SPORTS SEASONS – 2018-2019 N.S.A.A.

All interscholastic sports are divided into three seasons - fall, winter, and spring. The division of sports, the date of the first allowed organized practice, and the closing date of the season shall be as follows. No individual may participate simultaneously in more than one sport per season. Athletes are not allowed to participate in activities outside the school while involved in the same activity in school, i.e. Cross-Country/Road Races, Football/Air-It-Out are specific examples.

To be eligible, a student must have passed twenty (20) credits the previous semester and be continuously enrolled and pass at least twenty (20) credit hours of instruction in the current semester at the school the student represents in interscholastic competition.

*Reminder: On-line registration must be completed, the non-refundable athletic fees paid (on-line or in the office) and an Athletic Pre-Participation Clearance Form (physical stating “cleared to participate” dated after May 1, 2018) must be submitted prior to the first day of practice.

**FIRST DAY OF PRACTICE/TRYOUTS**

**FALL** – August 6, 2018
Cross Country
Football
Golf, Girls
Softball
Tennis, Boys
Volleyball, Girls

**UNIFIED BOWLING** – October 15, 2018

**WINTER** – November 12, 2018
Basketball, Boys
Basketball, Girls
Swimming/Diving
Wrestling

**SPRING** – February 25, 2019
Baseball
Golf, Boys
Tennis, Girls
Track
Soccer, Girls
Soccer, Boys