

Spartan Athletic Newsletter

December 10, 2018 Vol. 3 - #11

North Springs High School

7447 Roswell Road NE, Sandy Springs, GA 30328

www.northspringsathletics.org 470-254-2490

Boys Basketball Tops Grady; Fall to S. Forsyth

The Varsity Boys Basketball team came away victorious on Friday night vs. region opponent Grady 60-49. The Spartans were led by Alonzo Bacon with 21 points, 9 rebounds. Paris Crawford chipped in with 11 points. Leo Sachs approached a triple-double with 9 points, 8 rebounds, and 6 assists.

On Saturday, the Spartans traveled to South Forsyth but came up on the losing end 47-38. The Spartans were led by Paris Crawford with 11 points and Alonzo Bacon 9 points.

Lady Spartans Hoops Show Improvement at S. Forsyth

The Lady Spartans lost a hard-fought contest to South Forsyth Saturday. Despite being low in numbers, the girls showed up and gave it everything they had. They left it all on the court.

Congratulations to Sophomore post, Katie Peterka, and Freshman post, Tori Crowder, on winning the game balls Saturday night!!

Tori earned a double-double with 12 pts, 20 rebounds, 1 block and 1 steal. Katie had 13 pts, 5 rebounds, 1 block, 1 assist and 1 steal. Way to get after it ladies!! The coaches were extremely proud of the girl's efforts on Saturday!! Let's keep working hard ladies!! Your hard work, dedication and commitment to getting better is paying off!!



Upcoming Sports Events

December 10

No events

December 11

Freshman Boys Basketball vs. Dunwoody 4:30pm
JV Boys Basketball vs. Decatur 6:00pm (Aux Gym)
Girls & Boys Varsity Basketball vs. Decatur HS 6:00pm/7:30pm

December 12

Wrestling vs. Lithia Springs 6:00pm (Aux Gym)

December 13

No events

December 14

Freshman Boys Basketball @ Alpharetta 4:30pm
Wrestling @ Fulton County Championships 5:30pm
JV Boys Basketball @ Riverwood 6:00pm
Girls & Boys Varsity Basketball @ Riverwood* 6:00pm/7:30pm

December 15

Wrestling @ Fulton County Championships TBD

GHSFL Fencing Tournament 10am (North Springs HS Gym)

Girls Lacrosse Conditioning

Any students interested in participating in the North Springs Girls Lacrosse program this spring, conditioning has begun. Conditioning is held Tuesdays and Thursdays from 3:45pm-4:45pm. All students must have an approved physical in ArbiterAthlete to participate in ANY activities. NO EXCEPTIONS!!! If you have any questions, see Coach Fleetwood in E008 or email her at fleetwoodtw@fultonschools.org.

Boys Lacrosse Informational Meeting – December 12th!

There will be an informational meeting for Boys Lacrosse on Wednesday, December 12th at 5:30pm in the media center. If you have any questions, please contact Coach Stefan Singer at singers@fultonschools.org or Booster President Chris Turner at nsspartanslax@gmail.com.

North Springs Youth Baseball Hitting Camp

The North Springs H.S. baseball program will host a one day hitting camp for 3rd – 8th graders on Saturday, January 12th, 2019. Both sessions of the camp will be capped at 16 campers to allow for individual and small group instruction. Please email Head Baseball Coach, Matt Gershon, at gershonmj@fultonschools.org for more details. A downloadable registration form is available in the link below.

[2019 youth hitting camp](#)

Girls Soccer Conditioning Information

Any girls interested in participating in the North Springs Girls Soccer program this spring, conditioning has begun. All students must have an approved physical in ArbiterAthlete to participate in ANY activities. NO EXCEPTIONS!!! Conditioning is held on Tuesday and Thursday from 4:00-4:45pm in the girl's weight room. If you have any additional questions, email her at parisam@fultonschools.org.

Boys Soccer Informational Meeting for Players

For any students interested in participating in Boys Soccer, there will be a brief informational meeting on Thursday, December 13th from 3:45-4:15pm in Coach Thomas's room D203. If you have any questions, please contact Coach Bratton at koachbillyatl@yahoo.com or Coach Thomas at thomasm7@fultonschools.org.

2018-19 North Springs Head Coach/Director List

Fall Sports

Football	Scotty Parker	parkerd@fultonschools.org
Softball	Stephanie Peet	peets@fultonschools.org
Boys Cross Country	Rob Blaszkiewicz	blaszkiewicz@fultonschools.org
Girls Cross-County	Amanda Paris	parisam@fultonschools.org
Football Cheer	Alexandria Jemison	jemisonam@fultonschools.org
Volleyball	Brittany Peyton	peytonb@fultonschools.org

Winter Sports

Boys Basketball	Charles Parks	parks@fultonschools.org
Girls Basketball	Tonique Frasier	frasiert@fultonschools.org
Basketball Cheer	Alexandria Jemison	jemisonam@fultonschools.org
Swimming/Diving	Nancy Delano	delanonm@fultonschools.org
Wrestling	Marc Komar	komarm@fultonschools.org

Spring Sports

Baseball	Matthew Gershon	gershonmj@fultonschools.org
Boys Golf	Maj. Todd Powers	powerst@fultonschools.org
Girls Golf	Maj. Todd Powers	powerst@fultonschools.org
Boys Tennis	Quinton Hunt	huntq@fultonschools.org
Girls Tennis	Tonique Frasier	frasiert@fultonschools.org
Boys Lacrosse	Stefan Singer	singers@fultonschools.org
Girls Lacrosse	Teryn Fleetwood	fleetwoodtw@fultonschools.org
Boys Soccer	Bill Bratton	koachbillyatl@yahoo.com
Girls Soccer	Amanda Paris	parisam@fultonschools.org
Girls Track and Field	Patty Carroll	carroll@fultonschools.org
Boys Track and Field	Josh Weaver	weaverj@fultonschools.org

Activity Directors

Band	Michael Brown	brownm4@fultonschools.org
Fencing	Robert Brooking	brooking@fultonschools.org
Water Polo	Julie Ferris	ferrisj1@fultonschools.org
Chorus	Van Craven	craven@fultonschools.org
Drama	Joel King	kingj1@fultonschools.org
Orchestra	TBD	TBD

Spartan Athletic Booster Club Membership

Parents...

If your student is a member of one of our athletic teams here at North Springs High School, we are asking that you become a booster club member. Our athletes need the extra support. We are asking that you join at a minimum level of \$25. There are also booster packages that will give you many other incentives. Click [here](#) to become a member. North Springs Athletics thanks you for your support our student athletes!

North Springs Spartans Athletics on Social Media

You can follow North Springs Athletics on Twitter and Facebook.



Follow us on Twitter @NSHSSpartans_AD

Like us on Facebook at North Springs Athletics

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