

Spartan Athletic Newsletter

November 5, 2018 Vol. 3 - #7

North Springs High School

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Spartans Romp the Lions on Senior Night 49-27

by David King

On a cold blustery night, Coach Scotty Parker's North Springs Spartans sent the seniors out in style with a 49-27 home victory over the frustrated Lithia Springs Lions. Senior Nick Keou returned the opening kickoff to the 43. Senior Kyree Green had several carries. Senior Aaron Bell connected with senior Dante Camp on 4th down. After senior Ryan Gordon caught a pass at the 16, QB Bell kept the ball twice and scored. Derek Viersen added the first of his seven PAT's.

A successful fake punt extended the first Lion drive, but they later punted to the 20. Aaron Bell topped a 13-yard pass to Nick Keou with a short pass that Nick took 64 yards for a TD. Zahzee White recovered a fumble on the next Lion series, but an interception in the end zone snuffed the Spartan drive out.

Neriyah Brown intercepted a 2nd quarter Lion pass and dashed 38 yards for a TD. The Spartan defense and Lion penalties forced a Lithia punt from their 1 foot line. A Dante Camp reception and Kyree Green carry set up a 12-yard Bell to Ryan Gordon TD and 28-0 lead. When Lithia attempted a 51-yard field goal, safety Christian Holloman returned a 103-yard "kick 6", but the officials ruled that a field goal return can't start in end zone. On the next play, a Spartan pass bounced off a receiver's hand to a Lithia DB for a short "pick 6" TD before halftime.

The Lions roared in the 3rd quarter, scoring in just over a minute. Following a Spartan punt, the rejuvenated Lions drove again, this time 48 yards to pull within 28-21. Ryan Gordon alertly returned a



Upcoming Sports Events

November 5

No events

November 6

No Events – Teacher Workday

November 7

Boys & Girls Swim @ Tri-meet vs. Dunwoody HS/Decatur HS 5:00pm (at Chamblee HS)

November 8

No Events

November 9

No Events

November 10

JV Girls Basketball vs. North Atlanta 10:00am

JV Boys Basketball vs. North Atlanta 11:30am

Freshman Boys Basketball @ Westminster School 1:00pm

pooch kickoff all the way to the Lion 28. Bell hit Keou with a pass to the 7. Kyree Green ran to the right pylon to extend the lead to 14. The next Lion threat ended with a fumble at the Spartan 37. The first play of the 4th quarter was a failed Spartan fake punt. The Lions capitalized with a jump-ball TD pass to make the score 35-27.

A 75-yard drive goes quickly when Nick Keou takes a Bell pass 66-yards to the 9. Kyree Green ran the wildcat formation to score after 3 carries. Unsportsmanlike flags had been flying like autumn leaves throughout the night, so the referees said the consequences would now be ejection.

On the subsequent kickoff, multiple ejections were enforced. As a result, the Lions started at their 17. D lineman Matt Rosenstein alertly spotted a screen pass and leaped to intercept and return for a touchdown. Enjoying a commanding 49-27 lead with 9:41 left, the Spartans were set to celebrate the night away. Unfortunately, frustration boiled over for Lithia Springs. Officials declared the game over with 9:41 left and the Spartans winning a 49-27 decision.

North Springs overcame significant injuries this season to have some nice victories. Best of luck to a fine group of Spartan seniors!



Senior Jaron Bradley sacks Lithia Springs QB

Wrestling Information

Any students interested in participating in the North Springs Wrestling program this season, conditioning has begun. Wrestling practices are held from 6:30am – 7:30am in the auxiliary gym. All students must have an approved physical in ArbiterAthlete to participate in ANY activities. NO EXCEPTIONS!!! If you have any questions, see Coach Komar in E002 or email him komarm@fultonschools.org.

[ArbiterAthlete Information](#)

Swimming Information

North Springs Swimming is underway. The season has begun. So, any male or female students interested in joining the swim team, please see Coach Delano in D206 or email her at delanonm@fultonschools.org. This is the last week that you will be allowed to join the team. All students must have an approved physical in ArbiterAthlete to participate in ANY activities. NO EXCEPTIONS!!!

[ArbiterAthlete Information](#)

Spartan Baseball Information

Spartan Baseball Nation,

Below are the notes for this week (lots of info this week, only 10 weeks out from tryouts!):

Conditioning/Throwing Program

-Conditioning continues Mon and Thurs of this week. There is no conditioning on Tuesday due to students being off of school for Election Day. Fall sport athletes and those cut from winter sport program tryouts are encouraged to come out to baseball conditioning if planning on trying out in January. Please have your son bring me a check for \$75 payable to SABC with "baseball" in the memo line if you did not pre-pay for conditioning in August.

-Next week we will begin our overload/underload arm strengthening program. With this being considered sport specific training we must adhere to the GHSA's 4 on 1 rule; the players will work in groups of 4 w/ one of the coaches for 30 minutes at a time. You must be signed up for baseball conditioning and be cleared in ArbiterAthlete ([ArbiterAthlete Information Link](#)) to participate in the arm strengthening program. We will be able to accommodate 16 players as players will work the arm strengthening program twice per week for 30 minutes each time. Returning pitchers will be given first dibs. A schedule for next week will be sent out by Friday. Please email Coach Gershon by Wednesday evening if you would like your son to participate.

-All players should be shutting their arms down for the next several weeks other than the arm strengthening program, which does not include any throwing or long toss until mid December. With

most of our players playing travel baseball throughout the fall, it is important to give throwing arms a rest.

Tryouts/Practice

Monday January 14, 2019. To tryout you must be cleared in Arbiter Athlete by Friday January 11th, 2019. The coaching staff will be unable to spend time looking up athlete clearance after that. Anyone participating on an NSHS winter sport team you will have 3 school days from the conclusion of your winter sport season to try out for baseball. Tryouts for 9th graders and others new to the program will be 4:00 – 6:00 p.m. Tryouts for all returning players (player played either JV or varsity at North Springs in 2018) will be 6:15 – 8:15 p.m.

Please remember that missing tryouts and/or practice for anything other than a family emergency or severe illness is not acceptable. Make sure all dentist, orthodontist, and other annual check-ups are scheduled prior to tryouts or after the high school baseball season.

Chairback Seating

-We will be installing chairback seating in the bleachers directly behind home plate this year. If you would like to purchase a chairback, please email me. Cost is \$75 for one chairback or \$125 for a pair. Your family's last name will be discreetly placed on each chairback you order to reserve your seat at each varsity and JV game.

Fundraising

-The 10th and 11th grade returning players and their families did a wonderful job on the Big Green Egg fundraiser. We just missed our goal by only \$500 but still did very well considering only two grade levels participated. We can easily make it up with the spirit card fundraiser.

-All returning players will help sell spirit cards in the community on Saturday December 1st. Newcomers to the program are welcome to help as well. Players will be assigned a 10 a.m. to 12:30 p.m. or 12:30 p.m. to 3:00 p.m. time slot. This will avoid any conflicts with football conference championship games that day. If any of you are planning on attending the SEC title game at Mercedes Benz Stadium that day just let me know and your son will be assigned to the early group.

Spirit Wear

-Please keep your eye out for a new holiday spirit wear store. The holiday store will include several new items and will be hosted by locally owned Jeckil Promotions. Turnaround time should be no more than two weeks so you should have items in hand right after the beginning of Hannukah or a couple weeks prior to Christmas...more info to come next week.

-For anyone who ordered from the online store in August, you should receive a full refund from BSN sometime in the next week. I apologize for the inconvenience. Please consider ordering a similar item from the holiday spirit wear store.

Girls Lacrosse Conditioning

Any students interested in participating in the North Springs Girls Lacrosse program this spring, conditioning has begun. Conditioning is held Tuesdays and Thursdays from 3:45pm 4:45pm. All students must have an approved physical in ArbiterAthlete to participate in ANY activities. NO EXCEPTIONS!!! If you have any questions, see Coach Fleetwood in E008 or email her at fleetwoodtw@fultonschools.org.

2018-19 North Springs Head Coach/Director List

Fall Sports

Football	Scotty Parker	parkerd@fultonschools.org
Softball	Stephanie Peet	peets@fultonschools.org
Boys Cross Country	Rob Blaszkievicz	blaszkiewicz@fultonschools.org
Girls Cross-County	Amanda Paris	parisam@fultonschools.org
Football Cheer	Alexandria Jemison	jemisonam@fultonschools.org
Volleyball	Brittany Peyton	peytonb@fultonschools.org

Winter Sports

Boys Basketball	Charles Parks	parks@fultonschools.org
Girls Basketball	Tonique Frasier	frasiert@fultonschools.org
Basketball Cheer	Alexandria Jemison	jemisonam@fultonschools.org
Swimming/Diving	Nancy Delano	delanonm@fultonschools.org
Wrestling	Marc Komar	komarm@fultonschools.org

Spring Sports

Baseball	Matthew Gershon	gershonmj@fultonschools.org
Boys Golf	Maj. Todd Powers	powerst@fultonschools.org
Girls Golf	Maj. Todd Powers	powerst@fultonschools.org
Boys Tennis	Quinton Hunt	huntq@fultonschools.org
Girls Tennis	Tonique Frasier	frasiert@fultonschools.org
Boys Lacrosse	TBD	TBD
Girls Lacrosse	Teryn Fleetwood	fleetwoodtw@fultonschools.org
Boys Soccer	Bill Bratton	koachbillyatl@yahoo.com
Girls Soccer	Amanda Paris	parisam@fultonschools.org
Girls Track and Field	Patty Carroll	carroll@fultonschools.org
Boys Track and Field	Josh Weaver	weaverj@fultonschools.org

Activity Directors

Band	Michael Brown	brownm4@fultonschools.org
Fencing	Robert Brooking	brooking@fultonschools.org
Water Polo	Julie Ferris	ferrisj1@fultonschools.org
Chorus	Van Craven	craven@fultonschools.org
Drama	Joel King	kingj1@fultonschools.org
Orchestra	James Landreau	landreauj@fultonschools.org

North Springs Spartans Athletics on Social Media

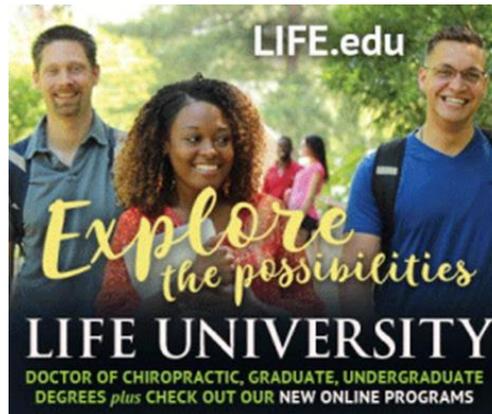
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