

## RUSD Athletics Department

### Assumption of Risk and Waiver of Liability Relating to COVID-19

I understand that those participating in co-curricular and extra-curricular athletics, defined as any activity separated from academic courses either during school hours (**co-curricular**) or after school hours (**extra-curricular**), including but not limited to interscholastic athletics, visual and performing arts, dance, cheer, choir, band, color guard, activity/conditioning classes and other school activities that students voluntarily choose to participate in are at a higher risk of exposure to the COVID-19 virus due to the lack social distancing, shared equipment, and ventilation. In order for students to participate in co-curricular/extra-curricular activities students are required to read and sign the following Assumption of Risk and Liability Waiver.

**Please initial next to each statement.**

1.	I understand that COVID-19 is extremely contagious and has been declared a worldwide pandemic by the World Health Organization.	
2.	I understand that by participating in sports/conditioning classes and utilizing the facilities associated with them, I may knowingly or unknowingly transmit the virus to my family, friends, teammates, and/or others I may come into contact with. This may include young children, elderly persons, and/or those with pre-existing conditions that place them at higher risk for the virus.	
3.	I understand that there is an increased risk of exposure to the virus by participating in competitive events (co-curricular/extra-curricular) with other schools. The risk of exposure also exists during travel to and from any and all away events (co-curricular/extra-curricular).	
4.	I understand that while every attempt is made to minimize chances of exposure, there are no guarantees that can be made or exposure foreseen.	

To do my part to limit the exposure to and/or transmission of COVID-19, to myself and those around me, I agree to adhere to the recommendations of the CDC including:

- Proper general hygiene (<https://www.cdc.gov/healthywater/hygiene/body/index.html>)
- Proper handwashing techniques (<https://www.cdc.gov/handwashing/when-how-handwashing.html>)
- Use of hand sanitizer when handwashing is unavailable
- Proper use of personal protective equipment (gloves, masks, and/or eye protection)
- Not sharing any personal items (towels, soap, brushes, clothes, water bottles, make up, lip balm, etc.).

**I will report any possible COVID-19 exposure or symptoms to the athletic training department.**

I understand that this activity could cause illness, injury, and/or death. As a condition of my participation as a Riverside Unified School District program (co-curricular/extra-curricular), I agree to waive all claims against District and to indemnify and hold district, its officers, agents, and employees harmless from any and all liability or claims, demands, losses, causes of actions, suits, or judgements of any kind, whatsoever that, I my heirs, executors, administrators or assignees may have against the District or that any other person or entity may have against the district because of any death, bodily injury, personal injury, or illness, or because of any loss to property that may arise out of or in any way be connected with any program (co-curricular/extra-curricular). The terms hereof shall serve as a release and assumption of risk for my heirs, estate, executor, administrator, assignees, and all members of my family.

Student-Athlete Name: \_\_\_\_\_ Sport: \_\_\_\_\_

Student-Athlete Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature may be that of a student or athlete over 18 years of age.  
**If under 18**, this form must be signed by the Parent or Guardian.