

Spartan Athletic Newsletter

November 12, 2018 Vol. 3 - #8

North Springs High School

7447 Roswell Road NE, Sandy Springs, GA 30328

www.northspringsathletics.org 470-254-2490

Swim Posts Good Times at Decatur/Dunwoody Meet

Last week the Spartans boys and girls swim teams competed in a tri-meet vs. Decatur and Dunwoody at Chamblee HS. This was their second competition of the season. North Springs posted some county and state qualifying times right out of the gate. Some highlights from this meet were...

State Qualifying Times

- 200 Medley Relay-1:48.57(Turner Templeton, Arie Voloschin, Charley Plumly, James Roden)
- 200IM Arie Voloschin-2:03.19
- 100 Fly-Arie Voloschin-54.51
- 200 Free Relay-1:38.23 (Charley Plumly, Alec Seever, James Roden, Arie Voloschin)

County Qualifying Times

- **Boys**-Turner Templeton (200 and 500 free), Arie Voloschin (200IM and 100 fly), Philip Weinstein(200IM), James Roden(100 free), Alec Seever (100 fly), Carlton Colley(50 free), and Charley Plumly(50 and 100 free)
- **Girls**-Grace Moncrief (200IM and 100 breast) and Julia Kotora (200IM and 100 breast)

School Record

- 200IM Arie Voloschin-2:03.19

The team will compete again on Friday at the Cumming Aquatic Center vs. Cambridge, Westlake, and Roswell. Meet will begin at 8:15pm.



Upcoming Sports Events

November 12

No events

November 13

JV Girls & Boys Basketball vs. Riverwood 4:30pm

Freshman Boys Basketball vs. Riverwood 6:00pm

Girls & Boys Varsity Basketball vs. KIPP Collegiate 6:00pm/7:30pm

November 14

Boys & Girls Swim @ Tri-meet vs. Dunwoody HS/Decatur HS 5:00pm (at Chamblee HS)

November 15

SABC Board Meeting 6:30pm

November 16

JV Girls & Boys Basketball vs. S. Forsyth 4:30pm

Freshman Boys Basketball vs. S. Forsyth 6:00pm

Girls & Boys Varsity Basketball vs. S. Forsyth 6:00pm/7:30pm

November 17

Freshman Basketball @ Dunwoody 11:00am

JV Girls & Boys Basketball @ Galloway 2:30pm/3:45pm

Varsity Girls & Boys Basketball @ Galloway 5:00pm/6:30pm

Wrestling Information

Any students interested in participating in the North Springs Wrestling program this season, conditioning has begun. Wrestling practices are held from 6:30am – 7:30am in the auxiliary gym. All students must have an approved physical in ArbiterAthlete to participate in ANY activities. NO EXCEPTIONS!!! If you have any questions, see Coach Komar in E002 or email him komarm@fultonschools.org.

[ArbiterAthlete Information](#)

Girls Lacrosse Conditioning

Any students interested in participating in the North Springs Girls Lacrosse program this spring, conditioning has begun. Conditioning is held Tuesdays and Thursdays from 3:45pm 4:45pm. All students must have an approved physical in ArbiterAthlete to participate in ANY activities. NO EXCEPTIONS!!! If you have any questions, see Coach Fleetwood in E008 or email her at fleetwoodtw@fultonschools.org.

Boys Track Interest Meeting

If you are interested in participating in the Boys Track program this Spring, there will be a brief interest meeting for students on Tuesday, November 13th at 3:45pm in room A107. Please see Coach Weaver or Coach Day if you have any questions.

Baseball Conditioning Information

Baseball Conditioning is every Monday, Tuesday, and Thursday after school from 4:00 – 4:45 p.m. Interested student-athletes should bring a check for \$75 payable to SABC (write baseball in the memo line) to Coach Gershon. Participants must be cleared in the Arbiter Athlete system.

Baseball Tryouts will begin Monday January 14th. 9th graders and all students new to the North Springs baseball program will try out from 4:00 – 6:15 p.m. Returning players will try out from 6:30 – 8:30 p.m. Students interested in trying out must be cleared in the Arbiter Athlete system by Friday January 11th. All winter sports athletes will be able to try out for baseball three school days after the conclusion of their winter sport season.

Spartan Athletic Booster Club Membership

Parents...

If your student is a member of one of our athletic teams here at North Springs High School, we are asking that you become a booster club member. Our athletes need the extra support. We are asking that you join at a minimum level of \$25. There are also booster packages that will give you many other incentives. Click [here](#) to become a member. North Springs Athletics thanks you for your support our student athletes!

2018-19 North Springs Head Coach/Director List

Fall Sports

Football	Scotty Parker	parkerd@fultonschools.org
Softball	Stephanie Peet	peets@fultonschools.org
Boys Cross Country	Rob Blaszkiwicz	blaszkiewicz@fultonschools.org
Girls Cross-Country	Amanda Paris	parisam@fultonschools.org
Football Cheer	Alexandria Jemison	jemisonam@fultonschools.org
Volleyball	Brittany Peyton	peytonb@fultonschools.org

Winter Sports

Boys Basketball	Charles Parks	parks@fultonschools.org
Girls Basketball	Tonique Frasier	frasiert@fultonschools.org
Basketball Cheer	Alexandria Jemison	jemisonam@fultonschools.org
Swimming/Diving	Nancy Delano	delanonm@fultonschools.org
Wrestling	Marc Komar	komarm@fultonschools.org

Spring Sports

Baseball	Matthew Gershon	gershonmj@fultonschools.org
Boys Golf	Maj. Todd Powers	powerst@fultonschools.org
Girls Golf	Maj. Todd Powers	powerst@fultonschools.org
Boys Tennis	Quinton Hunt	huntq@fultonschools.org
Girls Tennis	Tonique Frasier	frasiert@fultonschools.org
Boys Lacrosse	TBD	TBD
Girls Lacrosse	Teryn Fleetwood	fleetwoodtw@fultonschools.org
Boys Soccer	Bill Bratton	koachbillyatl@yahoo.com
Girls Soccer	Amanda Paris	parisam@fultonschools.org
Girls Track and Field	Patty Carroll	carroll@fultonschools.org
Boys Track and Field	Josh Weaver	weaverj@fultonschools.org

Activity Directors

Band	Michael Brown	brownm4@fultonschools.org
Fencing	Robert Brooking	brooking@fultonschools.org
Water Polo	Julie Ferris	ferrisj1@fultonschools.org
Chorus	Van Craven	craven@fultonschools.org
Drama	Joel King	kingj1@fultonschools.org
Orchestra	James Landreau	landreauj@fultonschools.org

North Springs Spartans Athletics on Social Media

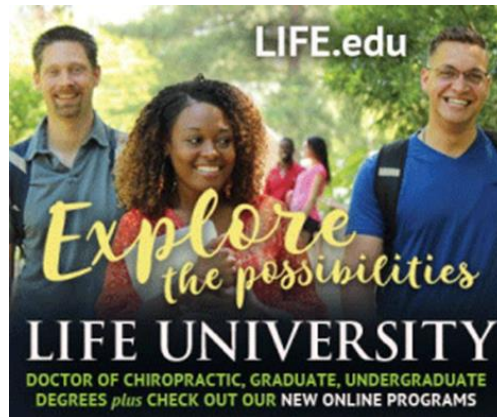
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