



From the Middletown Athletic Department,

Welcome to Middletown Middle School and High School. I would like to personally invite you to be part of the “*Middie Magic*”. Athletics is an extension of the classroom promoting character, hard work, and discipline while helping to develop a persons both body and mind. Athletics will provide a foundation for growth, goal setting, competitiveness, cooperation, teamwork, and adjustment to adversity and **RESPECT**.

The following are the sports offered within the Middletown City Schools:

FALL	VARSITY	JV	FRESHMAN	MIDDLE SCHOOL
Cross Country (boys)	•			• 7 th /8 th Combined
Cross Country (girls)	•			• 7 th /8 th Combined
Football	•	•	•	• 7 th & 8 th Teams
Cheerleading	•	•	•	• 7 th & 8 th Teams
Golf (boys)	•	•		
Golf (girls)	•	•		
Soccer (boys)	•	•		
Soccer (girls)	•	•		
Tennis (girls)	•	•		
Volleyball (girls)	•	•	•	• 7 th & 8 th Teams

WINTER	VARSITY	JV	FRESHMAN	MIDDLE SCHOOL
Academic Quiz Team	•			
Basketball (boys)	•	•	•	• 7 th & 8 th Teams
Basketball (girls)	•	•	•	• 7 th & 8 th Teams
Cheerleading	•	•	•	• 7 th & 8 th Teams
Chess	•			
Bowling (boys)	•	•		
Bowling (girls)	•	•		
Swimming (boys)	•			
Swimming (girls)	•			
Wrestling	•	•		• 7 th /8 th Combined

SPRING	VARSITY	JV	FRESHMAN	MIDDLE SCHOOL
Baseball	•	•		• 7 th /8 th Combined
Softball	•	•		• 7 th /8 th Combined
Tennis (boys)	•	•		
Track & Field (boys)	•			• 7 th /8 th Combined
Track & Field (girls)	•			• 7 th /8 th Combined
Volleyball (boys)	•	•	•	

GO Middies!!!!

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“The true athlete should have character, not be a character.” – John Wooden