



DAY 0

**Welcome to
Flare Support**

Before we begin, we need to go through a couple of disclaimers.

1) We're clearly not Doctors and don't claim to be. In fact, we don't want to be... although we used to be very sick and now we're not, that doesn't qualify us to be medical professionals. That said, everything we share with you in this product should not be, and is not considered medical advice.

2) And at the same time you need to use your best judgment about your health. If you're somebody who's having a severe diarrhea flare-up and your having bloody diarrhea 15 times a day and you're very, very ill, you need to make sure that you seek medical advice. Go to the hospital if you need to and don't rely on this product in place of that. Use your best judgment there.

Now, with that taken care of...

Welcome to Flare Support...

Flare Support is designed to help you take control of your flare in the next seven days... and hopefully support you in preventing them long term.

We really want to thank you for choosing to invest in us and invest in your health.

We're really, really excited that you've chosen us, that you've chosen this program, and that you've chosen a natural and alternative approach to your diarrhea.

I know that right now the pain is pretty bad and that you're probably dealing with fatigue and it's just not the greatest time in your life.

But over the next seven days, we're going to make massive changes in your health and you're going to feel so much better.

So right now it's about acknowledging where you are and where you're going and that you've made this great investment in your health.

Here's what to do right now...

Make sure you've downloaded the PDF guides provided on the welcome page.

The '7-Day Flare Menu' is all about food and the '4 Flare Supplements' guide is about supplements.

Inside each of these guides, you're going to find two checklists. The first checklist is a shopping guide inside the 'Flare Menu'. It contains grocery store items (like food) you're going to be eating over the next seven days.

Step 1: Go shopping ASAP

I want you to print out this grocery shopping checklist and go to the store today to make sure you have what you need over the next seven days. If you can't get them yourself, please send a friend or relative to the store with the checklist instead.

Step 2: Get Digestive Enzymes ASAP

The other thing is, please go into the supplement guide and review the first supplement you really need right now.

It's called digestive enzymes and it's really important that you get some as soon as possible.

So make sure you either order some today (with expedited shipping) or locate some at a health food store near you.

Now, get some rest...

So, those are your two action steps today, but it's also important for you to go to bed as early as you can tonight.

Day 1 starts for tomorrow and we're going to make a lot of progress.

So thanks again for investing in Flare Support and trusting in us. We look forward to working with you over the next seven days.

We'll see you in the rest of program,

- Jordan and Steve

P.S. – One more time, please make sure you read these disclaimers...

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