

Spartan Athletic Newsletter

January 22, 2019 Vol. 3 - #13

North Springs High School

7447 Roswell Road NE, Sandy Springs, GA 30328

www.northspringsathletics.org 470-254-2490

Girls Lacrosse Tryouts

Any students interested in participating in the North Springs Girls Lacrosse program this spring, tryouts will begin on Tuesday, January 22nd at 4pm. All students must have an approved physical in ArbiterAthlete to participate in ANY activities. NO EXCEPTIONS!!! If you have any questions, email Coach Fleetwood at fleetwoodtw@fultonschools.org.

Boys Lacrosse Information

Any students interested in participating in the North Springs Boys Lacrosse program this spring, tryouts will begin on Tuesday, January 22nd at 4pm. All students must have an approved physical in ArbiterAthlete to participate in ANY activities. NO EXCEPTIONS!!! If you have any questions, email Coach Singer at singers@fultonschools.org.



Upcoming Sports Events

January 22

Girls Lacrosse Tryouts 4:00pm
Boys Lacrosse Tryouts 5:30pm
Girls & Boys Varsity Basketball @ Grady HS 6:00/7:30pm

January 23

No Events

January 24

No Event

January 25

JV Boys Basketball @ Decatur HS 5:30pm
Girls & Boys Varsity Basketball @ Decatur 7pm/8:30pm

January 26

Swimming @ Metro ATL Invite (at Westminster School) 9:00am

Wrestling @ Area Traditional Tournament (at Riverwood HS) 9:00am

Weekend Scores

1/18:

Girls BKB: M. Jackson 68 N.S. 24
Boys BKB: M. Jackson 63 N.S. 56

1/19:

Girls BKB: Pace 63 N.S. 15
Boys BKB: Pace 57 N.S. 25

Baseball Update for Week of 1/21/19

Spartan Baseball Families,

I hope you all had a nice weekend. Please see the notes below along with the schedule for this very busy week. Don't forget there is a mandatory parent meeting at 7:30 p.m. in the NSHS media center tomorrow evening for all parents of players who will be continuing with the program after final cuts are made this evening. Don't forget player dues must be paid in full by January 24th in order to receive player cloth.

Weekly Schedule

Tuesday 1/22: both the returning and new to the program group will intrasquad from 4:00 – 7:00 p.m., no study table final cuts will be posted by 10 p.m. on northspringsathletics.org

Wednesday 1/23: both the Orange and Blue groups will report for practice at 4:00 p.m. Both groups will practice from 4:00 – 6:30 p.m. Parent meeting at 7:30 p.m. is for parents only. No study table

Thursday 1/24: the Orange group will practice from 4:00-6:30 p.m. Blue will practice from 6:30 – 9:00 p.m. Study table resumes for the Blue group.

Friday 1/25: both the Orange and Blue groups will practice from 4:00 – 6:15 p.m. There will be a team dinner in the school cafeteria beginning at 6:45 p.m. The dinner is for players and coaches only. Please contact Chris Curtin (copied) if you would like to help with food or set up for the team dinner. All players should attend the team dinner but may leave when they wish. Players are encouraged to stay until at least 7:30 p.m.

Saturday 1/26: both the Orange and Blue groups will report at 9 a.m. for field work day. At least one parent of each player should attend to help out with field work day. We will work until we finish what needs to be done but will not go later than 11:30 a.m. Players will receive a 90-minute lunch break. Both groups will practice from 1:15 – 3:45 p.m.

Sunday 1/27: off

Please feel free to email Coach Gershon (gershonmj@fultonschools.org) with any questions.

Student-Athlete Physical & Insurance Reminder...

The North Springs Athletic Department utilizes ArbiterAthlete (*powered by PlanetHS*) to make the process of registering your students for athletics a much smoother and more convenient. Parents and students will can now complete all the necessary registration forms for participation in our athletic programs via there computer, tablet, or smartphone. This is a faster and more efficient way for the athletic staff, parents, and students to keep track of each students' pre-participation forms. You can visit our athletic website www.northspringsathletics.org and click the "MORE" tab at the top of the page. You will see the "Athletic Physical Information", All forms can be filled out and signed electronically. The only forms to print and upload are the physical examination and clearance forms. **It is extremely important that you be made aware that Fulton County Schools does not purchase or provide student accident insurance for students and Fulton County Schools may not be liable for student injuries/accidents. Please upload a copy of the front of your student's insurance card to their ArbiterAthlete profile.** If you are choosing to purchase the school insurance, please contact T.W. Lord & Associates at 770-427-2461 or apply online at <https://twlord.net/application-for-enrollment/> . Students will not be permitted to participate in conditioning, practices, or competitions unless they have an **approved** physical on file in ArbiterAthlete. If you have any questions, please contact Athletic Director Lamarr Glenn at glennl@fultonschools.org.

[Student Accident Insurance Application \(English\)](#)

[Student Accident Insurance Application \(Spanish\)](#)

2018-19 North Springs Head Coach/Director List

Fall Sports

Football	Scotty Parker	parkerd@fultonschools.org
Softball	Stephanie Peet	peets@fultonschools.org
Boys Cross Country	TBD	TBD
Girls Cross-County	Amanda Paris	parisam@fultonschools.org
Football Cheer	Alexandria Jemison	jemisonam@fultonschools.org
Volleyball	Brittany Peyton	peytonb@fultonschools.org

Winter Sports

Boys Basketball	Charles Parks	parks@fultonschools.org
Girls Basketball	Tonique Frasier	frasiert@fultonschools.org
Basketball Cheer	Alexandria Jemison	jemisonam@fultonschools.org
Swimming/Diving	Nancy Delano	delanonm@fultonschools.org
Wrestling	Marc Komar	komarm@fultonschools.org

Spring Sports

Baseball	Matthew Gershon	gershonmj@fultonschools.org
Boys Golf	Maj. Todd Powers	powerst@fultonschools.org
Girls Golf	Maj. Todd Powers	powerst@fultonschools.org
Boys Tennis	Quinton Hunt	huntq@fultonschools.org
Girls Tennis	Tonique Frasier	frasiert@fultonschools.org
Boys Lacrosse	Stefan Singer	singers@fultonschools.org
Girls Lacrosse	Teryn Fleetwood	fleetwoodtw@fultonschools.org
Boys Soccer	Bill Bratton	koachbillyatl@yahoo.com
Girls Soccer	Amanda Paris	parisam@fultonschools.org
Girls Track and Field	Patty Carroll	carroll@fultonschools.org
Boys Track and Field	Josh Weaver	weaverj@fultonschools.org

Activity Directors

Band	Michael Brown	brownm4@fultonschools.org
Fencing	Robert Brooking	brooking@fultonschools.org
Water Polo	Julie Ferris	ferrisj1@fultonschools.org
Chorus	Van Craven	craven@fultonschools.org
Drama	Joel King	kingj1@fultonschools.org
Orchestra	TBD	TBD

Athletic Event Tickets Now Available Online with GoFan!

Want to avoid the lines at games...

Forgot to swing by the ATM on the way to the game...

Well Spartans...

North Springs has partnered with GoFan to bring you the convenience of being able to purchase your tickets online from your mobile phone. There is a small convenience fee. Once you have purchased your online ticket, just bring your mobile phone to the event entrance and one of the ticket personnel will validate your purchase. Visit the link below to begin purchasing your event tickets on your mobile phone!

[North Springs Online Event Tickets](#)

Spartan Athletic Booster Club Membership

Parents...

If your student is a member of one of our athletic teams here at North Springs High School, we are asking that you become a booster club member. Our athletes need the extra support. We are asking that you join at a minimum level of \$25. There are also booster packages that will give you many other incentives. Click [here](#) to become a member. North Springs Athletics thanks you for your support our student athletes!

North Springs Spartans Athletics on Social Media

You can follow North Springs Athletics on Twitter and Facebook.



Follow us on Twitter @NSHSSpartans_AD

Like us on Facebook at North Springs Athletics

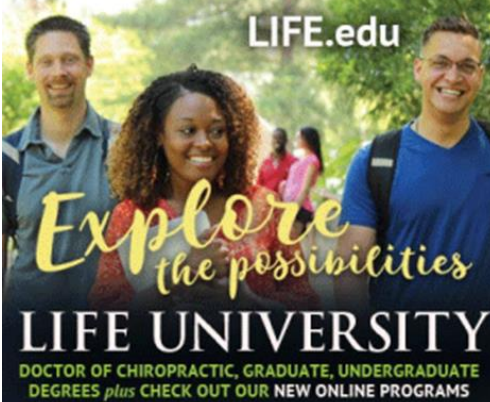
2018-19 Proud Spartan Sponsors



**NORTHSHORE HOSPITAL
SPORTS MEDICINE
NETWORK**

**Proud Supporter of
Student Athletes
and their Families**

Click to Learn More



LIFE.edu

*Explore
the possibilities*


LIFE UNIVERSITY

DOCTOR OF CHIROPRACTIC, GRADUATE, UNDERGRADUATE
DEGREES *plus* CHECK OUT OUR NEW ONLINE PROGRAMS

FASTSIGNS®
SANDY SPRINGS
404-255-3278
www.fastsigns.com/309



Dogwood
TUTORING & TEST PREP



Roseberry
RESIDENTIAL
Real Estate Results

Todd & Cathy Roseberry
#1 in 30328 sales since 2015
Top 3% in Metro Atlanta
5 Star Customer Service Ratings

www.housesatlanta.com

*"Your trusted source for **Buying,**
Selling and Investing."*



Johnny's
NEW YORK STYLE
Pizza



HAMMOCKS
EST. 2012
TRADING CO
EAT. DRINK. HANG OUT.
7285 Roswell Rd
770-395-9592

***If you are interested in becoming a sponsor of North Springs Athletics, click [here](#) for more information.**

