

NORTH HIGH SCHOOL

Dear Parents,

Your son/daughter has indicated an interest in athletic participation. This letter contains information regarding physical examinations, equipment, insurance and additional athletic information for this coming year. The following responsibilities must be met before your athlete can participate during the school year:

Physical (<i>Exam date AFTER June 1st 2021</i>)	Insurance Certificate
Emergency Card	Warning to Students & Parents
Substance Abuse Policy	Transportation Contribution
Athlete Code of Ethics	Athletic Information Sheet
Opioids Information Sheet	

A packet containing all of the necessary forms can be found on the North High Athletics website at www.saxonathletics.com. The packet must be completed online and a hard copy of the physical must be returned to the school *prior to the first practice*.

Physical Examinations- An annual physical examination certifying that the student is physically fit to participate in athletics is required by the C.I.F. (Rule 306).

Insurance- California law (Education Code Section 31751-52) requires that every member of an athletic team be insured for \$1,500.00 in medical benefits. The school does not carry accident insurance on students. If your family health and accident insurance does not cover your son/daughter for athletics, insurance application forms for this type of coverage will be made available at North High School. The school district offers the following optional insurance coverage: “Student Accident & health insurance”

The cost for this coverage will not be made available until the middle of the summer. If applicable, please make checks payable to: MYERS STEVENS at the appropriate time.

Equipment- Equipment that all athletes are required to furnish during the sport season will be announced by the coach. It would be wise for the candidate to wait until the final squad assignments are made before purchasing athletic shoes or uniforms. Since the number of squad assignments for any team is limited, it is not possible for all students who go out for athletics to make the team. Assignments to a team will be made on the basis of ability, desire, spirit, and attitude shown at practice or during tryout periods.

Athletic Eligibility- to be eligible for athletic participation a student must meet the following:

1. Have passed and earned a 2.0 grade point average in the equivalent of 20 semester credits (any combination of number of subjects) during the preceding quarter.
2. **Have not received more than one “U” in citizenship taken during the preceding quarter.**
3. Be enrolled in a minimum of five classes at all times (subject to change).

4. Attend class on day of competition

Athletic Awards- Athletes are asked to purchase an ASB card to help defray the cost of officials, doctors, and entry fees for the sport as well as other co-curricular events. An ASB card covers the cost of awards and entitles you to attend other athletic events without charge and entitles you to reduced prices for most of the Fine Arts activities, and Dances. For a cost of approx. \$100.00 you can purchase an ASB card & annual. When paying by check please identify with student's full name and grade on the check made payable to North High School ASB. **An ASB card is required for an athlete to receive an athletic letter.**

Outside Teams- During individual's season of sport, *a member of a high school athletic team may not, during his/her season of sport, compete for an outside team in that same sport. North High teams are your priority, if you miss our games due to an outside team, you may be subject to dismissal/suspension from the team.*

Next year you will become a North High "Saxon." The Saxons have a great tradition in athletics that is well known in California. We invite you to be a part of the Saxon Tradition. Incoming 9th graders are encouraged to get involved in activities and do their best in the classroom. We recommend that a ninth grade student athlete participate in 2 or 3 sports during their high school career. This is a great opportunity to be involved in as many sports as possible to find out about your skills as an athlete. DO YOUR BEST!