

| Sport | | Friday, 8/9 | Saturday, 8/10 | Monday, 8/12 | Tuesday, 8/13 | Wednesday, 8/14 | Thursday, 8/15 | Friday, 8/16 | Saturday, 8/17 |
|------------------|----------------|--|--|-----------------------------------|-----------------------------|-----------------------------------|-----------------------------|-----------------------------------|-----------------------------|
| Cross Country | All Levels | Optional Athlete Lead Practice see mvrrunning.com | Optional Athlete Lead Practice | 7am @ MV Track, entire team | 7am @ MV Track, entire team | 7am @ MV Track, entire team | 7am @ MV Track, entire team | 7am @ MV Track, entire team | 7am @ MV Track, entire team |
| Field Hockey | JV and Varsity | OFF DAY | OFF DAY | 3:30-6:00pm | 3:30-6:00pm | 3:30-6:00pm | 3:30-6:00pm | 3:30-6:00pm | OFF DAY |
| Football | JV and Varsity | Annual "kickoff camp" - schedule on Matadorathletics.org | Annual "kickoff camp" - schedule on Matadorathletics.org | 4-7pm | 4-7pm | 4-7pm | 4-7pm | Off Day | Off Day |
| Girls Golf | Varsity | New players: Contact Coach Barb: mvgirlsgolf@gmail.com | Mtg times will be sent by email. Must be cleared to play. | Frosh @ Deep Cliff | So/Jrs @ Deep Cliff | all @ Deep Cliff | all@Sunnyvale Muni | all@Sunnyvale Muni | Off Day |
| Girls Tennis | JV and Varsity | OFF DAY | OFF DAY | 10-1PM, Tennis Courts | 10-1PM, Tennis Courts | 10-1PM, Tennis Courts | 10-1PM, Tennis Courts | 10-1PM, Tennis Courts | Off Day |
| Girls Volleyball | Varsity | 3:30 - 6:30 for 11th & 12th grade players | 9:30 - 12:30 | Time TBD | 3:30 - 6:30 | 3:30 - 6:30 | 3:30 - 6:30 | 3:30 - 6:30 | 9:30 - 12:30 |
| | JV | 6:30 - 8:30 for 9th & 10th grade players | 3:30 - 5:30 | 6:30 - 8:30 | 6:30 - 8:30 | 6:30 - 8:30 | 6:30 - 8:30 | 6:30 - 8:30 | 3:30 - 5:30 |
| Boys Water Polo | Varsity | Off Day | Off Day | 10am-11am Dryland 1pm-3pm Pool | 1pm-3pm Pool | 10am-11am Dryland 1pm-3pm Pool | 1pm-3pm Pool | 10am-11am Dryland 1pm-3pm Pool | Off Day |
| | FS | Off Day | Off Day | 11:30am-1pm Pool | 11:30am-1pm Pool | 11:30am-1pm Pool | 11:30am-1pm Pool | 11:30am-1pm Pool | Off Day |
| Girls Water Polo | Varsity | Off Day | Off Day | 5pm-8pm | 5pm-8pm | 5pm-8pm | 5p-8pm | 5p-8pm | 9am-12pm |
| | JV | Off Day | Off Day | 5pm-8pm | 5pm-8pm | 5pm-8pm | 5p-8pm | 5p-8pm | 9am-12pm |