

Awakening to Your Story's I AM – PERSONAL TRUTH CARDS

I AM \_\_\_\_\_

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Awakening to Your Story's I AM – PERSONAL TRUTH CARDS

I AM CONNECTED

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I AM MIRACULOUS

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I AM LOVE

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I AM LIGHT

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I AM WORTHY

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I AM WHOLE

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I AM FREE

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I AM POWERFUL

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I AM STRONG

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I AM CONSCIOUS

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I AM SAFE

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I AM BRAVE

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I AM HEALTHY

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I AM AGELESS

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I AM ABUNDANT

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I AM VIBRANT

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I AM PASSIONATE

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I AM PLAYFUL

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I AM CREATIVE

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I AM RESILIENT

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I AM UNIQUE

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I AM GRATEFUL

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I AM BLESSED

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I AM READY

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Awakening to Your Story's GRATITUDE CARDS

I AM GRATEFUL FOR

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# AWAKENING TO YOUR STORY'S MEDITATION LIBRARY

Welcome to Awakening To Your Story's Essential Truth Meditation Library

Each meditation will take you on a 5-minute journey where you can learn, get inspired, and be supported on your journey back to your truth. No matter how you show up for each meditation, be it amongst the chaos or in the calm, know you will be met with compassion, love, renewal, and truth.

1. I AM Connected
2. I AM Miraculous
3. I AM Love
4. I AM Light
5. I AM Worthy

6. I AM Whole
7. I AM Free
8. I AM Powerful
9. I AM Grounded
10. I AM Strong

11. I AM Healthy
12. I AM Nourished
13. I AM Abundant
14. I AM Resilient
15. I AM Unique