Sodom it rained fire and brimstone from heaven and destroyed them all.

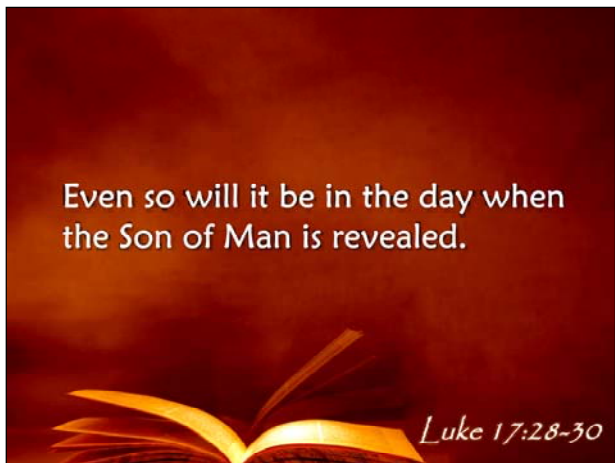


Point it will catch the world by surprise – will be living as if life just goes on...it will not

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

33

Even so will it be in the day when the Son of Man is revealed.



Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

34

Remember Lot's wife.

Whoever seeks to save his life will lose it, and whoever loses his life will preserve it.

Luke 17:28-30

Lot's wife – did not make it, not saved. Close...but far, her heart was in Sodom.

Today – such is my concern for some of you – Lot was saved, wife was not....

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

35

I tell you, in that night there will be two in one bed: the one will be taken and the other will be left. Two will be grinding together: the one will be taken and the other left. Two will be in the field: the one will be taken and the other left.

Luke 17:28-30

Is a coming division – between saved and unsaved – seen so clearly
Not clear to me now....is to Him
But coming
Are you ready

Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ
(1 Peter 1:13)

36

Confidence in Christ's coming

Therefore...

Rest Confidence fully upon

↳ Ready Mind - Active Thought On

↳ Uninhibited, having Self-Control

Therefore gird up the loins of
your mind, be sober, and
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(1 Peter 1:13)

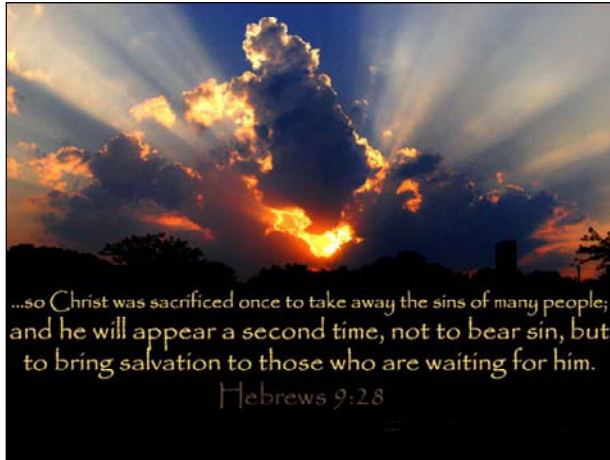
37



Therefore gird up the loins of
your mind, be sober, and
rest your hope fully upon the
grace that is to be brought to
you at the revelation of
Jesus Christ

(1 Peter 1:13)

38



...so Christ was sacrificed once to take away the sins of many people;
and he will appear a second time, not to bear sin, but
to bring salvation to those who are waiting for him.
Hebrews 9:28

Therefore gird up the loins of
your mind, be sober, and
rest your hope fully upon the
grace that is to be brought to
you at the revelation of
Jesus Christ
(1 Peter 1:13)