



**SOUND HEALING
ACADEMY**

INTEGRAL SOUND HEALING:

SCIENCE, ART & ALCHEMY

PART 1



What we'll cover:

- Western roots of sound healing
- Art & Alchemy of sound healing
- What is Integral Sound Healing?
- How Integral Sound Healing Works
- Science of Integral Sound Healing
- Details of next webinar (Part 2)

**“The most divine art is that
of healing: it must occupy
itself with the soul as much
as the body”**

Pythagoras, 5th century BCE

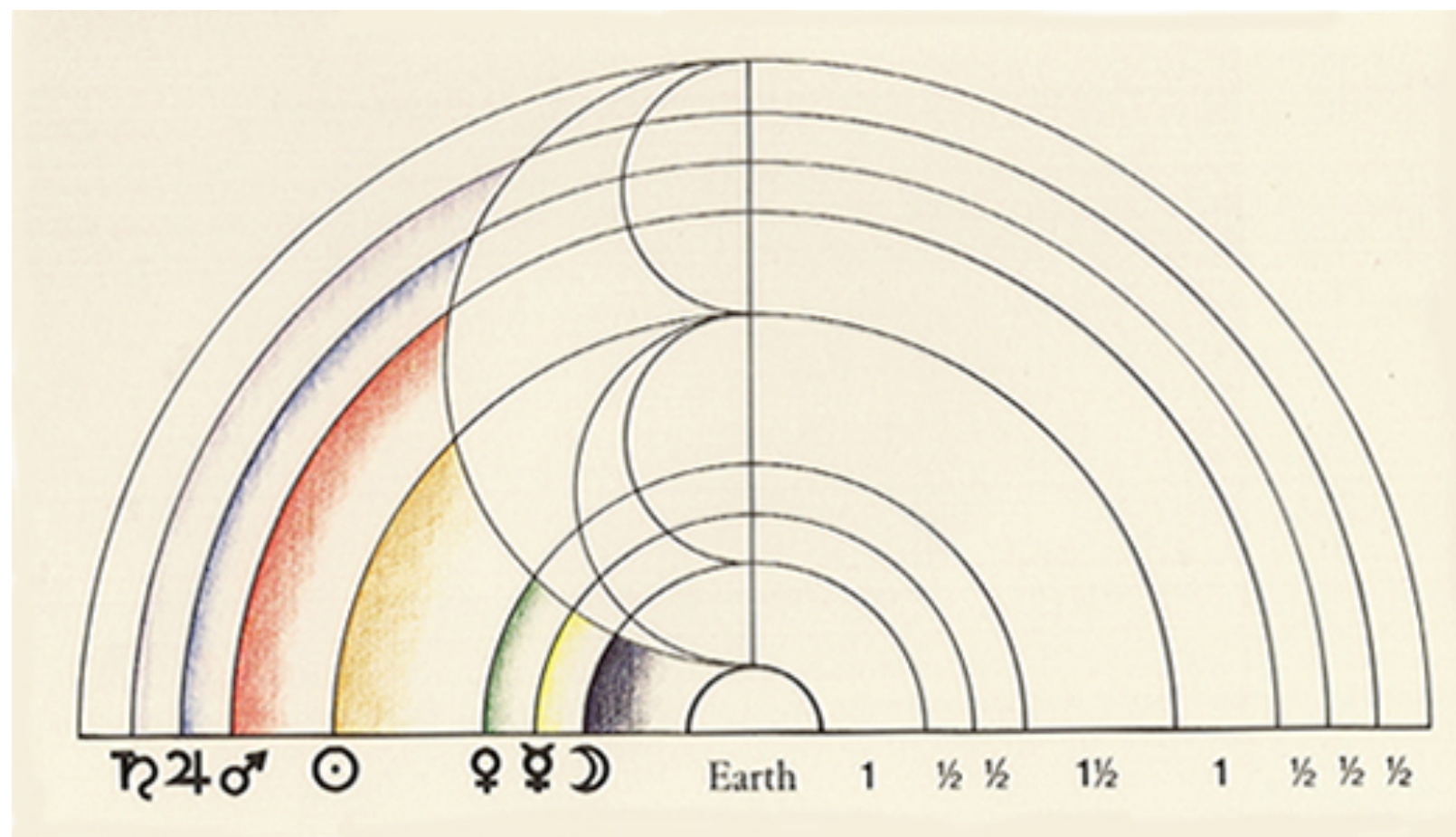


"There is geometry in the humming of
the strings

There is music in the spacings of the
spheres

Study the monochord"

Pythagoras





monochord - mathematical ratios - intervals

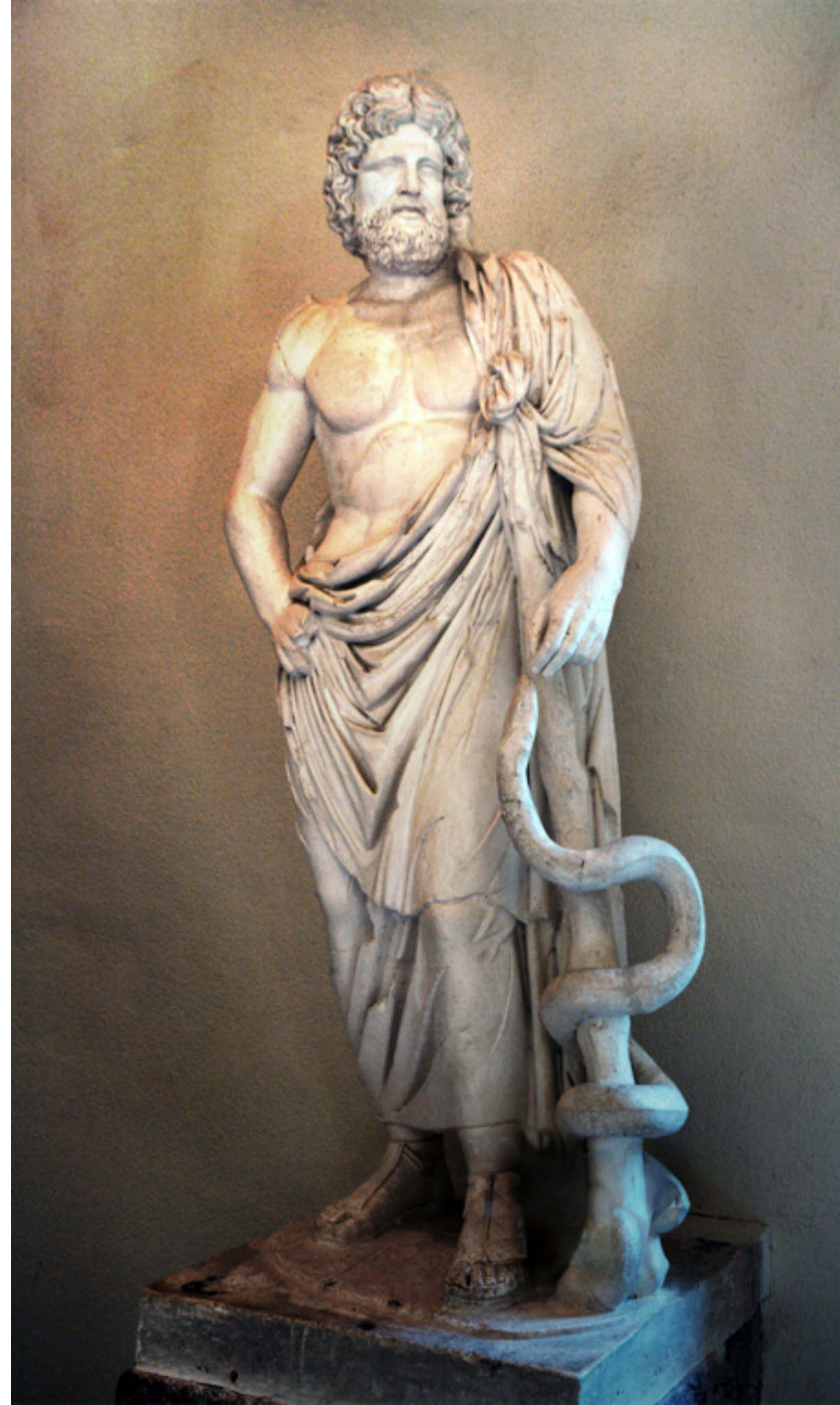


$\frac{4}{3}$
Perfect
fourth



Asclepius

Greek god of healing



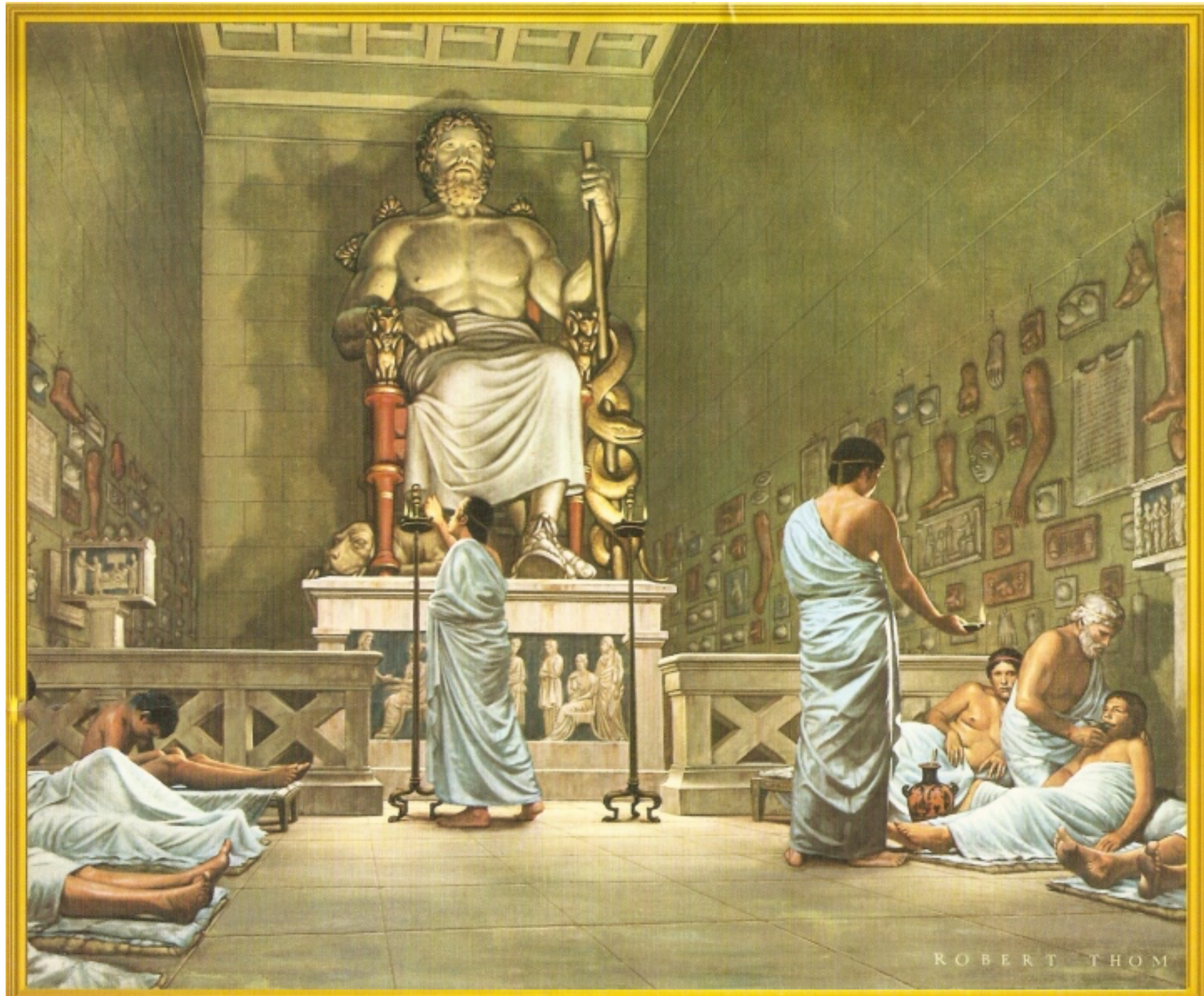


Asclepeion, Kos





Dream Incubation





serpent





Hippocrates: caduceus

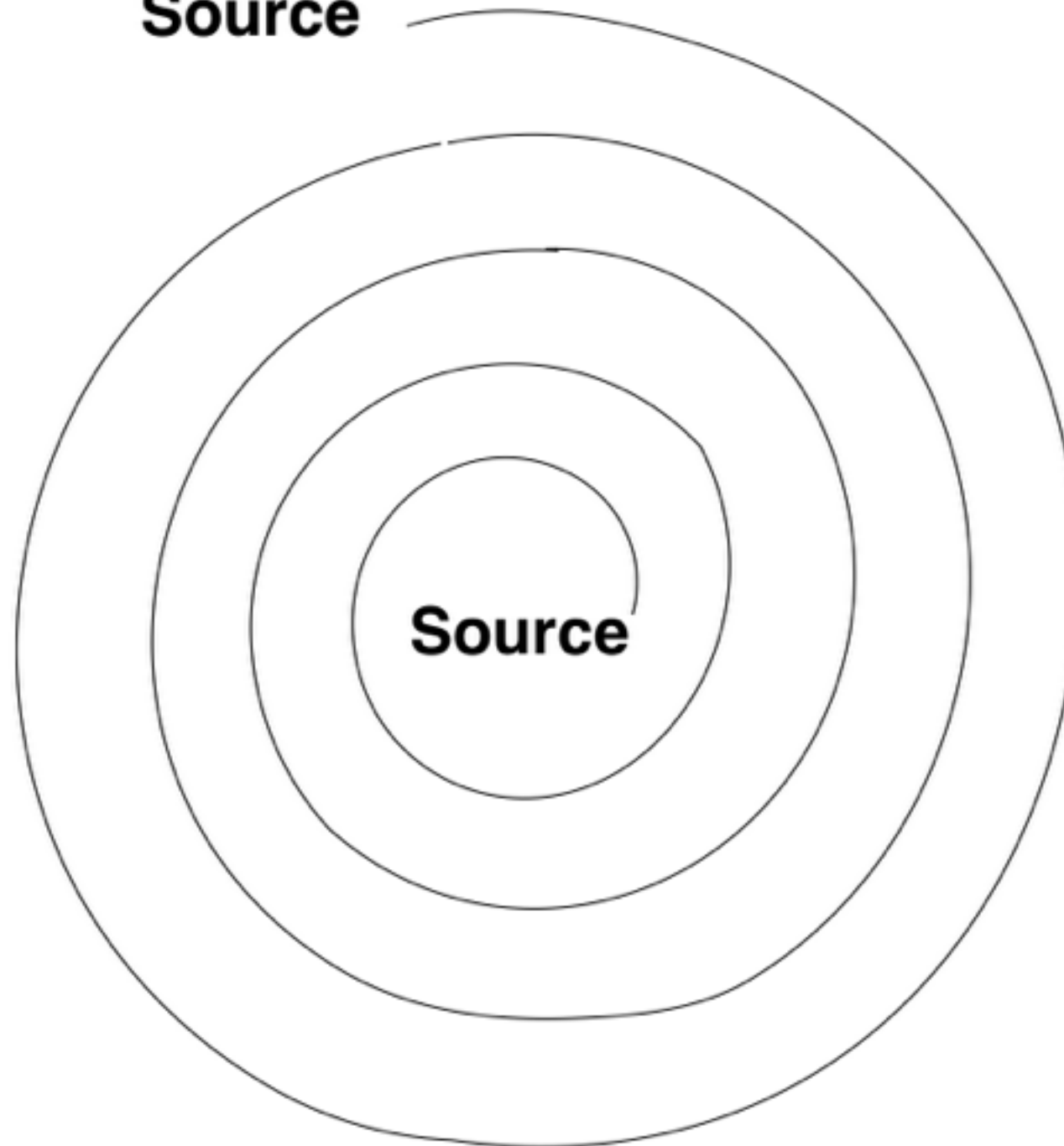


Integral Sound Healing



What is
Integral
Sound
Healing?

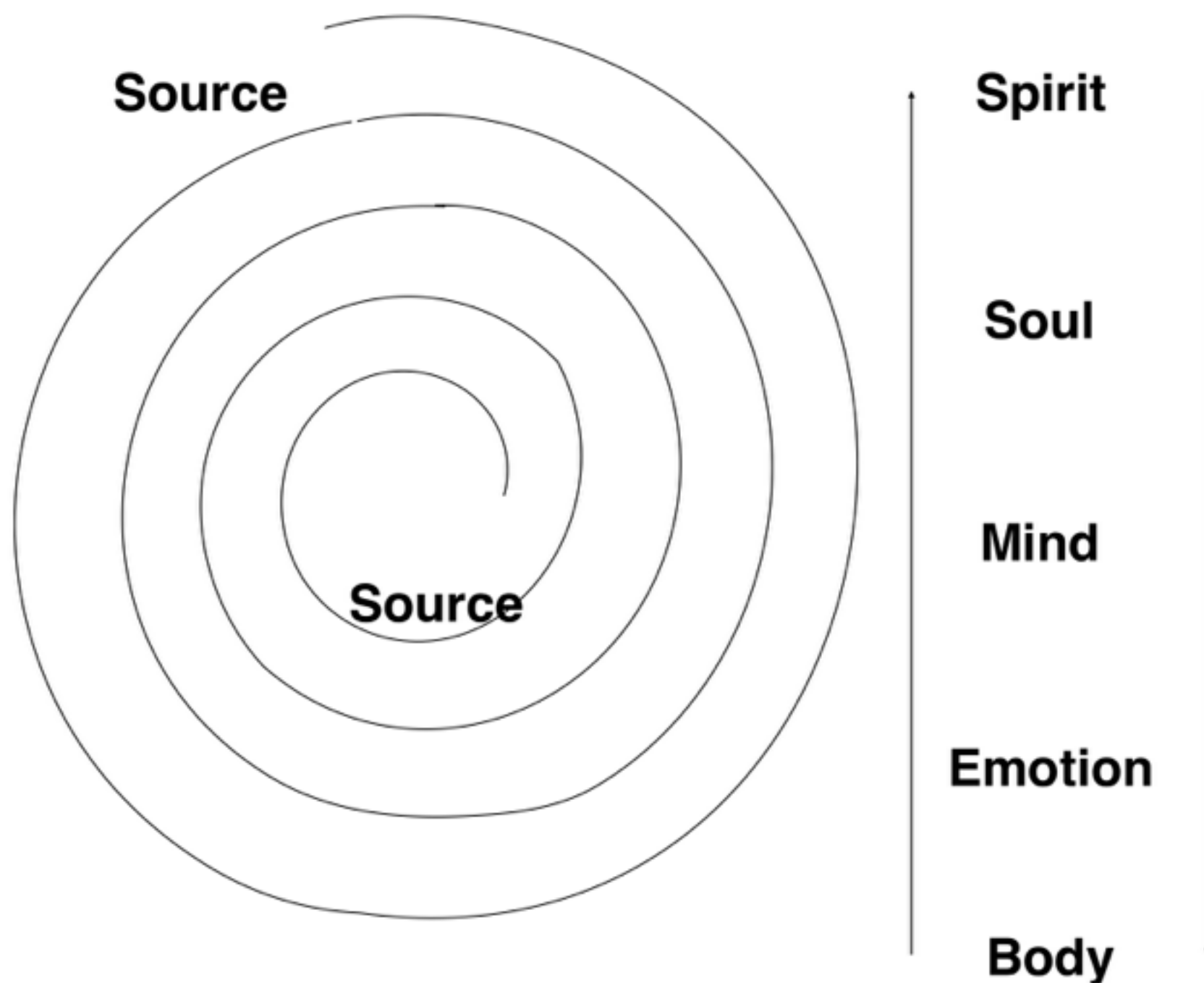
Source





Integral Sound Healing

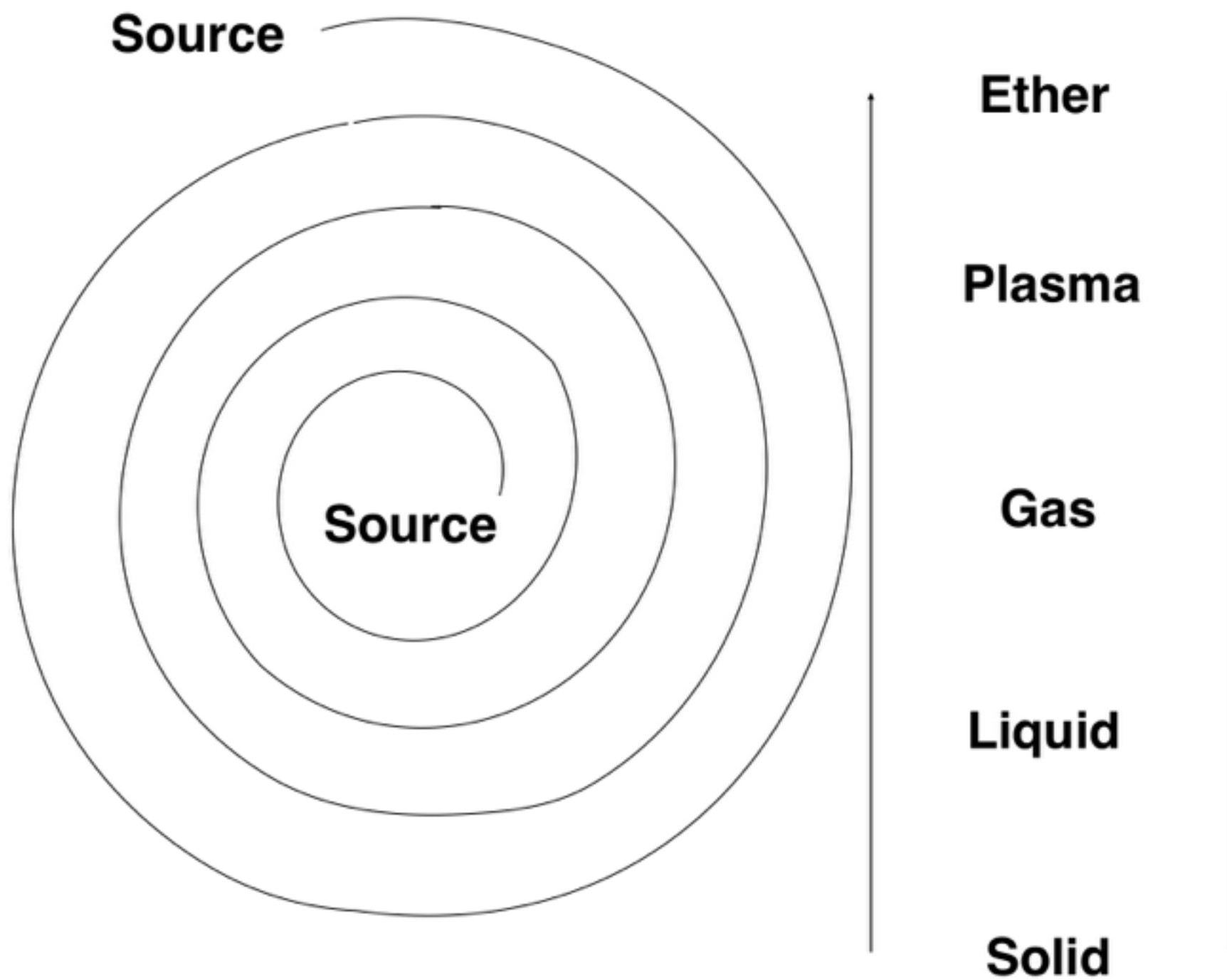
5 Elements of Consciousness





Integral Sound Healing

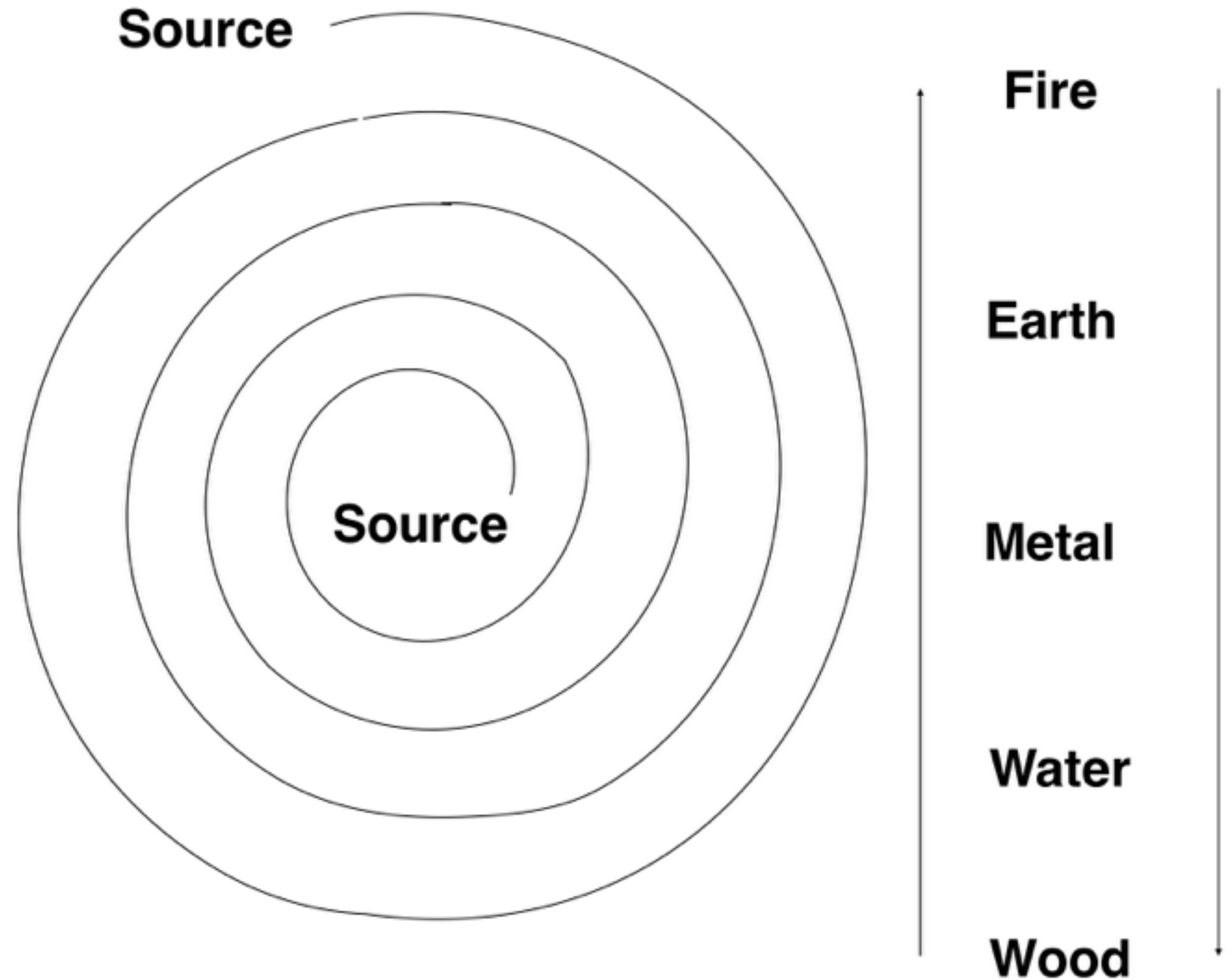
5 Elements of Physics





Integral Sound Healing

5 Elements of Chinese Medicine



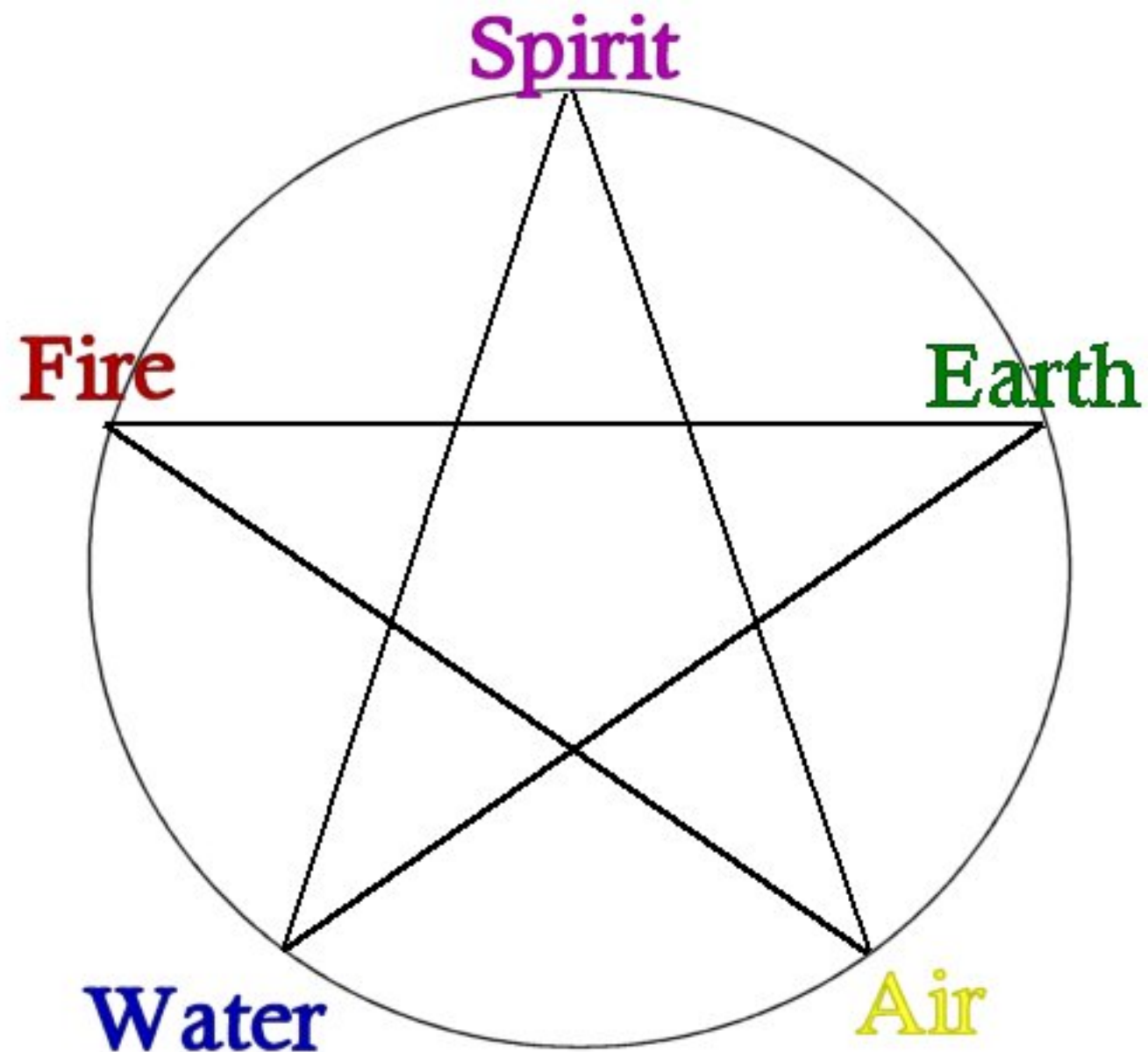


Chinese 5 Elements



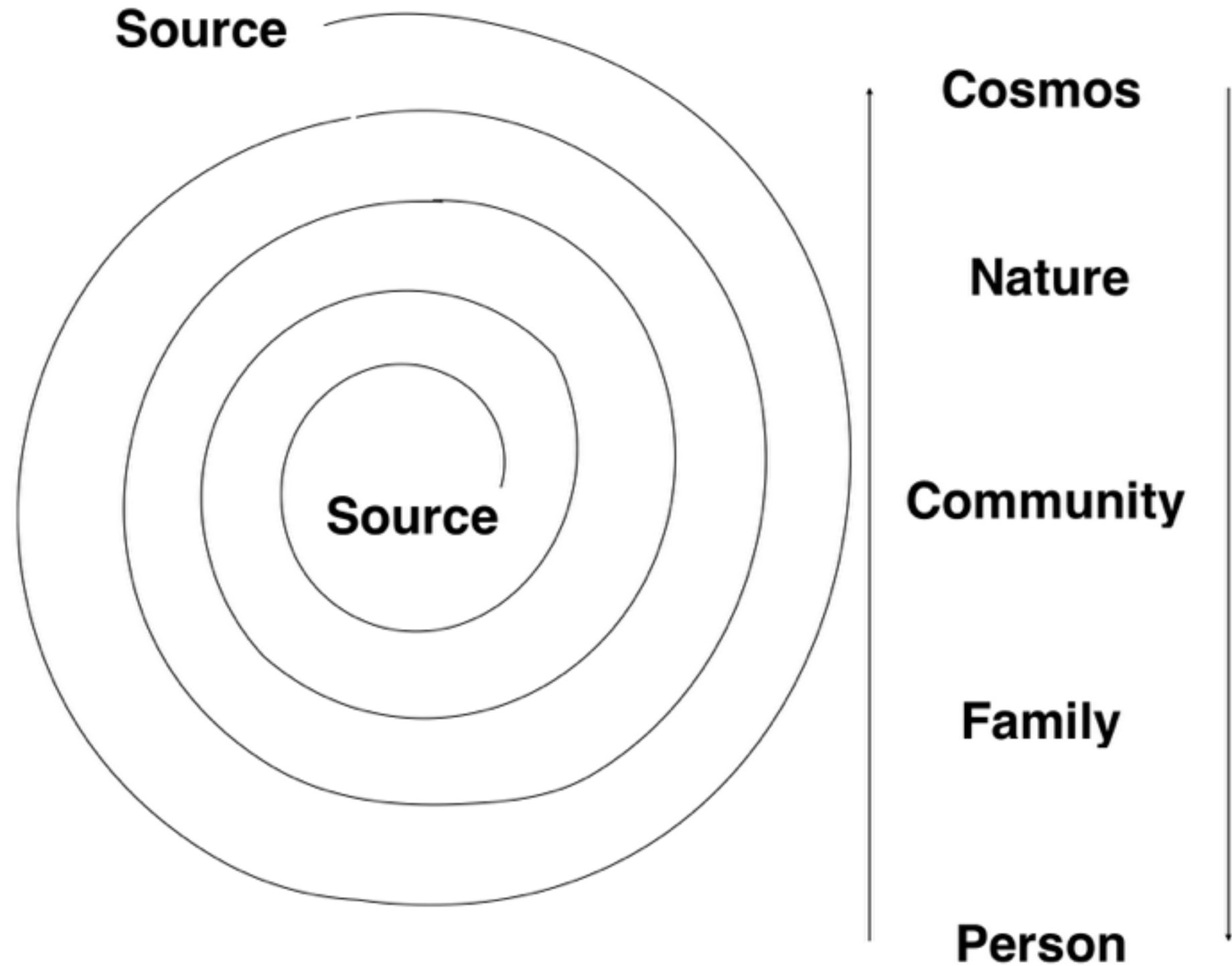


Pentagram - Shamanic healing



Integral Sound Healing

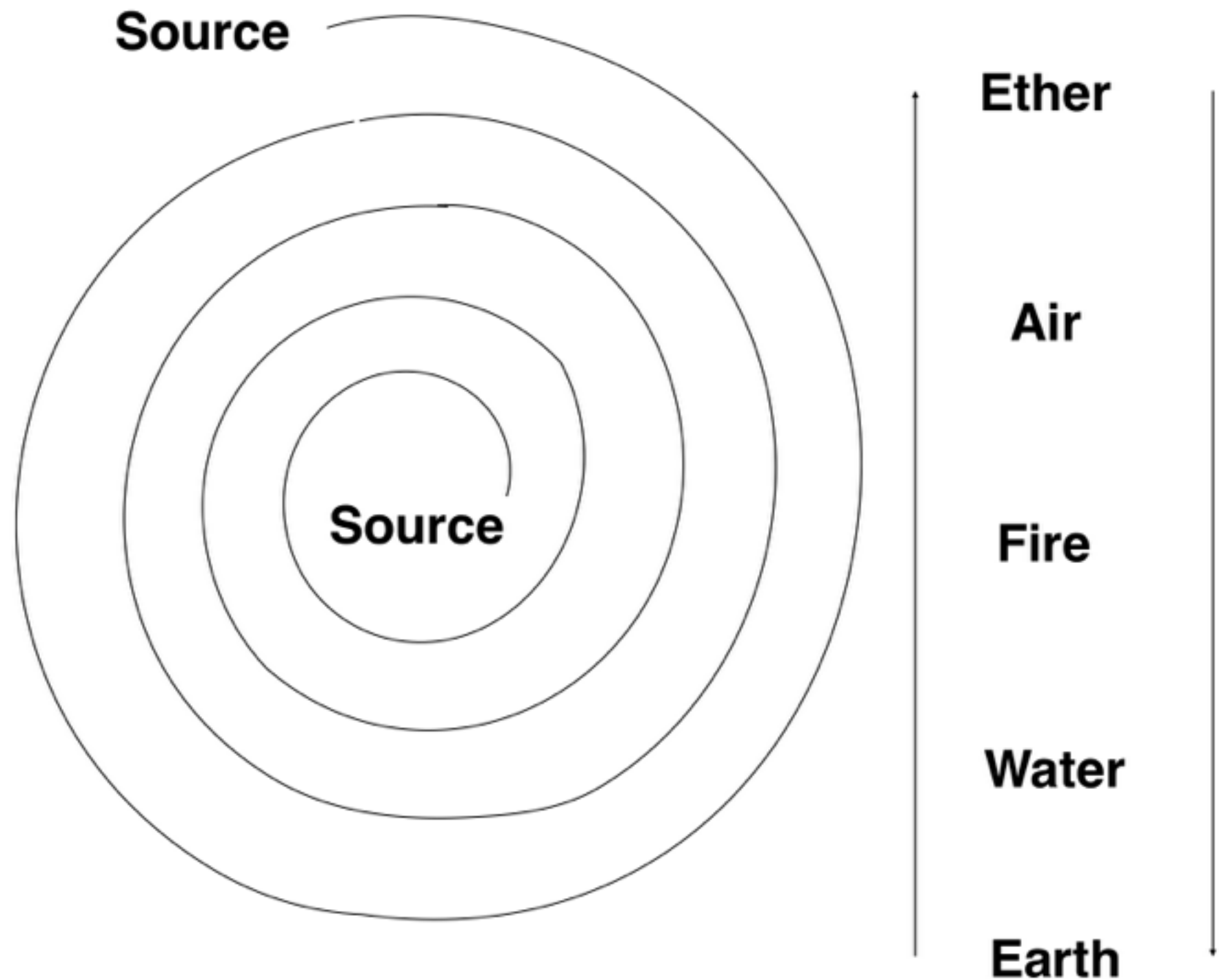
5 Elements of Connection





Integral Sound Healing

5 Elements of Ayurvedic Medicine





What is Integral Sound Healing?

- Treats the whole person, not just symptoms
- Consciously applies processes and techniques to facilitate healing based on the 5 elements
- Integrates ancient wisdom, modern science, art, musicality and alchemy of healing
- Embraces mystery and grace



How effective is Integral Sound Healing?

Our unique Integral Sound Healing is tried and tested as a highly effective healing modality.

The 2 main factors that exacerbate, or are linked to *80%* of serious physical and mental health challenges are chronic stress and suppressed emotions associated with past trauma / abuse.

Integral Sound Healing deals effectively with these underlying causes of pain, disease and illness without our clients having to spend years in talk therapy.

This has been documented in thousands of written case studies carried out by the teachers, practitioners and students of our Sound Healing Academy.



Healing Effects of Integral Sound Healing

- Sonic waves and vibrations penetrate down to the cellular level to dissolve trauma and reset cells to their natural patterns, allowing them to calm inflammation and relieve pain
- Relaxes nerve plexuses, muscles and tissues, promotes blood and lymph circulation
- Balances autonomic nervous system, calming stress and revitalising fatigue
- Calms traumatized cells allowing the body to accelerate its natural healing abilities and boost recovery



Healing Outcomes: Not Only Physical

- Sound impacts bio-energy fields - chakras, meridians, sound body, aura....
- These in turn influence physical conditions e.g. endocrine glands and hormone balance, organ function etc
- Can also help create wellness for people with special needs (e.g. autism), emotional & mental imbalances
- Healing may occur on soul and spirit elements e.g. deep peace, acceptance and surrender when dying



6 main ways that integral
sound healing works:



1. Triggers Relaxation Response





2. Releases Suppressed Emotions





3. Balances Bio-Sound Field



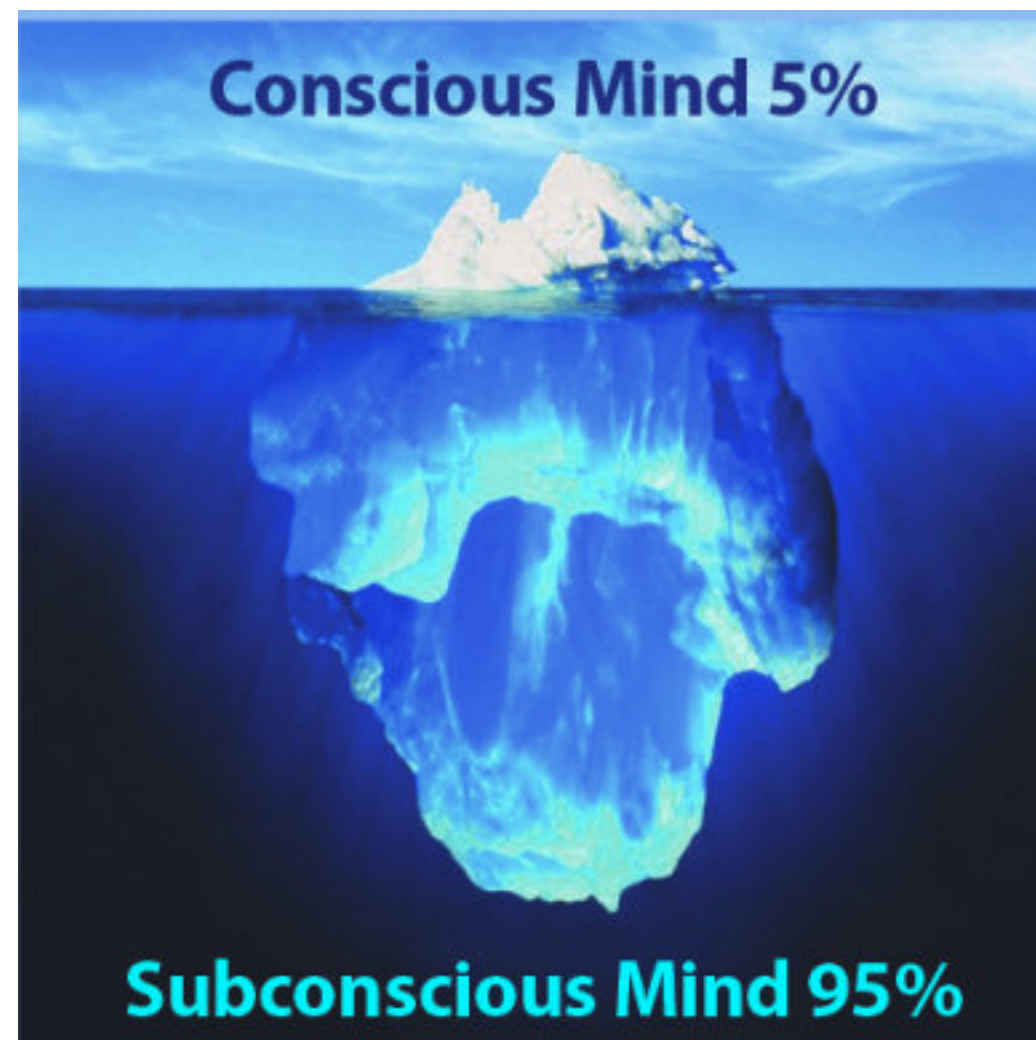


4. Entrainains Body / Emotions





5. Transforms Beliefs



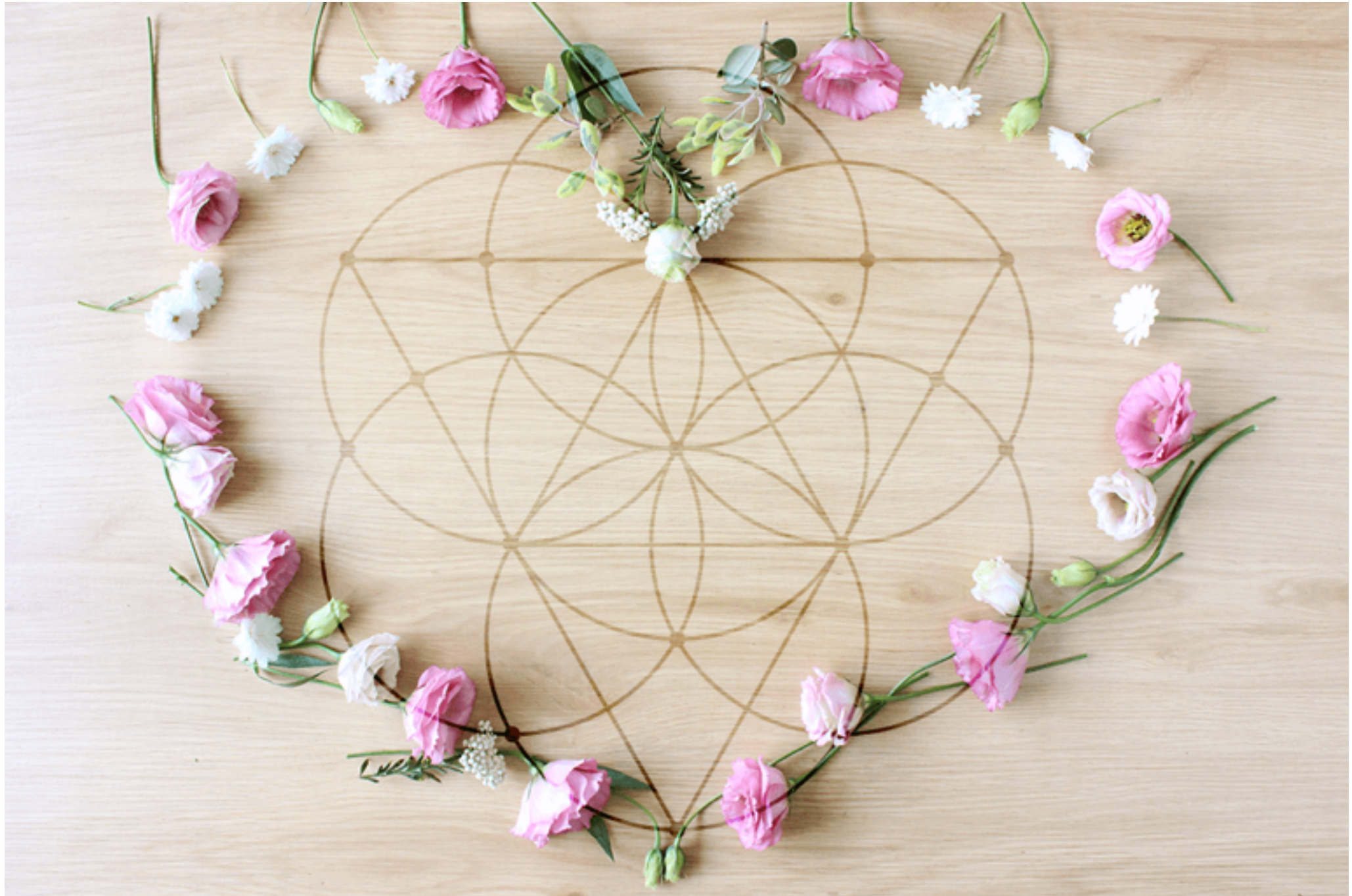


5. Engages the healee





6. Sets intentions





Integrates 6 extra healing codes:

- Heart coherence of healer
- Quality healer/healee relationship
- Activation of scalar energy / unconditional love
- Activation of low frequency, low intensity EMFs
- Establishing supportive connections
- Skill and competence of sound healer



3 Forms of Bio-Energy identified by quantum physicists

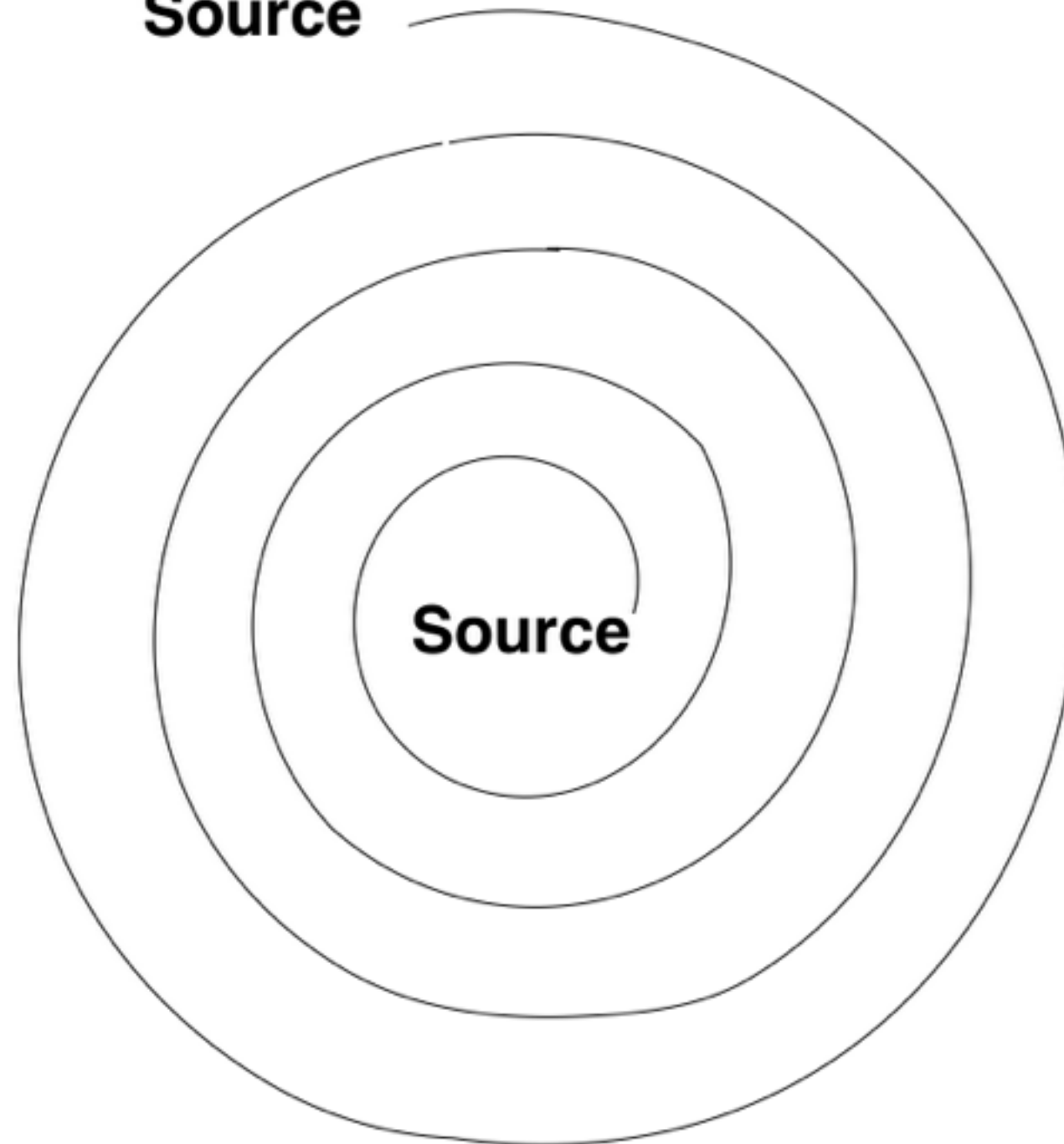


1. Sound (phonons)
2. Light (photons)
3. Scalar energy

Integral Sound Healing



Source





Dynamic Bio-Energy Field



3 forms of bio-energy exist within each atom, DNA and cell and are emitted by them - they travel outwards from our bodies into the environment - they can be measured and assessed for disturbances

3 forms of bio-energy exist in our environment and influence our cells and DNA - they travel inwards from the environment into our bodies and can optimise health and wellness



Next Webinar (Part 2)

Science, Art & Alchemy

- Bio-energy fields: sound, electromagnetic, scalar
- Mechanical and quantum physics perspectives of sound
- Bio-sound energy healing - cellular / connective tissue matrix
- Healing with musical intervals, triads and modes - the art of integral sound healing
- Integral Sound Transformation Crucible - the alchemical process

A woman with long brown hair, wearing a pink long-sleeved top and a beaded necklace, has her arms raised high in the air. She is smiling with her eyes closed, suggesting a state of happiness or spiritual connection. The background is a clear, bright blue sky.

**Do What You Love!
Make A Difference!
Help Others With
Healing Sounds Today!**

colourofsound.org

academyofsoundhealing.com