

#wisecraftstitchalong Sashiko Coaster Project



Get ready for our next #wisecraftstitchalong in the Wise Craft Quilts Facebook Group! We will be stitching up a set of four coasters, each featuring a different, traditional Japanese Sashiko stitching pattern. I'll show you how to transfer your design, how to prep your thread, how to properly stitch the patterns, and finish your coasters.

FB Live Schedule: (All sessions are from 5:30-6:30pm PDT)

The day of each FB Live session, I will upload the pattern we will be stitching. To follow along, print it out and have your supplies ready.

Thursday, 11/15/17- FB Live Session 2, Stitching pattern #1. In this and each of the next sessions, we will stitch one coaster/one stitch pattern. I will show you all the tricks I have learned for stitching each pattern. (My biggest trick? Don't watch a movie with subtitles!)

Friday, 11/16/17- FB Live Session 3, Stitching pattern #2

Monday, 11/20/17- FB Live Session 4, Stitching pattern #3

Wednesday, 11/22/17- FB Live Session 5, Stitching pattern #4

Supplies you will need:

- 1 skein of cotton Sashiko thread. You can search on Etsy for "sashiko thread" and will get lots of results. I will be using a cream thread, which is the traditional color used in Sashiko. You can also use #8 perle cotton thread.
- 1 fat quarter of solid fabric. I will be using traditional Sashiko fabric in a dark blue. This cloth has a slightly looser, square weave that is a pleasure to stitch on. Fabrics that would also work are quilting cotton, linen, linen/cotton blend, or barkcloth.
- Sashiko needle. Any needle that will allow you to thread the heavier thread through the eye, and has a pointed end (not a rounded one) will likely work. There are Sashiko needles that are ideal for this type of hand sewing. A substitute could be a #1 milliner's needle
- White Carbon Paper- I use this to transfer the design onto the front of the fabric. You could also use a lightbox or sunny window, and a white chalk pencil.
- A palm thimble (optional). This type of thimble is used in traditional Sashiko stitching and is good for helping to push the needle through the fabric. This will not be as important in our project, but if you continue with other, larger projects, it is a very helpful tool to have.
- Hera Marker (optional). Another tool that is helpful in larger Sashiko projects. This marks the fabric by making a crease instead of actually marking on it, great to mark straight lines. I use this tool a lot in all kinds of ways in my sewing.

- Scissors